Avon Rotary 旧

December 2022 Newsletter



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Avon Rotary Club meets Tuesdays at 6:30 pm

Board of Directors

Steve Csapo, President Mike Ford, President Elect Karen Vanderbilt, Senior Director Rob Lupisella, Director Bruce Amey, Member at Large Jeff Herberger, Member at Large Tom Vonglis, Past President Charlene Masten, Secretary Katie DeGraff, Treasurer



I hope everyone enjoyed their Thanksgiving and Lisa & I wish everyone a happy holiday season as the year winds down and we start a new year. They seem to go by faster each year! I have been writing

leases for the 23-24 academic year the past few months and that always shocks me seeing two years out. Cherish each moment we have as time is one of the things we can never get back.

This month marks the change of families for our exchange students, it has been great having Benni in our home the past 3 1/2 months. Steve's taxi service will be going out of business as a result. Cat will have the honor of hosting her next. Maria will be moving from the Mann's to Tom & Laurie's home, I have heard Maria and Benni have plans for the "man cave" Sorry Tom & Laurie!

November was a great month for the Rotary

President's Message

Foundation as we recognized the following members for their continued support of the Rotary Foundation during a meeting cohosted by our Interact Club President Sydney Murray: Helen Zamboni +3, Dave Kilgore +2, Bill Wall +1 & Dave LeFeber with his 1st. Many thanks to you and all members who donate to the Foundation on a regular basis. Thank you to Kirk for being our Foundation chair. PDG Janet was able to present our club with two citations recognizing our club as we hit our club goals and foundation polio plus giving goals in our 21/22 Rotary year. I hope we can celebrate the same next November for the 22/23 year.

I would also like to thank Barb & Kirk for running the meetings while Lisa, Benni and myself were on our journey to Florida. Other than driving 2,500 miles in 8 days it all went well.

Yours in Rotary Service, President, Steve Csapo





Club Schedule

Sat. Dec. 3	AVON HOLIDAY SPECTACULAR 3pm—8pm, in the Village					
Mon. Dec. 5	Avon Rotary Board of Directors Meeting, 6:30 @ Circleview Conference Room					
Tues. Dec. 6	Regular Meeting @ 6:30 Program: Paul Guglielmo, Entrepreneur & Radio Personality					
Sun. Dec. 11	A CHRISTMAS CAROL 7 pm Avon Park Theatre, 71 Genesee Street Avon					
Dec. 12—16	Salvation Army Bell Ringing Opportunities @ Tops					
Tues. Dec. 13	Regular Meeting					
Sat. Dec. 17	HOLIDAY PARTY Hosted by Chris & Charlene Masten 6pm @ 301 Spring Street					
Tues. Dec. 20	Regular Meeting					
Tues. Dec. 27	HAPPY HOLIDAYS No Meeting					

December Celebrations

Birthday

- \Rightarrow Jake Ayers
- ⇒ Colin Bruckel
- \Rightarrow Bob French
- \Rightarrow Tom Honan
- \Rightarrow Chris Masten
- \Rightarrow Ryan Pacatte
- \Rightarrow Shawn Rice
- Julie Welch

Ernie Wiard



Wedding Anniversary

- \Rightarrow David Kilgore
- ⇒ Marcea Tetamore
- \Rightarrow Bill Wall
- \Rightarrow Julie Welch
- ⇒ Joe Yantachka

Rotary Anniversary

- \Rightarrow Ernie Wiard 1975 (H)
- \Rightarrow Bob House 1987
- \Rightarrow David Kilgore 1987
- ⇒ Marcia Cameron 2005
- \Rightarrow Rodney George 2010
- \Rightarrow Cathy Jo Murphy 2011
- \Rightarrow Terry Hayes 2012
- \Rightarrow Jim Varner 2014
- \Rightarrow Julie Welch 2015
- \Rightarrow Jean Antkowiak 2016
- \Rightarrow Greg Antkowiak 2016
- \Rightarrow Karen Vanderbilt 2018
- \Rightarrow Cat Jensen 2021
- \Rightarrow Jamie Lovullo 2021
- \Rightarrow Will McLaughlin 2021

Halloween Highlights

TRICK on TRI

Looking back to October 25, those in attendance enjoyed a fun, spirited, non-meeting with games and a birthday celebration for Benni as well. Many thanks to Katie for playing the role of game show host once again. "That's a good bingo!" she said.





Exchange Reflection—Maria



In three, almost four months, my life is completely different and I couldn't expect anything better.

I made a lot of friends on cheer and school who are helping me make my year even better and I will miss them dearly.

I love the food here, especially bagels and peanut butter.

My first Thanksgiving day was amazing! I was with my host family who became my family and I really love them.

I am very grateful to them, for everything they did for me, for including me and for making me

feel at home. I am living a new experience every day, and I hope to be able to live even more.



Maria Exchange Student, Brazil

November Highlights





On November 1, we were joined by Darka Hawryshkiw from RocMaidan. Darka is the daughter of Ukrainian refugees that survived the forced famines by Stalin prior to World War II and the forced labor farms and factories under Nazi Germany. Darka volunteers for RocMaidan, the charitable wing of Rochester's Ukrainian Cultural Center. RocMaidan began shortly after the Russian invasion of Crimea in 2014 provid-

ing much needed medical assistance to the people of Ukraine. Starting in 2014 gave them a unique leg up over charities in larger cities when Russia escalated their invasion into a full out war in February. They have been able to provide Ukrainian people with medical supplies, clothing, generators, ambulances, and countless other items this past year. But as you see everyday on the news, the need is still there, and a long Ukrainian winter is coming with in many cases no heat or electricity. Please check out the items on the attached flyer. If you have the ability to donate, please consider doing so. And if you have any of these listed items that you wish to donate, please send us a message and we'll make sure they get to RocMaidan. Submitted by: Mike Ford

For more information or for direct contact visit ROCMAIDAN.ORG



RELIEF FOR UKRAINE

DROP-OFF LOCATIONS:

824 East Ridge Rd. Rochester, NY 14621 During business hours

(Wegmans Plaza) 900 Holt Rd., Suite 4

Webster, NY 14580 During business hours

St. Josaphat's Ukrainian 940 Ridge Rd. Rochester, NY 14621 Sat 10 am – 5 pm Sun 8 am - 12 pm

Building 304 Webster, NY 14580

ACCEPTED ITEMS FOR MEN. WOMEN & CHILDREN

MUST BE NEW, WITH TAGS:

SOCKS / UNDERWEAR

- THERMAL UNDERWEAR
- SLEEPING BAGS
- PAIN-KILLERS
- DIAPERS / WIPES

NEW OR USED:

- WALKERS
- WHEELCHAIRS
- CRUTCHES



LL ITEMS AVAILABLE OF

amazon

Cash or check deposits to ROCMaidan ed at Ukrainian FCU branches



November Highlights continued



November 15: As part of our club's annual celebration of World Interact Week, Avon High School's Interact Club took over our club meeting. Interact is Rotary International's service club for young people. Interact clubs are sponsored by individual Rotary clubs, which provide support and guidance, but they are selfgoverning and self-supporting. Current Avon Interact President Sydney Murray did an excellent job running our meeting, handing out some fun fines, and kept us updated on Interact's current and future fundraising activities. Submitted by: Mike Ford







Foundation News

November 15: Avon Rotary was proud to present four Paul Harris Fellows to members for their generous contributions to the Rotary Foundation.

Dave LeFeber received his first Paul Harris Fellow, Bill Wall received his Paul Harris +1, David Kilgore received his Paul Harris +2, and Helen Zamboni received her Paul Harris +3.



Past District Governor Janet Ten-

reiro

In addition to these individual honors. Past District Governor Janet Tenreiro joined us to present our club with the 2021-22 Presidential Citation signifying

our club's success achieving 21-22 goals. She also presented us with a certificate of appreciation for our financial support in 2021-22 for our gifts to the Rotary Foundation End Polio Now campaign.

Thank you all for your service to our community and continued support to the Rotary Foundation.

Submitted by: Mike Ford/Laurie Vonglis







Rotary Club of Avon





Janet Tenreiro













As we put the wrap on our Foundation Month, I wanted to reach out and give Thanks, a Reminder, and maybe a Nudge.

- A thank you to those of you who have already made contributions to the Foundation, whether directly or through me. As of Wednesday night, we have 27 Rotarians who have made contributions this Rotary year (since 1 July). Coincidently, we also have 27 Rotarians that are signed up through MyRotary.com to make recurring donations.

-A reminder to those of you who traditionally make contributions, and just haven't gotten around to it. Many of you choose to make donations right before the end of the tax year, so just don't forget.

-A nudge to those who haven't made a contribution a few years or for the newer members who haven't been able to, or have been reluctant to start. By contributing to the Foundation, you become part of a powerful force for

doing good in the world, and can have your "skin in the game" when it comes to our collective power of Rotary. Remember, half of all our contributions to the Annual Fund come back to our district in 3 years and become available to us for some amazing projects. Every year about half of the Clubs in the District apply for a District Grant. I'd be willing to bet, Avon Rotary has been the top receiver of funds overall for our projects over the last 8-10 years. This is testament to 2 things: 1- the vision of our Past (and current) Presidents to choose worthy and impactful projects. And 2- our club collectively, because of our strong and consistent history of Foundation Contributions. As a reminder, here is a list of our last few projects which have been partially (or completely) funded by our District Grants.

- 1. Gazebo for our new out-patient mental health office (scheduled for spring)
- 2. Garden Beds at the Elementary School

3. New (and well-branded) aluminum bleachers for the youth baseball and softball fields at the Driving Park

- 4. English Class program for our migrant workers and families.
- 5. Stone's Closet Backpack project at school
- 6. New Roof for our Scout House
- 7. New Playground at the Driving Park
- 8. A clean and safe outhouse/latrine for one of Linking Hand's school builds
- 9. The Fitness Trail at the Driving Park.

I'm sure there are more, but my memory fails me after about 10 years or so I guess. These listed represent at least \$30,000 in grants which we have received through our donations to the Rotary Foundation. To me, this list represents not only our proud history of cool projects, but maybe more importantly, it represents a whole bunch of fun times and opportunities to get our hands dirty with my Rotary Family.

Don't think of your contributions to the Foundation as "giving away" your treasure, but rather, an investment into the things we treasure most about Rotary!

Kirk Vanderbilt, Foundation Chair







Rambling On Rotary— December



By: Bruce Amey

Tis the season to be jolly and joyful. Our club has a busy month planned in December. December 3 is the Avon Holiday Spectacular which is always a fun time. Our club will have a booth set up and all that are available to assist are welcomed; funds raised will support Avon Community Cares. The day concludes with Santa

arriving and tree lighting in the park. This year there will be a concert in the Park Theater at 6:30, as well.

Speaking of the Park Theater, our club is once again sponsoring Kim Tenreiro with his one-man show of "A Christmas Carol" on Sunday, December 11 at 7:00 PM. The Bills are playing the Jets at 1:00 so all club members, including those that root for the Jets (Cat) should be able to attend. Tickets are \$20 and all proceeds raised will go to support The Avon Food Pantry and Avon Community Theater. If you can help with the evening in any way, please reach out to Katie DeGraff.

The week of December 12 – 16 has been designated Rotary Bell Ringing week at Tops. This is not just for our club dinga-lings, it's an opportunity to raise funds for the Salvation Army and those funds raised in the kettle stay in the Avon area. Many thanks to PE Mike Ford and his wife Richelle for coordinating this effort for Avon. As you can see, our club has many opportunities to be visible in December while providing caring service to our community. During this season of joy, let us also reach out and remember club members who may be in need of a joyful note or visit. I'm thinking of Ted, Jerry and Barbara specifically along with club members whose family may be in need. As I write this, I am still tubed with a PICC infusing various meds, but I am feeling better and taking one-day-at-a-time; my new mantra. I cannot thank you enough for the caring messages and meals throughout my recuperation.

Thanksgiving had added meaning for me this year as Madison and Ben came for the day to visit; there is always so much to be thankful for and these past three months have illumined those more for me. Sad to say there are too many times when other things blind us from seeing all there is for which to be thankful.

I am hopeful that as Rotarians we will seek opportunities to serve others because we all know there is much more joy in serving and giving than there is in getting. Rotary is a constant reminder for me of the opportunities and I always find more joy when sharing those opportunities with others. Be sure to look for the lights, not only in this season but throughout the year. I once read that happiness depends on what is happening around you while joy comes from within you. I am thankful for the joy I find thru Rotary. And, as usual, I have rambled on long enough.



,720%	2022 <u>Wild</u> Polio Case Counts as of November 30, 2022							
	<u>Country</u>	<u>2020</u>	<u>2021</u>	<u>2022</u>	Date of last case			
END POLIO NOW	Afghanistan	56	4	2	August 2022	TANK SIT		
	Malawi	0	1	0	Nov 2021			
	Mozambique	0	0	8	November 2022			
	<u>Pakistan</u>	84	1	20	September 2022			
	Total	140	5	30 -				
For more information as too https://webicoundication.com/								

For more information go to: https://polioeradication.org/

American Red Cross & Avon Rotary Partner Once Again November 29, 2022

Drive #14 Once again, thank you Rotary and the Avon Inn for allowing this important program to continue. Mark your calendar for our next drive and plan ahead to make our next drive the strongest yet! YIRS, Karl



The lifesaving chain from blood donor to a patient in need depends on the commitment of our partners to host drives regularly throughout the year. Here's a snapshot of your recent lifesaving impact:



20 Whole Blood units collected/ goal of 20



1 Power Red units collected/ goal of 8



25 Appointments made/ out of a goal of 28 units, (we had 1 deferral and 1 QNS, 3 no shows and or cancels)



63 Lives Potentially Saved (total units x 3)



Thank you for your lifesaving impact—your support proves to be an invaluable resource to the patients whose lives depend on it.





Life in Austria—An Update from our Exchange Student Jacob Davis

After some brief struggles at the airport, I arrived in Switzerland 23 hours after I originally intended to. From there, my host parents drove me across the border and I really had to hit the ground running. My very first evening, I went with my host siblings to a family reunion; and in the following two weeks, I attended 4 other large family parties. After that I took a train to Salzburg where I stayed two weeks on a college campus for a language course with the other 28 rotary exchange students here in Austria this year. We were split into two class levels, and I quickly found that the homework that District 7120 gave me to prepare me for my year put me leaps and bounds ahead of many of the other exchange students, and I was put in the higher class level with kids who had taken German classes in school.



We had 5 hours of German classes a day and in our free time, most of us got together to play volleyball in the yard. On weekends, we took field trips, one to the city of Salzburg, and the other to the city of Hallstatt. I had a great teacher and my German improved a lot over those two weeks, but what stuck out to me about that class more than my language improvements were the friends I made. I became really close friends very quickly with people who I never would've met otherwise. After the language camp, I took a train back to Bregenz and spent the last two weeks of summer vacation swimming, hiking, and relearning how to ride a bike. When classes started, I made friends pretty quickly. My classmates were very



friendly and invited me out to lunch on the first day of classes. I also joined a club that is kind of like the Austrian equivalent of Boy scouts: Pfadfinders. Since then, other than the occasional trip with rotary or my host family, I've very much fallen into a routine. For the most part, I attend classes as normal, but on Tuesday and Thursday mornings, I am excused from my morning classes to take German lessons in the city. I have made several adult friends in these classes, and people often forget or don't realize how young I am; I've been asked about my children three times. I am also excused from afternoon classes on Tuesdays to attend Rotary meetings. My host club meets weekly in a casino for lunch, and the restaurant serves very fancy food that often doesn't agree with me, but the meetings are nonetheless interesting and serve as a good way for me to practice my German. On Tuesday evenings, I have my weekly Pfadfinders meeting. They rarely

involve official activity, and usually consist of about twelve kids my age sitting in a circle and chatting or playing games for about two hours. These meetings have also been great for practicing my German and making friends. Until it got cold out, my host parents took me to different mountains every weekend to go hiking. Outside of that weekly routine, I've been to several parties, and have gone on vacation with my host parents to Tyrol, another part of Austria. I've also been on Rotary trips to Vienna, Prague, Dresden, and Berlin, and in two weeks, I'll be making another trip to Salzburg. The sightseeing on these trips is always amazing, but in my opinion the best part of them is always getting to reunite with the other exchange students because I'm relatively isolated being so far west. There are three exchange students within 45 minutes of me, and then the next closest one is about 4.5 hours away by train.

I've been reading a lot in German and find that it's really good practice. I'm currently halfway through the third book of the

Percy Jackson series, which is written at around a 4th grade reading level. I also just bought a German copy of Stephen King's It, which I plan on reading once I finish the Percy Jackson Series.

I've found that Austrian food is typically pretty bland, but thats not to say I don't enjoy it. I've absolutely fallen in love with döner kebabs, and spend far too much of my monthly stipend on having one for lunch at least twice a week.

Overall, I'd say that my exchange has been everything I'd hoped it would be, and I'm really excited to see what else is in store for me.

Thank you so much and happy holidays! -Best Wishes, Jake



У AVON ROTARY CHRISTMAS PARTY (

SIA

THE 17TH OF DECEMBER 6:00PM AT THE MASTEN HOUSE 301 SPRING STREET

This year will be like no other year. Friendly competitions are brewing and there is lots of fun to be had! Bring a dish to pass. Drinks & games will be provided.

#1 - CHRISTMAS SPIRIT

Come dressed in your best holiday attire. This could be an ugly sweater, a character costume, or your fanciest dress. Votes will be tallied for the favorite outfit that best exemplifies Christmas.

#3 - COUNTING CONTEST On the bar you will find a jar full of a special treat. The person who can get the closest to the actual count in the jar will win a prize.



#2 - FAVORITE THINGS

Instead of a silly gag gift, each guest brings 3 wrapped low-cost items they absolutely love. Gifts are placed on a table and everyone takes turns picking out 3 items to keep. It's a great way to introduce your friends to some of your must-have items and it doesn't require you to tailor the gift to a specific person.

#4 - PLASTIC WRAP BALL GAME

One person starts unwrapping while another rolls a pair of dice, trying to roll doubles. Once doubles are rolled, the ball is passed to the next player. What you unwrap you get to keep.



Avon Food Pantry

Grocery Items Needed in December are:

Cereal Brownie Mix Detergent

Condiments

Peanut Butter

Jello

Oil

Pancake Mix

Cake Mix Canned Fruit Mayonnaise Syrup fighting hunger together

Collection is the 3rd Tuesday each month. Place in bin at our meeting. For questions contact Cat Jenson or David Kilgore.

> **Is a fellow Rotarian ill or in need?** Please contact the club Sunshine Liaison "Sub"

> > Laurie Vonglis 739-1042

Please keep Jerry Dougherty & Barbara Herman in your thoughts as they continue to recover from their recent surgeries.



Add This To Your Holiday Calendar

A GHOST STORY OF CHRISTMAS

PRESENTING

Mr. Kim Tenreiro performing Charles Dickens' classic tale of reclamation and salvation.

A dramatic one-man performance that brings to life over 30 characters during the show.

Mature audience suggested

All proceeds from the performance are donated to a variety of local charities

In the spirit of keeping Christmas well

100 % of the ticket price to benefit the

Avon Food Pantry & Avon Community Theatre Sunday, December 11, 2022 at 7:00 pm (optional prologue starts at 6:15. Recommended for ages 13 and above)

Avon Park Theater, 71 Genesee St.

Tickets: \$20. Beverages and snacks available to purchase

For Information, contact: rotary7120.myeventscenter.com/event/A-Christmas-Carol-69966