Women In Charge Of Everything (WICOE)

Is proud to announce the opening of its

EVENING CLASSES FOR MEN!
(OPEN TO MEN ONLY)

ALL ARE WELCOME

Note: Due to the complexity and level of difficulty, each course will accept a maximum of eight participants.

The course covers two days, and topics covered in this course include:

**DAY ONE**

**TOILET ROLLS**
*(DO THEY GROW ON THE HOLDERS?)*
Roundtable discussion

**ICE CUBE TRAYS**
*(How to fill them)*
Step by step guide, with slide presentation
LAUNDRY
(How to use the laundry basket)
Demonstration and practice with hamper

DISHES & SILVERWARE
(Do they levitate/fly to the kitchen sink or dishwasher by themselves?)
Debate among a panel of experts.

REMOTE CONTROL
(Sharing the remote control)
Help line and support groups

LEARNING HOW TO FIND THINGS
(Learning to look in the right places, without turning the house upside down, and without yelling)
Challenging subject - Open Forum

DAY TWO

HEALTH WATCH
(Bringing her flowers is not harmful to your health)
PowerPoint presentation

EMPTY MILK CARTONS
(Do they belong in the fridge or the bin?)
ASKING FOR DIRECTIONS
(Real men can ask for directions when lost)
Real life testimonial from the one man who did

IN THE PASSENGER SEAT
(How not to yell and criticize when she drives.)
Debate and driving simulation

YOUR MOTHER & YOUR WIFE
(Some important differences)
Online class and role playing

SHOPPING
(How to be an ideal shopping companion)
Relaxation exercises, meditation and breathing techniques

REMEMBERING IMPORTANT DATES
(and calling when you are going to be late)
Practice using a calendar and cell phone

GETTING OVER IT
(Learning how to live with being wrong some times)

Don’t worry, this is a difficult subject for many men.
Individual counselors available