

ROTARY CLUB OF HONOLULU
ROYAL HAWAIIAN HOTEL MONARCH ROOM
DATE: AUGUST 28, 2018
PRESIDING: **PRESIDENT BUB WO**

President Bub Wo called the meeting to order at twelve noon with a welcome to guests and members. **Jessica Rich** inspired all with the many things we should be thankful for, most recently the path of Hurricane Lane. We are to count our blessings. **Sally Mist** led the Pledge of Allegiance and **Lyla Berg** the singing of the National Anthem. **Dawn Marie** reported there were no visitors from other clubs or countries but did introduce the many guests of members, who briefly introduced themselves. **President Bub** listed the many birthdays August 14 through September 5 and club anniversaries for the weeks of August 14 to September 3. He also announced the passing of Retired Brigadier General **Frances Mossman**. Her services will be held at Punchbowl August 31st at 3 PM, followed by a 4:30 reception at the Plaza Club.

Other announcements included **Steve Nikkola** explaining the new Rising Star Program to garner new members by cold-calling the PBN's listing of 40 under 40 successes and the leaders of the top 50 companies. **Paul Saito** announced the Weinberg Friends' project is rescheduled for September 8, because of Lane. New member **Beth-Ann Kozlovich** announced the National Alliance on Mental Illness walkathon on October 27th and encouraged Rotarians to participate. She explained the purpose and support services of NAMI and that they are given at no cost to the recipients. **James Pierce** announced the need for meal servers for the August 31st dinner at IHS men's shelter. **Ron Tsukamaki** described his participation on the planning committee for the 2020 International Rotary Convention. It is anticipated that over 25,500 from 170+ countries will attend the convention's projected 100 events. **Rob Hale** reported that construction of Centennial Park has begun. He cited the efforts of **David Benson** and **Kirk Hovious** on the project. **Rob** indicated we will carry on to finish the project. **Diana Sakurai** announced the next literary story time event on Saturday, September 15, and encouraged volunteers to sign up. **President Bub** announced that member **Kimberly Frank** will be living the club for a position with the Aspen Institute in Washington, D. C. **President Bub** presented the "Be the Inspiration" Award to **David Benson** for his leadership of the Centennial Park project.

After the briefest of Fellowship Times, **Dave Rolf** introduced Alice Inoue, founder and president of Happiness University and author of six books on life wisdom and personal growth. Ms. Inoue spoke on the relationship between clutter, aging and happiness. Her university teaches personal growth and teaches people how to understand themselves. She related clutter, aging and happiness by beginning with the fact that it is to be human to have an environment. Environments, the people or things in our environments, can give us or take away energy. She asked members to visualize the clutter in their homes and offices and then to feel the impact of four times that much clutter. What is not used or organized creates a drag, a dead weight, and makes us feel old. When we clear out things, energy comes to us. In our closet we wear 20% of our clothes 80% of the time. She talked about the reasons we don't get rid of things (we'll use it someday, and sentimental value) and the technique of brain pain surfing to help us part with things. A brief Q & A followed her talk.

President Bub thanked Ms. Inoue and named the book for Palolo Elementary (*The BFG* by Roald Dahl) that both had signed. He announced next week's speaker and that we would be meeting in the Regency Room. He closed with a proverb: To be happy one hour, take a nap. To be happy a day, go fishing. To be happy a week, get married. To be happy a year, get a fortune. To be happy a life time, have the joy of helping others. He cited the many projects of our club that serve others and that can make you happy.

The meeting was adjourned.

Nancy White, Scribe