

Rotary Club of Hilo



LAVA FLOW



October 9, 2015

Chartered: December 1, 1920

Reporter: Double H

What a nice Friday afternoon for our regular Rotary Club meeting! With all the storms passing by supplying us with lots and lots of rainy day, today is a nice break from all of that, warm and sunny. Maybe that's why our membership house count seemed awful low today. It was close but the visitors and guests almost outnumbered those Rotarians present. This is a far cry from where we've had meetings in the past with zero (0), count-em zero, visitors and guests.

But the show must go on so here we go.

GREETERS

For those who did turn out, they were greeted enthusiastically by **Gail Takaki** (just about by herself) and latecomer **Nancy Cabral** (who managed to show up just about after all the official start-up rigors).



OFFICIAL START OF THE MEETING

Pres. W. Wong, clad in his reddish "End Polio Now" Rotary T-shirt, was introduced in the ongoing dynamic fashion by **Kathleen McGilvray** (which earlier in the year was different and exhilarating but now is becoming this again?).



Visiting Rotarian **Doug Adams** was asked to lead us in the Pledge to our Flag, which he did so with aplomb, considering his status as a visitor.

Then we sang a Hawaiian Doxology (which is still a chore for many of us because of the Hawaiian words. And by the way, we are absolutely nowhere to sounding like the Rotary Club of Toronto, with over 150 members, mostly male, who sing "Oh Canada" before their meeting. That rendition virtually wants to make one emigrate to Canada its so well done). When finished, **Pres. W. Wong** proceeded to translate and explain much of the words and meaning of the song to our visitors (and was good for us Rotarians also). Much of the meaning boiled down to basically "Little work, Little gain."

VISITORS AND GUESTS

Late coming greeter **Nancy** was called upon to introduce our visiting Rotarians and guests, who were: **Doug Adams** from the Rotary Club of South Hilo **Gilbert Chevalier** and his wife **Ancienne Loretta** of the Rotary Club of Quebec City, Canada (right off the cruise ship today)



Takuhiro Yamaba of the Rotary Club of Kyoto, Japan

Ning Wang of Sugai



Steve Mates, husband of **Reese Mates** (not present today for some reason – and no, a spouse at an official meeting does not count as being present for the absent member so **Reese** will still have to make up this meeting somewhere).

Our Youth Exchange student **Carolinne Pazian** and her Hilo housing host **Ohana Herves**.

Mike Meyer hosted our guest speakers **Charmaine Higa McMillian** and **Katrina Ramsey**, both from the UH-Hilo.

Pres. W. Wong hosted **Reina Ojiri** of the Hawaii Jaycees, **Jana Ortiz Misiaszek** of Blue Zone, and **Sommer Corpuz** of Keaau Middle School.

ANNOUNCEMENTS

Mistaken thanks were given to **Jim Cheney** and **Bob Hanley** for their version of last few week's Lava Flow and photographs but in actuality are doing it today. Somehow, someway, **Pres. W. Wong** pulled up the wrong slide for this and the appropriate volunteers from last week were never acknowledged.

There were plenty of announcements and notification of upcoming events which took a lot of time in giving them and many of our guests were asked to speak about them.

First and foremost, **Judy Gibson** had to be rushed to the hospital earlier this week for a perforated bowel, causing her lots of pain and physical discomfort. She had emergency surgery by the fine staff over there and is resting comfortably in room 230. She might be discharged before distribution of this issue of the Lava Flow but would appreciate visitors while she is there. She cannot have solid food for a while and she really doesn't want flowers but money is always nice. Just having someone to talk to for a while helps relieve the boredom.

10/10 – Ironman Hawi Bike Turnaround
8:00am – 1:00pm

10/10 – Harvest Fair (Kekei ID) Christian Liberty School
9:00am – 1:00pm

10/11 – Hawaii Island Home for Recovery
9:00am – 11:00am

10/14 – RCH Board Meeting Hilo Rice Noodle
5:00pm – 6:30pm

10/17 – Blue Zone Community Event Civic Auditorium
7:30am – 1:00pm

Jana Ortiz Misiaszek, was brought up to talk about this and show us a slide presentation. Helpers are needed to host this affair and goodies & food will be provided to those who show up.

10/24 – World Polio Day

10/24 – YWCA Walk a Mile in Her Shoes YWCA
7:30am – 10:00am

Kathleen McGilvray talked about this event and what it takes to walk in it and distributed literature about it.

10/24 – Clean up Liliuokalani Gardens (Interact Club project) Liliuokalani Gardens
8:00am – 12:00pm

10/31 – Rocky Horror Picture Social Palace Theater
7:00pm – 10:00pm

For this **Pres. W. Wong** donned his infamous black wig and started playing music from the movie soundtrack and asked if anyone here knew how to do the TimeWarp. **Lisa Rantz** quickly went up front and

danced with **Pres. W. Wong**, showing us the various moves and steps (and, gads, she was good!) You would get your money's worth just going to the Palace that night and watch her do this again.

Unfortunately this reporter will be out of town and will miss this regretfully.

For more details about all these events (and more), please check out our website www.hilorotary.org.

Cindy Boots is still offering hawking the image-changing coffee cups for \$21. She still has about 2 dozen left and would like to get them off her hands. Of the payment for the mugs, \$10 goes to the Rotary Polio project and presumably is tax deductible.

BIRTHDAYS & ANNIVERSARIES

Celebrating her birthday early was **Nancy** (on 10/12) and she made a nice donation to our Interact Club because of this.

Other birthdays still this month belong to **Tammy Silva** and **Gerard Carter** and they will be recognized accordingly for them.



Birthdays:

Chris Tamm October 6
Nancy Cabral October 12
Tammy Silva October 15
Gerard Carter October 26

Club Anniversary:

Randy Hart October 14 1994 (21)
Ron Dolan October 4 1991 (24)
Gene Tao October 11 1985 (30)
Treena Breyfogle October 12 2012 (3)
Alan Kusunoki October 15 1993 (22)
Wayne Atebara October 15 1997 (18)
Cowboy Kaneshiro October 22 1999 (16)
Rand Mundo October 22 1994 (11)

Wedding Anniversary:

Craig & Linday Shikuma October 15 (35)
Newton & Roberta Chu October 16 (33)
Chris & Barbara Tamm October 26 (47)
Jim & Linda Kennedy October 27 (31)

Announcements:

Oct. 16 - Hawaii Island Energy Cooperative
Oct. 23 - Glenn Harris - Ethics and the 4 Way Test
Nov. 12 - Hekka Social
Nov. 20 - Kerry Glass - Rotary Foundation

President Wally Wong
President Elect Glenn Harris
Immediate Past President Richard Johnson
Vice President Mitchell Dodo
Secretary Susan Munro
Treasurer Alan Kusunoki
Sergeant-at-Arms Kathleen McGilvray
Membership Connie Ichinose
Public Relations Marcia Prose
Rotary Foundations Kerry Glass
Club Service Lisa Rantz
International Service Stew Hussey
Community Service Reese Mates
Youth Service Tammy Silva
Vocational Service Biff Kennedy

The slide for the wedding anniversaries and Rotary anniversaries went by so quickly, this reporter wasn't able to record any info about them. Surely **Pres. W. Wong** will still announce them again next week since he does these things a month at a time.

PRESENTATIONS

Pres. W. Wong brought up **Reina Ojiri** and presented her with a large packet of pens, markers and other appropriate materials students need in our Adopt a School project. For sure this will help the kids at Keaau



Middle School.

Then **Carolinne Pazian**, our Youth Exchange Student was introduced and asked just to say a few words. Once she gets settled in properly, more time will be allowed for her to talk to us, like other Exchange Students have done so previously.



GUEST SPEAKER

Finally **Dr. Charmaine Higa-McMillan** and **Katrina Ramsey**, both from the UH – Hilo, were introduced to us to speak about Psycosocial Adjustment among families of deployed service members. Apparently this is a program started just a few years ago at



the University here and on Oahu (and 2 locations on the mainland, in Texas and Florida) to measure stress in families for having a father/mother gone for long periods of time and their worries about them.

Deployment of service people can be up to 18 months at a time, often more than once, and families, especially young children, can develop mental health problems, repression and other emotional problems because of the father being gone. Eighteen months is a lifetime for many of the small children in these families and they can lose their attachment with their dads. Kids grow fast and their status changes as they get older.

To find out what kinds of problems are developing, this program is trying to study 5 different groups of families, both military and those with divorce/separation statuses and compare them to control groups to see how much stress and anxiety arises and if there is any calculable difference between them. They are most interested in families with children between the ages of 7-17.

This project is trying to measure 10 areas of stress, functioning, and resiliency and try and see how assessment measurements may be produced from this. They are talking with parents about the family functioning. Right now the hardest thing is getting families to enter the study because the more that can be measured, the less biased the results will be. Families do get a small stipend for participating but that has not helped a lot. People are just hesitant to discuss these kinds of problems publicly.

Funding for this project was provided in early 2013 and recruiting participants began in October of 2013. There is still at least 6 months left in the Hilo portion and the Hilo Team at the University needs help in spreading the word about getting info on targeted families. Currently Hilo has mostly separated and divorced cases rather than military deployment cases. Families are given information about support and evaluation.

This project is supported by funding from the Office of the Assistant Secretary of Defense for Health Affairs, Defense Health Program and is managed by the US Army Medical Research and Materiel Command. For more information **Dr. H-M** recommends going to www.ohanaheroes.com.

And with that, a few minutes were allowed for questioning and then **Pres. W. Wong** gave **Dr. H-M** and **Katrina** our Rotary momental cup.



HAPPY DOLLARS

And because there were so many announcements and speakers, there wasn't any time allocated for Happy Dollars so **Pres. W. Wong** asked only those "who were exceedingly happy" to say their piece now. **Doug Adams** announced about the Veteran's Day Parade on 11/07 and he is looking for participants in that. For this, he contributed \$40.

FOUR WAY TEST

Pres. W. Wong surprised our Youth Exchange Student **Carolinne Pazian** to lead us in the 4-way test. This was a real challenge for her never having done this before but we got thru it ok.



And with that, the gong was rung and the meeting closed for today.

See you all next week now.

Pau.



No Story, but **Bob's** photos



Photos by **Bob Hanley**