

Rotary



Rotary Club of Chatswood Roseville

District 9685 Australia



**CREATE HOPE
in the WORLD**

The Rotary Club of Chatswood Roseville

2023-2024



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Gordon R. McNally

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Christine Owen



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PP Peter Kindred

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Sue Ward

Welfare Chairman

Diana Wilkinson

Attendance Officers

PP John Hartley

Bulletin Editor

PDG Greg Muldoon

Website & ClubRunner

PP David Williams

Risk Management Officer

Allan Farrar

Club meets:

2nd and 4th Tuesdays at 6.00
for 6.30pm

Roseville Golf Club
4 Links Avenue
Roseville NSW 2069

PO Box 138
Chatswood NSW 2057

www.chatswoodrosevillerotary.org.au

Rotary Club of Chatswood Roseville



Scan the QR Code
to access our Club
Website

Bulletin

Volume No 2

Issue No 10

Meeting: 5 December 2023

TONIGHT'S MEETING - 5 DECEMBER 2023

ANNUAL GENERAL MEETING

NOTICE OF THE ANNUAL GENERAL MEETING of our Club on 5 December, including the Agenda and other documents for the meeting, was emailed to all members on 15 November 2023.



If you have not received them then please contact me on rcsymons@optusnet.com.au ASAP.

The AGM is an important meeting of the Club and provides all members the opportunity to raise any questions or matters concerning the functioning, operation and performance of our Club.

It is also when we elect the Office Bearers and Directors for the following year, 2024/2025, and determine membership subscriptions for 2024/2025.

Included with the email is a NOMINATION FORM for you to use if you intend to nominate, or nominate another member, for any position. Please note the instructions on the Nomination Form, regarding completion and submission.

Ross Symons

Secretary 2023/2024

ATTENDANCE and APOLOGIES

Members must complete the **RSVP response**, or advise **John Hartley**, with your attendance, apology, guests, any special dietary requirements for you or guests, by the **Monday 8 days before a meeting** for catering purposes. If you fail to apologise you will be charged the cost of the meal. Visiting Rotarians, guests or Friends please advise **John** on johnehartley@me.com (0422 383 583), by the 8 days before a meeting you intend attending.



FROM THE PRESIDENT

An excellent bottle of Penfolds Bin 2 Shiraz Mataro vintage 2014 will be won by the first person to answer the following question: *"Who was the last woman inducted as a member of our club?"*. Please give her name and year of induction! Answer and winner will be announced at our Christmas Party 12th December. Clue: either Di or Elizabeth or Megan or Peggy or Sue. Text or email the answer to me.



It is very desirable that a President Nominee 2025-2026 and Members of our Board 2024-2025 will be elected at our AGM on 5th December. Please contact Secretary Ross Symons or President Elect Peter Lewis.

A 10 question quiz with multiple choice answers will be asked on the topic - *'Interesting Facts about Christmas'*. Excellent prizes to be won.

Lita, I, William, Richard and Ollie wish a Merry Christmas and a Wonderful and Healthy 2024 to all of you and your families.

Seasons's Greetings!

President Andre

NEXT WEEK - 12 DECEMBER

CHRISTMAS PARTY Roseville Golf Club



MEETING ROSTER

Meeting	Speaker/Event	Introduction	Vote of Thanks
5 December	Annual General Meeting	Ross Symons John Hartley	N/A
12 December	Christmas Party	N/A	N/A
23 January	TBA	Peter Lefmann	Nathan Cassar

LAST MEETING ATTENDANCE - 28 NOVEMBER

Club Membership	42	Guest Speaker	1
Members Present	26	Guests	3
Attendance Percentage	61.9%	Partners	2
		Visiting Rotarians	0

BIRTHDAYS - DECEMBER & JANUARY



December 11 Tony JAKSICH

January 17 Peter LEFMANN
18 George WIGHTMAN

BUNNINGS BBQs



REMINDER

NEXT BBQS - Saturday 20th January
Sunday 25th February

Please advise Peter Lefmann ASAP if you can assist on of this day.



LAST MEETING - 28 NOVEMBER

Guest Speaker - Kieran Kelly

“In the Footsteps of Augustus Gregory”

Although he might not like the word, Kieran Kelly is an adventurer. Tonight Kieran presented “In the Footsteps of Augustus Gregory”, a talk which reflected his regard for the great explorer and his diligent planning of a trek on foot through some of the most hostile landscape in Australia.



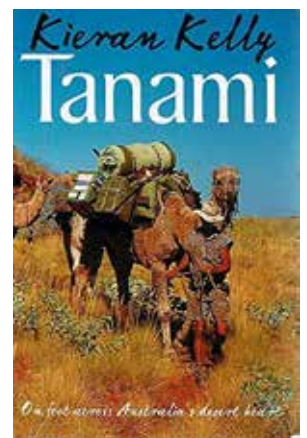
Augustus Charles Gregory (https://en.wikipedia.org/wiki/Augustus_Charles_Gregory) - later Sir - was an expert surveyor, mathematician and mapmaker, combining great competence and a passion for accuracy.

In 1855-56 he was sent to look for that famous unicorn of early European-settled Australia, the (*mythical*) Great Inland Sea, and indeed, it was Gregory himself who finally buried the myth once and for all.

Kieran Kelly attempted to retrace Gregory’s footsteps, and his expeditions included the first crossing of the Tanami Desert on foot; and re-locating Mount Wilson (near Lake Gregory). Mount Wilson was the location from which Gregory had realised that the Inland Sea was a myth, but finding its true location became a real detective story.

A constant in all of this is the hostility of the desert landscape; the Tanami is NOT a “*great sand sea*” but is nevertheless seriously parched - “When you see no wildlife you know there is almost no water”.

Kieran’s experiences are related in detail in his book “*Tanami - On Foot Across Australia’s Desert Heart*”.



We thank Kieran for giving of his time to present to us and giving us an insight into what it is like to traverse the Tanami ON FOOT.

David Williams

President Andre presents Kieran Kelly with a certificate recognising a tree will be planted in his name at the Rotary District 9685 GroTrees Grove in Lithgow



MEMBER TALKS

Tonight we have not one, but two DW's giving their Member Talk.

David Williams and Di Wilkinson will both be presenting some interesting facets of their lives.

New members will be giving their talks as follows:

Nathan Cassar – Tuesday 13 February

Tony Jaksic – Tuesday 27 February



Andrew Chew giving his Member Talk at last week's meeting

LIFELINE BOOK FAIR

Lifeline are looking for Rotary volunteers to assist with the pack up at their Book Fair at Barker College Hornsby, from 5pm on Monday 11th December.

Please contact Phil Dunbar if you can help and he will provide further details.



END POLIO NOW RECOGNITION



This certificate was presented to our club in recognition of the strong support we provide to The Rotary Foundation each year ... and especially our support of the **End Polio Now** campaign (www.endpolio.org)

In 2023 there were only two endemic countries Pakistan with 5 cases and Afghanistan with 6 cases ... worldwide!



CHRISTMAS HAMPERS FOR LIFELINE

Some photos of the transportation of hamper goodies donated by the residents of 'Watermark', under the leadership of Bruce Carfrae.

The boxes and bags were taken to the Lifeline HQ at Gordon.

Remarkable!

Next there will be the Tree of Joy!

Peter Lewis



From left to right: Peter Lewis, Bruce Carfrae and Richard Binns with some of the goodies collected.



Just some of the goodies collected.



From left to right: Bruce Carfrae, a lady from Lifeline and Richard Binns packing another car with some of the goods collected.



From left to right: Peter Lewis, Bruce Carfrae, a lady from Lifeline and Richard Binns with some of the goodies collected.



LIFELINE HARBOUR TO HAWKESBURY - YEAR IN REVIEW

Lifeline H2HS Year in Review 2023



Our National Impact



93,730 calls answered (10.8% of the nation's load)

37,167 hours dedicated to answering 13 11 14 (24/7, 365 days)
16.25 minutes average call length
5,420 safety plans created
54 new Crisis Supporters trained

Our Local Impact



14,450 hours of high-quality, affordable support provided in the local community

4,232 — **96%** of clients rated a 'good', 'very good' or 'excellent' impact upon their wellbeing
1,815 — **86.8%** of Psychological Support Group clients rated a 'good', 'very good' or 'excellent' impact upon their wellbeing

1,972 — **96.5%** of clients stated they felt 'listened to, understood and were satisfied with the service'
3,030 — **86.3%** of clients felt 'more satisfied and in control of their life'

1,754 — **94%** of clients felt 'more socially connected'
398 sessions of Emergency Relief provided

Lifeline Harbour to Hawkesbury Sydney

Reaching People, Partners & Donors



Over **965,000** people interacted with Lifeline H2HS

17,980 Book Fair enthusiasts
145,049 Retail and Book Shop customers

72,142 unique website visitors
726,660 people were reached on social media with 1,462,187 impressions

715 Community Education participants
4,300 Fundraising event guests

173 corporate volunteers
387 members of the public attended 7 community forums



Annual Report 2023



TIMOR-LESTE DENTAL PROGRAM REPORT

PO Box 7066
Norwest NSW 2153
02 8833 8317



TEAM LEADER REPORT

TEAM NUMBER - ER3-2023-24

Team Leader: Mary Tiutiunnik
Project Name: Timor-Leste Dental Program - a collaborative project between Rotary and Lions.
Project Number: 110-2004-05
Project Manager: Peter Kindred
Deputy Project Manager: Michael MacQuillan

TEAM MEMBERS

<u>Name</u>	<u>Role</u>	<u>Date of Departure</u>	<u>Date of Arrival Home</u>	<u>Volunteers Work Value</u>	<u>Travel, Accomm & Meals Cost</u>	<u>Total Value</u>
Mary Tiutiunnik	Team Leader	27-Oct-2023	19-Nov-2023	\$5,000.00	\$2,200.00	\$7,200.00
Kayleen Alexopoulos	Volunteer	3-Nov-2023	12-Nov-2023	\$2,100.00	\$1,600.00	\$3,700.00
Totals				\$7,100.00	\$3,800.00	\$10,900.00

NUMBER OF NATIONALS TRAINED BY TEAM

Number of nationals trained by team: 5
Hours on average training each received: 10
Type of training received:
The importance of consent.
The importance of preventative treatment and oral health education
Dental procedures
Infection control and clinic maintainance

PROJECT DESCRIPTION

Several dental teams travel each year to provide dental care to remote & rural communities in Timor-Leste & support East Timorese dental workers with training, equipment & mentoring. Rotary program, based in Maubara; Lions program, based in Dili.

PROJECT - SPONSORING ROTARY CLUBS & DISTRICTS

<u>Rotary Club</u>	<u>District</u>	<u>Email Address</u>
Rotary Club of Chatswood Roseville	9685	Secretary@ChatswoodRosevilleRotary.org.au

NAME THE ROTARY CLUBS OR ORGANISATIONS ASSISTED BY THIS PROJECT

<u>Rotary Club</u>	<u>District</u>	<u>Email Address</u>
Dili	9560	districtsecretary@rotary9780.org;
Lions Australia		info@lions.org.au



TIMOR-LESTE DENTAL PROGRAM REPORT (con't)

WORK ACHIEVED BY TEAM

From the 6th of November until the 16th of November, the team headed by Dr Mary Tiutiunnik with 5 Timorese oral health therapists, an Australian dental assistant, and a Timorese dental assistant, examined 396 patients, extracted 278 teeth, filled 172 teeth, did 60 preventative treatments and cleaned the teeth of 16 patients. We screened John Paul 11 Paurubo school students and treated one class. Dr Mary Tiutiunnik met with the Carmelite sisters to discuss the future direction of the program and to analyse the outcomes of the program. We also did an inventory of the stock and equipment at the Carmelite Maubara clinic and did the performance reviews for our two Timorese oral therapists.



TIMOR-LESTE DENTAL PROGRAM REPORT (con't)

ACCOMMODATION DETAILS

On the 27th Oct I flew from Darwin to Dili and stayed at the Timor Plaza which was good accommodation. On Sunday 5th Nov 2023, we stayed at the Carmelite's guesthouse at Maubisse where the accommodation and food is good and on the 9th to the 11th Nov. From the 6th Nov to the 8th Nov, some of the team stayed at the Elacsa Guest House, at Hato Builico for \$15 per person where the food, bathroom facilities, and beds were good. Some of the team (4 female Timorese staff) stayed at the priest's house; however, there were only 2 rooms with one large bed to a room. The food was a bit indifferent as it was prepared by the older students who boarded in rooms behind the priest's house. The 3 male Timorese staff were given only air mattresses in a separate building which had no water so after one night, they were accommodated at the Elacsa Guesthouse with the 2 Australian team members. From the 11th Nov to the 16th Nov we stayed at the Carmelite clinic in Maubara where the food and beds were adequate. The team had to supply their own mosquito nets.

TRAVEL DETAILS

We were assured the priest's house had room for the whole team but this was not the case unless we were prepared for some of us to sleep on air mattresses in a building with no water. We found it hard to find accommodation and found the Elacsa Guest house via a health worker. One of the guest houses was closed and no one was there. There is no English spoken in Hato Builico so a translator is needed to try to book accommodation.

TOOLS, EQUIPMENT AND MATERIALS PROVIDED

Nil.

OCCUPATIONAL HEALTH & SAFETY ISSUES DURING PERIOD

The Carmelite accommodation in Maubisse has very steep stairs to the bedrooms, which may not suit older people. There is no hot water at times. The Maubara Carmelite clinic had issues with the safety of the electricity. Dr Mary Tiutiunnik received 2 electric shocks from touching the top of a fridge door (a past team member had experienced this). The Timorese members were aware this fridge was a problem. Also, Dr Tiutiunnik received an electric shock plugging an appliance into a power socket in her room.

INCIDENT OR ACCIDENT REPORTS DURING PERIOD

Nil.

INSURANCE CLAIMS

Nil.

CHILD PROTECTION OR VULNERABLE PERSONS ISSUES

There is a need for parental consent forms when treating children in a school setting. Some of the Timorese staff are reluctant to give the children a letter for their parents to provide consent for dental treatment and think it is up to them to tell the children to have treatment. Previous teams have not been strict about enforcing these consent letters in some school settings and are just taking children from the class to have dental treatment that may involve removing teeth. When we issued these consent letters, we found that some parents did not consent to treatment for their children. We have had to educate the Timorese staff about parental consent.

COUNTER TERRORISM ISSUES

Nil.



TIMOR-LESTE DENTAL PROGRAM REPORT (con't)

SUMMARY/RECOMMENDATIONS

Before going to remote areas of Timor Leste such as Hato Bulico please check your accommodation and be aware that no one speaks English in some of these areas so a translator is essential. When working with children in schools consent is an issue.

COMPLETION OF FORM AND SUBMISSION

Name of Person Completing form: Mary Tiutiunnik
Email Address: tathra44@bigpond.com
Date: 21-Nov-2023

DISTRICT 9685 CONFERENCE

Friday 15 & Saturday 16 March 2024



9685rotaryconference2024.com.au



EMAIL FROM PDG MINA HOWARD

Subject: Re: ROTARY - Bulletin for meeting on Tuesday 28 November
Date: Thursday, 30 November 2023 at 11:21:50 am Australian Eastern Daylight Time
From: Wilhelmina Howard
To: Greg Muldoon
CC: ahariman@tpg.com.au
Attachments: image001.png

Hi Greg, just read your fabulous bulletin. Congratulations to all of your members for the great work they are doing!

\$10,000 to Shelterbox - wow! As you know one of my favourite projects.

Congratulations also on having two new members join you, great attendance at TRF dinner and the wonderful work happening in The Golden Needle project.

I wish you all a great Xmas break.

Cheers, Mina

Mina Howard

Immediate Past District Governor

Community Service Chair



FRIENDS OF OUR ROTARY CLUB

Friends of our Rotary Club are always most welcome to join in, or volunteer to participate in, any of the Club's activities, including assisting at the Bunnings BBQ's, School Mothers and Fathers days, and attending any of the social events and other outings of the club.

Or to come to a dinner meeting and experience the friendship of the Club and interesting guest speakers.

All events appear in the Bulletin (see *Club Calendar*), so if you notice an event or activity you would wish to help with or join in, contact Andre Hariman on 0479 178 999, or by email at ahariman@tpg.com.au



Friends are always most welcome at a dinner - just use the contacts shown under **"Attendance and Apologies"** on page 1 of the Bulletin.



Date	Day	Meeting, Speaker, Event, Activity	Organiser
DECEMBER 2023			
5 December	Tuesday	4.30pm Board Meeting	President Andre Hariman
		6.30pm Annual General Meeting	Ross Symons & John Hartley
12 December	Tuesday	Christmas Party - Roseville Golf Club	
JANUARY 2024			
9 January	Tuesday	No Meeting	
23 January	Tuesday	4.30pm Board Meeting	President Andre Hariman
		6.30pm Club Meeting	President Andre Hariman
FEBRUARY 2024			
8 February	Thursday	5.00pm Vocational Visit to RISPO & RDU	Peggy Yu
13 February	Tuesday	4.30pm Board Meeting	President Andre Hariman
		6.30pm Club Meeting	Peter Timmermann
18 February	Sunday	Lifeline Book Sale - Concourse Chatswood	Phil Dunbar
24 February	Saturday	Vocational Visit to Hars Aviation Museum Albion Park	Avis Manoukian
27 February	Tuesday	6.30pm Club Meeting	President Andre Hariman
MARCH 2024			
3 March	Sunday	Clean Up Australia Day	Peter Lewis
12 March	Tuesday	4.30pm Board Meeting	President Andre Hariman
		6.30pm Club Meeting	President Andre Hariman
15-16 March	Fri & Sat	District Conference, Crowne Plaza Terrigal	
26 March	Tuesday	6.30pm Club Meeting	President Andre Hariman



THE BACK PAGE

SANTA CLAUS.....FACT OR FICTION !

No known species of reindeer can fly, but there are 300,000 living organisms which have yet to be classified. Most of these are insects and germs but that does not rule out flying reindeer, which only Santa Claus has seen.

There are two billion children on earth, but Santa does not appear to handle the Muslim, Hindu, Jewish and Buddhist offspring, which reduces his work load to a mere 15% of total, or 322 million. At the average 3.5 children per household, that's 91.1 million homes. We presume that there is at least one good child in each.

Santa has 31 hours of Christmas to work with thanks to the different time zones and the rotation of the earth. This works out to 823.5 visits per second. For each Christian household with good children



he therefore has 1/1000th of a second to hop out of the sleigh, jump down the chimney (*we ignore all tropical considerations*), fill the stockings, distribute presents under the tree, munch a few cookies left for him, get back up the chimney and into the sleigh and move onto the next house. Assuming the 91.1 million households are evenly distributed around the earth, we are talking about 1.23 kilometres per household or a trip total of 113 million kilometres, not counting pit-stops and grazing.

Santa's sleigh moves along at a steady 1040 kilometres per second or, 300 times the speed of sound. The fastest man-made vehicle on earth, the Ulysses space probe, manages a pokey 43.8 kilometres per second, while a standard reindeer is flat out at 24kph.

The payload on the sleigh adds another interesting dimension. Assuming each child gets only a mid range Lego set weighing 0.9kg, the sleigh is carrying 326,440 tonnes excluding Santa, for whom the portly figure is an essential aspect of business.

A standard adult reindeer can pull around 136kg. If flying reindeer can haul ten times as much, we need a few more than eight or ten. We need 214,200 reindeer, which increases the payload - excluding the weight of the sleigh - to a massive 359,085 tonnes. Or four times the weight of the QE11 ocean liner.

A vehicle weighing 359,085 tonnes travelling at 1040 kilometres per second creates enormous drag. The reindeer would heat up like a spacecraft on re-entry. The lead pair of reindeer would absorb 14.3 quintillion joules of energy per second causing them to burst into flames almost instantaneously, exposing reindeer behind them to the same fate amidst a deafening series of sonic booms. The entire reindeer team would be vaporised within 4.26 thousandths of a second. Santa, meanwhile, will be subject to centrifugal forces 17,500.06 times greater than gravity. At 114kg he would be pinned to the back of the sleigh by 1,961,370kg of force.



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A PEOPLE-FIRST
philosophy

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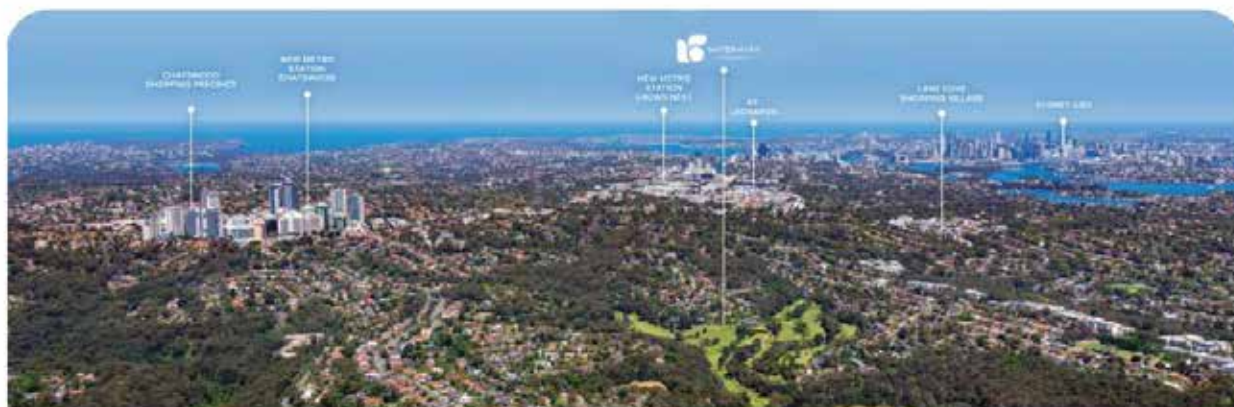


Exquisitely appointed 2, 3 and 4 bedroom apartments delivering quiet luxury with maximum impact. **Watermark Residences** have been designed with a focus on you, with every apartment offering uninterrupted and breathtaking views of Chatswood Golf Course, Lane Cove River Valley and beyond. Spectacular living and entertaining are guaranteed with beautifully articulated indoor spaces and expansive balconies made for celebrating life.

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Watermark Residences prioritises wellness as an essential aspect of daily life, supporting your journey towards healthy ageing and enabling you to continue enjoying your lifestyle. Our residents will enjoy convenient access to a hydrotherapy pool, a well-equipped gym, and dedicated wellness areas. Additionally, we offer exclusive exercise classes designed to enhance and sustain your strength and fitness levels. We are creating a place where you can enhance your overall wellbeing and foster connections with friends.



BY PARITER AND
WATERMARK LIVING

You may have to pay a departure fee (also referred to as the deferred management fee) when you leave this community.

RESIDENCES
128 Beaconsfield Road Chatswood, NSW 2007



INTERNATIONAL CARGO EXPRESS

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COMPLIMENTARY STORAGE OF OUR ROTARY MATERIALS & EQUIPMENT



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COMPLIMENTARY BROCHURE AND PROMOTIONAL PRINTING



COMMUNITY SUPPORTER AND SPONSOR OF OUR BUNNINGS BBQ'S



PAST PRESIDENTS

2020-21	David Brand/Peter Kindred
2021-22	Michael MacQuillan
2022-23	Norm Gibson

ABOUT ROTARY



Paul Harris

The world's first service club, the Rotary Club of Chicago, Illinois, USA, was formed on 23 February 1905 by Paul Harris.

Rotary is a worldwide organisation of business and professional leaders that provides humanitarian service, encourages high ethical standards in all vocations, and helps build goodwill and peace in the world. More than 1.2 million Rotarians belong to over 35,000 Clubs in 210 countries and geographical areas. Rotary Club membership represents a cross-section of the community's business and professional men and women. The world's Rotary Clubs meet regularly and are non-political, non-religious, and open to all cultures, races, and creeds.

The Rotary motto is ***Service Above Self.***

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST. The development of acquaintance as an opportunity for service;
- SECOND. High ethical standards in business and professions, the recognition of the worthiness of all useful occupations, and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ADVANCE AUSTRALIA FAIR

Australians all, let us rejoice,
For we are one and free,
We've golden soil and wealth for toil
Our home is girt by sea;
Our land abounds in nature's gifts
Of beauty rich and rare;
In history's page, let every stage
Advance Australia Fair.
In joyful strains then let us sing
Advance Australia Fair.



ROTARY THANKS

For the community, friendship, and the opportunity to serve through Rotary, we give thanks.



THE FOUR-WAY TEST

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?