

Rotary Club of Hilo



Lava Flow



October 7, 2022

Chartered: December 1, 1920

Reporter: Peg Berger

Photographer: Joy Matsuura

Meeting opened promptly at noon by **President Connie Ichinose** at the SWS in the Hilo Hawaiian Hotel.

We began with the Pledge of Allegiance led by **Samantha Peck**. Then to inspire us came the inspirational word from **Jay Hopfensberger** from Elvis, "To judge a man by his weakest link is like judging the power of the ocean by one wave"

Birthdays and Anniversaries!

Happy Birthday to

Laurie Bass, Oct 1

Chris Tamm, Oct 6.

Club anniversary

Ron Dolan, October 4, 31 years!

Participants on Zoom

Dmitriy Ksendzowsky and **Mike Myers**

Zoom tech team

Galen Ichinose and **Mark Thomas** did a great job with the audio/visual.



Beverly Heikes former President introduced her guest, **Jenn Kagiwada** who is a county legislative assistant.

Lasagna Love speaker introduced **Ha'oli Wright** by **VP Mitch Dodo**

Susan and **Kerry** are in Newfoundland... or maybe on their way home?

Julie Kron and **Marcia Prose** are busy promoting the club. check out Facebook and Instagram, and connect, like the page, and tell your friends!

Membership moment

Helene Tajiri shared a text from **Tina Jimenez**, who recently moved back to the mainland. **Tina** says she will never forget the friendships formed 'that will last a life-time', at Go Cook Em.

Every Thursday the team cooks a meal at the Hawaii Island Home for Recovery. Join us!

New member induction!

Welcome to Rotary!

New members **Chelsea Mack** sponsored by **Connie Ichinose**

Mana Canon, sponsored by **Misti Tyrin Kumiko Mattison**, sponsored by **Mana Canon**



The three were accepted into the Rotary club by **President Connie Ichinose**.

Are you signed up for District Conference 2023? The early bird Registration has been extended to October 31, and there is a 50 dollar savings for Club Members, according to **Jen Tanouye**. There are lots of cool events including a tour of Mauna Kea as part of the conference, May 19-21 2023 at the Naniloa Hotel right here in beautiful Hilo, Hawaii.

Social Squad is meeting as part of World Polio day on Oct 24 at the Temple Bar in Hilo. Participants will donate \$20 toward the group Polio Plus. Polio has made a comeback recently.

Lasagna Love!

Terri Gosse and **Ha'oli Wright** were introduced by **President Connie Ichinose**.



Ha'oli Wright shared how much the program means to her. During the pandemic, the founder of **Lasagna Love** shared food with neighbors and wanted to share her love of cooking with others. She once had a very difficult request from a

family living in a car. It's not just about feeding their bellies but feeding their hearts. People can go to her Amazon wish list to donate supplies needed like tomato sauce and noodles.

Terri Gosse explained how they coordinate with the recipient on dietary restrictions etc. You can cook one, once a week or every two weeks. Kindness is for everyone no questions asked, no judgments made. The group fed over 215 meals feeding 800 people on the Big Island over the past year.

Right now there are 14 volunteers on the island. 50 police and staff in Puna were recently blessed with donations led by **Julie Kron**.

The group wants to go international and are now starting in Canada and Australia. They social media and connect with food pantries and churches. 37 families right now are waiting for a meal.

Web site <https://www.lasagnalove.org>

Guests



Molly Poellot, **Julie Kron's** friend and neighbor, who helps **Julie** with many projects,



Alden Otani, guest of the **Tajiri's**



Jenn Kagiwada guest of past **President Beverly Heikes**

Birthdays:

Laurie Bass	October 4
Chris Tamm	October 6
Stan Fortuna	October 10
Nancy Cabral	October 12
Beverly Heikes	October 15
Tammy Silva	October 15
Peg Berger	October 31

Club Anniversary:

Ron Dolan	Oct 04 1991 (31)
Patty Bray	Oct 09 2020 (02)
Lara Sonoda	Oct 09 2020 (02)
Treena Breyfogle	Oct 12 2012 (10)
Alan Kusunoki	Oct 15 1993(29)
Joy Matsuura	Oct 17 2019 (03)
Patrick Guillen	Oct 21 2016 (06)
Cowboy Kaneshiro	Oct 22 1999 (23)
Samuel LeMar	Oct 30 2017 (3)

Anniversaries:

Lara & Josiah Sonoda	Oct 10 2020 (02)
Malcolm & Cecilia Chun	Oct 12 2005 (17)
Craig & Linda Shikuma	Oct 15 1980 (42)
Newton & Roberta Chu	Oct 16 1982 (40)
Beckie & Michael Marshall	Oct 19, 1991 (31)
Chris & Barbara (D)Tamm	Oct 26, 1968 (54)

Announcements:

Fri. Oct. 21 Richard Ha "What would our Kupuna do—What can we do for future generations."

Club Administration 2022-2023

President- Connie Ichinose
President Elect- Jeremiah Leonard
Vice-President- Mitchell Dodo
Past President- Beverly Heikes
Secretary- Susan Munro
Treasurer- Patty Bray
Sergeant-at-Arms- Galen Ichinose
Foundations- Kerry Glass
Membership- Helene Tajiri
Public Relations- Marcia Prose
Community Service- Beckie Marshall
Vocational Services- Mike Meyer
International Service- Steve Handy
New Generations- Jen Tanouye
Club Service- Kelvin Watanabe
Hilo Rotary Club Foundation- Tim Beatty
Hawaii Rotary Youth Foundation- Mitch Dodo
Dr. Sunao Wada Foundation- Mitch Dodo
Programs- Newton Chu
Lava Flow- Joy Matsuura
Greeters- Aaron Albers

Special guest **Andy Kahili** talked about the **Walk a Mile in Her Shoes** event on October 25. Funds go to a sexual assault program locally to help families. Victims can be a few months old to someone in their 90's, which shocked us to hear. Winning team can get a trophy! There must be a lot of people wanting to see guys wearing heels, because this event registration is closed, but you can still contact the YWCA to donate funds or...be an athletic supporter (ha) and cheer on the men braving the torment of heel- arious fun in support of local families. The event starts at 7:30 at the YWCA Ululani campus.

There will also be another **Wetland initiative** coming up October 22! We have so many invasive species of plants such as California grass that threaten the environment for Native Birds. As **Connie** explained, you have to pull out those plants, balls and all!

Get your Halloween Costume ready! **Monster Mash** Thurs Oct 27 from 5-8 p.m. at the Arc in Hilo. There will be games and a costume contest, dancing and fun.

\$\$ Happy Dollars \$4

Marcia Prose is happy about upcoming events like The Lion King

Chelsea Mack, new member says so happy and honored to be in this club!

Helene Tajiri is happy because **Alden Otani** is here

Steve Handy is happy about the Fiji solar project. The grant moving forward for the solar grid for schools.

Beverly Heikes, past President is happy that her friend **Jenn Kagiwada** is here as a guest

Beverly is going with her husband on the East Coast where they got engaged and seeing her son who is in college.

Nancy Cabral is happy being a bone marrow donor for her brother. She explained that the process is difficult, but not as bad as it used to be. Thankfully, she and another sibling are a match for marrow donation.

Next meeting

Friday October 21.

Speaker **Richard Ha** will discuss issues facing the elderly with "What would our Kupuna do", and what can we do for future generations

We then did the **Four Way Test** led by **Mark Thomas**

And thus concluded our meeting...

Oh wait!!! One more announcement! **Dee Scott** has club shirts! 10 dollars for a sharp, all cotton T shirt, and 15 for the polyester ones that are a bit more dressy. How cool is that? They are in Royal Blue and have the club name on the front. While supplies last!



Shirley Woods & Helen Hemmes



Mana Canon & Chelsea Mack

Kumiko Mattison



Peg Berger



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