

Sabrina Nudo joins the club



President Miriam Vázquez, Sabrina Nudo, and Luisa Baars after Sabrina's induction to the RLRC

Sabrina Nudo is a true Rochesterian. Although her family is not originally from Rochester, she attended school in Penfield and Our Lady of Mercy High School. As a result of having an inspiring fifth grade teacher, she chose to pursue her own passions in education. Having come from a multi-lingual family, this led to her love of languages as well. This brought her to Nazareth College of Rochester where Sabrina earned her Bachelor's degree in Modern Foreign Languages and Education. Sabrina's undergraduate and graduate studies led naturally to a career as a high school and elementary Spanish teacher in the Rochester City School District and Eugenio María de Hostos Charter School (EMHCS). In recent years Sabrina has attended the Warner School at the University of Rochester where she pursued administrative certification and finished her doctorate degree in educational leadership k-12 this past May. Presently, Sabrina works at EMHCS as the Spanish Language Arts Coordinator overseeing the Bilingual and ESOL programs.

Sabrina is new to the Latino Rotary Club and admires the positive impact the club has upon the local community, as well as the global community with their drive to eradicate polio from our world. Sabrina also enjoys spending her time rowing with the Rochester Boat Club and fine tuning her public speaking and storytelling skills as a Toastmaster.

Club will celebrate 9th Anniversary

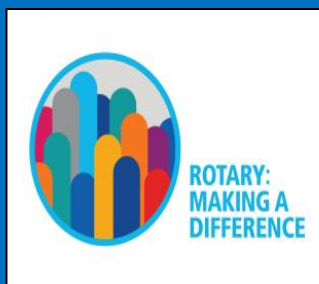
Plans are underway for the celebration of the ninth anniversary of the Rochester Latino Rotary Club. During its relatively young history, the club has partnered with other clubs here and abroad to provide much needed help to the communities served.

The first efforts for international service projects started a short time before the club was chartered by Rotary International. It took the visit by the mayor of El Sauce, Nicaragua and a pleading for help to repair a school in that city. The school had a dirt floor, no walls, and a leaking roof. Right there, money was generously donated by the members present to satisfy that need. Nine years later, the club remains involved with that community by providing scholarships for students in need.

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The next projects were done in Mexico. A visit by several club members together with members from Naples, Bloomfield, and Clyde to a project fair in Veracruz, Mexico led to matching grants to benefit a regional hospital and a boarding school for indigenous children. The Mexican collaborating clubs were the Minatitlán Club and the Tuxtepec-Cuenca Club. The first one provided the equipment needed for a neonatal intensive care unit at the hospital. After a couple of years, the infant mortality went down from 40% to 15%. The school received computers, sewing machines, bunk beds, water filters, refrigerator, stove, and washing/dryer machines. Our Rotary District as well as the Mexican Rotary District provided funds that together with the clubs' donations provided the matching funds required to obtain the two grants from the Rotary Foundation. Another project provided funds to purchase plantain plants and seeds for a community farm in the Dominican Republic as well as funds to study the feasibility of providing clean water to a school in the Dominican Republic. This project was done in cooperation with the Rochester Rotary Club and our Rotary District 7120.

All along, the club was also providing services to the Rochester community, including funds and food items for a community cupboard, money for food purchase to the House of Mercy, food baskets to numerous churches to distribute to families in need, sponsorship of a Latino youth baseball team, distribution of bilingual dictionaries to school children, donation of children books, scholarships for college-bound Latino students, and many more. Community wide service projects have included health-related events such as health fairs paired with exercise, yoga, and Zumba. Other events have been geared to body, mind, and soul with speakers on those topics, exercise and Zumba.

To celebrate the anniversary, the club will be honoring several individuals who have dedicated their lives to improve the community by their volunteer work. Nominations for the Making a Difference Award, the Luisa Baars Service Above Self Award, and the Doctor Constantino Fernández Volunteer Award are being accepted.

All the projects have been possible by the dedication of the members, the support of the Rotary District 7120, and the Rotary Foundation. The participation of community members in our anniversary events, that lately has taken the form of a Masquerade Ball/Dinner, is what provides the funds needed to either provide matching funds for the grants or to purchase the food items, books, dictionaries, and sponsorships of baseball teams and scholarships.

Once more we extend our gratitude to the organizations that have collaborated with us, such as, PathStone Corporation, Ibero American Action League, and the Eugenio María de Hostos Charter School.

Rotary is ordinary people join together to do extraordinary things. And that is what we celebrate every year. The efforts of the few to benefit the many!

The Five Love Languages – The speakers were Suzanne and Agustín Rodríguez

Rotary's theme for the month of February is peace. Nothing promotes peace more than understanding of each other, thus the speakers at the club meeting this month will address the theme of love and how understanding how we express and receive love is critical to happiness.

Based on the book *The Five Love Languages*, the speakers discussed there are five types of languages as follows: Words of Affirmation, Acts of Service, Quality Time, Physical Touch, and receiving gifts. For effective communication to take place it is necessary to understand and respect the other person's way of expressing his or her love as well as understanding how that person wants love to be expressed to him or her.

Prior to the talk, members present were asked to take a quiz, and the results will let them understand which their love language was. The highest number indicated the preferred language. Some people may have two similar numbers which indicate they may have preferences for two languages, but one may have slightly more weight than the other. Those 5 languages are detailed as follows: Continue on page 3



Rotary

TAKE ACTION, VISIT: www.latinorotary.com

5 Languages of Love, continued from page 2

- a. **Words of Affirmation** - Actions don't always speak louder than words. If this is your love language, unsolicited compliments mean the world to you. Hearing the words, "I love you," are important – hearing the reasons behind that love sends your spirits skyward. Insults can leave you shattered and are not easily forgotten. Kind, encouraging, and positive words are truly life-giving.
- b. **Acts of Service** - Can vacuuming the floors really be an expression of love? Absolutely! Anything you do to ease the burden of responsibilities weighing on an "Acts of Service" person will speak volumes. The words he or she most wants to hear: "Let me do that for you." Laziness, broken commitments, and making more work for them tell speakers of this language their feelings don't matter. Finding ways to serve speaks volumes to the recipient of these acts.
- c. **Quality Time** - In the vernacular of Quality Time, nothing says, "I love you," like full, undivided attention. Being there for this type of person is critical, but really being there – with the TV off, fork and knife down, and all chores and tasks on standby – makes your significant other feel truly special and loved. Distractions, postponed dates, or the failure to listen can be especially hurtful. Quality Time also means sharing quality conversation and quality activities.
- d. **Physical Touch** - This language isn't all about the bedroom. A person whose primary language is Physical Touch is, not surprisingly, very touchy. Hugs, pats on the back, holding hands, and thoughtful touches on the arm, shoulder, or face – they can all be ways to show excitement, concern, care, and love. Physical presence and accessibility are crucial, while neglect or abuse can be unforgivable and destructive. Physical touch fosters a sense of security and belonging in any relationship.
- e. **Receiving Gifts** - Don't mistake this love language for materialism; the receiver of gifts thrives on the love, thoughtfulness, and effort behind the gift. If you speak this language, the perfect gift or gesture shows that you are known, you are cared for, and you are prized above whatever was sacrificed to bring the gift to you. A missed birthday, anniversary, or a hasty, thoughtless gift would be disastrous – so would the absence of everyday gestures. Gifts are visual representations of love and are treasured greatly.

**TAKE THE QUIZ AND DISCOVER YOUR LOVE LANGUAGE. VISIT:
INFO@5LOVELANGUAGES.COM [VIA B2B-MAIL.NET](http://B2B-MAIL.NET) –
 CLICK ON DISCOVER YOUR LOVE LANGUAGE AND FOLLOW INSTRUCTIONS. HAVE
 FUN!**

New board members for 2018-19

President – Jazmin Ruíz
 President Elect – Magaly Rosario
 Secretaries – Aida Veras & Luisa Baars
 Treasurers – Idalia Chang & Miriam
 Vázquez
 Foundation Chair – Julio Vázquez



Suzanne and Agustín Rodríguez hold book to be donated to the EMHCS in their name while President Miriam Vázquez holds the Five Love Languages book

Future events

1. RLRC Regular Club Meeting on March 7, 2018, at Joseph Avenue Campus of the Eugenio María de Hostos Charter School
2. RLRC Board Meeting – March 19, 2018, 5:30 pm, EMHCS Joseph Avenue Campus
3. RLRC members will read La Princesa del Agua (The Water Princess) to kindergarten students at the EMHCS Joseph Avenue Campus
4. District 7120 Training Assembly to be held on April 14 in Avon High School. Cost is \$50.
5. District 7120 Conference to be held in Saratoga Springs on May 4-6, 2018

Being a Rotarian is not an obligation, it is a privilege. Become one and change lives,
including your own!

Board of Directors

President – Miriam Vázquez
 Immediate Past President – Julio Vázquez
 President Elect – Dr. Jazmin Ruiz
 Treasurer – Idalia Chang
 Secretaries – Wim Baars
 Luisa Baars
 Club Service Co-Chairs - Aida Veras
 Charol Ríos-Davis
 Vocational Service Chair - Dr. Timothy Malia
 International Service Chair – Luisa Baars
 Membership Chair – Orlando Rivera
 Foundation Chair – Julio Vázquez
 Literacy Co-Chairs – Dr. Miriam Vázquez
 Julio Vázquez
 Club Webmaster – Orlando Rivera
 Tera Rivera
 Bulletin Editor - Luisa Baars
 Program Chair – Orlando Rivera
 Dr. Miriam Vázquez
 Fund Raising – Dr. Miriam Vázquez
 Sergeant-At-Arms - To rotate among directors

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business, and community life;
4. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.