

# Grapevine

Rotary Club of Naples, NY  
Lunch Meeting, November 6, 2017

The “gloomy days” of November seemed to have set in, but the atmosphere at today’s meeting seemed pleasant, as we filled the front dining room with conversation and camaraderie. President John opened our meeting in leading us in saying The Pledge. Led by our vocalist, Jack, we were carried through Verse 2 of The Star-Spangled Banner. The Blessing was said by Steve, who asked that The Lord’s Blessing be upon each of us, and our fellow Americans. Our guests today included Sharon, guest of Jack, Mike, guest of Steve, and our special guest, Robin Lostetter, Pastor of Trinity Church. Together, we made a total of 28!

John began his weekly announcements by recognizing our special November folks, who have birthdays or anniversaries this month. We sang “Congratulations” to Susan, Nancy, and Michael, for having a birthday in November, and to Donna for her anniversary. Best wishes to each of you!

From The Mailbag: The Eastern Cities Fellowship Dinner will be held at The Riverside Convention Center on 12/6. Next week, our speaker will be Wayne Bouchard, who will give us an update on The Maxfield Inn. The following week, the program will be about South Sudan. Naples Elementary Nurse, Kelly Vandesande, will talk to us about Operation Santa the week afterwards. November is Rotary Foundation Month. The District Conference is in early May. Alex is still working on the Rotary Calendars. John read us a letter of thanks from the Rockport, Texas Rotary, thanking us for our monetary donation of help during their time of need. Matt reported that the Rotary Leadership Institute, which he and Adam attended last Saturday, went very well. Having talked with other Rotarians, Matt says that he is proud to be a part of such a vibrant club as ours! Thank you, Matt and Adam, for representing us! Budding Readers will partner with us again this year in providing books for our UPK and Kindergarten students for the Christmas Book Donation. The Operation Santa deliveries will take place on 12/16.



Jack introduced our special guest and speaker, Pastor Robin Lostetter, of Trinity Federated Church. As a follow-up to World Polio Day, Robin took time out of her busy schedule to come and talk with us about her own experience with that dreaded disease. Though she admitted to usually having a “prepared talk” before her, today, Robin spoke from “off the cuff”, as she put it. She told us that she has “three avenues of disability” that help to channel her, and give her direction. She is impressed with what Rotary has done, over time, to help end polio. She, herself, had polio as a child, yet she was fortunate to have had parents who could afford treatment. Many of us were enlightened by learning about “post-polio syndrome”, which is what Robin has had to deal with over the years. Some typical symptoms include muscle fatigue and sleep disorders, both of which Robin has experienced. In terms of overcoming some of her post-polio challenges, she gleaned much from the (written) work of Dr. Bruno, also a polio survivor. Though she realizes that moderated exercise is important at this stage, she claims most polio survivors are “fast workers”. She overcame much in her lifetime, and “beat the odds”, as she has two daughters, and was a musician before becoming an ordained

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minister. Robin claims that, although we are this close, our work is not over. We must invest in people who are doing post-polio research. Robin sees herself as a “miracle person”, and I think we would completely agree! Thank you, Robin, for a very enlightening talk today!

Today's Fines: Missed meeting fines were paid today by Frank, Warren, Steve, Laurie, Joyce and Susan. Penny had to attend to her phone at one point. Jack had to be reminded by wife, Sharon, to give Pastor Robin a Rotary mug!

Happy Bills: We were practically unanimous in submitting Happy Bills for Robin's outstanding presentation. I think we all learned a great deal! Brenda had been on a trip to Pennsylvania with her Tour Group. Warren kidded Steve about his comment regarding Robin's fan. Jack (and Sharon) were proud of Grandson Jacob, having placed 2<sup>nd</sup> in a recent race. Steve was glad that Al and Fran are doing better. Joyce was glad to have Susan back. Penny was pleased about the New York Marathon. John F. was certainly glad to have Sherry home, and she is doing better!

Fifty-Fifty: Pastor Robin was asked to select a ticket, and she drew Penny's number, #495. Penny then drew the King of Diamonds from the pack.

Win-Win: President John asked if any of us knew how many cases of polio were recorded in the U.S. in 1998. Many of us thought it was two, but the answer was only one!

Rotary Moment: Jack had one for us! He had been to a Make-Up Meeting in Fairport recently, and come to find out, our own John French, our President, (and Beer Analyst), will be giving a program there in January! Jack also attended his first Fireside Chat in Wayland recently.

Well, I managed to get this week's Grapevine down to two pages! Have a wonderful week, everyone! Our meeting next Monday is an Evening Meeting. See you then!