



The Spoke Newsletter



Club 529 chartered March 16, 1925



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The Heart of the Gold Country

 Spoke Notes By
[Larry McGrath](#)

President of Rotary International

[Jennifer Jones](#)

2022-2023 Theme

- **IMAGINE** -

Governor of District 5190

[Jeff Gabriel](#)

September 12th, 2022

www.gvrotary.org

Volume 97, Issue 10

MEETING HIGHLIGHTS

Holli Grimaldi Flores was today's speaker from the Falls Prevention Coalition. It was established 2006, and has close relations to the Sierra Nevada Memorial Hospital Foundation. She explained that 1 in every 4 adults will fall each year, and it is the most common care needed.



Craig Terry from New Events & Opportunities/Bright Futures for Youth received a donation from the club.



Larry McGrath & Scott Browne spoke to the club. As well as members, they happen to be our Rotary Foundation chairs.

- There are 153 programs to fight Polio
- Variants can be transmitted
- Polio virus will continue to mutate
- There is still a need to be vaccinated against the virus



UPCOMING PROGRAMS

September 19th [Sierra Youth & Families](#)
 September 26th [Toastmaster w/ Viv Tipton](#)

UPCOMING ACTIVITIES

BSM Triathlon Volunteer Opportunity	September 18th
Tour of Bright Futures for Youth	October 6th
Drive-Thru BBQ @ Lyman Gilmore School	October 29th
Foundation Dinner @ Miner's Foundry	March 9th
Gold Country Challenge Bike Ride	June 3rd, 2023

IMPORTANT MEMBER DATES IN SEPTEMBER

Birthdays		Rotary Anniversaries	
Tom Stanley	Sep 3rd	Cory Clemons	1 Year
Nancy Palmer	Sep 18th	Roger McCort	1 Year
Jon Byerrum	Sep 21st	Jesse Wilson	1 Year
Jerry Trammell	Sep 27th	Scott McFarland	14 Years
Joanne Osnas	Sep 29th	Larry Fallar	14 Years
		Judy Bagley	21 Years
		Judy Wirkner	33 Years

Wedding Anniversaries

[Ed & Randy](#) 1 Year
[Kim & Andy](#) 20 Years
[Dennis & Linda](#) 42 Years

ANNOUNCEMENTS & CONFESSIONS

The Polio Plus Rotary Foundation drive started September 15th and ends October 15th.

"IF YOU ARE PLANNING FOR A YEAR, SOW RICE; IF YOU ARE PLANNING FOR A DECADE, PLANT TREES; IF YOU ARE PLANNING FOR A LIFETIME, EDUCATE PEOPLE" - CHINESE PROVERB

Rotary Club of Grass Valley

P.O. Box 1213 Grass Valley, CA 95945

Meets @ the [Wild Eye Pub](#) on Mondays at 12:15 pm

Area 4 Rotary Clubs

[Penn Valley Rotary](#) meets @ [Players Pizza](#) every other Tuesday at 12 pm

[Grass Valley South](#) meets @ the [Litton Bldg](#) on Tuesdays at 7 am

[Nevada City Rotary](#) meets @ [The National Exchange Hotel](#) on the 1st and 3rd Thursday at 5:30pm & @ [Bistro 221](#) on the 2nd and 4th Thursday at 12:15pm - Please RSVP

[49er Rotary Breakfast Club](#) meets @ the [Miners Foundry](#) on Wednesdays at 7 - 8 am

Rotary 
Club of Grass Valley

**TRICK OR TRI-TIP
DRIVE THRU BBQ
SANTA MARIA STYLE**

Saturday, October 29, 2022

Lyman Gilmore Middle School

4:00pm to 6:00pm

\$20 per person:

Tri-Tip, Garlic Bread, Beans, Salad

Tickets at www.GVRotary.org

Events proceeds benefit local youth programs
and projects of Grass Valley Rotary