

Rotary Club of Mililani Sunrise

Mililani Kakahiaka

February 2024

PRESIDENT'S MESSAGE

Konnichiwa!

I was able to attend the 45th Anniversary Celebration of our sister club Rotary Club Nara Oomiya in Japan on January 23, 2024. It was a night to remember and a wonderful Rotary experience.

My speech that I delivered at the event:

Aloha! Chairman Uemura and Members of Rotary Club of Nara Oomiya,

I am honored to be here tonight to help celebrate all of you and your Club on your 45th Anniversary. Congratulations!

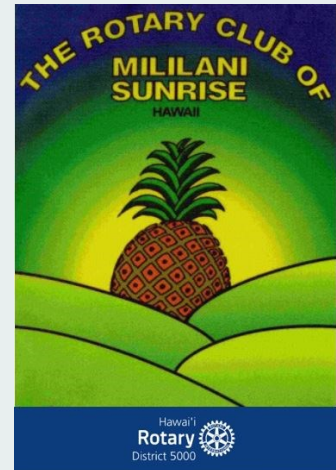
As I flew over, I wondered about the language barrier, but I remembered that I am a Rotarian and there are no barriers for Rotarians because we all have the same heart and purpose which is service above self.

Whether it's a water project in Nepal, a cleanup project in Nara or providing a simple holiday dinner with gifts to a worthy family in Hawaii, we all have the same goal and purpose which is to "Create Hope in the World".

I will leave you with a quote that I truly believe: "Alone we can do so little, together we can do so much" – Helen Keller.

On behalf of myself and the members of Rotary Club of Mililani Sunrise, Congratulations on your 45th Anniversary.

Aloha Always,
Kathy



COMING SOON

Scholarship Interviews
February 17

Garage Sale
March 9

I LOVE Books Fair
April 6

22nd Golf Tournament
May 30



ROTARY CLUB OF NARA OOMIYA: 45TH ANNIVERSARY CELEBRATION



Lunch with Nara Oomiya Chairman Masashi Uemura and Club members at the Historical Nara Hotel (also their weekly meeting venue)

Club member Etsuo Ushioda and Past District Governor/Reverend Kitakawara Kohkei, Todaiji Temple



At Todai-ji Temple

Members and Rotaract member Takeshi Yoshioka took us on a tour of Kasuga Taisha Shinto Shrine



Rotary Club of Nara Oomiya

Rotary Club of Mililani Sunrise President, Kathy Lum, attends the 45th Anniversary Celebration for Rotary Club of Oomiya in Japan on January 23, 2024.

An Anniversary commemorative ceremony and celebration which was held at the JW Marriott Hotel Nara. In addition to Chairman Uemura and the 62 club members, the ceremony was attended by dignitaries: Mr. Yamashita, Governor of Nara Prefecture, Mr. Nakagawa, Mayor of Nara, Mr. Nakano, District Governor of District 2650 and Interact club members from Nara Women's University. It was followed by a delightful dinner, congratulatory messages, and the presentation of our gift to their club. The night ended with a special performance by a band made up of club members featuring Chairman Uemura singing the Beatles hit 'Hey Jude', it was a night to remember.

HAWAIIAN HUMANE SOCIETY KOSASA FAMILY CAMPUS VOCATIONAL TOUR



On January 31st, RCMS did a vocational tour at the Hawaiian Humane Society Kosasa Family Campus in Ewa Beach.

Thank you to Iwao for arranging this fun learning experience.

Left to Right: Mel, Olivia Zavodny (Hawaiian Humane Society Manager of Donor Data and Giving), Anna Neubauer (Hawaiian Humane Society, President & CEO), June, Rhonda, Paul and Iwao.

MILILANI MIDDLE SCHOOL INTERACT CLUB—POSTERS

Mililani Middle School Interact club made several posters celebrating Healy Heart Month, Humpback Whale Awareness Month and Thomas Edison with these beautiful and colorful posters.

The posters will be displayed at the Town Center of Mililani for the month of February.



GETTING TO KNOW YOU: KATRINA DANGLEMAN

Katrina Dangleman has been an RCMS member off and on since 2012!

Katrina is a Financial Advisor with Edward Jones for the past fourteen years. Katrina works with individuals, families, and business owners to organize their finances and create financial plans that will support them to live a meaningful and fulfilling life.



Katrina and her husband, Adam, will be celebrating 20 years of marriage this year. They have three children. Their oldest, Zane, is serving in the U.S. Coast Guard and is stationed at Humbolt California. Zoey is a freshman at Brown University. Miki is a fourth grader at Sunset Beach Elementary School. Velzy, is their two year old Cavapoo (mix between a Poodle and King Charles Cavalier) fur baby.

Katrina and her family love to travel! In 2024 they have March family vacation to New Zealand. And Katrina has a girl's trip in April to Thailand. Katrina loves to learn and loves reading. Her recent read that she enjoyed is The Little Liar by Mitch Albom. Katrina usually reads non-fiction with her all-time favorite being the Autobiography of a Yogi. One of her other favorites is Shoe Dog: A Memoir by the Creator of Nike by Phil Knight.

Watching Zoey graduate from High School is Katrina's most memorable 2023 moment. The proud mom shares, "She worked very hard during her years in high school and to watch her on graduation night get to celebrate all her hard work made my heart full of joy, and relief to know I got another one through." One more to go.

Katrina shares that health is her focus in 2024. Katrina plans to make sure to drink at least 92oz of water daily, exercise 5 days of the week, and minimize the amount of sugar and processed foods in her diet to achieve better health. Prioritizing health will allow Katrina to be the best person for her family, her friends, and her clients. Another benefit is it will give Katrina energy and keep her mind sharp.

When I asked Katrina to tell us something that we all may not know about her, Katrina shared that she is a dedicated meditator. Katrina shares that "every morning I wake up at 4:30am and spend 30 minutes meditating. Studies are showing the profound benefits that come from meditation – it's no longer something that just monks do in the mountains, but something that every day people can benefit from." Katrina shares this mindfulness with daughters Miki and Zoey who are both taking classes. The biggest benefit? More internal peace and being able to better manage in stressful situations.

Katrina first joined Rotary while living in Ventura California and wanting to give back to the community. When she moved back to Oahu, Katrina said "I sought out the Mililani club and although my membership has been off and on over the years, I kept coming back. Rotary is an incredible way to make living a life a service possible.

Like all of us, Katrina says her favorite part of RCMS is the people. "Rotary attracts a certain type of person and the people I know through rotary are some of the most amazing people I've met." You are one of those amazing people Katrina!

A LOOK BACK: PROCRASTINATION CELEBRATION FREE HOLIDAY GIFT WRAPPING

On December 24th at the Town Center of Mililani's Procrastination Celebration, RCMS provided free holiday gift wrapping and lots of holiday joy!



A LOOK BACK: ADOPT-A-FAMILY



RCMS adopted a family living at Kalani Gardens in Mililani.

Mom and dad, Selina and Anthony, have five children: Keanu (17), Ashton (15), Farrah (13), Ares (9) and Makaela (1).

Through the generous donations of RCMS members and friends, we were able to donate gifts, gift cards and a turkey dinner totaling approximately \$1,800!

Thank you to all members and friends for your generous donations and to Santa Wendell for delivering gifts and happiness!

