

Kona Nightingale

The Newsletter for Rotary Club of Kona Mauka Chartered in 1967

April 2019

Speakers Door Prize

April 2 Tim Richards County Council Member Annu Shionoya

> April 9 Mike Lam EMS Captain Tony Mangubat

April 16 No Lunch Meeting Pau Hana @ Fish Hopper: 6pm

April 23 TBA: Possibly Konawaena High School 100th Anniversary Awapuhi HuiHui-Graffe

> April 30 Rebecca Villegas County Council Member Bill Jones

Aloha Rotarians, With April upon us, another Rotary year (July-June) is almost in the books.

Adam Reugh

President's Message

This is a great time to reflect on the progress we've made and our direction moving forward. The new year also brings an opportunity for us to explore new roles within the Club. In the weeks ahead, I en-



courage you to consider the many avenues of service available and to connect with those currently involved.

During the month of March, our Club committed to supporting two great causes; the WHEA SharkBots Robotics Team and the Surf for Special Needs organization. It's wonderful to see our hard work pay off.

Finally, you won't want to miss our April 16th Pau Hana. The Fishhopper will be graciously hosting this social gathering at 6:00PM, and don't forget to invite that prospective member!

Thank you again for all you do.

In Rotary,

Adam Reugh

Rotary's 4 Way Test Of the Things We *Think, Say* and *Do*

- Is it the TRUTH?
- Is it FAIR to all concerned?
- Will it build GOODWILL and BETTER FRIENDSHIPS?
- Will it be BENEFICIAL to all concerned?



What's Happening at Kona Mauka Rotary?

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Speakers



Monica Myrmo-Heiser Hookena School



Mattie Mae Larson Upcycle Hawai'i



Tim Richards, County Council member

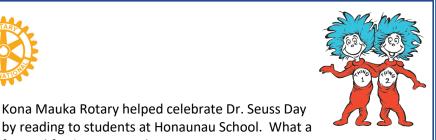
Kona Mauka Rotary helped celebrate Dr. Seuss Day

fun and festive morning!

What better way to keep our finger on the pulse of what is happening in our community?

Our speakers talked about a program that celebrates and supports excellent teachers and how we can support our schools, an extremely informative talk on recycling policies with Mattie, and water management on our Big Island with councilmember Tim Richards.







Mahalo Lisa Folden, Carol Gigliotti, Erin Henschel, Gabriella Cooper, and James Morrison for sharing your love of reading with the students of Honaunau!



Why celebrate Dr. Seuss? Because he represents the introduction of the love of reading to kids . Through whimsical stories and illustrations, he forever changed the way children's books were written and continues to inspire today. Before this time children learned to read



Would you, could you read in school It is fun, and oh, so cool We will share the love of reading Say! Learn about Rotary in our greeting! Dr. Seuss is fun and wild Makes us all feel like a child Love of reading is the theme Kids and Rotary, what a team!



What's Happening at Kona Mauka Rotary?

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Portable Libraries Ready to Launch!

Do you have a perfect location in mind for a Community Library? A portable 'Take One, Leave One' that can help promote literacy in our community? We can wall mount or add legs, as needed. Let Bob Schaible know at 209.815.6260

Do you have books you would like to donate to the libraries? Let Erin Henschel know at 940.228.9790





Rotary Travels

One of the joys of Rotary, the opportunity to meet friends from across the globe! Two members recently visited Rotary clubs in their travels and shared a bit about their experiences. How fun!



Gary and Mary Kay Rovelstad joined a club meeting in New Zealand . . .a club that also enjoys the local wineries!

Amy Decker went to a meeting in Davis, California and enjoyed learning more about their club and their projects (and got a very cool club pin!)



#PauHana!

No lunch meeting on TUESDAY, APRIL 16. Hope to see you at the Fish Hopper @ 6:00 pm for food, fun and camaraderie! RSVP to Sam Johnson.

Hope to see you there!





Lavaman Rotarians



President Adam Reugh, member Dave Hiranaka and former Kona Mauka Rotarian Fred Cowell participated in the Lavaman Triathlon. #healthyliving #RotaryOhana

What's Happening at Kona Mauka Rotary?

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Supporting Surf for Special Needs with \$1,500 Donation

Kona Mauka Rotary donated \$1,500 to the Surf for Special Needs group so that they can buy needed equipment for



their programs. They are a Hawaii Non-Profit Corporation who's mission is to provide FREE healing ocean activities for Big Island special needs keiki and their ohana.

Mission:

- Share the healing powers of our ocean waters with special needs individuals bound by physical/ mental limitations.
- Provide inclusive, family-oriented 'ohana events unique to our island's culture celebrating ability vs. disability.
- Emphasize community, built on the principals of aloha (love) and 'ohana (family), and maintain a network of support year round.

A Visitor from Our Japanese Sister Club



Mrs. Ando came to Kona with her grandsons and several members of our club enjoyed a pizza dinner at the Kona Brew Pub. She was quite gracious to our club's members while they were visiting Japan this past spring. :)

Several additional members of our Mizusawa sister club will be visiting us in June. Let's all be ready to show them a good time!



April is Maternal & Child Health Month

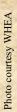
MATERNAL & CHILD HEALTH MONTH

Every day mothers risk their lives giving birth and millions of children die each year from treatable, preventable causes. At least 7 million children under the age of five die each year due to malnutrition, poor health care, and inadequate sanitation. To help reduce this rate, Rotary provides immunizations and antibiotics to babies, improves access to essential medical services, and supports trained health care providers for mothers and their children. Rotary's projects ensure sustainability by empowering the local community to take ownership of health care training programs. **ROTARY'S AREAS OF FOCUS**

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Donation of \$3000 to help WHEA's Robotic Team go to World Championship Tournament in Texas!

65 79





UAYCENTE

President Adam Reugh presents \$3000 check to WHEA's Robotic Team teacher

Note: the students noticed that one of their working gears looks like the Rotary logo wheel and held it up in the photo! :)



Kona Mauka Rotary members congratulated WHEA's Robotic Team on winning the opportunity to compete at the world championships next week. Pictured with Sharkbots members L to R: Adam Reugh, Donna Hiranaka, Mary Kay Rovelstad, Gabriella Cooper, Gary Rovelstad

Good Luck and Have Fun!

tions Academy (WHEA) came to our club and shared their recent experiences after just returning from two robotics tournaments in Australia. This annual competition

Students from West Hawaii Explora-

challenges students to develop robots that can complete a range of tasks within a game . The Sharkbots' efforts at the Southern Cross Regional and subsequent South Pacific Regional, both held in Sydney Olympic Park, landed the team a wild card spot at the world championship later this month in Houston, Texas.

District Assembly: Hawaii West

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District Assembly: Hawaii West

One key to a successful and growing Rotary club is informed and enthusiastic

members. Attending Rotary meetings above the club level exposes you to knowledge about Rotary that will motivate you and our club will become stronger and more effective.

The annual district assembly is the major leadership training event in each Rotary district of the world.

Incoming District Governor, **Eric Kaler**, along with **Naomi Masuno** (District Governor Nominee), **Sandy Matsui** (District Governor Designate) and **Mark Merriman** provided an informative, enjoyable and educational day at this year's District Assembly in Hawaii West.



Members from all four Rotary clubs in Hawaii West enjoyed a morning of education and camaraderie.

- DGE Eric provided an update on Rotary International's New Strategic Priorities, vision plans for the district and our changing approach to maximize club visibility and service projects. **All participants**
- THE ROTARY FOUNDATION: Naomi Masuno offered a condensed version of TRF 101 and How to Write a District Grant, learn how The Rotary Foundation works for you and the impact TRF grants have in our community and around the world. The second half will be devoted to hands on filling out a District Grant form to remove the fear factor. Amy Decker attended this course.
- A New APPROACH TO MEMBERSHIP DEVELOPMENT: Mark Merriam followed up on Eric's talk on the new approach and offered valuable tips on best practices, new tools, and techniques on how to do it. Donna and Dave Hiranaka attended this one. Mark emphasized:
 - the importance of having a Greeter with a clear job description at the meetings and projects,
 - offering public invitations,
 - let people know of our projects ahead of time and invite them to join us and help,
 - take care of our members better by having a designated Aloha Committee, i.e. call when we haven't seen them
 for a awhile, send a card if something is going on in their lives
 - Know your members
 - Survey your club and act on the results
 - Have a 10 second answer to the question, "What is Rotary". Make sure it tells your personal story, not facts and figures
 CLUB ADMINISTRATION FOR SECRETARY AND TREASURERS: Naomi Masuno talked about

• CLUB ADMINISTRATION FOR SECRETARY AND TREASURERS. Naominimistudio taked about the duties and responsibilities of these important positions and take a tour throught the District's Club Runner website and Rotary International's Rotary Club Central. **Amy Decker attended**

RECRUITMENT AND MARKETING TOOLS: Dynamic couse by Sandy Matsui in which she showed us how to utilized the Rotary People of Action app. We did a hands-on, interactive session using photos/videos, learning how to showcase our club and expand our reach and engagement. We ended this session shooting a recruitment video that Sandy will edit and distribute to participants. **Dave and Donna Hiranaka attended**

Rotary International Convention in Honolulu in 2020!!

Ended the morning with a great lunch at the Harbor House. The connections and budding friendships are priceless!



Growing Rotary

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By Gary Bennett, past president of the Rotary Club of Kelowna and current member of the Sunrise Rotary Club of Kelowna, British Columbia, Canada

I read with great interest what President-elect Mark Daniel Maloney
had to say about growing Rotary in the March issue of *The Rotarian*.
He is spot on. Healthy membership is the life blood of any organization
and Rotary is no exception. Because we all benefit from a thriving

membership, all of us share a responsibility to help grow Rotary and bring in new members. President-elect Mark's emphasis on growing Rotary is a welcome reminder of our opportunity to help.

When you think about why people stay or go, it really isn't that complicated. People have many competing commitments in life. No one is required to be a Rotarian; it is voluntary. People will seriously consider joining if they perceive the net benefits they receive exceed the costs. Members will stay if that experience proves true. And it follows logically that the reverse is true. A person will not join if they think the net experience will not be positive, and they will leave if the experience has not been beneficial.

Fortunately, The Four-Way Test and the Rotary Code of Conduct, can help us in building that positive experience. They are all about treating people fairly, building better friendships, and creating goodwill. These principles go far beyond Rotary. They are the backbone of judicial systems around the civilized world and the envy of anyone living under totalitarian rule. These are the things people are drawn to. If our clubs are perceived to operate under these principles in our community, people will be drawn to us.

Here are ten things every member can do to create a positive experience:

- 1. Apply The Four-Way Test and Code of Conduct in your lives and in your club proceedings. Before judging or expressing a point of view, sending an email, taking any action, find out the facts of a situation. After doing that, determine if an action is fair to all, will build goodwill and better friendships, and will be beneficial to all concerned. If not, don't act.
- 2. Become an advocate for policies and practices that are based on truth, fairness, inclusivity, and diversity.
- 3. Always greet members with warmth and interest.
- 4. Treat members with the respect you would like to get.
- 5. Take the time to listen and evaluate diverse opinions and defend the right of members to express a view different from yours.
- 6. If you have a concern with another member, speak to them personally. Don't send a complaining email.
- 7. Before you send an email or communicate with others, make sure the assertions you are making are based on fact. Always use an appropriate tone. Ask yourself, is it fair and will it build goodwill and better friendship?
- 8. Get involved and spread the news about Rotary's good work.
- 9. If someone expresses a concern about Rotary, listen and see what you can do to correct the situation.
- 10. None of us are perfect. We all can display poor judgment at times. If you find you've made a mistake or offended someone, apologize as soon as possible. Not only will your action be good for Rotary, but you will gain respect for doing so.

The above is not an all-inclusive list; you may have ideas to add to it. Share your ideas with others.

I believe if we as individual Rotarians all adopt the strategies above, we will gain enormous respect and fondness from our Rotary peers, and each of us will be much happier being part of an organization that operates in this manner. Moreover, our club's reputation for being welcoming and fair will spread throughout our communities. This will result in people gravitating toward Rotary who are seeking fellowship and an opportunity to serve their community. Getting and keeping members will become much easier.

Rotary International President's Message

Barry Rassin

April 2019

Every two minutes, somewhere in the world, a woman dies from preventable causes related to pregnancy and childbirth. And babies whose mothers die within the first six weeks of their lives are far more likely to die themselves than babies whose mothers survive. As I've traveled around the world as president of Rotary, I've met families for whom these aren't simply tragic statistics. But I've also met people who are devoting themselves to helping mothers and children — and because of them, I'm hopeful. And because many of those people are Rotarians, I'm also proud. April is Maternal and Child Health Month in Rotary, so it's a perfect time to tell you about some things Rotarians are doing that will make you proud too.

Last fall, I paid a visit to a hospital in the town of Jekabpils, in Latvia. It's a modern hospital, and the doctors and nurses there are caring, dedicated, and skilled. But despite all their hard work, the maternal mortality rate at the hospital had remained stubbornly high, due to a factor that was beyond their control: a lack of vital diagnostic equipment and even basic items like incubators.

And that's where Rotary came in. Twenty-one clubs from around the world joined forces for a global grant that provided what the hospital required. And in September, when I walked into the maternity ward there, I saw state-of-the-art equipment, and I met patients who were getting the care that they needed — and that every mother and child in the world deserves to have.

In Brazil, club members worked with fellow Rotarians in Japan on a global grant project that dramatically increased the capacity of an overstretched neonatal intensive care unit. New incubators, monitors, and other equipment have enabled the local hospital to save many more babies' lives each year.

And in Mongolia, a vocational training team from New Zealand organized instruction in emergency response techniques for doctors and midwives, set up a program that taught midwives modern best practices, and researched and wrote a culturally relevant childbirth education manual. Between 2013, when the team first went to Mongolia, and 2017, the neonatal mortality rate in the country fell from 11.2 to 9.1 per 1,000 births, and the maternal mortality rate has decreased as well.

That's what I mean when I talk about transformational service, and it's what Rotarians do best. Because of our networks, which span the globe; our community presence, which allows us to see what's most needed; and our expertise, which encompasses countless skills and professions, we're able to serve in a manner that has no equal. And we're able to *Be the Inspiration* as we help those who need us most.



ROTARY STRATEGIC PLAN: Who Are We? What Are Our Goals and Mission?

Our Vision

"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities. and in ourselves."

Our Mission

We provide service to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

Strategic plan

Rotary's strategic plan sets the framework for our future, ensuring that we continue to be known as a respected, dynamic organization that advances communities worldwide.

As we stand on the cusp of eliminating polio, it time for us to create a new path toward bringing more people together, increasing our impact and creating even more lasting change around the world.

Rotary leadership is developing a strategic plan that will help guide our organization from Rotary year 2020 and beyond. Our current plan guides our work through Rotary 30 June 2019.

In June, Rotary's Board of Directors and Trustees approved four key priorities and objectives to serve as the foundation for the next strategic plan:

Increase our impact Rotary strives to change the lives of others for the better. tive in delivering services to all of our participants. Our members invest volunteer and financial resources in a broad range of service activities, but we will do a better job of measuring the results and outcomes of our work. So that Rotary can continue to attract members, partners, and donors, we'll focus our programs and produce evidence of lasting impact. Related objectives:

- Eradicate polio and leverage the legacy
- Focus our programs and offerings

Improve our ability to achieve and measure impact

Expand our reach People are seeking ways to make a difference in the world and connect with others. How do we help them find what they're looking for in Rotary? By creating unique opportunities for more people and organizations to get involved. Clubs will always be important. But to extend our global reach, we'll expand our current structure with innovative models that welcome more participants into Rotary and give them meaningful ways to unite and take action.

Related objectives:

- Grow and diversify our membership and participation •
- Create new channels into Rotary •
- Increase Rotary's openness and appeal
- Build awareness of our impact and brand •

Enhance participant engagement Because we recognize the challenges our clubs face in today's changing world, Rotary will support our clubs' efforts to deliver an experience that engages and retains members. When we help clubs focus on the experience and value they give their members, we give Rotarians and other participants the opportunity to serve together, connect with one another, and have a more satisfying experience with Rotary. Related objectives:

- Support clubs to better engage their members
- Develop a participant-centered approach to deliver value •
- Offer new opportunities for personal and professional connection Provide leadership development and skills training

Increase our ability to adapt To achieve our vision and keep pace with changing global trends, our structure and culture must evolve. We'll ensure that our operating and governance structures are efficient, flexible, and effec-

Related objectives

- Build a culture of research, innovation, and willingness to take risks
- Streamline governance, structure and processes

Review governance to foster more diverse perspectives in decision-making

Core Values

Rotary's core values represent the guiding principles of the organization's culture, including what guides members' priorities and actions within the organization. Values are an increasingly important component in strategic planning because they drive the intent and direction of the organization's leadership.

Service

We believe that our service activities and programs bring about greater world understanding and peace. Service is a major element of our mission. Through the plans and actions of individual clubs, we create a culture of service throughout our organization that provides unparalleled satisfaction for those who serve. Fellowship

We believe that individual efforts focus on individual needs, but combined efforts serve humanity. The power of combined efforts knows no limitation, multiplies resources, and broadens our lives and perspectives. Fellowship leads to tolerance and transcends racial, national, and other boundaries.

Diversity

We believe Rotary unifies all people internationally behind the ideal of service. We encourage diversity of vocations within our membership and in our activities and service work. A club that reflects its business and professional community is a club with a key to its future.

Integrity

We are committed to and expect accountability from our leaders and fellow members, both in the results of our efforts and in the processes we use to accomplish our goals. We adhere to high ethical and professional standards in our work and personal relationships. We are fair and respectful in our interactions, and we conscientiously steward the resources entrusted to us.

Leadership

We are a global fellowship of individuals who are leaders in their fields of endeavor. We believe in the importance of leadership development and in leadership as a quality of our members. As Rotarians, we are leaders in implementing our core values.

What's Happening in Rotary This Month?

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April		Maternal & Child Health Month						
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
	1 Lisa Folden birthday	2 Tim Richards County Coun- cil Member	3	4	5	⁶ District Assembly		
7	8	9 Mike Lam EMS Captain	10	11	12	13		
14	15	16 Pau Hana Club Social @ Fish Hopper	17 Gebriella Cooper joined Rotary 2017	18 Tony Mangubat joined Rotary 2018	19	20		
21	22	² 3BA: Possibly Konawaena 100th anniversary	24	25 Don hab iranaka joined Rotary 2006	26	27		
28	29	30 Rebecca Villegas County Council						
MARK YOUR CALENDAR:April 6:District AssemblyApril 15:Pau Hana Club Social @ Fish Hopper (no lunch meeting)June 28:Presidents Installation Dinner: Lisa Folden								

Rotary Club of Kona Mauka 2018-2019

President:	Adam Reugh	Membership & Retention:	Dave Hiranaka
Treasurer:	Eric Curtis		Carol Gigliotti
Assistant Treasurer:	Carol Gigliotti	Sergeant At Arms:	Ken Obenski
Secretary:	Lisa Folden	Community Service:	Bob Schaible
Newsletter:	Donna Hiranaka		Amy Decker
Club Service:	Sam Johnson		Awa HuiHui-'Graffe
Programs:	Ken Obenski	Public Relations:	Donna Hiranaka
Youth Services:	Karen Wilson / Gary Rovelstad /		Lisa Folden
	Carol Gigliotti	International Service:	Gabriella Cooper
Fundraiser:	Dave Hiranaka / Bob Schaible		Kent Nakamaru
RI Foundation:	Eric Curtis	KMR Foundation President:	TBA
	Gary Rovelstad	Past President:	Laura Kniffin