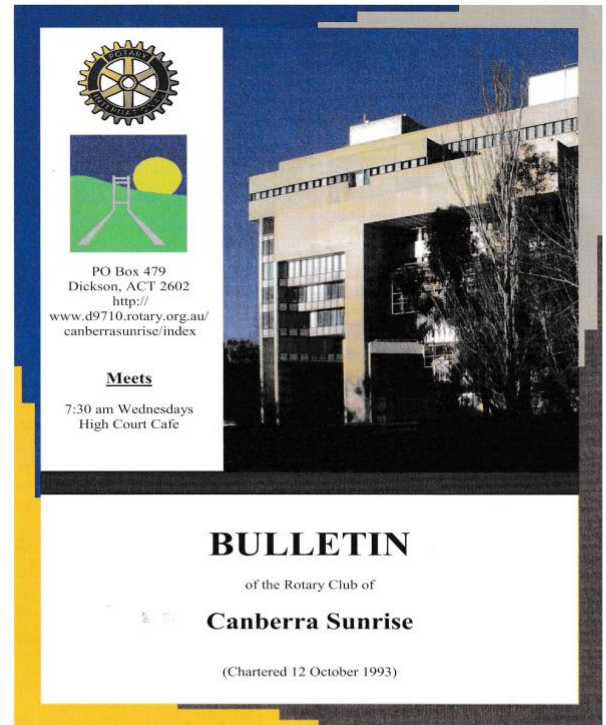
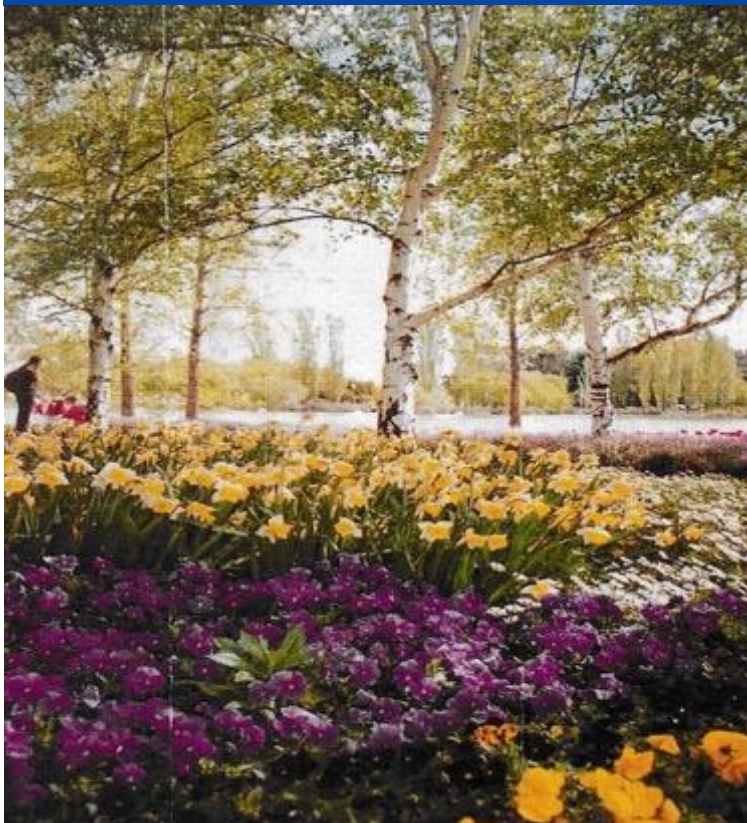


Rotary Club of Canberra Sunrise



Thirty Years of Memories



2023-24 Rotary Logo and Theme



Rotary Club of Canberra Sunrise, Inc.

Message from District Governor Andrea Grosvenor

Members of the Rotary Club of Canberra Sunrise
Congratulations and best wishes for your 30th Birthday. You have much to be proud of. Your work promotes the Rotary name and ethos across Australia and more widely. May your club continue to prosper with “service above self” actions within the community and beyond.

Yours in Rotary
Andrea Grosvenor
District Governor D9705

Right - from left: President Yohan Ramasundara, District Governor Andrea Grosvenor and Margaret Atkin at Sunrise meeting – 4 April 2024



30TH ANNIVERSARY – ROTARY CLUB OF CANBERRA SUNRISE – Reflections from Frank Craddock

Rotary Clubs become involved in many and varied activities according to the interests and aspirations of members and the needs of their communities. Perhaps the most important goal of a Rotary Club is the promotion of fellowship within the Club and, in some cases, the extension of fellowship by the formation of new Rotary Clubs. The Rotary Club of Canberra North was invited, on three occasions, by the District Governor of the day to assist in the formation and chartering of new Clubs. The third club they chartered was Sunrise.

Bill Poole of Canberra North was Governor of District 9710 in 1992-93 and he agreed that a ‘Breakfast Club’ would be an asset to Rotary in Canberra. Canberra North accepted the challenge and Past President (PP) Harold Pennay was appointed as DG Bill’s Personal Representative and the name “Rotary Club of Canberra Sunrise” was chosen.

Harold assembled a committee from Canberra North and efforts were made to find people interested in becoming part of the Rotary Family. Two obvious avenues of potential Members were identified: the commercial area of Mitchell and interested young ladies (as Rotary had been opened-up in 1989 to allow women to join). A number of young ladies had been associated with Canberra North for some years through Rotary programs such as Youth Exchange, Group Study Exchange, R.Y.L.A, and Rotaract.

They were contacted and a group soon began to meet at the City Gate Motel, Lyneham. The aim was to have the new Club Chartered by 30 June 1993 while Bill Poole was still District Governor, but that deadline slipped and the new Club was Chartered in October 1993.

The Rotary Club of Canberra Sunrise continues to flourish 30 years after being Chartered, with several Charter Members still active.

May “Canberra Sunrise” enjoy many more years of Rotary Fellowship.

Congratulations!

Frank Craddock, President 1992-93, Rotary Club of Canberra North

1993-94 Rotary Logo & Theme

BELIEVE IN WHAT YOU DO

DO WHAT YOU BELIEVE IN

Model United Nations Assembly (MUNA)



The club's flagship program, and the one for which it has become best known within the wider Rotary community, [and attracted most press and Rotary Down Under (RDU) coverage], is MUNA. Each August since 1997, the club has held an Australian National MUNA Conference at Old Parliament House, now known as the Museum of Australian Democracy, for teams from high schools and senior colleges across Australia.

MUNA was first introduced to Rotary in Australia at Lake Cargelligo NSW in 1980 and the concept was then passed on to the Forbes Rotary Club in 1984. Graham Hicks brought the MUNA concept to Canberra Sunrise in 1997. Bruce Harvey chaired the first MUNA Committee, with Graham Hicks as the Coordinator. Graham continued as Coordinator / Registrar for many years and was widely known as 'Mr MUNA'.

David Elder presided over the first MUNA proceedings as Secretary-General and has undertaken that role at most MUNAs since. Others who have made regular appearances in the role include Garth Britton, Peter McDermott, Jonathan Lyall and Bruce Osborn.

David also took on the role of MUNA Committee Chair from 1999. This role has also been undertaken by Bob Nield, Peter McDermott, Greg Hood, but significantly by Garth Britton for about 8 years. After Graham concluded as MUNA coordinator, the Registrar role (separated from Coordinator) was undertaken by Rosemary Everett and Peter Hill. Joint Registrars for 2022 & 2023 were Helen Deutsch and David Elder.



The 2009 MUNA team

The first MUNA dinner was held at the National Press Club. The Saturday evening dinners were then held at the CIT in Reid until an ongoing sponsorship arrangement with the Australian National University (ANU) commenced in 2002. The dinners were subsequently held at University House, Bruce Hall and Burgmann



Adjudicators: Barbara Campbell and Sue Bury

College. Most recently, the main dinner was held at Canberra Park. Over the years, renowned Keynote Speakers have been engaged for the main dinner which is now recognized as one of the highlights of the weekend.

A consistent aspect of MUNA has been the high quality of student contributions to the debates - recognized by adjudicators who, in addition to Sunrise members, have been largely drawn from local Rostrum clubs and other young

professionals. Gabrielle Evans, a RYLA participant and an ANU honours student, led the Adjudication team in 2023. Participant feedback indicates that involvement has changed the lives of many student participants. It has been a very satisfying event for the Club to hold and has been recognised with many District awards. One RDU article provided by a Sydney District once referred to MUNA as 'The jewel in the crown of Canberra Sunrise'.

MODEL UNITED NATIONS ASSEMBLY (MUNA) 2023 / 12 - 13 August 2023

An outstanding national Model United Nations Assembly event facilitated by the Rotary Club of Canberra Sunrise was held at the Museum of Australian Democracy (MoAD) from 12-13 August 2023 - 17 teams from across Australia, with 47 delegates - a series of truly spectacular debates with some of our nation's brightest students



Guest of Honour - Australian Human Rights Commissioner Lorraine Finlay

In 2022-23, Jennifer E. Jones was the first woman to undertake the role of Rotary International President. And 2022-23 has had much to celebrate. At the MUNA Dinner on Saturday 12 August, Immediate Past President 2022-23 Margaret Atkin presented a Paul Harris Fellow (PHF) award to the Australian Human Rights Commissioner Lorraine Finlay, following her Keynote Speech. Lorraine was a Sunrise member some 18 years ago. We acknowledged Lorraine's ongoing contributions to peace and goodwill in the world. She continues to demonstrate Service Above Self. District Governor 2023-24, Andrea Grosvenor, was present to assist with the PHF award presentation.



Article words contributed by David Elder[^], Ainslie Sowden and Margaret Atkin

[^]David has been President of the Club three times (2000-01, 2020-21 and 2021-22), undertaken many club roles and was instrumental, as the District Governor's Representative, in establishing Woden Daybreak Club.

Postscript: *From Gabrielle Evans, the Adjudication Team Leader for MUNA 2023:*

Canberra Sunrise has graciously given me multiple opportunities to develop myself professionally, including public speaking and networking opportunities. In assisting with organizing MUNA in August 2023, I have seen firsthand Canberra Sunrise's strong ability to coordinate events that truly make a difference in the community and am grateful to have been invited to participate.

Postscript: *From Graham Hicks known affectionately as MR MUNA:*

Great to hear from you, and hoping all are keeping well. We are both well and keeping fairly active but possibly much slower these days. Have recently moved house to a smaller block which is completely flat. As far as the club's birthday goes, I am sorry but I will be unable to attend, but I can only wish you all a happy celebration and hope that Sunrise continues to be a great club.

Galilee

One achievement the club can be particularly proud of is the successful relationship it forged over many years with the Galilee School, now part of Communities at Work and the assistance it was able to leverage for Galilee from the corporate sector and other community organisations.

The club's long term support included membership of the school board, fund raising events and dinners which culminated in the club's Rotary Centenary Project, with President Peter McDermott's Big Hairy Audacious Goal (BHAG). This raised over \$150,000 in 2004 and 2005 to rebuild a school building destroyed in the 2003 bushfires.

From Ainslie Sowden, a charter member of the club, and President 1995-96 and 2010-11.

Top Right: Galilee school building after the fire.

Bottom Right: July 2005 sod turning event for the new Galilee building – Peter McDermott far left and then Senator and former Chief Minister, Gary Humphries, second from right with Galilee staff.



The Wine Bottling

One of the many fundraising activities to rebuild Galilee after the bushfires saw a group of club members gather in Fyshwick one sunny summer afternoon to bottle bulk wine, for subsequent sale to (unsuspecting) friends and family.

It was a fun occasion, but memorable chiefly for the quality of the wine. Repeat orders were few and far between, and there were many subsequent jokes about its use as a raffle prize - 1st prize to be 1 dozen bottles, 2nd prize, 2 dozen and 3rd prize, three dozen

From Ainslie Sowden

2004-05 Rotary Logo and Theme



Far left – John McKenna hard at work during the afternoon.

Left – David Mylan, Chris Cornall and Peta Scott taking a break from bottling.

Galilee School - fundraising for rebuilding after the January 2003 fires

I have very good memories of my early involvement with Canberra Sunrise Rotary Club, and the Galilee School fundraiser dinners about 2003 - 2007. I am grateful that I had such wonderful small business friends who generously donated prizes for the raffles and was pleased how much money we raised to support the students. I am proud of what we did as the fundraising team and the club to support such a worthy cause. Thank you to Margaret for introducing me to Sunrise and I'm humbled to be a Paul Harris Fellow recipient. I still value being a 'friend' of Sunrise after all these years. Congratulations on your 30th birthday and best wishes for many more successful years to come.

From Pam Strickland



Pam receiving a certificate of appreciation from District Governor Bernie Rogers at the 2008 Galilee Fundraising Dinner.

Canberra Sunrise members – as at 1 January 2024

Marwan Altalib, Margaret Atkin*, Kim Barrett*, Anna Boots*, Stephen Bramah*, Garth Britton*, Roger Crosthwaite, Helen Deutsch*, David Elder*, Rosemary Everett*, Greg Hood, Suzanne Howarth, George Huitker, Ray Livingstone, Randal Markey, Alan McCulloch*, Peter McDermott*, John McKenna*, Bob Nield*, Gabrielle Quadraccia, Yohan Ramasundara, Amardeep Singh, Ainslie Sowden*, Neil Spalding, Maile Steele.

*Honorary member: Don Erickson**

** Sunrise members for more than 20 years*

The Prime Minister's Golf Days

In 2001 the club became involved with an Australian Corporate Alliance Program (ACAP) initiative, in which Rotary was a partner, the Prime Minister's Golf Days. Our club's participation involved BBQs (!) and dinners, including one where the Prime Minister was in attendance. While ACAP participation did not generate the financial and other outcomes originally anticipated by the club it was fun for the years the program lasted, and Sunrise earned substantial Rotary Foundation credits# from its involvement.

For example, the club earned \$15,500 in Foundation credits from the June 2002 Prime Minister's Golf Day.

From David Elder and Ainslie Sowden

Top- from second left: Sunrise members David Elder, Greg Bowler and Graham Hicks with Prime Minister John Howard

Bottom - from left: Ian Flavel, Don Erickson, Graham Hicks, and David Elder at the first Prime Minister's Golf Day—Royal Canberra Golf Course—May 2001



Did you know ?

During its 30-year existence the Rotary Club of Canberra Sunrise has sponsored the chartering of two new Rotary Clubs – the Rotary Club of Woden Daybreak in 2002 and the Rotary Club of Canberra Sundowners in 2021. In addition, it sponsored the creation of two Probus clubs in Belconnen in 1996 and 2000 and an Interact club at Telopea Park School in 2010.

Two District Governors have been nurtured within its ranks: Ian Sayers in District 9710 in 2002-03 and Brian Norris in District 9820 in 2009-10.



2002-03 Rotary Logo & Theme

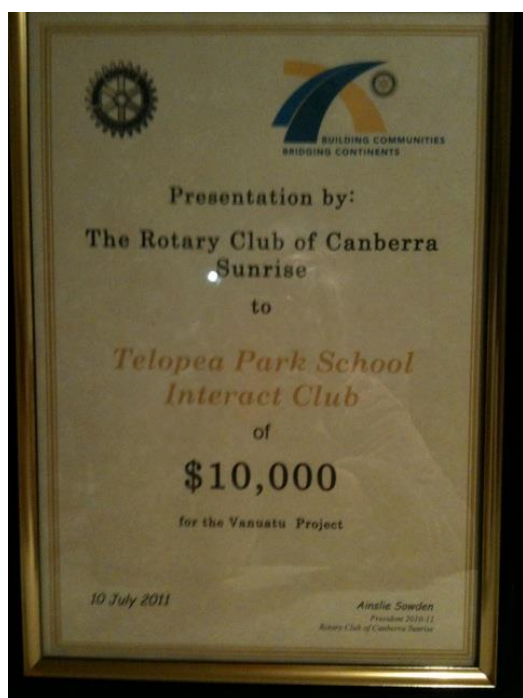


Charter of Woden Daybreak, 2002 – Alan McCulloch, President Bob Warn, a former member of Canberra Sunrise, and Sunrise President, Shirley Quinlan.

Memories from former member Dr Duncan Steel

Likely members of RCCS remember me mostly for bewildering them with talk of astronomy and space, of asteroids hitting the Earth and weird things about how the calendar actually works. However, I recall them in the main, for their friendship and fellowship early on Wednesday mornings, as the club skipped around in its home from the High Court to the Kurrajong Hotel and Regatta Point.

RCCS members were also greatly supportive of me in the upbringing of my sons Harry and Elliot. When they departed Canberra for university – the former to Sydney, the latter to Queensland – both Margaret and Gabrielle prepared 'care packages' for them, gratefully received. One reason I now live back in the UK, is that they are both currently in Oxford: Harry permanently as a professor of engineering, but Elliot will return to Sydney later next year to resume his quest for a political career, perhaps spawned by his participation in MUNA a dozen or so years ago!



Right: Jupp Birkel with fundraising chocolates in 2006



Fundraising by Canberra Sunrise over the past seven years - a few BBQ statistics!

Hats off to Sunrisers for substantial funds raised from BBQs at various Bunnings. From the club's 19 Bunnings BBQs over the past 7 years, just imagine:

- Sausages - 14,000 (1050 kgs)
- Onions - 330 kgs
- Bread - 700 loaves
- Profit - \$28,100 (=average of \$4K per year)

Without the two (2) years during Covid when there were no Bunnings BBQs, the club averaged 4 Bunnings sausage sizzles per year, with an average profit of \$1,480 from each BBQ. Substantial funds raised were directed to the Rotary Youth Programs, including: NYSF, YEP, MUNA, RYLA, RYPEN.

In addition to the BBQs held at Bunnings, the club has run a number of BBQs over the past few years, in support of:

- Leukemia Foundation's *Light of the Night*
- Epilepsy ACT's *Awareness Walk*, and
- Dementia Australia's *Memory Walk & Jog*

where the profit raised from these events has been donated to these charity organisations. Also, Sunrise has run a number of community-based or project-based BBQs throughout the 30 birthday years, including: Dream Cricket Gala Days, Galilee School reopening, holidays and birthdays, other Rotary Club events, and the like.

Special thanks to the many BBQ Coordinators over the time, including Graham Hicks, Jonathan Lyall and Simon Cullen.

From Ray Livingstone, Sunrise's current BBQ 'King'

Additional note from Ainslie Sowden

And a special thanks to Ray too ...

From fundraising information in the archives – From 1993-2013 the Club 'raised over \$83,000 from sausage sizzles and in doing so dispatched over 50,000 sausages.' No mean feat! So over 30 years, well over \$100,000 has been raised for club projects alone from BBQs, in addition to the substantial funds raised for specific community organisations. A fantastic effort.

Other community or fundraising BBQs during the club's early years included for Dragon Boat Regattas, Air Safety Conferences, Million Paws Walks, Driver Reviver, Calvary Hospital Fetes, the Girl Guides, Mental Health Fun Runs, at Magnet Mart and the Canberra Show.

Below from left: Ian Sayers, Duncan Steel and Ken Arnett at a Bunnings BBQ.



Top: From left: Stephen Bramah, Sue Bury and Shirley Quinlan at a BBQ for the Girl Guides.

Bottom: Another BBQ !: From left back row : Mike Bury, Richard Andrews. Front row: John McKenna, Kim Barrett, Jonathan Lyall and Peter McDermott.



From Monica Garrett (District Governor 2015-16)

2015-16 Rotary Logo & Theme

Canberra Sunrise members

I write on the occasion of the 30th birthday of the Rotary Club of Canberra Sunrise to pass on my congratulations and thanks for the part the Club played in the establishment of the Rotary Club of Canberra Sundowners. Unfortunately, I will be overseas on 6 April, so I will be unable to attend the celebrations to thank the Club in person.

During my year as District Governor, I asked the Club President at the time, Peter Hill, to take on the challenge of establishing a Satellite Club to attract and cater specifically for younger potential Rotarians.

The Club accepted the challenge, and the Satellite Club was eventually chartered as the Rotary Club of Canberra Sundowners in August 2021. This would not have been possible without the expertise and support provided by Presidents of Canberra Sunrise over a sustained period.

The Rotary Club of Canberra Sundowners continues to grow and thrive, with the majority of its members aged under 40, exactly as I had envisaged.

The District and I are indebted to the Rotary Club of Canberra Sunrise for its key role in establishing such a vibrant new Club.



Memories from Peter Hill ^

Fondest Sunrise memories were associated with organising and supporting service and fund-raising events. Being MUNA Registrar over five years was a highlight, working closely with Garth and others and meeting many great Rotarians and inspirational youth. Our annual Trivia Night organising team was also a fun, well-oiled machine and produced some outstanding results for a number of local charities.

I also greatly enjoyed the Canberra Sundowners journey, from DG Monica Garrett's challenge in my Presidential year, being involved through satellite club establishment and ultimately joining the Sundowners and supporting their growth and ultimate chartering in August 2021.

^ Peter Hill was a Sunrise Member 2012-2021; President 2015-16, and Secretary 2013-2014 and 2018-2020

Reflections from Tara Pullen ^

What can I say, but that without the Rotary Club of Canberra Sunrise, the Canberra Sundowners would not exist. You accepted the challenge back in 2015-16 to start up a club with a different focus, that would be hands-on, targeted towards younger people in the Canberra area, and you supported us to incredibly right up until we chartered. And happily, that journey has not ceased. I am proud to be connected to the Rotary Club of Canberra Sunrise.

^ Tara Pullen, President 2023-24, Rotary Club of Canberra Sundowners, 8 years of Association with Sunrise



Best wishes from David Anson ^

I've been back in NZ for almost 30 years now and won't be able to make it. Best club I ever joined though and miss Canberra very much. Best wishes for a successful event.

^ David was a Sunrise member in 1997 and one of many people with a defence connection sponsored by Rosemary Ganly for Sunrise membership

Reflections about the club by Kim Barrett ^

Sunrise has always been a group of people who have been able to pull a project together, against many adverse odds. Sometimes we were very thin on the ground, but it just seemed to work out. The thing that has shone through has been the skill, patience, care for each other and sheer ability of the members.

^ Kim is a charter member and was the 2002-03 Club President

Did you know ?

One of the ideas the club pursued in its very early days in 1994 was running 'Asian-Oriental Markets' in a Dickson carpark. The ACT Government was not supportive, so the proposed project did not progress very far.

More birthday wishes and member news

Congratulations and best wishes have been received from many former members now living in other parts of Australia and overseas including **Kaye Leigh Green** (Darwin) and **Ken Arnett** (now with the Rotary Club of Summerland Sunrise), who said 'Apologies to the gathering but as the President of the City of Lismore Sub Branch of the Returned Services League, April is my very busiest month of the year. Best wishes to Canberra Sunrise for the 30th birthday celebrations.'

Sylvia Boyle provided the following message: 'Thank you for the invitation for the 30th Anniversary lunch - well time just flies as it doesn't seem that long ago!! I would really love to attend and apologies, as I am living with family in rural Victoria since 2022 and such a lovely place to be near Orbost, and not able to travel up to Canberra. Pass on my regards to all and have a great celebration for the anniversary lunch catching up with everyone and their news. Would be interesting to know where all are at present. I really enjoyed being a member of the Club for some years, thanks to Peter McDermott. In particular, the fellowship with everyone and activities in which we were involved like the BBQs, supporting community events and cleaning up the gardens and yards to support folk who could not do it. Big thanks to all. My email and phone number remain the same! (stateb276@gmail.com 0401048335) If anyone is travelling through my way they are welcome to meet, drop in, or stay for a night or more as there is accommodation on the property. I would look forward to catching up with them. Cheers and kind regards to all.'

From **Lain Dare**: Wow 30 years! I would have been excited to come to this wonderful celebration except that I now live in New Zealand and hence am not able to make it. Please pass on my congratulations to all current and past Sunrise Rotarians.

From **Sheryl Campbell**: I'm currently in Jakarta on a DFAT posting. I welcome any members who remember me having this email (sheryl-campbell@hotmail.com) and reaching out if they are coming this way.

From **Mark Radford**: What a wonderful blast from the past with news of the 30th birthday approaching. Sadly we will not be able to reorganise a schedule of visits from Adelaide Hills to sons in Sydney and Melbourne so will be thinking of you all on 6th April.

Birthday Lunch Apologies

Past District Governors: Noel Trevaskis, Paul Street, Monica Garrett and Bill Seelis

Past Presidents: Brian Norris, David Mylan, Peter Hill, Katie Firster, Rosemary Everett, Shirley Quinlan, Lain Dare, Bob Nield, Ian McTaggart, Ken Arnett and Cathy Bryson

Former/Current Members: Sue & Mike Bury, Jill Bailey, Sylvia Boyle, Barb Vaschina, Susan Alexander, Kerrie Schmidt, John McGrath, Judy Mack, Claire Scott, Mark Radford, Graham Hicks, Phil Basche, Alan McCulloch, Gabrielle Quadraccia, Amardeep Singh, Maile Steele, Duncan Steel and Barb Campbell

Other Rotarians: Desmond Woods



Decorated by Gabrielle Quadraccia

Special memories of the Italian Opera Gala 2009 & 2010 by Sunrise – from Margaret Atkin



This has been one of the most creative and exciting projects which Sunrise has produced - at least that is my opinion. The genesis of the idea came from a Rotary brainwave, modelled on “Opera in the Vineyards” interstate, to be used as a fundraiser for Rotary’s community youth activities. Rotarians excel at networking, and this project epitomised the power of Rotary’s work. In 2009, it succeeded beyond our wildest dreams, with more than 700 people in Llewellyn Hall for the event.

Proceeds from the Rotary collaboration with Melbourne Opera, ANU School of Music and the Embassy of Italy - supported Rotary’s opera scholarships. In 2010, the Rotary Regional Classical Voice Scholarship Winners were Stephanie Phillips (Shoalhaven Anglican School NSW) and Jazmin Wills (Woolgoolga High School NSW). Our aspiration was eventually to fund a postgraduate scholarship for the study of classical operatic singing in Italy.

Special artists in 2009: Antoinette Halloran, Roy Best, Roger Howell, Greg Hocking together with the Canberra Opera Chorus.

Special artists in 2010: Joanna Cole, Roy Best, Phillip Calcagno, Christina Wilson and Alan Hicks. Also: Daniel Brinsmead, Ben Connor, Ben Lattimore and Rebecca MacCallion. And again: the Canberra Opera Chorus, with ANU students and the Canberra Chorus.

The Canberra Sunrise team negotiated with key players, including: Greg Hocking (Musical Director for Melbourne Opera, trading as South East Regional Touring Opera), Professor Adrian Walter AM (Head of the ANU School of Music), and His Excellency Mr Gian Ludovico de Martino di Montegiordana (Italian Ambassador). It was a wonderful step towards raising the Club’s profile, and showing what Rotary can achieve in the community.

Sponsorship was received from Canberra Sunrise, Melbourne Opera, ANU School of Music, Embassy of Italy and also Patersons Securities Limited, ActewAGL, Escala Shoes & Accessories, Canberra Serviced Apartments, Shaw Vineyard Estate and John McGrath Ford. Melbourne Opera Sponsors: The Ian Potter Foundation, Roy Morgan Research, The Robert Salzer Foundation, The Angior Family Foundation, Maureen Wheeler, Co-Founder Lonely Planet Publications, Dr Douglas Mitchell, Henkel Brothers, Dingle Partners. We were generously loaned from the Sicilian Association of Canberra - the decorated “Carretto Siciliano” cart, with a 200 year history.

The hard-working Rotary group: Rotarians David Mylan (Chair), Margaret Atkin (Event Management), Stephen Bramah, Bruce Harvey, Frank Harvey and volunteer Graphic Artist, Jayne Abel. At the time, we shared our

vision with the former director of the Canberra International Music Festival. Perhaps we can have a little credit for the emergence of Opera at the National Arboretum Canberra!

From Margaret Atkin - RCCS Member for 24 years - Past President 2006-07 & 2022-23 - Past Assistant District Governor (3 years) - Past District Chair, Inspirational Women's Awards (3 years) - Past District Chair, Public Relations (3 years)

Postscript (1): from David Mylan (Chair WG): What an innovative idea Bruce Harvey brought to the Club. WG were all enthusiastic and active project team members (with two of us flying to Melbourne to engage personally with Melbourne Opera). Really, the Club showed sound business acumen and commitment to what was an 'out there' project. Here on the Central Coast Rotary hosts: <https://www.operarotarywoywoy.org.au/> Wishing (Sunrise) the best.

Postscript (2): from Jayne Abel (Graphic Artist): One of my special memories is working with the team who organised the Opera Gala - such a friendly and dedicated group of people sharing their love of opera and supporting young musicians. Thank you Canberra Sunrise people for this opportunity to be part of a lovely event.

2008-2009 Rotary Logo & Theme



Above: Mike Bury and Kim Barrett with an advertising sign for the 2009 Opera Gala



DreamCricket Gala Days & DreamCricket School Clinics - legacy of Jonathan

DreamCricket Inc. has been a project of the Rotary Club of Bowral/Mittagong since its inception in 2008. It has been promoted by Rotary. The Movement Disorder Foundation and Bradman Foundation as a program designed to improve the welfare and skill development of primary aged special needs students across Australia, in India, Nepal and Sri Lanka. In this regard it has been highly successful and in many cases provides opportunities for these students which they would not otherwise attain.

[Murray Paterson, Secretary, DreamCricket Australia]

Canberra Sunrise became involved with DreamCricket, some 10+ years ago, running an annual Gala Day event in Canberra. For a significant number of years, Jonathan Lyall was the supreme coordinator with young primary school children exposed to the elements of



Dream Cricket - November 2019 - Jonathan and Ray Livingstone

cricket on the Radford College oval. Jonathan engaged The Lord's Taverners fraternity to provide funding for such things as a DreamCricket medallion and a hat for each student, plus a Cricket Kit for schools involved. More recently, Bruce Osborn and Yohan Ramasundara coordinated the 2023 event at the Canberra Grammar School oval, with many other Sunrisers playing significant supporting roles. George Huitker (now a former teacher at Radford College) was the key person managing the young people. For many, this Rotary project can be seen as an amazing legacy from the late Jonathan Lyall.

From Margaret Atkin, Canberra Sunrise



President Margaret Atkin with George Huitker and Yohan Ramasundara after George was guest speaker at a club meeting

Birthday wishes from Past District Governor Noel Trevaskis

Unfortunately, I will have to be an apology. Please pass on my congratulations to all at Canberra Sunrise.

I remember clearly the first meeting I attended at Canberra Sunrise which was in 2000. When I was Governor Katie Firster was President, she was impressive, and I was glad when she accepted the invitation to MC the District Conference in Goulburn. Then she was the MC at the dinner with RI President Carl Wilhelm-Stenner hosted by Goulburn Argyle Rotary Club while she was still President of Canberra Sunrise. There were 354 Rotarians and partners at the dinner. Canberra Sunrise has achieved a lot in 30 years. Its many members have achieved Service Above Self through the many programs and projects it has been involved with.

The mystery loss of the club badges

For a pre-Christmas meeting with a difference on 15 December 1999, David Lowe organised a breakfast cruise on Lake Burley Griffin on the MV Southern Cross. It was a very pleasant occasion, but turned out to be even more memorable when somehow, all club member badges, which were taken aboard were, despite extensive searching, nowhere to be found after the event. Various theories were put forward, but the most popular theory was that they disappeared overboard during the meeting and are now residing on the lake floor. All new club badges had to be ordered.

From Ainslie Sowden

Fond memories from Katie Firster^

I remember making the garden bed for the rehabilitation folks at the hospital. Jonathan Lyall was driving that one, God love him. I remember having a ripper of a time with a jackhammer (although I'm not sure which (slightly touched?) human being let me have a turn of the thing. I'm really not good with power tools! I remember how excited the hospital staff were to have the new garden built. The liaison woman was clearly delighted, relishing community support to get something for the patients. More than once she turned to Jonathan and said, 'you know, this is really great. But what would be even better would be if you could.....' She just kept pushing the envelope. Jonathan, laughing, turned to her and in his lovely debonaire way said, 'you know, you remind me a lot of my second wife...'. They both laughed. And then did exactly what she wanted done (of course). It was just the sort of thing he did.

To be honest, nothing made me happier than Handy Help days. Remember them? Barb Vaschina was like this one-woman hurricane of hedge clippers and tarps. Kim and Jonathan and Rosemary Ganly and all those folks were so



September 2006: A few of the many Sunrise members and friends who formed part of the garden/planter box construction team. From left: Friend of Katie's, Peter McDermott, Jonathan Lyall, Katie Firster, Bob Brown and Kim Barrett

genuinely hard working and community minded. It was just such a good thing to be a part of.

Always loved the guest speakers, too. Remember when that bloke whipped out his ukelele and gave us a breakfast song? So good!

Katie was Club President in 2005-06. She has sent apologies as she left for Japan on 5 April at the start of a 'whirlwind' six month world trip with her family.

Memories from Phil Basche

I suppose this [my journey in assisting others who are less fortunate than myself and through no fault of their own often have significant challenges in their lives] all started when I was a member of Sunrise Rotary Club in the late 1990's. I can't remember exactly who (Peter Judd), but a member had to step off the Board of *Galilee*, a not-for-profit providing education, counselling and caring for disadvantaged children. He asked whether I would like to take his place and I accepted. I think I remained on the Board for approx. 10 years, some of which time, I chaired the Board. Canberra Sunrise raised around \$300k for the rebuilding of the Galilee school after the 2003 bushfires.

2020-21 Rotary Logo & Theme



District Service

Something the club can be very proud of is its continuing involvement in the broader Rotary world. This started in Sunrise's very first year of operation and in almost every year since multiple club members have served in varying capacities at District level, from Project Chairs, as committee members, to Assistant Governors, a District Treasurer, plus a District Governor. A significant contribution! Some members have also undertaken broader roles, such as with the Rotary Foundation Cadre of Technical Advisors.

Youth Exchange Program (YEP)

Sunrise has regularly hosted youth exchange students, with its first student, Juliana Grizzi, arriving from Brazil in 1996. Since then, the club has hosted students from Belgium, Denmark, Finland, Sweden, Turkey, France, Italy, Taiwan and, on multiple occasions, Germany.

In turn the club has sponsored outbound students to countries as far afield as Canada, Brazil, Finland, Norway, Belgium, Denmark, Turkey, and Germany and continues to support the program, although these days hosting is usually in conjunction with another Canberra club.

Over the years many current and former club members have served as Counsellor for students including Stephen Bramah, Bruce Harvey, Sue Bury and Jill Bailey. Even more members have undertaken the host family role.

Memorably for those involved, hosting one year also included responsibility for a horse. Sue Bury, Club Counsellor in 2000 for Krista from Finland recalls the horse (originally organised for Krista by David Elder so that Krista, like David's daughters, had a horse to ride) accompanying Krista to her next host family where it was agisted in the family's backyard, resulting in some not inconsiderable havoc (and subsequent repairs to the turf by Mike Bury). An experience no doubt never forgotten by the host in question, Susan Alexander !

From Ainslie Sowden with input from past and present club members, including Sue Bury and David Elder



YEP Hosting Chynna from Taiwan 2022-23

Emerging from Covid arrangements around the world, Chynna arrived from Taiwan in August 2022. Leaving generations of family support at home, Chynna blossomed from a shy student to a bubbly independent young person, with a great command of the English language. Chynna celebrated her 18th birthday while in Australia. President Margaret Atkin was Student Counsellor for Chynna and provided a road trip to the Australian Tennis Open in Melbourne, taking in a few days in rural Yarrawonga with friends. All the exchange students went on Safari to inland Australia and to northern parts of NSW and Queensland. The vast distances of Australia were revealed in a bus, during a 3-week period. The generosity of the host families cannot be over-stated. While Chynna spent some time staying with Margaret during school holidays, the significant hosting occurred during school term time, while attending Dickson College.

The club wishes to particularly extend their sincere appreciation to Sunrise connections who opened up their homes to Chynna, including: Ben & Carolyn Kelly, Evan & Cassie Jones, Peter & Heather McDermott, Sally & David Header, and Kelly & Justin Brown. These wonderful families treated Chynna like a member



Host families and Chynna

of their own family and provided special opportunities not ordinarily expected. Several weeks were spent at the south coast during the holidays, and Chynna was also taken to Sydney to see the many tourist sites. Believe Chynna even walked up the Harbour Bridge. A big thank you!

From Margaret Atkin



YEP Hosting Jonas from Germany 2023-24 & Hosting visiting Peace Scholars

Canberra Sunrise is co-hosting with the Canberra Club - Sunrise is hosting 1/4 time. Sunrise friend Rebecca McNeill's family is hosting Jonas. This family is amazing, having already hosted Peace Scholars.

Postscript from Rebecca McNeill: *My family and I have enjoyed our experience being host for the peace fellows and the exchange student, Jonas. It has provided an insight into other cultures and language that my children would not otherwise have been exposed to. It has wet their appetite for travel, new foods and new music, and also sparked their interest in the world that wasn't there until they meet these extraordinary people. Thank you for offering us this opportunity.*

From Margaret Atkin



A chance encounter

What amazing young people there are in the world! Be open to chat. As Rotarians, we must talk about what we do - and engage wherever we go.

2021-22 Rotary Logo & Theme

Story 1

A chance encounter at the Epic Farmers' Market. Sitting on a fixed seat at a fixed round table, I struck up a conversation with a passing fellow traveler. After some pleasantries, "Mary" (not her real name) shared that she had arrived from Adelaide only two weeks ago, to start work at PH. I rattled off some of the things happening in my week, slightly mentioning Rotary. That sparked a bigger chat. Several years before, Mary had been selected for RYLA training, and it had changed her life forever. Apart from talking about her journey as a Guest Speaker at Sunrise, Mary has hosted our Peace Scholar visitors (2 x occasions) and is currently hosting our German exchange student on the YE program. One of her 4 children may be interested in a YEP outward bound opportunity.



All from a chance encounter. Some giving back!

Story 2

Attended a RYLA dinner, representing Sunrise. Seating was casual - nothing defined. As luck would have it, I sat with some amazing young people, including "Toni" (not her real name) who was a maths wiz at ANU. Dressed in a stunning red dress, Toni was one of several presenters that night. I was very impressed with her attitude and ambition. Thus, Toni came to Sunrise as a Guest Speaker - twice. Also, Toni was recruited to lead the Adjudication team at MUNA 2023. She was outstanding in this role, and provided a generational switch that has resonated with the MUNA 2023 high school participants. At least one Rotarian has been a referee in her quest for a high-powered career position.

Another remarkable young person, giving back in "Spades"

As Rotarians, we must be in awe of youth talents, with remarkable future journeys. Keep talking!

From Margaret Atkin

Carol Hayes

7 May 1962 - 16 October 2022

"Always in our hearts"



We also remember the significant contribution to the club from then current or former members who are no longer with us including Jonathan Lyall, Frank Harvey, Ian Flavel and Barry Bourke.

BABY BOOMERS ARE TO BLAME! 2007 GREAT DEBATE

Many may have forgotten our THE GREAT DEBATE event which was held 2002 to 2006-07. Initially, it was an initiative of the combined Rotary Clubs of Canberra Sunrise and Canberra Burley Griffin. Following the 2002 success, the program continued under the chairmanship of the Vocational Director of the RC of Canberra Sunrise. During that time, we fund-raised to support SouthCare Helicopter (2002), PolioPlus (2003), Life Education (2005) and Galilee (2004 & 2006). Networking was amazing, and Sunrise delivered in "Spades", as instanced by the array of amazing participating individuals, as listed below.

On 16 May 2007, Sunrise held the event at the ANU, starting with a Diplomatic Reception at 6.30pm (with many from the Diplomatic Corps attending), followed by the commencement of the Debate at 7.30pm. "All proceeds from the evening will benefit local community organisation *Galilee*, which provides support for disadvantaged and homeless young people in the ACT." Rotarian Phil Basche served on the *Galilee* Board during this time.



- *Program:* DG Mick Newling (Official welcome), Neil Emanuel + Ron Coffey (Auction), Geoff Pryor (sketch), John McGrath (Vocational Director), Margaret Atkin (President).
- *Affirmative Team:* David Kilby (666 ABC Canberra), Lorraine Finlay (Associate to High Court Justice Heydon), Andrew Dickson (Finalist in ACT Rostrum Speaker of the Year)
- *Negative Team:* Bishop George Browning (Bishop of Canberra & Goulburn), Travers McLeod (Associate to High Court Justice Kirby), Senator Kate Lundy (Labor Senator for ACT)
- *MC* - Dr Duncan Steel; *Adjudicator* - Justice Michael Kirby AC CMG

Major Sponsors included: ANU, Godfrey Pembroke Financial Consultants, Ball Solutions Group, John McGrath Ford. Such occasions were highly entertaining, with much joyous laughter, while raising significant funds for a particular cause. In particular, *Galilee* relied on strong community and business support to sustain programs and develop initiatives. Rotarians volunteered hours of time to prepare for this annual significant event.



Adjudicator - Justice Michael Kirby

Margaret Atkin, President 2006-07

And who could forget the Bulbs

The club coordinated the sale of Floriade bulbs in 1995; the *Canberra Times* reporting on 16 October that 'The unruly behaviour at last year's post-Floriade bulb give-away prompted administrators at City Parks ...to make other arrangements.' The Rotary Club of Canberra Sunrise has agreed to sell them...

A contractor was to lift, separate and deliver the bulbs to a Braddon oval for sale on Saturdays in October and November. However, the bulbs arrived in tonnes of soil; volunteers from our club and other charity groups, in a mammoth effort, extracted and sorted the bulbs and subsequently sold over 30,000 of them to the public. Sales (or rather supplies) did not live up to expectations and club members had a crash course in handling public complaints. ^ The 1 November Bulletin reported that the Bulb Bash "was an unmitigated disaster ...rain, small delivery of bulbs, ran out of stock quickly. But a great hands-on effort by the club. Many thanks to Allen Oliver."

^ One (maybe apocryphal) story about the event has a club member being chased by an irate, umbrella wielding woman. The member in question says this event has been completely erased from his mind.

From Ainslie Sowden, President 1995-96



2009 District Conference - Sussex Inlet

From left: Kim Barrett, Peter McDermott, Rosemary Everett, Ainslie Sowden, David Mylan, Margaret Atkin, Tricia Wheatstone



President Shirley and Board members - 2001

From Left: John McKenna, Margaret Atkin, Greg Bowler, Shirley Quinlan (Dryden), Katie Firster, Ian McTaggart, Kim Barrett, David Lowe

Reminiscences from Barbara Vaschina ^

I very fondly remember the fun we had doing what these days would be called Gorilla Gardening for folks not able to do some big jobs or whose back yards had gotten away from them. We were in teams of 4 - this would have been in the early 2000's I suspect. I do recall competitions between the teams as to how big a pile of rubbish and green waste we could fit on a footpath safely without blocking the neighbours in or the house owner too! Oh and we only had 1 hour at each place at one stage and had 3 or 4 we were meant to visit over the course of the morning which also added to the shenanigans!

I recall regularly doing these with likes of Jonathan Lyall, Garth, Katie Firster and Kim to name some of my former team members!

Thanks for also making me reminisce! Please pass on my best to those who might remember me.

^ Barb originally joined Sunrise in 2001 and was a member for a number of years before relocating interstate.



Barb during a Handy Help Day in 2013.

Buk bilong Pikinini (BbP)

A regular International Service project since 2016 has been the collection of children's books and literacy materials in support of Buk bilong Pikinini, a not-for-profit organisation seeking to help increase literacy rates in Papua New Guinea (PNG) through the establishment of children's libraries and the provision of high-quality education programs and books.

Initial collections were sourced from club members; however, the bulk of recent collections have come from ACT school libraries. (Enabled by Gabrielle Quadraccia's contacts with the ACT school librarians' network.)

Club members regularly collect surplus books from schools for subsequent delivery to the BbP office at the PNG High Commission. The club has also provided some financial support to BbP for literacy materials and transport, including with the assistance of a District Grant in 2018-19.

From Ainslie Sowden and Helen Deutsch



PNG students with some of the literacy materials provided by Sunrise in 2019.

Helen Deutsch sorting contributions from the first Sunrise book drive in 2016.

The Jubilee Tree Project –from project initiator and lead Stephen Bramah^



Project launch on 8 December 2022 – From left: David Smith MP, Member for Bean; President Margaret Atkin and Project Lead, Stephen Bramah

The Jubilee Tree Project commenced in mid 2022 with a bid by the club for a \$20,000 Commonwealth grant to plant trees celebrating the Platinum Jubilee of Queen Elizabeth 11. The bid was successful, and 400 trees were subsequently planted close to Coppins Crossing on the Molonglo River in early 2023. This required the assistance of RCCS members, volunteers from other clubs as well as the Governor-General and his wife, and the Canberra community which included a notable contribution by students and staff from the Evelyn Scott school.

^ Stephen joined RCCS in 2001, was Club President in 2007-08 and has held many other club positions, including Treasurer.



Above: Governor -General, David Hurley and Mrs Hurley planting a tree with Evelyn Scott students and Margaret Atkin



Above: Project launch on 8 December 2022 – Evelyn Scott school students and teachers



2022-23 Rotary Logo & Theme



Left: Tree planning underway with Sunrise members (Amardeep Singh, Stephen Bramah and Alan McCulloch) and community volunteers

Rosie's Honey Mustard Dressing and the Rotary Club of Canberra Sunrise - from Kim Barrett[^]

In 2013 I was helping the Rotary Club of Canberra East with a BBQ at Cotter Dam, when Genevieve Power asked what I was up to these days - to which I replied that Shirley and I had just purchased a caravan and were going to do some travelling.

Genevieve then asked if I would be interested in joining a farm hub project being led by some Canberra East members who were Salvation Army rural chaplains.

So, on 7 May we set off to undertake substantial work to make the local shop in Quambone, NSW somewhat livable and functional for the new interstate owners who had purchased it sight unseen. It was the only shop in town, contained the local post office, and was a vital part of the community. After our team had started work replacing posts, repairing the roof, and painting the building, members of the local community heard what was happening and



The completed shop.



The project team – with Kim and Shirley on the ladder at the back

provided some wonderful country cooking and hospitality. This culminated in a community family BBQ evening where Shirley and I first met Rosie and her husband Simon. What delightful people they are.

All the team were given a bottle of dressing as a thank you - my Rosie's Dressing journey started that night. We asked if there was a story behind the dressing. What we heard and have learnt over time, of Rosie and Simon, and many others from country farms, is of their resilience to survive. Rosie has worked tirelessly on the farm dealing with many years of drought, mice plagues, floods and then drought again. I've kept in contact, and when talking with Rosie, she never complains, saying, there are plenty worse off than us.

Rosie began making the dressing on their property during the drought in 2005 to bring in some extra income, selling it initially at local markets. Word soon spread, the kitchen relocated to Warren and while still handmade, the dressing is now sold all over Australia.

After that initial trip, I introduced Rosie's Dressing to Canberra Sunrise members who have been very supportive. I obtain it at wholesale price and Sunrise members purchase it at a price lower than retail. The profit goes to Canberra Sunrise.

Freight costs from Warren have always been an issue. Over the years Rosie has assisted with the transport and Sunrise members and their family members have also assisted.

I continued to help with the farm hubs for several years, sometimes twice a year, however Shirley's health unfortunately stopped her from continuing.

[^] Kim is a charter member of Sunrise, Club President in 2002-03 and has undertaken many other club roles, most recently as the Rotary Foundation Chair.



<https://www.rosies.com.au>

WRITTEN AND SUNG BY PAST P RESIDENT BRUCE HARVEY TO CELEBRATE SUNRISE'S 20TH BIRTHDAY

OUR WAY (Tune: "My Way" – Frank Sinatra)

And now, it's 20 years,
Since Canberra Sunrise was first chartered
My friend, let's say it clear
It's all been fun since we first started.
We've all enjoyed the ride
We've gone down many a Rotary byway
And more, much more than this, we did it our way

Regrets, we've had a few,
Perhaps the bulbs are worth a mention
We did what we had to do and saw it through without exemption
We planned each project well, each step along the Rotary highway
And more, much more than this, we did it our way

Yes, there were times, when we all knew
Our sausages were more than we could chew
But through it all, when there was doubt
We ate it up and spat it out
We faced it all and we stood tall and did it our way
We've worked, we've laughed and cried
It's sometimes been a bit confusing
And now, as years go by, we still find it all amusing
To think we did all that
And may we say, not in a shy way,
"Oh, no, oh, no, not us, we did it our way"
For what is a Club?, what has it got?
If not its members, then it has naught
To do the things we truly feel and serve the world where need is real
The record shows our Club still grows and that is our way!
Yes, it is OUR WAY

2019-20 Rotary Logo & Theme



1998-99 Rotary Logo & Theme



Below: Sunrise members at the 2007 Changeover lunch at the Royal Canberra Golf Club. From left:

Stephen Bramah, David Mylan, Shirley Quinlan, Bob Brown, Jill Bailey, Anna Boots, David Elder, Tricia Wheatstone, Margaret Atkin, John McGrath and Garth Britton.





*Woolshed Dance,
Bowral - 2005*

From left: Kim Barrett, Heather and Peter McDermott, Shirley Barrett (kneeling), Ken Arnett, Margaret Atkin, Kay and Bruce Harvey.

District Conference Award – Bowral 2005

From left: Barbara Campbell, Peter McDermott, District Governor Bob Greeney and Susan Alexander



Melbourne Cup social function at the Baileys – 2009

From Left: Judy Mack, Duncan Steel, Ainslie Sowden



1995 Changeover lunch at the Boathouse

From left: Harold Pennay (RC of Canberra North) and Michael Rabey



Don and Margaret Erickson with Mike Bury in October 2023 at an afternoon tea at the Barretts supporting Polio Plus and the Rotary Foundation.



President Margaret with new inductee, Lorraine Finlay in 2006



Sunrise Business Week volunteers at Telopea Park School with Principal Kerrie Blain- From left: Peter McDermott, Kerrie Blain, Ian Sayers, John McKenna and Garth Britton



Anna Boots presenting 75 Seconds of Rotary in 2003



President Cathy Bryson 2013



Former Sunrise and current Sundowners member Lynne Duckham

Paul Harris Fellow Recognition

Current and former members of the Rotary Club of Canberra Sunrise, family and community

Note: Some members have multiple PHF recognition

Susan Alexander	Bridget Larsen #
Ken Arnett	Carsten Larsen #
Margaret Atkin	Ray Livingstone
Jill Bailey	David Lowe
Shirley Barrett #	Jonathan Lyall
Kim Barrett	Stephanie McCorkelle #
Phil Basche	Marjory McCormack#
Jupp Birkel	Alan McCulloch
Anna Boots	Heather McDermott #
Barry Bourke	Peter McDermott
Stephen Bramah	John McGrath
Garth Britton	John McKenna
Mike Bury	Emma McVeigh
Sue Bury	Judy Mack
Simon Cullen	Ron Murray
Lain Dare	David Mylan
Helen Deutsch	Bob Nield
Gabrielle Dowling #	Brian Norris
David Elder	Bruce Osborn
Don Erickson	Ros Phillips #
Margaret Erickson #	Gabrielle Quadraccia
Rosemary Everett	Bob Quiggan
Chris Fearon	Shirley Quinlan
Lorraine Finlay #	Ian Sayers
Katie Firster	Kerrie Schmidt
Rosemary Ganly	Claire Scott
Bruce Harvey	Ainslie Sowden
Sally Hearder	Neil Spalding
Graham Hicks	Pam Strickland #
Peter Hill	Barbara Vaschina
Dennis Hills	Russ Walls
Greg Hood	Tricia Wheatstone
George Huitker #	

Community or family recipient



2010 Changeover – Paul Harris Fellows with District Governor Michael Pedler and his family



2002 Changeover - District Governor Paul Street and Harold Pennay (Canberra North) with then current and previous Sunrise Presidents. From left: Paul Street, Harold Pennay, Ian Sayers, Kim Barrett, Keith Hampton, Shirley Dryden, Bruce Harvey, Brian Norris, Ainslie Sowden and Bruce Livingstone. Absent: Allen Oliver and David Elder.

Charter Members – Rotary Club of Canberra Sunrise



Back Row—Simon Nuttal, Bruce Livingstone, Ian Flavel, Kim Barrett

3rd Row—Bob Warn, Greg Bowler, Darren Jones, Lou Rando, Con Pikoulos, John Goold

2nd Row—Conrad Martens, Ian Sayers, Shirley Dryden, Keith Hampton, John Bright, Ainslie Sowden

Front Row—David Suitor, Moyna Goold, Ron Murray, Don Erickson, Alan Bradbury

Absent—Bruce Harvey, Tricia Wheatstone, John Murray, Mike Doering, Tony Slater

Note: The photograph was taken on the steps of the Commonwealth Club where the club's charter lunch was held on 21 November 1993 (*starting with champagne cocktails on the terrace and a string quartet playing in the background.*) In the far top left of the photo is Past President Harold Pennay of the Rotary Club of Canberra North who, as the District Governor's Special Representative, led the establishment of Sunrise.

And a final reflection from Katie Firster ^

Actually, one of the things I look back on with real happiness, was the year the Club let me be President. I know now, of course, what a privilege that was and how much I learned from people like Kim and Shirley, Jonathan and Garth, David Elder and Peter McD. I remember how they were really able to guide and lead people, which isn't always easy when you're dealing with volunteers. I think that's part of what's great about a community of different people - folks can pass on their experience and wisdom and leadership qualities to the people around them. I got to work with the best people who really helped shape not only the Club, but our community more broadly. What luck for me that I was able to be around people role-modelling that sort of kindness and generosity.



I feel lucky (and always have) to have been a part of something as special as Sunrise Rotary Club.

CLUB PRESIDENTS

1993-94	Bruce Livingstone
1994-95	Keith Hampton
1995-96	Ainslie Sowden
1996-97	Bruce Harvey
1997-98	Allen Oliver
1998-99	Ian Sayers
1999-2000	Brian Norris
2000-01	David Elder
2001-02	Shirley Dryden
2002-03	Kim Barrett
2003-04	Ian McTaggart / Ken Arnett
2004-05	Peter McDermott
2005-06	Katie Firster
2006-07	Margaret Atkin
2007-08	Stephen Bramah
2008-09	David Mylan
2009-10	Jonathan Lyll
2010-11	Ainslie Sowden (2 nd)
2011-12	Garth Britton
2012-13	Bob Nield
2013-14	Cathy Bryson / Bruce Osborn
2014-15	Peter McDermott (2 nd)
2015-16	Peter Hill
2016-17	Rosemary Everett
2017-18	Rosemary Everett (2 nd)
2018-19	Simon Cullen
2019-20	Lain Dare
2020-21	David Elder (2 nd)
2021-22	David Elder (3 rd)
2022-23	Margaret Atkin (2 nd)
2023-24	Yohan Ramasundara

SNAPSHOT OF SUNRISE ACHIEVEMENTS OVER 30 YEARS

The Club is exceptionally proud of the service work. Many projects have featured multiple times in District Awards. This is a snapshot of Sunrise achievements during 30 years:

- Model United Nations Assembly (MUNA) – arrangements over 24 years (D9705)
- Prime Minister's Golf Days 2001 (for 3-4 years)
- Charter club for Woden Daybreak (January 2002) & Canberra Sundowners (August 2021)
- Guest Speaker breakfast program – highlights a wonderful variety of prominent speakers
- Vinnies - Night Patrol Van - also Christmas food & toy donations
- Supported Soup Kitchen (Mrs Dubrowski), Driver Reviver (Bredbo), Snowy Hydro Care Helicopter, Canteen Australia, Share the Dignity donations & support to a MD child
- Canberra Hospital Rehabilitation Centre – built raised garden beds & Oncology Ward plants
- Galilee School – rebuilding & equipment post 2003 Canberra fires; Board position
- Telopea Park School – Interact Club & Vanuatu school library project
- Lyneham High School – music equipment, their musicales & Board position
- Dickson College – Secondary Introductory English Centre program (Sunrise Award)
- The Great Debate 2002 to 2008
- The Italian Opera 2009 and 2010
- Mongolian projects (help to street children, water & transport); Mosquito Nets (PNG)
- Buk bilong Pikinini book donations (PNG), Global Grants, Aust Rotary Health & Shelterbox
- Floriade pamphlet selling & Gnome painting (ongoing), plus Floriade bulbs (1995)
- DreamCricket Annual Gala Day and School Clinics – 7 years (D9705)
- Rotary Foundation - End Polio Now & Centurion Scheme member annual donations
- International Peace Scholars, QUT - vetting, hosting/program visit to Canberra (D9705)
- QEII Jubilee Tree Planting at Denman Prospect & liaison with Evelyn Scott School
- Vocational - Pride of Work Awards; Visits to Pegasus, Ford car dealership
- Smith Family - Learning for Life program & Christmas Hamper deliveries &
- Handy Help & Garden clean up days & Collecting magazines for Aged Care facilities
- Wine Bottling & later sales; Markets at Calvary Hospital
- Rotary Foundation – End Polio Now & Centurion Scheme member annual donations
- Polio Eradication fundraising – afternoon teas in private home
- BBQs supporting the community, including: Epilepsy ACT, Dementia Australia, Sony, Vinnies, Relay for Life, Dragon Boat Regatta events
- Hosting regularly Rotary Youth Exchange students & enhancing o/s student experiences
- Rotary Youth: NYSF, YEP, RYPEN, RYLA, GSE & Ambassadorial Scholars

THE ROTARY FOUR WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Service Above Self

Canberra Sunrise Rotary
30th birthday Celebration Lunch
Held at Royal Canberra Golf Club
Saturday 6 April 2024



Group photo taken before Lunch Celebration

Left to right: Past District Governor (PDG) Bob Greeney, Australian Human Rights Commissioner Lorraine Finlay, President Yohan Ramasundara, District Governor (DG) Andrea Grosvenor, Assistant Governor (AG) Gary Davis, Immediate Past President Margaret Atkin



Group photo taken at the conclusion of the lunch celebration

Back row: Stephen Bramah, Heather McDermott, Michael Rabey, Cecily Livingstone, Ray Livingstone, Anna Boots, Jayne Abel, Pam Strickland, Roger Crosthwaite, Peta Scott, Neil Spalding, John McKenna, Lorraine Finlay, Judy McKenna, AG Gary Davis, Bruce Harvey, Anne Ezergailis, Imants Ezergailis, Malcolm Cook, David Elder, Ainslie Sowden, Hans Bachor, Kim Barrett, Helen Deutsch, Suzanne Howarth, Shirley Barrett

Front row: Peter McDermott, Lynne Duckham, Tara Pullen, Margaret Atkin, Russell Grove, PDG Bob Greeney, DG Andrea Grosvenor, Don Erickson, Margaret Erickson, Marie Lowe, David Lowe

THANK YOU FOR BEING PART OF THE CELEBRATION!