

July 1, 2021

Rotary Club of Hilo



Lava Flow



"The Things We Think, Say, and Do..."



Aloha fellow members,

In order to cover all our club's activities more fully, in addition to our regular newsletter which covers our Rotary meetings, the Lava Flow Team will bring you extra news - a quarterly News Flash if you will - which will cover club activities - "The Things We Think, Say, and Do". Everyone is encouraged to submit articles and pictures, and these club chronicles will be published periodically throughout the year. Aloha Nui Loa, *Genie Phillips*, Lava Flow Editor

One Last Cleanup Project in Nancy's Year Submitted by Susan Munro, Lava Flow Reporter and Photographer

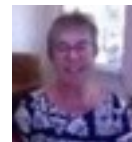
On Saturday, June 26, the Community Service Committee had a weed-clearing morning at "Rotary Park" aka Kuhio Kalaniana'ole Park. The assembled volunteers brought three weed-whackers, a chainsaw, pruning saws, and loppers.



The area was the southeast section, just across from Ponds. Seriously overgrown weeds taller than some Rotarians.

But a couple of hot and sweaty hours later, we could see that this will be a nice addition to the park someday. Kamane trees will be planted.

And when the work was done, we gathered in the big shelter that Nancy provided, and had a lovely Subway lunch. There was a big TV set up in the tent, for watching the Brewfest concert afterward. Special guests at this event included DG Naomi, ADG Doug Adams, DG-in-Training Randy Hart, and Da Mayor, Mitch Roth.



Brewfest, 2021



Submitted by Treena, Chair of Brewfest-in-a-Box

Aloha friends and Club members,

Whew!! Brewfest-in-a-Box has wrapped up. Boxes were distributed and the concert aired. The bookkeeping has not been completed, but as soon as all expenses have been accounted for, I will give an accounting to our Board and, of course, will share the results with Club members.

I want to thank everyone who participated in this Club event -- committee members, sponsors, volunteers, and beer box purchasers. When you get a chance, please extend your thanks to committee members -- Nancy Cabral, Marcia Prose, Bob Hanley, Anita Tatum, Lisa Rantz, Ben Mark, Mary Espejo (not a member, but should be), and Beckie Vash.

Club members donated \$11,000 in cash and endless hours in serving on the Brewfest Committee, consulting, volunteering with the distribution of boxes, and donating food. I don't have the exact number of boxes purchased by members, but between sponsor boxes and purchased boxes, we probably made the 100 box June goal.

Again, thanks everyone.



"The Things We Think, Say and Do" continued,

Go Cookem Crew Review

Submitted by *Connie Ichinose, Lava Flow Reporter*



Aloha Club Members,



Yesterday was our club's last cooking day at the Hawai'i Home for Recovery. And knowing this was our last month, center Director Rita asked us to use up the salmon burgers. Believe me, thinking up creative ways to utilize pre-made salmon patties is not the easiest! We've done, salmon with rice, salmon with pasta and Alfredo sauce, salmon with Teri sauce and so on and so on... Finally, last week we decided to do simple salmon burgers. It was such a hit with the residents, seven of them came back asking for seconds.



They requested the same meal this week. Of course, the crew happily obliged!



Rita and Izzy have expressed their deepest gratitude to the Rotary Club of Hilo for its dedication to the center, not just with this project, but all its help in the past as well. Thank you to the many Rotarians who have given their Service Above Self. I know you all share in the hope that our relationship with this worthy cause will continue in the future.

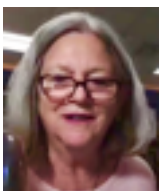
Thank you to all who have helped with the cooking and meal prep this past year. We've had many club members stop by when they have a day off or even an extra hour to help in the kitchen. Those who attended yesterday were treated to a lunch at Harvey and Helene Tajiri's beautiful home. A special thank you to Kathy Borer who has been baking scrumptious desserts for the residents, donating not only her time, but all the ingredients as well.

Yours in Rotary, Connie Ichinose



Aloha Club Members From Nancy

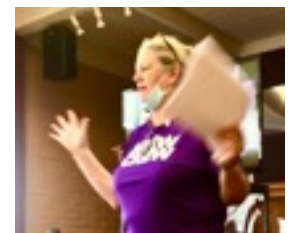
Submitted by *Nancy Cabral, Rotary Club of Hilo Past President, (July, 2020 - June, 2021)*



Aloha Club Members,

It is almost midnight on June 30, 2021. With just minutes remaining to my year as President of the Rotary Club of Hilo, I just gotta get a few more words in....

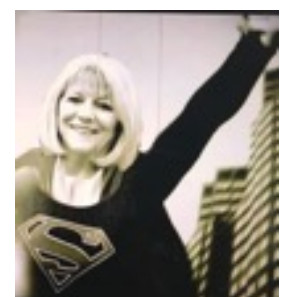
I want to THANK you for the honor of being a member of, and president of, such a wonderful organization with so many amazing people - EACH OF YOU!



Although I've been a member for over 30 years, I am still learning how great Rotary can be to help our community, our families and ourselves. I am grateful this year has allowed me the opportunity to work with you and get to know so many of you better.

I look forward to seeing you 'in person' at future meetings and socials and community services events.....

ALOHA, Nancy



This is a copy of Nancy's letter which was sent out to club members in June, 2021.

Rotary Club of Hilo
2020 - 2021
Nancy Cabral - President
2 Kamehameha Ave. - Hilo, Hawai'i 96720

June 2021

Dear Fellow Rotarians,

CONGRATULATIONS to all of YOU, Members of the Rotary Club of Hilo. At the District 5000 Conference in May, our Club was awarded First Place for Large Clubs in *Membership and Community Service* and received the *District Governors Citation*. Plus, the *Avenues of Service Award* went to our own Wally Wong for his many years of *Service Above Self*. It is wonderful to have your efforts recognized District wide among 53 Clubs.

I know that it has been a challenging year for everyone and Rotary has not been the same for anyone. But it is truly amazing how much our Club has accomplished because of what you have done for our community. Despite the restrictions, you have continued to read to our children in kindergarten, given out dictionaries with a fun and entertaining video, organized RYLA Statewide and supported STEM for our youth and community. Each month 100+ backpacks, slippers, cans of food, facemasks, blankets, bags of rice, pounds of food, *Glam* hygiene gift bags, and boxes of diapers & children's underwear have been given to agencies in our community for those in need. We have planted over 100 trees and cleaned up the Rotary Centennial Park after years of neglect. You have donated over \$50,000 this year to selected agencies including the Hilo Medical Foundation, Children's Justice Center, Hilo Salvation Army, Ku'ikahi Mediation Center, Boys & Girls Club, University of Hawaii at Hilo Athletic Department and of course the *Go Cook 'Um Crew* has prepared meals every week for the Hawaii Home for Recovery.

With my year as President coming to end, I want to thank each of you for the compassion and support you have shown me in the face of my personal adversities. As you know, I have had a difficult year with the passing of my husband and my father followed by my office being 'hit' with Covid among my staff. I really appreciate the tasty meals you brought me, the letters and calls with well wishes. A special Mahalo to the Board of Directors and members who continued to oversee our club while I was dealing with family and work situations. Overwhelmingly, the best part of my year has come from you, my fellow Rotarians, with all that you have done for me and for our community in our 100th year of Rotary!

I am enclosing a copy of the special insert that was inside the *Hawaii Tribune Herald* on May 9, 2021 and a lapel pin for our 100 Year Anniversary as the Rotary Club of Hilo. The insert has a lot of great information and I hope the pin will remind you of what Rotary has done for our community over the past 100 years and will do in the future.

The invoice for your 2021-2022 Rotary Dues was just sent out. I hope that each of you will continue with your membership and that you make Rotary YOUR CLUB by allowing our members to help support your favorite activities and charities in the community while we accomplish great things together with *Service Above Self*.

I look forward to the coming months when we can get together for weekly meetings, fun socials and service projects where we can talk and laugh and support each other in person and over the internet as our world is forever changed...

MAHALO & ALOHA,


Nancy Cabral
President

“The Things We Think, Say and Do” continued,