

Rotary Club of Chatswood Roseville District 9685 Australia



CREATE HOPE in the **WORLD**

The Rotary Club of Chatswood Roseville

2023-2024



ROTARY INTERNATIONAL PRESIDENT Gordon R. McInally

DISTRICT GOVERNOR Christine Owen



President PP Andre Hariman

President-Elect PP Peter Lewis

Vice Presidents PP Tony Basten PP Michael MacQuillan

Immediate Past President PP Norm Gibson

Secretary PP Ross Symons

Treasurer PP John Hartley

Club Administration Director PP Neil Howie

Membership Director PP Peter Timmermann

Rotary Foundation Director PP Peter Kindred

Vocational Service Director PP Peggy Yu

Community Service Director Phil Dunbar

International Service Director PP Peter Timmermann

Youth Service Director PP Richard Green

Sergeant-at-Arms Ian Garrard **Program Chairman PP Neil Howie Fundraising Chairman PP Peter Kindred** Social Chairman Sue Ward Welfare Chairman Diana Wilkinson Attendance Officers **PP** John Hartley **Bulletin Editor** PDG Greg Muldoon Website & ClubRunner PP David Williams **Risk Management Officer** Allan Farrar Club meets: 2nd and 4th Tuesdays at 6.00 for 6.30pm

Roseville Golf Club 4 Links Avenue Roseville NSW 2069

PO Box 138 Chatswood NSW 2057

www.chatswoodrosevillerotary.org.au

Rotary Club of Chatswood Roseville



Scan the QR Code to accesss our Club Website Bulletin

Volume No 2

Issue No 4

Meeting: 12 September 2023

TONIGHT'S MEETING - 12 SEPTEMBER 2023

Guest Speaker - Ahmed Kelly

"A Paralympic Swimmer"

Ahmed Kelly is an extraordinary Australian, an orphan from the Gulf War, three time Australian Paralympian swimmer (London, Rio and Tokyo), Paralympic Silver Medallist 2020 and Para World Champion 2023.

If you would like to be inspired and energized, then join us on Tuesday 12th September for an amazing



presentation. Born in Iraq following the Gulf War, Ahmed Kelly and his brother Emmanuel were found in an Orphanage by Moira Kelly,



adopted and brought home to Australia where they grew up in Melbourne. Growing up was never easy for Ahmed as a quadruple amputee but he had a confidence and self-belief that he could do anything. And he does ... every single day!

https://www.paralympic.org.au/athlete/ahmed-kelly/

ATTENDANCE and APOLOGIES

Members must complete the **RSVP response, or advise John Hartley,** with your attendance, apology, guests, any special dietary requirements for you or guests, by the **Monday 8 days before a meeting** for catering purposes. If you fail to apologise you will be charged the cost of the meal. Visiting Rotarians, guests or Friends please advise **John** on **johnehartley@me.com** (0422 383 583), by the 8 days before a meeting you intend attending.



FROM THE PRESIDENT

The first Rotary Club of Chicago was formed by Paul Harris (lawyer and attorney) in 1905 with three of his business acquaintances, Gustave Loehr (mining engineer and freemason), Silvester Schiele (coal merchant), and Hiram E. Shorey (tailor). In the next couple of years, Rotary Clubs were founded in San Francisco, Oakland, Seattle and Los Angeles.





The major and main focus of those clubs was business camaraderie and business

networking, and not 'Doing Good in the World' or 'Create Hope in the World'. Although it was true that in 1907 "*The Rotary Club of Chicago meets with civic organizations (sic.) to*

discuss the need for comfort stations (public toilets) to improve sanitation in the city."

It was not until 1917 when the Rotary International President Arch C. Klumph said: "Carrying on as we are, a miscellaneous community service, it seems eminently proper that we should accept endowments for the purpose of doing good in the world, in charitable, educational or other avenues of community progress, or such funds could be well used for extension work."

We wish to invite all members to write an article in our bulletin about their vocation (profession) and interests. Please contact our editor Greg Muldoon. We would like all members to talk (for 5 minutes) about them as well. Please contact our program chair Neil Howie. This will be a part of being a Rotary Family of our wonderful club.

President Andre

NEXT MEETING - 26 SEPTEMBER

Guest Speaker - Dr Meg Barnet

"Immunotherapy: The Fourth Pillar of Cancer Treatment"

Dr Meg Barnet is a medical oncologist treating gastrointestinal and lung cancers, with special interests in immuno-oncology and genomic sequencing.

Dr Barnet completed a PhD in immunology through the Garvan Institute, receiving an Australian Postgraduate Award and scholarships from Sydney Catalyst and Australian Genomics Health Alliance.

She continues her research as a post-doctoral fellow within the Immunogenomics Lab at the Garvan. She is also the clinical lead of the National Exceptional Responders program and is a Senior Lecturer at the University of NSW.



MEETING ROSTER

Meeting	Speaker/Event	Introduction	Vote of Thanks
12 September	Ahmed Kelly	Michael MacQuillan	Diana Wilkinson
	Paralympic Swimmer		
26 September	Dr Meg Barnet	Tony Basten	Richard Green
	Immunology Cancer Treatment		
10 October	David Lipson	Ross Symons	Norm Gibson
	ABC Correspondent/Presenter		

LAST MEETING ATTENDANCE - 22 AUGUST

Club Membership	40	Guest Speaker	1
Members Present	17	Guests	3
Attendance Percentage	42.5%	Partners	0
		Visiting Rotarians	1

BIRTHDAYS - SEPTEMBER



- 24 Brian SOOKIAS
- 25 Wayne KEARNS

BUNNINGS BBQs



REMINDER

NEXT BBQ - Monday 2 October

Please advise Peter Lefmann ASAP if you can assist on of this day.

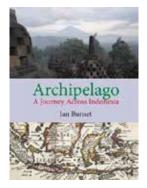


LAST MEETING - 22 AUGUST

Guest Speaker - Ian Burnet

"Archipelago - A Journey Across Indonesia"

Ian Burnet, an author and historian, took us on a spellbinding journey both through the landscape of Indonesia and back through Indonesia's past.



There were several quotes from Sir Thomas Stamford Raffles, best-known as the founder of Singapore, but had also been known as the Lieutenant-Governor of Java who introduced significant land reforms, outlawed slave trading and restored ancient monuments in Indonesia from 1811 to 1814.

We were treated to the many famous temples and other photos which form part of Ian's book, "Archipelago – A Journey Across Indonesia".

Did you know that Borobudur is the largest Buddhist temple monument in the world and that Prambanan Temple is the largest Hindu temple complex in Indonesia? If you are ready to embark on a three-month journey leisurely, lan emphasised that the best way to see the many fascinating historic sites of Indonesia is by train.

Peggy Yu

TRIVIA NIGHT

The Trivia Night held on 29 August was so much fun and one of the Chatswood Roseville teams, comprising young doctor Alex, his parents, Nicki (*ex Channel 7*), Prof Tony, Kim and Peggy who called themselves 'Mount Cleverest' came second!

All together the Trivia Night raised \$6,410 and will support '*Books in Homes*' for the students of Moree East Public School.

Books in Homes introduce quality new books-of-choice into homes so children can establish their own libraries, help families understand the value of reading and improve literacy outcomes for students.



Peggy Yu



ROSEVILLE PUBLIC SCHOOL FATHERS' DAY BREAKFAST



A very busy morning on Friday 1st September feeding the fathers and students with hundreds of Father's Day Bacon & Egg rolls at Roseville Public School in a precision military operation from Rotary's friendliest club.

A big thank you to all the team members who assisted on the day.

As always, the Rotary Club Team was super efficient. Team members jumped into action at 7.00am and furiously cooked for almost 2 hours non-stop.

We received a big vote of thanks from the P&C and the customers.

The team was Sue Ward, Peggy Yu, Noel Cislowski, Ross Symons, John Hartley, Neil Howie, Richard Green, Peter Lefmann, Peter Lewis, Di Wilkinson, Arthur Marshall, Wayne Kearns and Andre Hariman

(PP Norm planned to attend but his Merc failed him!)



ROSEVILLE PUBLIC SCHOOL FATHERS' DAY BREAKFAST

From: Kristen Webster Sent: Saturday, September 2, 2023 1:02 PM To: Peter Lewis; Phil Dunbar Subject: Thank you Rotary

Dear Phil and Peter,

I just wanted to say a very big Thank you to your wonderful Rotary members who helped at the Roseville Public School Father's Day Breakfast yesterday. The event was a huge success and the School was most grateful to have Rotary's involvement and support. I have included some photos of your members hard at work. We look forward to welcoming Rotary back to the School for our next community event. Thank you again.

Kind regards,

Kristen

Did you know it would take you about 80 years to visit every Rotary club in the world. #RotaryFact #RotaryInternational

#RotaryFacts

There is a Rotary mooting being hold someplace in the world every hour of every day. If you attended

DID YOU KNO

Rotary

one meeting per day, it would take nearly 80 years to visit all of the more than 46,000 Rotary clubs in the world, and by that time, no doubt, there would be thousands more new clubs to attend



COUNCIL COMMUNITY BBQ - 30 SEPTEMBER 2023



Our Rotary Club has agreed to run a BBQ at a Willoughby City Council community event.

The event will be a Multicultural Community Picnic with performances and activities. Approximately 200+ people are expected.

We have 3 - 4 volunteers at present, but will welcome a few more – especially if we plan to promote our Club and Rotary in general. Contact Phil Dunbar or Peter Lewis if you are able to assist.



VIRUS UPDATE - AUGUST 2023

1. POLIO

(a) **'Wild' virus:**

Of the three strains of wild poliovirus, serotypes 2 and 3 were eradicated worldwide in 2015 and 2019 respectively, while serotype 1 continues to circulate in Afghanistan and Pakistan due to the social and political challenges there. As a result, a 2019 Pakistan strain escaped and was detected in Eastern Africa with one case in Malawi in 2021 and 8 cases in Mozambique in 2022.



According to a WHO report in July, 2023, only 2 cases have been detected this year in Pakistan and 5 in Afghanistan compared with a total of 22 cases in 2022. This is promising, but reporting may have been hindered by the residual effect of COVID-19 on health services and the political upheavals not just in Afghanistan but now in Pakistan where the recent floods have also posed significant problems. Nevertheless, evidence that the virus is not circulating much is indicated by:

- (1) The lack of diversity of type 1 variants (down to one in each country from 11 and 8 respectively in 2020);
- (2) The great increase in sewage testing sites particularly in Pakistan. However, vaccine acceptance remains a problem in remote areas which are difficult access by vaccination teams.

(b) Vaccine-induced polio (VIP):

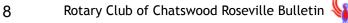
The oral Sabin vaccine, due to its ease of administration, continues to be used in the developing world. This vaccine contains weakened (but still viable) poliovirus.

Sometimes these weakened viruses can revert to more virulent forms that can spread in unimmunised people and cause clinical disease including paralysis. Since 2020, VIPs have been detected sporadically in over 50 countries (eg USA, UK) where polio was eradicated years ago.

In the developed world, injectable killed polio vaccines that cannot cause clinical infection have been in routine use for a number of years. However, they are less effective than the oral vaccine in controlling outbreaks.

Vaccination programs are now designed to deal with both these sources of clinical infection, but whether they will increase the chance of eradicating the disease worldwide (defined as no cases for 3 years) remains to be seen.

Reference: News in Nature: Watson C, August 16, 2023





VIRUS UPDATE - AUGUST 2023 (con't)

2. TWO NEW COVID VARIANTS

ERIS (EG.5.1) is a variant of omicron, rather than a completely new subtype which has become the dominant strain in the USA and now in Europe and parts of Asia. To date only a handful of cases have been detected here where COVID-19 infection is still caused by multiple different variants.

Since ERIS is taking hold, it means that it is slightly more infectious than other variants of omicron infection. However, even if ERIS does come to dominate here, the existing Moderna and Pfizer vaccines protect against it.

A new variant, BA.2.86 has recently been detected in Europe and Israel which contains many more mutations. Whether it becomes a problem worldwide remains to be seen. Meantime keep up to date with boosters.

Tony Basten 20/08/2023

ROTARY YOUTH LEADERSHIP AWARDS (RYLA)

We are looking for a person to attend RYLA in January 2024.

They need to be between 18 - 30 years of age. They should have the potential to be a leader.

We hope to interview a couple of people and choose one to be funded by our Club.



Please contact Richard Green if they are interested.

SCIENCE AND ENGINEERING CHALLENGE



Volunteering for the Science and Engineering Challenge National Final

The National final for the Science and Engineering Challenge will be held in Sydney on the 29 October. They require people to supervise the students exactly as we did for the local challenge. I will be asking for volunteers at the next meeting.

PP Richard Green



OKTOBERFEST





RIDE THE TRAIN TO END POLIO

On World Polio Day, 24 October, Mark and Dave Anderson will be on the Sydney Train network as they have done for the past five years. Over that time, they, through



you and your Club members, have raised over \$550,000 before the Gates Foundation match. They would like you to participate with them to FUNDRAISE and demonstrate your support.

On the Monday, they will ride the trains through the Illawarra, as well as conduct a live radio interview on ABC Illawarra.

On **Tuesday 24 October**, they will ride on the Sydney Trains for the full 18 hours to stop at

EVERY STATION on the network. By including the Illawarra in their journey, they are adding 31 stations to their trip plan, bringing the total to 220 stations.

- Commit to the END POLIO Goal of US\$1,500 per Club
- Please make your Club contribution by bank transfer in the month of OCTOBER
- They will be traveling in the 4th carriage from the front of the train, rear door.
- Sydney Trains will not allow us to fundraise on Station property or on the trains
- Members are encouraged to join the train for a couple of stations, or a couple of hours, and really enjoy the fellowship of Rotary. In the past, there has been a whole carriage of END POLIO SHIRT wearing Rotarians on the train. This is a fantastic PUBLIC IMAGE Opportunity for Clubs and the Rotary brand.
- Please demonstrate your shared support to making this a Key Fundraiser and Public Image Event. Who knows you may even pick up a new member.
- Look to the Raise for Rotary website at https://raise.rotary.org/ and start your own Club fundraising page for this event.
- There is also a challenge as to which District (9685 or 9675) will raise the most money related to this event. They count total POLIO fundraising in October, so all contributions to polio during the month of October are easily counted.
- Consider joining the POLIO PLUS SOCIETY. A personal contribution of \$100 is all it takes and also goes towards your Club tally.



We look forward to seeing you on 23-24 October and TOGETHER WE END POLIO.



ROTARY LEADERSHIP INSTITUTE (RLI)

Rotary Leadership Institute #77

After a very successful course in August, the next course for Rotary Leadership Institute now open for registrations is 20-22nd October. This will be the 77th course that has been run in our District. (***please note, these are not the same dates we had originally advertised for October as we have had to move the course forward one week***)



Rotary Leadership Institute (RLI) is a learning and development course offered to Rotarians to develop their skills in leadership, management, communication and strategy to aid improvement in their performance, knowledge and enjoyment while helping to lead teams, clubs and our District.

The cost is \$30 per participant and most clubs cover the cost for their members.

Future dates for 2023/24 are:

Course #77 20/22/21 October 2023 Course #78 23/24/25 Feb 2024 Course #79 17/18/19 May 2024

The course consists of three parts over one weekend, all delivered by Zoom. Course materials will be sent to registered participants directly.

Please click this link to register for our October Course now. https://www.crsadmin.com/eventportal/Registrations/PublicFill/EventPublicFill. aspx?evtid=752d3776-9a12-4a5b-865a-149212acd256

Let me know if you have any questions.

Amanda Barnes

The Rotary Club of Social Impact Network Rotary Leadership Institute Convenor - 2023-2024 Rotary District 9685 www.rotarydistrict9685.org.au rli@rotarydistrict9685.org.au 0410 572 368



4.30pm Board Meeting President Andre Hariman 6.30pm Club Meeting Pregy Yu Dinner after at a local restaurant President Andre Hariman 6.30pm Club Meeting President Andre Hariman BBQ at Willoughby Council Multicultural Phil Dunbar and Peter Lewis Community Picnic at 0.H. Reid Oval Phil Dunbar and Peter Lewis BQ at Willoughby Council Multicultural Phil Dunbar and Peter Lewis Community Picnic at 0.H. Reid Oval Peter Lefmann 4.30pm Board Meeting Peter Lefmann 6.30pm Club Meeting Peter Lefmann 6.30pm Club Meeting President Andre Hariman 6.30pm Cl	Tuesday 6.3 Tuesday 6.3 Friday 0kt Friday Rot Monday Fur Tuesday 4.3 Tuesday 6.3 DG DG Fuesday 6.3 Eur 6.3	2 October M 10 October Ti 24 October Ti 27 October F 27 October F 14 November Ti 14 November Ti
RDU ant id Oval BER 2023 BER 2023 IBER 2023 ICt Dinner at	ay ay ay	October October October October November
RDU ant id Oval id Ova	ay ay ay	October October October October November
RDU ant id Oval BER 2023	ay ay	
BER 2023		
RDU ant id Oval BER 2023		October D October 4 October
RDU ant id Oval BER 2023		October O October
Ant ant id Oval BER 2023		October 0 October
Ant ulticultural BER 2023	-	Uctoper
RDU ant ulticultural id Oval BER 2023	Monday Bur	
ant ulticultural id Oval		
RDU ant ulticultural id Oval		
ant ant ulticultural	Cor	
ant C	Saturday BB	30 September S
ant L	Tuesday 6.3	26 September Tu
RDU	Din	
	Wednesday Voc	20 September W
	6.3	
	Tuesday 4.3	12 September Ti
SEPTEMBER 2023		
Meeting, Speaker, Event, Activity Organiser	Day	Date

THE BACK PAGE

A Unique 2 letter word

This two-letter word in English has more meanings than any other two-letter word, and that word is 'UP.'

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP?



At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for election and why is it UP to the secretary to write UP a report? We call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car.

At other times, this little word has real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses.



To be dressed is one thing but to be dressed UP is special.

And this UP is confusing: A drain must be opened UP because it is stopped UP.

We open UP a store in the morning but we close it UP at night. We seem to be pretty mixed UP about UP!

To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions.

If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more.

When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, the earth soaks it UP. When it does not rain for awhile, things dry UP. One could go on and on, but I'll wrap it UP, for now . . . my time is UP!

Oh . . . one more thing: What is the first thing you do in the morning and the last thing you do at night?

U. . . P !

Did that one crack you UP?

Don't screw UP. Send this on to everyone you look UP in your address book . . . or not . . . it's UP to you.



MAJOR SPONSORS AND SUPPORTERS OF OUR CLUB

A new vision for LUXURY GOLFSIDE LIVING

Watermark Residences at Newgreens Chatswood offer stunning contemporary retirement residences with a wealth of entertainment and recreation spaces that will delight every sense.

A VISION OF LUXURY

With every apartment offering uninterrupted and breathtaking views over Chatswood Golf Course, Lane Cove River valley and beyond, Watermark Residenses at Newgreens Chatswood have been exquisitely designed with space, sophistication and comfort in mind. The well appointed 2, 3 and 4 bedroom apartments have been crafted by awardwinning architects and interior designers with a focus on spectacular living and expansive balconies made for celebrating life.

UNPARALLELED DINING, HEALTH AND WELLNESS

Residents will have access to the restaurant and bistro, gym, hydrotherapy pool, wellness spaces and movie cinema. With health and wellbeing a priority, residents are also provided with free, exclusive exercise classes including yoga, tai chi, and aqua aerobics.

SUSTAINABLE LIVING

Sustainability is central to Watermark Residences' way of living. Solar power will generate 100% of electricity for every apartment. Residents will never receive a power bill for their home.



A PEOPLE-FIRST PHILOSOPHY

Today's retirees want to live well and be fit, healthy and sustained, so they can make the most of everything life has to offer. Watermark Residences' people-first philosophy is evident with individual wellness pathways and expert support with our care concierge on hand if needed. Our philosophy is to create a welcoming, comforting and caring residence that promotes happiness, wellness and longevity and redefines how retirees choose to live.

For more information or to visit our display suite, call Nada and Miranda on **1800 520 168** or visit watermarkresidences.com.au





INTERNATIONAL CARGO EXPRESS



COMPLIMENTARY STORAGE OF OUR ROTARY MATERIALS & EQUIPMENT



COMPLIMENTARY BROCHURE AND PROMOTIONAL PRINTING



COMMUNITY SUPPORTER AND SPONSOR OF OUR BUNNINGS BBQ'S





PAST PRESIDENTS

- 2020-21 David Brand/Peter Kindred
- 2021-22 Michael MacQuillan
- 2022-23 Norm Gibson

ABOUT ROTARY



Paul Harris

The world's first service club, the Rotary Club of Chicago, Illinois, USA, was formed on 23 February 1905 by Paul Harris.

Rotary is a worldwide organisation of business and professional leaders that provides humanitarian service, encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. More than 1.2 million Rotarians belong to over 35,000 Clubs in 210 countries and geographical areas. Rotary Club

membership represents a cross-section of the community's business and professional men and women. The world's Rotary Clubs meet regularly and are non-political, non-religious, and open to all cultures, races, and creeds.

The Rotary motto is Service Above Self.

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST. The development of acquaintance as an opportunity for service;
- SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ADVANCE AUSTRALIA FAIR

Australians all, let us rejoice, For we are one and free, We've golden soil and wealth for toil Our home is girt by sea; Our land abounds in nature's gifts Of beauty rich and rare; In history's page, let every stage Advance Australia Fair. In joyful strains then let us sing Advance Australia Fair.



ROTARY THANKS

For the community, friendship, and the opportunity to serve through Rotary, we give thanks.



THE FOUR-WAY TEST

- 1. Is it the TRUTH?
- 2. Is it FAIR to all concerned?
- 3. Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4. Will it be BENEFICIAL to all concerned?