



Rotary News

# lava FLOW

February 21, 2014

94 Years of Service

Reporter: Lychee Mama

The Weekly Review of the Rotary Club of Hilo

**Greeters Cindy Boots** and **Glenn Harris** welcomed guests and members to our Friday meeting with lots of hugs and handshakes. **President Kerry Glass** rang the bell, welcomed members and guests, and announced: Today is February 21, and "It's National Sticky Bun Day". Yikes sticky bun day? What next?



**Misti Tyrin** was called on to do double duty, to lead us in the Pledge of Allegiance, and to provide the inspirational moment. The moment reminds us "Don't try to be different. Just be good; to be good is different enough" – Arthur Freed. The second message, "Your life may be the only Bible some people read." – Author Unknown's message brings home that saying less is best, and it's not what we say, but what we do, that counts.



**Glenn Harris** introduced our guests. **Brenda S. Ho** (Director of East HI Hospice) is our speaker. **Jenny Felion**, is a visiting Rotarian from Natomas. **Cindy Martisko** is the Hawaii State Director of the US Academic Decathlon. **Nancy Cabral** arrived "just in time" (surprised?) requesting we "listen up" to her guest **Cindy's** plea for volunteers for the local academic competition tomorrow (Saturday) in Hilo.



**President Kerry** thanks reporter **Cindy Boots** and Photographer **Stew Hussy** for last week's report, our coordinator **Tammy Silva**, our publisher **Ed Hara**, and the on-going staff for their effort and timeliness of the weekly reports.

**Richard Johnson** was sporting a Tori Richards D5000 Shirt, and they are going fast. The East Hawaii District Assembly event is March 15th. Rotarians (especially newer members) **Richard Johnson** requested you contact him for information, and check our website. Spaces are filling fast.



**Glenn Harris** attended the RYLA camp training last Saturday, and he gave a "shout" for the high quality training - the attendees receive from **Gail Takaki**.

### UPCOMING EVENTS:

February is "Read Aloud" month and volunteers are reading "Don't Let the Pigeons Get You Down" to Kindergarten classes. Rotary volunteers read "Click Clack Moo" for March. Lots of snickers were heard. Contact is **Glenn Harris**.

Saturday Feb. 22nd 8:30-12:30, there's a painting opportunity at Hilo YWCA (Weinberg funded project). Contact Rotarian **Kathleen** YWCA Director TODAY.



Time is ticking so contact **Gail Takaki** ASAP to volunteer for RYLA Camp located at Camp KFC - dates: Feb 28- Mar 22nd.

**Hilo Heart Walk** is Saturday March 2nd. **Wally Wong** says best to go online to Hilo Heart Walk to signup. Email **Wally** your T-Shirt size. Our own Rotarian **Connie Kurohara**, (owner of Creative Arts Hawaii) designed fabulous T-Shirts for our club's Heart Walk participants.



The **Five Club Steak Fry** for our visiting Aussies is Thursday April 24th.

The **Merry Monarch Event** is a signature event in Hilo; 2014 is our second year walking in the parade. We are looking for a flat bed truck for non-walkers. Check out email invite to Pre-Order a Merrie Monarch T-Shirt for \$10. The walk is 1.75 miles.

The **District Conference** is May 24-27th at Turtle Bay Resort.

**Cindy Martisko** (Director of the US Academic Decathlon Competition) spoke briefly. She states event has been severely impacted by funding cuts. There are 4-5 local high schools participating, plus international teams, showing up at Waiakea High School tomorrow morning March 22nd. They have 27 judges and they need 8 more judges. You do not have to be an A student to participate in this event. They have 9 students locally of which 3 are A students, 3 are B students and 3 are C students. Please see **Cindy** if you can help her out before you leave the meeting today. Event includes lunch.



### RECOGNITION:

Let's celebrate **Birthdays and Anniversaries**.

**Jimmy Yagi** is \$50 happy for his February 18th birthday. He had three illustrious sports figures he mentioned. I remembered Michael Jordan. **Lorraine Shin's** birthday is February 20th and we know you were celebrating somewhere today.



### HAPPY DOLLARS:

**Mitch Roth** was recently in the newspaper pictured with the court-house dog "Pono-Harold". The judicial system is finding kids are more likely to open up and testify, if they have a dog to help them through the difficult time. The program requires the dogs to have two years training. He is \$20 happy they are starting this program in East Hawaii. **President Kerry** is \$10 Happy for the Friends of Children (Justice System). **Glenn Harris** is \$20 happy that he is expanding Pacific Executive Leadership from East Hawaii to include West Hawaii. **Glenn Harris** requested we extend our prayers to



**Helen Tajiri's** husband for relief from his back pain. **Nancy Cabral** is \$100 happy the rodeo event last weekend had beautiful weather and directs the \$ toward our Rotary Club's Heart Walk participation coming up



## Birthdays:

Helen Hemmes February 8  
James Yagi February 18  
Lorraine Shin February 20  
Wayne Atebara February 23  
Naomi Menor February 23  
Jim Cheney February 28

## Club Anniversary:

Toshi Aoki February 1, 2001 (12)  
Chuck Porter February 4, 1994 (20)  
Bobby Stivers-Apiki February 9, 2007 (7)  
Helen Hemmes February 13, 1988 (26)  
Dirk Yoshina February 14, 1992 (22)  
Robert Fox February 24, 1984 (30)  
Eddie Hara February 27, 1987 (27)

## Wedding Anniversary:

Biff & Anna Kennedy February 4  
Lorraine & Vernon Inouye February 21

## Announcements:

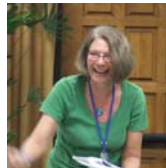
-Fri. Feb. 28 - Anna Marie Dietrichson  
"Deep and Beyond"  
Fri. March 7 - Club Assembly  
Fri. March 14 - Rochelle Bibbentrop  
Affordable Care Act - AARP  
Fri. March 21 - Sally O'Brien  
Reiki for Health and Life  
Fri. March 28 - Dr. Donald Straney  
Chancellor UH Hilo

President .....	Kerry Glass
President Elect .....	Richard Johnson
Immediate Past President .....	Alan Kusunoki
Vice President .....	Alberta Dobbe
Secretary .....	Susan Munro
Treasurer .....	Corey Kawamoto
Sergeant-at-Arms .....	Cindy Boots
Membership .....	Nancy Cabral
Public Relations .....	Robert Hanley
Club Administration .....	Tom Brown
Service Projects .....	Mitchell Dodo
Rotary Foundations .....	Alan Kusunoki
Club Service .....	Tim Beatty
International Service .....	Jenny Johnson
Community Service .....	Wallace Wong
Youth Service .....	Glenn Harris
Vocational Service .....	Bobby Stivers-Apiki
Hilo Rotary Club Foundation .....	John McVickar
Hawaii Rotary Youth Foundation .....	Mitchell Dodo
The Rotary Foundation .....	Alan Kusunoki
Attendance .....	Judy Gibson
Greeters .....	Helene Tajiri
Programs .....	Treena Breyfogle
Lava Flow Editor .....	Tammy Silva

March 2nd, hoping for beautiful weather. **Cindy Boots** is \$5 happy that **Yoko Hayano** reports the Interact student's successful rummage sale with 153 attendees. **Yoko** announced the sale made \$828.10, plus her \$21.90



Happy Dollars to round up to \$850. **Yoko** thanks all the wonderful helpers. **Theresa English** was \$5



Happy when we started cutting prices. The rest went to Salvation Army. **Richard** and **Jenny** contributed \$10 to the successful sale. **Alberta Dobbe** is \$5 happy to **Rotary Foundation** for **Kui Costa** helping our exchange student. **Brenda Costa** from South Hilo Rotary is \$5 happy to sell us Hilo Huli tickets @ \$45 each. The popular event is a Sunday Barbecue - May 4th (11-2:30) Coconut Island. **Kathleen** is \$10 happy to sell tickets for the Prime Rib dinner March 14th at the YWCA. Event supports their Pre-School program.



Today's speaker is **Brenda Ho** who is the CEO of Hospice of Hilo for 23 years (30 Years total). **Brenda** spoke in depth to the services they bring to the community. **Brenda** sees the community and Hospice as partners in hope, support and comfort. Rotary's slogan "Engage, Change Lives" is very close to the Hospice mission statement. Hospice is reinvigorating their program to make clear their mission is people talking to people. There is sometimes a disconnect, thinking of Hospice as an ending, rather than the beginning of the care program. The Hospice "Palliative Care Program" involves individuals (and their families) affected by serious illness. Rotarians can be ambassadors to the community. People talk to people we trust. There are nine hospices in the state of Hawaii versus thirty-two in Las Vegas alone. Hospice of Hilo covers the Hilo area, up the Hamakua coast, including Laupahoehoe. Hawaii Island has three non-profit community based centers. Hospice provides programs, resources and tools. We help people live better. Medicare Benefits cover this service, and includes diagnosis, treatment, family participation, emotional, and spiritual support. Hospice also works with both the family and the patient in their transitioning from home to the Hospice Palliative Care program.



Free bereavement counseling is part of the services thanks to our community support. Thank

you to United Way, and donors, and **Richard Johnson's** assistance obtaining Weinberg Funding. Hospice also offers a free children's bereavement camp. **Dr. Shikuma** was also involved establishing the palliative care program. We have a place to provide positive memories of children dying in a hospital environment.



Hospice also works with keeping the patient in their home as long as possible, and the transitioning of the seriously ill, to the next level of "Palliative Care Program" offered at Hilo Hospice. Hospice has received many testimonials from families about the care of both the patient and the family member. *"They took care of me after the passing of my spouse. I felt comfort, peace, rich in love at the time of passing of my parent. I am grateful for the hospice care program".* A patient can transition to Hospice Care and also may not remain in this level of care. **Cindy** emphasizes the importance of engaging the patient early in palliative care. Palliative Care is specialized care and a patient with statistically will live longer and the care is focused on providing relief to the pain and stress of serious illness.

The Hospice Palliative Care Center is open for tours the second Wednesday of every month. There are 200 local paintings and artifacts on display. Please call Hospice @ 808 968-1733 to arrange for a tour between 9 AM- 10 AM or 5PM – 6PM. We have our annual Celebration of Life at Wailoa State Park May 3rd, 2014. The event starts at 5PM with the Walk to Remember. 7 PM is the Lights of Remembrance with luminaries we float in the lake.

The new Hospice Motto is **"Live Better"**. Two ways doctors support the hospice program is first with accidental or second with unexpected diagnosis of illness, so that early in the process Hospice can make a difference to provide the patient Palliative Care earlier..



Our next meeting is Downstairs Feb. 28th. The speaker is **Anna Marie Dietrichson**, and the topic is **Deep and Beyond**. We ended the meeting with **The Four Way Test** led by **Mitchell Dodo**.

Photos by **Chris Tamm**