



152nd Edition

## President's Message

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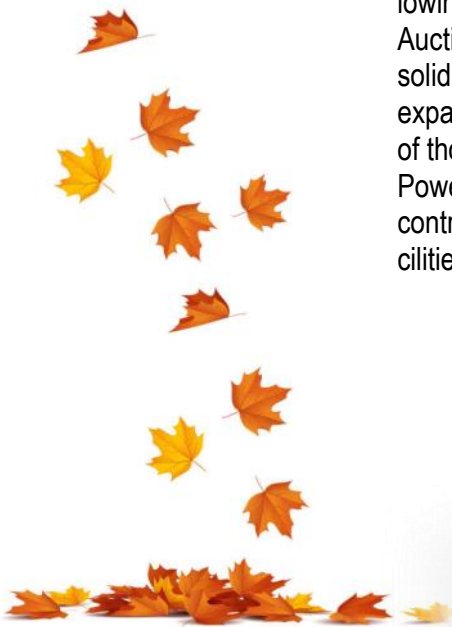
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Every accomplishment starts with the decision to try. I appreciate your patience as we try a little bit of change every now and then; whether it's a different gathering place, a new service project or a change in the traditional fundraisers. I am comforted by the familiarity and routine of our gatherings at the Inn, our dedication to supplies for the food pantry and the ease of following laid out plans for a successful Rotary Auction. I am thankful that we have these solid foundations from which we can build, expand and explore. October brings us more of those opportunities; travelling to Worm Power to discover one of the world's largest controlled environment vermicomposting facilities in the world! A new program and pro-

ject called Full Service Home; a non profit that helps connect deployed service members with their loved ones at home by helping troops send notes and gifts to their heroes at home. We will be presented with the results of our survey and have meaningful discussions as to the direction of our outstanding club. Along with the goals and direction of our district with a visit from our District Governor, Dave Demers. Our Halloween social will round out the month but don't be ghoulish or scared; just jump right in and bring a program, project or idea to the table and we will make it happen. Happy Fall Y'all!!

Yours In Rotary Service,  
Karen



Board of Directors
Karen Vanderbilt, President
Rob Lupisella, President Elect
Katie DeGraff, Senior Director
Tom Honan, Director
Collin Hayes, Member at Large
Cat Jensen, Member at Large
Mike Ford, Past President
Jaime Lovullo, Secretary
Hans Koomen, Treasurer



Advice from a  
**PUMPKIN**™

Be well-rounded  
Get plenty of sunshine  
Give thanks for life's bounty  
Have a thick skin  
Keep growing  
Be outstanding in your field  
Think big!

● Ilan Shamer ●



# OCTOBER MEETING SCHEDULE

*For more meeting details, go to [avonrotary.org](http://avonrotary.org)*

Tues. Oct. 1	WORM POWER: Field Trip to Worm Farm 6:00 (arrive at 5:45)
Tues. Oct. 8	Regular Meeting 6:00 & Full Circle Home Program & Service Project
Mon. Oct. 14	Board of Directors Meeting 6:00 at Circleview Conference Room
Tues. Oct. 15	Regular Meeting 6:00 with District Governor Dave Demers visit & message
Tues. Oct. 22	Regular Meeting 6:00 with Survey result presentation
Tues. Oct. 29	Halloween Social 6:00



## Rotary Anniversary

- ⇒ Kelly Cole 2002
- ⇒ Hans Koomen 2002
- ⇒ Tom Vonglis 2002
- ⇒ Tom Honan 2018
- ⇒ Nick Lovullo 2018
- ⇒ TJ Vonglis 2018
- ⇒ Mike Giso 2021
- ⇒ Collin Hayes 2022

## Birthday

- ⇒ Janis McMIndes
- ⇒ Josh Tonra
- ⇒ Laurie Vonglis
- ⇒ Joe Yantachka
- ⇒ Helen Zamboni

## Wedding Anniversary

- ⇒ Rodney George
- ⇒ Rob Lupisella
- ⇒ Jim Varner

**THE BEST WAY TO FIND YOURSELF IS TO LOSE YOURSELF IN  
THE SERVICE OF OTHERS** -Mahatma Gandhi



## LOOKING BACK AT SEPTEMBER

September 6, several Avon Rotarians enjoyed a great day of golf and sunshine at Reservoir Creek Golf Course in Naples, supporting the District Golf Tournament.



September 10, Social gathering, BBQ & Clambake, was a lot of fun at the Avon Commons. Many thanks to Joe & Tom for mastering the grill & steamers and Katie for playing gameshow host once again. Our 'Simon Says' cup game was a hit! Congratulations to Jim Varner, our quick handed winner. It was nice to be back at the Commons for the evening in the relaxing outdoor setting for fellowship.



September 17, was a very merry kind of Exchange evening including guests from around the District. First, Paul did his presentation, sharing information about his home country of Germany and presented President Karen (and host mom) with his home club flag. Great job Paul!

Next up, we heard from two very special guests, Veerle (Netherlands) & Natalia (Czech Republic), both exchange students from 2017-18. Both here on holiday, staying with Tom & Laurie. They provided an update on their lives since exchange. It was a wonderful night hearing from our current and past students.



## LOOKING BACK AT SEPTEMBER CONTINUED



September 19, was another opportunity to volunteer at a Red Wings Game, and so... high five to this crew and all the others for sharing your time and talent to help raise funds for the club.



September 25, Past President's Tim & Marne Rogers are celebrating Tim's 80th birthday while in Denmark. Pictured here is former exchange student, Gabbi with her mom and daughter Julia.

These greetings were shared by Kirk, one of Gabbi's host parents many years ago.



September 24, we all enjoyed listening to Clara give her presentation about her life in Brazil. She is loving life in the U.S. with her host family, the Lovullo's. Clara seemed very comfortable speaking to the group and her English is excellent. Well done Clara!





## Rambling On Rotary—October



By Bruce Amey

October is Rotary's Economic and Community Development Month. But, from my perspective, I prefer to focus on October 24 which is Rotary World Polio Day. The October 2024 Rotary Magazine has some fantastic article on Rotary's 45-year signature project to eradicate Polio throughout the world.

The article "The Shot Heard Round the World", written by Dr. Peter Salk, son of polio vaccine creator Jonas Salk, along with the article "They Called It Impossible, He didn't listen: How John Sever Inspired the campaign to Eradicate Polio" by Peter Range, for me were inspiring and informative articles about the history of the vaccine and the vaccination project. Dr. Peter Salk stated, "From his earliest days he [his father] was someone who wanted to do something helpful to humanity." Isn't that why many of us join Rotary, to be helpful in our community and elsewhere? The article continued, "In 1955, more than 10 million children received one or more injections of the Salk vaccine. Within one year, polio cases and deaths in the United States had been nearly halved." My uncle had polio. You may recall that President Franklin Delano Roosevelt had polio, when vaccinations were not yet available. I recall seeing photographs of rows of persons in iron lung machines. "In addition to flulike symptoms, polio was known to cause muscle stiffness and paralysis. If the virus paralyzed muscles in the chest, polio sufferers — most of whom were children — couldn't breathe. Most patients would recover all or most of their muscle strength if they could just survive this critical

phase. The challenge was to figure out a way to keep them breathing for the one to two weeks that they typically needed to recover muscle function." The iron lung (actually made from steel) would create negative air pressure within the chamber allowing the patient's lungs to expand even when their muscles could not do so. Then air is pumped back into the chamber compressing the patient's chest causing the lungs to exhale. I remember my parents taking me, my 2 brothers and older sister to the doctor's office to get our shots as soon as they were available, the scourge of polio was a fear of all parents of the time. In the article, Dr. Salk states, "The desire shared by Rotary members to help the world is inspiring and mirrors the driving force in my father's life."

Mr. Range, in his article about John Stever, he states, "The polio eradication program is where it is today ... because of the contribution of some remarkable people — none more so than John (Stever). At a crucial time, he had the knowledge and experience and ability to breathe life into a nebulous idea and provide the leadership needed to reach a historic goal." This statement made me think of Rob and Jeanine Lupisella having the "knowledge and leadership" and dedication and driving desire to address educational needs of communities in Nicaragua; along with those who support their efforts.

This October, please consider donating to the Rotary Polio Plus campaign. Rotarians have made a huge contribution to the eradication of polio. When we focus our efforts and financial support, it seems like almost anything is possible to serve others. And, as usual, I have rambled on long enough.

# Rotary



**OCTOBER IS  
COMMUNITY ECONOMIC  
DEVELOPMENT MONTH**

"IF YOU WANT TO GO QUICKLY, GO ALONE. IF YOU WANT TO GO FAR, GO TOGETHER."


- ANON





**END  
POLIO  
NOW**

### 2024 Wild Polio Case Counts as of September 24, 2024

<u>Country</u>	<u>2023</u>	<u>2024</u>	<u>Date of last case</u>
Afghanistan	6	19	August 2024
Pakistan	6	21	September 2024
<b>Total</b>	12	40	



For more information go to: <https://polioeradication.org/>



# SAVE THE DATE

## Saturday, December 14

A Very Merry Avon Rotary  
Holiday Celebration

Avon Commons

THE CLUBHOUSE

597 Collins St. Avon

Grocery items needed in October will be announced via email by David Kilgore and collected on Tuesday, October 22.



If you would like to donate please place in the bin at our meeting. Thank you!

*Fighting Local Hunger Together*

**Is a fellow Rotarian ill or in need?**

Please contact the club  
Sunshine Liaison

**Barbara Herman**  
**226-6735**

