

October 30, 2013 Meeting Number 16: 2013-2014

PRESIDING: CEDRIC MITSUI

LED PLEDGE: TREVOR RODRIGUES

INSPIRATION: TIM YOUNG

"IN MANY YEARS I HAVE COME TO A CONCLUSION THAT ONE USELESS MAN IS A SHAME, TWO IS A LAW FIRM, AND THREE OR MORE IS A CONGRESS." -JOHN ADAMS, OUR NATIONS 2ND PRESIDENT

4-WAY TEST: ART TANIGUCHI

SPEAKERS: LORRAINE DAVIS, KAROLYN LUNDKVIST

GUESTS: JIMMY YAGI, LORRAINE SHIN, CRAIG SHIKUMA-

ROTARY CLUB OF HILO

CHARLENE IBOSHI- ROTARY CLUB OF SOUTH HILO JOANNE GARCIA- ROTARY CLUB OF METROPOLITAN HONOLULU

PHOTOS: CEDRIC MITSUI

WEDDING ANNIVERSARIES: NONE

BIRTHDAYS: NONE

CLUB ANNIVERSARIES: TIM YOUNG- 10/26- SPONSOR

LES TANIMOTO

YU YOK PEARRING- 10/28- SPONSOR CAROL VAN CAMP

MAHALO

TIM YOUNG FOR \$100 WORTH OF ITEMS: 1 WOMEN'S LACQUER WOOD WALLET, ONE WOVEN EVENING CLUTCH PURSE/HANDBAG, ONE PAIR HMONG PATTERN DECORATIVE CUSHIONS, ONE SMALL BAG ORGANIC ARABICA COFFEE BEANS, ONE SMALL BAG GREEN TEA, ONE HAND WOVEN COTTON SCARF, & ONE SANDALWOOD FAN. WON BY KEVIN HOPKINS

WORDS OF WISDOM

"WHO IS WILLING TO BE SATISFIED WITH A JOB THAT EXPRESSES ALL HIS LIMITATIONS? HE WILL ACCEPT SUCH WORK ONLY AS A MEANS OF LIVELIHOOD WHILE HE WAITS TO DISCOVER HIS TRUE VOCATION. THE WORLD IS FULL OF UNSUCCESSFUL BUSINESSMEN WHO STILL SECRETLY BELIEVE THEY WERE MEANT TO BE ARTISTS OR WRITERS OR ACTORS IN THE MOVIES."

- THOMAS MERTON

VOCATIONAL SERVICE CHAIR MINI VOCATIONAL CLASSIFICATION TALKS







In her current position as Chief Operating Officer of the YWCA of Hawaii Island, Lorraine directs five programs with 60+ staff in both East and West Hawaii Island. Lorraine serves on the YWCA's Executive Team, which is responsible for all functions, programs, and services of the agency. For all programs, Lorraine secures funding through grant writing, contracts with

outside/governmental/community agencies and fundraising activities. As COO, Lorraine is responsible for first and second line hiring, firing, supervision, and review of budgets and program activities through the Program Directors. In her role, she is also responsible for quality improvement and performance monitoring of operations, quality, reliability, policy and contract compliance, and safety.

Lorraine holds a BS in Environmental Sciences from Grand Valley State University, completed 3 years of graduate coursework at Miami University of Ohio, and holds professional certificates in Total Quality Management and Non-Profit Management.

Before joining the YWCA of Hawaii Island, Lorraine taught science, grades 4 through college level, served as a foster parent to 6 teenage, high risk boys, worked as a chemist in environmental laboratories and moved from bench chemist to Quality Assurance Director and Total Quality Management trainer for a national laboratory chain that included 7 laboratories and over 800 employees. In 1991, Lorraine was honored as Westec Employee of the Year. She shared this distinction with 4 other employees out of a pool of over 5000 employees.

Lorraine moved to Hawaii in 1993 and began her own chemistry consulting company, Quality by Design, and had offices in Hilo, Phoenix and Seattle. She shut down the mainland offices in 2003 when she accepted her position with the YWCA of Hawaii Island, and despite no advertising efforts, her company still receives work.

Continued on pg. 6



KAROLYN LUNDKVIST







The 11th child of BEAUTIFUL PARENTS, Darnley and Pearl Miller, from Christ Church, Barbados. One of 8 children born and raised in New York City and the only child still living. You heard her story about how she found her relatives (smile).

Karolyn wanted to be a Model, but at that time, there were no Black Models around. Her dad told her to major in accounting so I did. He said, "You needn't be seen, all you needed was to know your job", so she took his advice. Karolyn worked only in hospitals and private schools. She did finally have a few modeling jobs along the way. She's willing to tell you about her life in those days, just ask.

Continued on pg. 12





PRESIDENT'S ANNOUNCEMENTS

Congratulations on a great World Polio Day filled with several activities.

Congratulations to James Leonard for his PolioPlus walk on Saturday.

November 5, 2013–Interact's 51st Anniversary

November 14-Board Meeting at Coqui's Hideaway, 7 am

Conversational Partners- November 21, 12:30 pm at HCC.

UH Hilo International Students Thanksgiving Lunch– November 28 at YWCA with Y's Men's Club.

Hospice Light Up A Life- December 15, 2013 at 10 am- 8 pm, meet inside the Macy's Women's section.

District Conference - May 2-4, 2014 at Turtle Bay Resort

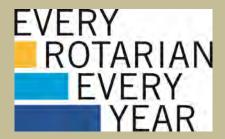
RI Convention- June 1-4, 2014 in Sydney, Australia

ANNOUNCEMENTS BY OTHERS

James Leonard– The three Rotary clubs and the Rotaract Club of East Hawaii were well-represented at the Walk a Mile event. There were 10 Rotarians and 6 Rotaract members walking. Team Rotary had the largest team. Hope more Rotarians will participate in next year's walk.

Sharon Scheele- Please see her for guest invitation cards for potential new members.

Pat Gorman– November is Foundation Month. For those Rotarians who haven't contributed to the Foundation, please consider doing so in November, for tax purposes. If are 100% EREY, by December 31, RI will receive \$500 from one of our members. **So please donate before December 31!**





Rotagians and Guests



Joanne Garcia from the Rotary Club of Metropolitan Honolulu with Rotary Club of Hilo's Jimmy Yagi, sitting next to Art Taniguchi.

Lorraine Shin of the Rotary Club of Hilo sitting next to Lorraine Davis.





Dr. Craig Shikuma of the Rotary Club of Hilo talking to PDG Pete Muller.

Charlene Iboshi from the Rotary Club of South Hilo.



Make-Up Meeting,



Art Taniguchi met Tia Carrera at a conference last week in Maui. Take a look at the banner hanging behind them!













\$2- Barbara Hastings- Giving 2 **sad** dollars because polio has resurfaced in Syria.



\$5- Kris Speegle- Happy because Preston Barnes is doing better, based on Edean's observations.



\$5- David Hurd- Happy for a successful Walk a Mile/End Polio Now event this past weekend.



\$5- Tom Witthans- Sol came in 15th at the HHSAA Cross Country State Championships on Kauai last week Friday.



\$5- Steve Bader- Happy for a successful Jazz & Blues Festival this past Sunday.

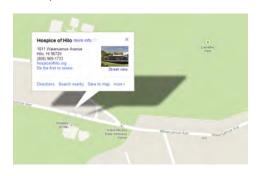
Congratulations, Sol Kislig, for coming in 15th at the Cross Country HHSAA State Championships on Kauai on Friday!

Time: 20:35.98

District Training

November 2, 2013
Hospice of Hilo
1101 Waianuenue Ave.
Lower Conference Room

9 am– 12 pm Membership &
Foundation Seminar
12– 1 pm Lunch
1– 3 pm Qualification Seminar



District Conference

May 2-4, 2013



Turtle Bay Resort
See District 5000 website
to register

Upcoming Speakers

November 6– Sandra Wagner-Wright, Foundation Co-Chair

November 13– Guest Speaker, TBA

November 20– Short Club Assembly

November 27– DARK, No meeting

December 4- Guest Speaker

December 11– DARK, No meeting

December 18– Club Assembly/ Mini Vocational Classification Talks





CALENDAR OF EVENTS- SAVE THE DATE!

November 5, 2013–Interact's 51st Anniversary

November 14, 2013 – Board Meeting, Coqui's Hideaway at 7 am

November 21, 2013– Conversational Partners– Hawaii Community College at 12:30 pm

November 28, 2013– UH Hilo's International Thanksgiving Lunch sponsored by the Y's Men Club.

Upcoming Events:

December 12, 2013–Board Meeting, Coqui's Hideaway at 7 am

December 15- Hospice Light Up A Life, 10 am-8 pm inside Macy's Women's section

Other Clubs:

November 13, 2013– Pau Hana Social at Palms by the Bay at 5 pm

December 11, 2013– Pau Hana Social at Palms by the Bay at 5 pm

Walk a Mile in Her Shoes

Saturday, October 26, 2013



Rotaract men getting their new walking attire.



Team Rotary before the eventcomprised of 10 Rotarians and 5 Rotaract members.



Why is James Leonard NOT stretching!?



Doug Adams of the Rotary Club of South Hilo donning his Superman shoes.



Everyone getting ready to start the walk.



Tom Witthans showing his fashionable footwear and beautiful legs before walking.





Walk a Mile in Her Shoes cont

Check out the link to the 2013 YWCA Walk A Mile In Her Shoes video posted on Big Island Video News web page! http://www.bigislandvideonews.com/2013/10/28/ywca-hawaii-islands-walk-a-mile-in-her-shoes/



Randy Kurohara of the Rotary Club of South Hilo, following the lead group of Mayor Billy Kenoi.



Team Rotary starting the walk on to Ululani Street and then down Haili Street.



The middle part of Team Rotary, led by the flexible James Leonard of the Rotary Club of Hilo Bay.



Mary Begier waving to supporters, walking down Haili Street.



AG Dave Hurd of the Rotary Club of Hilo Bay, leading the Rotaractors down Haili Street.



Tom Witthans getting advice on blisters from James Leonard as they walk through Bay Front.



Mahalo to the members of the Zonta Club of Hilo for providing refreshments to all the walkers.



Mayor Billy and his "Chiefs" walking up Haili back to the YWCA.



Rotaractors finishing the walk up Haili Street.



Team Rotary passing the finish line and coming in first for participation and team donations.



Deputy Prosecutor, Mitch Roth of the Rotary Club of Hilo relaxing after the walk.



The Rotaractors from the Rotary Club of East Hawaii holding the trophy for 'Largest Team' at this year's Walk a Mile in Her Shoes event.





MINI VOCATIONAL CLASSIFICATION TALKS **LORRAINE DAVIS**

Object of Rotary



Translates into the 4-Way Test



Vocational Service as a Rotarian

- To encourage and foster:
- High ethical standards in business and professions.
- The recognition of the worthiness of all useful occupations.
- . The dignifying of each Rotarian's occupation as an opportunity to service society.



- dignifying of each Rotarian's occupation as an opportunity to serve society. . The application of the ideal of service in each Rotarian's
- personal, business, and community life.

 The advancement of international understanding, goodwill, and

service as a basis of worthy enterprise and, in particular, to encourage and foster:

The development of acquaintance as an opportunity for service.

High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the

- peach through a world fellowship of business and professional persons united in the ideal of service,

How Do We Encourage and Foster?

- Talk about your vocation in your club.

 Vocational Moments -- at meetings

 Barbara Hastings

 Steve Bader

 Harold Wallace
- - Kris Speegle Bettye William Marie Bothof Preston Barne Cedric Mitsui

 - Howard Ainsley
 Barry Taniguchi
 David De Luz, Jr
 Emmeline DePi
 Dale Tokuuke



Vocational Moments

- Learn about our fellow Rotarians.
- Networking opportunities.
- Recognizes the worthiness of all useful occupations.
- Dignifies each Rotarians occupations.



Sponsor Vocational Pau Hana

- Big Island Vision Center
- Volcano Winery
- Goodwill Industries
- KTA Superstores
- YWCA of Hawaii Island
- State Farm Insurance





Vocational Pau Hana

- Social Events.
- Networking Events.
- Learn about a Business in the Community.
- Support a Business in the Community.
- Recognizes the worthiness of all useful occupations.
- Dignifies each Rotarians occupations.
- Supports Rule #5 of the Four Way Test.



Employee Recognition Program

- Gina Tanouye
- Kellie Yagi



Employee Recognition Program





10

Other Vocational Club Activities

- History of 4 Way test provided October 9
- Ethics in Business provided October 18
- Recognize Community Members for their outstanding achievements
- Recognition for members in Recreation and Vocational Fellowships
- Vocational Service Ideas in the Newsletter

11

How Can You Help?

- Display Declaration of Rotarians in Businesses and Professions at your workplace.
- Participate in events.
- Promote Career Day in your workplace.
- · Display Four Way Test in your workplace.
- Post jobs and resumes on the district job bank.
- Volunteer your vocational services.



Future activities...proposed

More Pau Hana events

· Vocational breakfast?

Volunteer vocational skills

Mentoring students in Stepping Up and Stepping

Out program at the YWCA

Realtor Panel Discussion

Career day







Rotary Club of Hilo Bay Halloween Photos





Roy "The Plantation Man" after helping set up the AV equipment.



Steve "Jason" Jacunski and Tom "The Beak" Witthans.



Kris "Big Texan" Speegle checking



Pat "The Scarecrow" Gorman checking in.



Ruth Kupcha at the check in table.



Sandra Wagner-Wright and Pat Gorman having a conversation before the meeting.



Rotaract, End Polio Now





4 members of the Rotaract Club of East Hawaii casually soliciting donations on Friday, October 25 at the University of Hawaii at Hilo Campus Center.



Micah Ramos at the end of the End Polio Now campaign.

Rotaract Club of East Hawaii Calendar of Events

- ▼ 11/9– Volcano Holei Sea Arch, 10 am— 9 pm
- ▼ 11/12- General Membership Meeting, Rm. K-126
- ▼ 11/17- Packing Operation Christmas Child Boxes, Usual meeting room, 2-4 pm
- ▼ 11/18- Packing Operation Christmas Child Boxes, CC 206, 2-4 pm
- 12/3– Last General Membership Social





Vocational Service Ideas

One of the central goals of Vocational Service is to promote & advance Rotary's high ethical standards. Two useful tools Rotarians have to assess these standards are The Four-Way Test and The Declaration of Rotarians in Business & Professions.

Potential Club Activities - Did your Club:

- 1. Sponsor a Four-Way Test essay or speech competition for young people within the past 12 months?
- 2. Get actively involved in providing career information for local school students within the past 12 months?
- 3. Have four or more meetings devoted to vocational service topics during the current Rotary year?
- 4. Use classification talks by club members for at least three club meeting programs during the year?
- 5. Recognize the importance of high ethical standards and public values by giving an award, within the past 12 months, to honor an individual who exemplifies such traits?
- 6. Recognize the importance of high ethical standards and public values by giving an award, within the past 12 months, to honor a business or other organization that actively promotes such traits?
- 7. Develop or initiate a new vocational service project during the current Rotary year?
- 8. Routinely provide a copy of The Four-Way Test and the Declaration of Rotarians in Businesses and Professions to all new club members as they join the club?
- 9. Observe Vocational Service Month in October of 2010 with a special club program or other event?
- 10. Promote Rotary's commitment to high ethical standards.
- 11. Post the Four-Way Test on a prominent billboard in your community.
- 12. Sponsor an essay contest in which participants describe how they can apply The Four-Way Test to their lives. This could be for both youths and adults.
- 13. Sponsor a "character literacy" project for young children that integrates lessons about ethics with children's reading activities. For additional information, contact the RI Literacy Resource Group at www.rotary.org/literacy.
- 14. Conduct a RYLA event with special emphasis on ethics.
- 15. Organize a discussion or group workshop on maintaining high ethical standards in the workplace and consider inviting local non-Rotarian business leaders to attend.
- 16. Recognize and promote the value of all useful occupations
- 17. Did you:
 - a. Display The Four-Way Test and/or the Declaration of Rotarians in Businesses and Professions in your office or work space and use it as a conversation starter to tell your colleagues about Rotary's commitment to business ethics and personal integrity.
 - b. Demonstrate a personal commitment to high ethical standards.
 - c. Encourage your club members to post their business on the FREE District Yellow Pages
 - d. Encourage your members to post jobs and resumes on the district job bank.
 - e. Support job search and professional training for members at the district level.
 - f. Support professional development
 - g. Hold informal professional networking events where members can meet other local professionals and introduce them to Rotary.
 - h. Start a career counseling program geared towards equipping unemployed or underemployed members with the skills they need to compete in the job market.
 - i. Volunteer your vocational Services

Several of RI's programs offer opportunities to exercise Vocational Service, including:

- ✓ Rotary Volunteers: put your vocational talents to work on a service project
- ✓ Rotary Fellowships: start or join a vocational fellowship group
- ✓ RYLA: teach young people leadership skills
- ✓ Rotary Friendship Exchange: conduct vocational exchanges with Rotarians in other parts of the world





Vocațional Service Ideas conf.

Project Ideas

- ✓ Classification talks at club meetings
- ✓ Tours of members' businesses
- ✓ Community career fairs and workshops
- ✓ Mentor young people
- ✓ Promote ethical behavior in business
- ✓ Create a vocational award program

Four Ways to think about Vocational Service:

1. Vocational Awareness

- ✓ Tours of member businesses
- ✓ Visits to other local business for education and recruitment
- √ Job talks by members and vocational guests (doctors, plumbers, etc)
- ✓ Creation of local business discussion groups based on issues of interest - workers comp, regulation, pension, etc.
- ✓ Business breakfasts (e.g. rotary hosts chamber breakfasts)
- ✓ Jobs Bank
- ✓ Free Yellow Pages

2. Vocational Awards

- ✓ Recognize local businesses
- ✓ Business of the year
- ✓ Unsung heroes within the business community

- ✓ Pride of workmanship award
- ✓ Best Human resource workplace practices
- ✓ Best customer service award

3. Career Development

- ✓ Career Fair
- ✓ Job Interview Practice
- ✓ Mentoring mothers to eturn to the workplace
- ✓ Job skills training and information
- ✓ Job Shadowing
- ✓ Educating Kids about Money and work

4. Vocations at work

- ✓ Adult Literacy
- ✓ Writing skills
- ✓ Ethics/Integrity
- ✓ 4 way test
- ✓ Ethics debates and ethics panels among business owners
- ✓ Opportunities for the disabled
- ✓ Working with Retirees
- ✓ Assisting employees drugs, HIV, job bank
- ✓ Professional Development



Hale Aloha Shelter for Women and Children

Value: **\$70**

Benefitted: 20 children







Please give! Please give! Please give!

The Rotary Foundation

baywatch







Vocational Moment, Kevin Hopkins







Professor of Aquaculture

B.S. Zoology, University of Oklahoma, M.S. Fisheries & Aquaculture, Auburn University, M.B.A. Business Administration, Auburn University, PhD. Fisheries & Aquaculture, Auburn University.

Research Interests: Culture of finfish, particularly sturgeon and tilapia, business aspects of aquaculture and application of fisheries and ecological models to aquaculture.

Director of the Pacific Aquaculture and Coastal Resources Center

When Kevin started college at the University of Oklahoma, he wanted to become a marine biologist. This wasn't offered and he received his B.S. in Zoology. It turned out to be a blessing in disguise. After college, he joined the Peace Corps and moved to the Philippines. He started doing a lot of work on the ocean and that's when he discovered he was prone to sea sickness. After this, he started his Peace Corps work experience on land and grew fish. In the 1970's he went to graduate school and earned his M.S. from Auburn University in Alabama. By then, Kevin was married and he and his wife found themselves in the middle of the Civil Rights Movement. His wife is Asian and integrated well and had no problem whatsoever, despite of the racial tensions going on around them. However, after grad school, Kevin got a job and moved to Oregon where she had a horrendous racial discrimination experience. That's when they decided to move to Hilo. (We're fortunate he made his way to our Rotary club!)

Today, Kevin Hopkins is a Professor of Aquaculture at the University of Hawaii at Hilo, where he's held the position of Administrator for the past 3 years. He says it's an indescribable feeling to see when a student understands the process. He loves to grow fish and teach others to grow fish. He is a specialist in tilapia and finds his work very satisfying. When he started growing fish 40 years ago, 50k tons were grown. Today, 4 million tons are produced worldwide.













We learned what makes Kris tick... his best friend-wife and his active life. Kris was born in Alaska and raised on Kauai. He attended Kauai High School and attended the University of Hawaii at Manoa, to play football. After 9/11/01, his brother called him to say he was joining the military. Kris joined the Army National Guard (while his brother changed his mind!). Kris went on to finish college in 2006 earning a degree in Finance. He'd joined ROTC while in college, and became an officer in the Army Reserves.

After college, he married his college sweetheart and moved to California to work with his uncle, who owned several insurance businesses. This is where Kris got his feet wet; however in 2008, Kris received orders to go on active duty and was stationed in Kosovo & Macedonia, where his duties included managing the Army post office. He'd always wanted to return to Hawaii, and purchased an Allstate Insurance Agency in Hilo on Kilauea, opening its doors on July 1, 2012. Kris achieved this by the age of 29. Well done, Kris! Kris' landlord is Preston Barnes and that's when he got acquainted with Rotary. Preston asked him to breakfast at 6:45 am on Wednesday and Kris never looked back.



Private Non-Profit Organization

goodwill



Growing up in the Catskill Mountains of New York, Bettye never dreamed Hawaii would become my home, but she has lived here for over 30 years. Most of that time on Maui, and since 2004, on the Big Island of Hawaii. She has retired twice, but returned to work each time due to boredom. Bettye's profession is administration and management. She have worked as an organizational consultant and as an Executive Director/Chief Executive Officer since age 25. She is currently the Hawaii County Operations Director for Goodwill Industries of Hawaii. In her professional and extra-curricular activities, she has worked to make a positive difference in the lives of individuals and in the community.













Real Estate Sales

Mary Begier is the epitome of the old adage: When you want something done, ask a busy person.

She is as current with matters of community importance as she is local and national real estate trends.

"I like knowing what's going on in my industry, my community, my family, so I remain active in all of them," said Begier, principal broker and owner of Mary Begier Realty, with offices both on O'ahu and Hawai'i Island.

Begier, a past president of both the Hawai'i Island Board of Realtors® (HIBR) and Honolulu Board of Realtors®, has 32 years of experience selling real estate across the Hawaiian Islands. She represents HIBR on the Big Island Business Council, where she served as president from 2002-2003. She also a past president of the Rotary Club of Hilo Bay for 2008-09 and the Hawai'i Island Chamber of Commerce 2009-2010.

Begier is an outspoken proponent for business. Because she believes "in helping to create the kind of communities we want," Begier serves on a number of legislative and public policy committees. She is part of the team that is building a stronger image for the Realtor community statewide.

Begier is held in high regard by her peers. She was named Realtor of the Year for all three of the Realtors' boards she sits on (the Hawai'i State Association of Realtors and HIBR in 2001 and the Honolulu board in 2002).

One of nine siblings, Begier learned the importance of community and value of teamwork early. Her dad was in the U.S. space program, so the family moved frequently.

Begier served in the United States Navy, going to schools in Florida and California before being assigned to Honolulu where she became the senior enlisted female in a command of 480 male and 38 female personnel at Pearl Harbor.

She ventured into real estate in 1980, worked first for a small local company and then two high-end Realtors before hanging her own shingle. Her penchant for learning has kept her at the top of her profession.

She was named to the Hawai'i State Foundation on Culture and the Arts by Governor Linda Lingle in 2006 and assumed the role of chair of the Commissioners in 2010. Begier also represents Hawai'i Island Chamber of Commerce on the Big Island Housing Foundation board.













Alan Okinaka was born and raised in Hana, Maui. He attended the university of Hawaii and this was the first time he got away from home. It was like a vacation, getting away from his family and he really enjoyed college. He graduated with a Bachelor of Fine Arts Degree (that's why he has an appreciation for artistic things), but after college he didn't know what to do and he decided maybe Uncle Sam needed him. He went into the Army for 3 years and spent a lot of time in Okinawa. He spend too much time at the bars in the beginning, so he decided to do something more serious. He decided to visit the local karate dojo and in a year and a half, he earned his first degree black belt. By doing so, he learned about the wonderful Okinawan culture. He found the Okinawans to be very warm and they made him happy every time he talked to them. He also found the friendships of Okinawan people were sincere and meaningful. After his stint in the Army, he went home to Maui. He decided that he really needed to go back to college. He talked it over with his dad, and asked his dad if he would support him when he went back to college. His dad said; no! Alan went to work for Kentron, Hawaii. They had a communications contract on Quajulan Island and that's where he went. After a year and a half, he'd earned his bachelors and

master's degree in degree in electrical engineering. After that, he got involved with a research project with Aloha Systems Projects on Oahu. This was a way of using radio to communicate with computers. He spent 7.5 years with them. It was funded by ARPA (Advanced Research Project Agency). He understands that this was the basis for a lot of protocol, methods, and technologies that is used by different agencies and organizations in our government and military services. This also got him in to data communications, which he loved! He thought this was one of the greatest things and at the same time, GT Hawaiian Tel on Oahu decided they needed to get in to date communications and Alan went to work for them. That job took him to Stanford, Connecticut for 2 years. That proved to be an interesting experience. By then, he was married to Ellen and they had 2 sons. His sons cried the first two months they were there because they missed their friends back in Hawaii. But in the following months, they really enjoyed the snow and ski season, and sightseeing.

Alan and his family returned to Hawaii and then he worked first as an education & training director, then quality director for GTE Hawaiian Tel. It was at that time, they decided he needed field experience so they sent him to Hilo. Back in the day, Hilo was full of party-line service. (He still has 7.5 Steno notebooks filled with complaints!) It took several years before this issue was resolved, after which he retired from GTE Hawaiian Tel, after 22-1/2 years. Alan then got in to consulting work helping people with strategic planning, teaching them how to facilitate meetings and persona evaluation systems. It was one of the most fulfilling jobs he did for the Department of Education and realtors. Then his mother got ill and he commuted back and forth from Hilo to Maui for three years to take care of her. When he looks back, he thinks he has had an interesting life and if asked to do it again, he says, "I think I would!"





MINI VOCATIONAL CLASSIFICATION TALKS KAROLYN LUNDKVIST

Karolyn has two BEAUTIFUL CHILDREN, Andre-Jean and Annika Antoinetta. Andre-J is a Bio-Medical Engineer-Stanford Ph-D and Annika Antoinetta has a masters in Spacial Planning from Sweden and a Masters in Historical Preservation from Cornell. She currently works as a photographer in the fashion world. Karolyn also has a BEAUTIFUL 16 yr. old granddaughter in CA. and a grandson due November 23, 2013 in HI.

She worked as the accountant for Lundkvist Aviation Research from 1976 to 2011 and Lundkvist Palm Garden from 1996 to 2011. In addition, Karolyn has a beautiful palm garden in Leilani Estates with 5,000 palm trees. Her many other great accomplishments include:

- East Hawaii Ignite Assistant Membership Chair July 2012-June 2014
- Centennial President 2004-2005.
- Team Leader for The Group Study Exchange-Denmark 2007-2008.
- Charter President for the Pahoa Sunset Club, Charted 1st April 2009.
- Extension Chair, Bid Island July 2008-June 2009
- District Leadership Academy Graduate, 1st Class 2008-2009
- Received the Four Avenues of Service Citation in our club, 2007-2008
- Foundation Major Donor and A Foundation Benefactor.
- Paul Harris Society Member





Things to Do, Places to Eat in Sydney.

Attractions- Places to Go

- Sydney Harbour
- Bondi to Coogee Beach Coastal Walk
- Cremorne Point/Mosman Bay Walk
- The Opera House to the Botanic Gardens Walk
- Sydney Harbour Bridge
- Royal Botanic Gardens
- Sydney Opera House
- Opera Australia

Restaurants

- Oxford Social
- Gelato Messina
- Es
- Typical Spanish Catering on Site
- Medusa Greek Taverna
- Lucio Pizzeria
- SMASH Sausage Kitchen
- China Doll
- · The Baxter Inn
- The Sardine Room

