

Rotary Club of Grass Valley



The Spoke



Chartered March 16, 1925

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Eric Aanestad Judy Bagley Don Daniels
Larry Faller Kathleen Shaffer
Tom Stanley Kris Stepanian

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The Heart of the Gold Country



Rotary Club of Grass Valley
Spoke Notes:
Kim Zwick

President, Rotary International
Mark Daniel Maloney

Rotary Theme 2019-2020 Theme
Rotary Connects the World

Governor, District 5190
Randy VanTassell

September 23, 2019

www.qvrotary.org

Volume 94, Issue 12

Club News from 9/16/2019

Pledge – Rod Fivelstad;
Thought for the day – John Peplowski
Greeter – John Peplowski (in costume!)
Photographers – Fred Claessens
AV Coordinator – Pat Ward
Visiting Rotarians – Rod Fivelstad



Guest of Rotarians – Leanne Duncan
(guest of speaker, Jack Emery); Jim Belluomini (guest of Heather Thorpe)

Rotary Anniversaries:

Judy Wirkner – 30 years
Judy Bagley – 18 years (with 17 years of perfect attendance!)
Larry Faller – 11 years
Scott McFarland – 11 years

Announcements:

- There will be a book give-away on 10/31 in downtown Grass Valley – Halloween costumes required
- Food Bank needs volunteers for 11/12 (Veteran's Day) from 10:00 – 2:00. An email will go out.
- Jessica, who became the director of Women of Worth in April, announced that there will be a Butterfly Ball at the North Star House, on 10/4 from 5:00 to 10:00. Flyers were on the tables.
- A video was shown on the supporting activities and progress that the Rotary Foundation continues to accomplish
- Kathleen Shaffer** announced that the Christmas Party will be at the Horseman's Lodge on Friday, 12/6. More info to come

Fines:

- Kris Stepanian** was fined \$10 for expressing her pride for her 23 year old twin sons' accomplishments – one is a teacher, and one is a guitarist on tour.
- Viv Tipton** was fined \$10 after thanking the club for supporting the Hospice event last Friday.
- Jonathan Walker** described his wonderful Barcelona vacation, which he loved, and was fined \$25
- President Marcia** confessed to going to a Giant's game, which they lost, so she fined herself \$20

****September is Rotary Literacy Month****

Upcoming Programs:

9/23 RYLA Campers
9/30 Randall Peeters - Climbing Mt. Everest + more
10/7 Evening field trip to Curious Forge 5-7 pm
10/14 DARK
10/21 Scott McFarland - Western Sierra Medical Clinic
10/28 GV Rotary Foundation Drive
11/4 Tbd
11/11 DARK for Veterans Day

[District Newsletter](#)
[September 2019](#)

Dates to Remember:

Sept 28 Avenues of Service Seminar - Reno [register here](#)
Oct 5 RAKE-Random Acts of Kindness Event 9-12 Condon Park
Oct 24 [World Polio Day](#) pizza pints and pickles event *location tba*
Nov 6 Area 4 Foundation Dinner @ Gold Miners Inn
Dec 6 Christmas Party @ Horseman's Lodge
Feb 1 Casino Night 2020 @ Nevada County Fairgrounds
Apr 24-26 District Conference Rallye 5190 @ the Nugget Sparks, NV
June 6-10 [Rotary International Convention](#) - Honolulu, HI
June 13 Gold Country Bike Challenge 

Speaker:

Jack Emery was introduced by Tim McCall. He is a physical therapist, was the club president from 2007 – 2008, turned 71 last year, and hiked the PCT (Pacific Crest Trail) from South to North – starting on 3/28/18, and reaching his destination on 9/16/18 (exactly one year ago today!). He averaged about 20 miles a day, and went through 5 pairs of hiking shoes to accomplish his 2,650 miles. He loves wilderness, made it through snow, high altitude, river crossings, then survived the hot and dry California weather, and ultimately the rainy Washington weather. 10 years ago he hiked the John Muir Trail – most of which is included in the PCT.



He shared his Preparation list: Training, Reading, Equipment, Electronics, and Plans. And for Equipment, take only what you **really** need.

A couple of quotes from Jack: "Put adventure in your life, whatever you do". And: "You can do more than you think you can".

Drawing – **Pam Mirkin's** ticket was drawn, and she selected a white marble.

All joined together on the 4 Way Test, the meeting adjourned at 1:20.

Rotary Club of Grass Valley

P.O. Box 1213 – Grass Valley, CA 95945
Meeting location: **Monday** at 12:15 PM
[Wild Eye Pub, 535 Mill Street, GV](#)

Make Up Meetings

Members who miss a regular meeting may make-up by attending any other Rotary club's meeting within 14 days before or after the missed meeting.

Tuesday

7:00 a.m. Grass Valley South,
[Grass Valley Courtyard Suites](#) —
6pm social last Tues of month
12:00 Auburn, [Auburn Elks Lodge](#)
12:15 Penn Valley, [Players Pizza](#)
5:00 Auburn Sunset, [Sierra Grill](#)

E-makeup: www.rotaryclubone.org

Wednesday

7:00 a.m. 49er Breakfast Club,
[Trolley Junction, Nevada City](#)

Thursday

12:15 Auburn Gold Country
[The Ridge Golf Course](#)
12:00 Nevada City, [Trolley Junction](#)
Except 1st & 3rd Thurs @
5:30pm