

Minutes of the Rotary Club of Honolulu Meeting

August 16, 2022

Hybrid Meeting at the Outrigger Club, Honolulu Hawaii

12:00 p.m. Meeting Called to Order with an “Aloha to Members.” **President Lyla Berg** welcomed Club members and conveyed that there was a full agenda for the meeting which included guests and potential new members.

Honoring Guests and Attendees. President Berg welcomed the guests and exchanged banners with David Terrazas from the Rotary Club of Santa Cruz. He introduced his daughter Isabel who is a member Rotary youth leadership and is now moving to Oahu to attend the University of Hawaii. She also presented a Paul Harris certificate and pin to Kara Gormont, god-daughter of Jim Webb, at his behest.

12:05 p.m. Pledge of Allegiance by **Kevin Hall**. America the Beautiful lead by **Al Linton**.

Inspiration. **Beth-Ann Kozlovich** delivered an inspiration in which she discussed our “return to normal” post-covid; and, specifically, the importance of reaching out to others and connecting with people even though the covid times are over. During covid, we all reached out to people we had not connected with in order to ensure that they were coping well with the unusual circumstances. Beth-Ann encouraged Rotary Club members to continue reaching out and not stop connecting with mom, dad, friends, etc. She called on us to “connect out of the blue” as we go back to a new “normal.”

12:10 p.m. Fellowship and table topics. Query: How do you stay healthy beyond exercise and diet?

12:15 p.m. Celebrate Rotary. President Lyla formally began the program with “Celebrate Rotary.” **Don Anderson** introduced **Peter Grossman** and Lyla Introduced **Nicole Rodriguez**. Nicole, who was past president of Rotary Club of Honolulu Sunset, spoke about being a third generation Rotarian. She and Peter were officially invited to join the Rotary Club of Honolulu.

IT Support. The Rotary Participants for today’s meeting also included **Lee LaBrash** who supported the IT aspects of the meeting.

12:20 p.m. Speaker Presentations. President Lyla returned to open the floor to **Tom Coyne** and stated that today’s speakers were modern “way finders for health.” David Watumull and Randall Mau of Cardax, were formally introduced by Tom Coyne. Cardax is a consumer health company focused on marketing ZanthoSyn, an astaxanthin type product for inflammatory health. The company is located in the Manoa Innovation Center. The speakers’ shared a video about the importance of controlling inflammation and spoke about the company’s success in developing a pharmaceutical that contains astaxanthin, which is a naturally occurring anti-inflammatory substance found in the red-color/skin of salmon. Mr. Watumull discussed his background in business and spoke about his role in the Hawaii biotech sector. He mentioned that the NIH is studying astaxanthin as part of their anti-aging studies. The speakers ended with a short question/answer session.

12:50 p.m. Announcements. Dawn Marie spoke about the Service Above Self annual campaign which has approximately 75% participation. Peg Jackson spoke about the Hawaii Symphony Event and Dave Moss, Executive Director of the Hawaii Symphony Orchestra invited Rotary Club members to attend a free evening event on August 25th which will highlight the new season. Rich Proctor invited guests to attend a Pau Hana on August 31, 2022 at Dave and Busters.

12: 57 p.m. Closing song/video. Hawaii Aloha.

1:00 p.m. The meeting was adjourned.

By: Saima Makhdoom, Scribe.