

Rotary Minutes 22 Sep 2020

**Rotary Club of Honolulu  
Zoom Meeting**

**PRESIDING: PRESIDENT Rich Proctor**

The inspiration was given by **Rick Tabor**, who spoke on the life and legacy of Supreme Court Justice Ruth Bader Ginsburg. (PP **Nancy Pace** remarked that RBG had spoken to our Club in 2004. The Pledge of Allegiance was led by **Robyn McCreary**. The singing (nay viewing due to audio problems) of “The National Anthem,” was led by **Kent Reinker**. **President Rich** introduced our visitors who included former member Byron Eliashof, Dan Liu (guest of **Takamasa Yamamura**), Mr. Hideo Yamanaka from Kyoto RC, and Amanda Kelly (prospective member).

**Birthdays** this week included:

**Geoff Lewis** on 22 Sep, **Sam Haas** on Sep 25, **Jerry Clay** and **Dave Low** on 27 Sep, **Hugh Damon** and **Laura Hankins** on 28 Sep

**Club Anniversaries:**

**Ernest Hui 35 Years** (Sponsor former member Stan Snodgrass)  
**Michael Marsh 2 Years** (Sponsor **Robyn McCreary**)

**Announcements:**

**Reese Liggett** described the Centennial Park Project. Over 2 days of work **200 shrubs and 5000 ground cover elements were planted**. Volunteers completed the initial planting work at the park on Friday and Saturday—finishing 3PM Saturday. Thanks to 76 volunteers—29 from our Club plus 13 they recruited. And 11 Rotarians from other clubs plus 3 they recruited. 19 non-Rotary volunteers from the community including **Councilmember Kim Pine** joined us. Follow on work is expected in coming weeks—probably a morning or two. Thanks go out to HECO for the nice lunches.

**Breakout Discussion:** Club members and guests participated in breakout room discussion with the question: “What was your first “real job” and what did you learn from it?”

**Program:**

**Beth-Ann Kozlovich** introduced **Dr. Kevin Kuich** Chief Medical Officer for Kahi Mohala|Sutter Health as a board certified Psychiatrist who leads with the aloha spirit. He joined Kahi Mohala in 2019 coming from California’s Department of Corrections where he ran their Tele-Psychiatry program and was honored as their 2017 Provider of the year. He has throughout his professional career focused his research and clinical efforts toward adolescent and pediatric mood and anxiety issues.

Dr Kevin started his presentation by expressing his gratitude for Rotary Club of Honolulu’s substantial beautification projects for the Kahi Mohala Campus which is situated close to Queens West on the Ewa Plain. Kevin showed a short video of the campus and then described the staff they have and the clients they serve.

Kahi Mohala serves Adult as well as Child and Adolescent Residential Services. For Children and Adolescents they have an acute as well as residential program. Their complete team of providers include Psychiatrists, Social Workers, Psychologists, Case Managers, Nurses, Occupation, Art, and Recreation Therapists, Substance Abuse Counselors, and Mental Health Specialists. The served population includes patients from all the Hawaiian Islands as well as Okinawa, Guam and the Mainland U.S. They treat conditions ranging from Mood, Anxiety, and certain behavioral disorders as well as those arising from psychosis and trauma.

The center makes extensive use of the Adverse Childhood Experience Scale (ACES) first developed in California in the early 90's and extensively evaluated and validated with CDC support since. The ACES quiz evaluates 3 broad areas: Abuse, Neglect, and Household Dysfunction. Patients who score high on the ACES evaluation quiz have shown higher risk of substance abuse, diabetes, heart disease, cancer, obesity, depression and suicide attempts.

Kahi Mohala's modalities for therapy include: Repetitive Obstacle Performance Evaluation System (ROPES), Occupational Therapy, Cognitive Behavioral Therapy, Dialectical Therapy, PTSD-related therapies as well as the *Nurtured Heart Approach* which Dr Kevin showcased.

The *Nurtured Heart Approach* is a therapeutic approach created by Howard Glasser in the early 1990's as a therapist working with families with intense and disruptive children. It is an approach which is focused on positive reinforcement and clear, consistent and un-energetically enforced limits. The approach benefits to patients include that it is provided in a pro-social milieu, that it reduces need for seclusion and restraints, and that it encourages an enhanced alliance between the patient and the therapists. For families the approach provides training and education, the basis for more effective family sessions, and a smoother transition of best practices to the outpatient environment.

The effect of COVID on the served population of Kahi Mohala has been mixed. For many the social isolation and family stresses produced during the shutdown has been an accelerant to the challenges suffered by vulnerable children and adolescents. For a few it has diminished some challenges of normal school and social interaction, as they are able to exert more control over the virtual encounters.

Dr Kuich ended his formal presentation and took questions moderated by **Brian Dunkel** from the Zoom Chat: Some of the questions included

Q. What's Average Length of Stay? A: Acute = 5-7 days Residential 60 days

Q How many are from the Foster Care system? A. About 1/4 to 1/3

Q Relation to Bobby Benson? A. Bobby Benson is Oahu's premier Substance abuse program. We have taken on former patients to treat comorbidity issues once acute substance issues have been addressed.

Q COVID Cases of Patients and Staff? A. None so far. Lots of procedures and policies in place to mitigate.

Next week meeting by Zoom will feature District 5000 Governor **Naomi Masuno**.

Following the singing of *Hawaii Aloha* Meeting was adjourned at 1:01 pm.

Respectfully submitted, **David M Shanahan**, Scribe