

RIM

The Bulletin of the Rotary Club of Epping Inc.

www.eppingrotary.org.au



Rotary Opens Opportunities

15 February 2021

Toula's Corner

John Fulton's session on Monday was heart-warming and touching. A local, unassuming man with a heart of gold who works with troubled youth and helps support them when they need it most, many times at police stations late into the night. Working with the Streetwork organisation, he is a volunteer who can be called anytime during the night when he's on duty and his job is to be a youth advocate. He highlighted the issue of dramatic increased rates of youth mental health particularly during the pandemic.

Many thanks to John Fenessy who did a wonderful job asking the insightful questions and keeping the members very engaged.



What's coming up

| Rotary Club of Epping | | |
|--------------------------------|---------------|-------------------------------------------|
| Monday Night Program 2020-2021 | | |
| Date | Venue | Speaker |
| Monday, 22 February 2021 | Hotel, Epping | Professor Hosen Kiat, Cardiologist |
| Monday, 1 March 2021 | Hotel, Epping | AGM Lesley Bradshaw, COVID Vaccination |
| Sunday, 7 March 2021 | | CLEANUP AUSTRALIA DAY |



Next Monday

How do you take care of your heart?

On Monday we look forward to hearing from Professor Hosen Kiat, Professor of Cardiology, Department of Clinical Medicine at Macquarie University. He was one of the original founding academics for Macquarie University Hospital and Medicine and was head of Discipline of Medicine from 2007-2015. He currently works as a Consultant Cardiologist at The Cardiac Health Institute in Epping and Wahroonga.

Professor Kiat was born in Indonesia. He graduated high school from Wesley College, and went on to obtain a medical degree from Monash University, Melbourne.

His research activities have an emphasis on medical imaging and preventative medicine.



Join us at the pub 6:00 for 6:30 start

A Warm Adelaide Welcome for Narelle

During my 10 weeks in Adelaide, I attended 2 meetings of the Rotary Club of Holdfast Bay (which is Glenelg). I had visited the Club before a couple of years ago when I was in Adelaide for an extended period of time. They meet the first and third Monday evenings of the month at the Marion Club which is the closest thing to an RSL or Leagues Club that they have in SA. The Holdfast Bay Club, whilst not quite as large in numbers as ours, is very active in the community in a variety of ways - very similar to our Club! At this last Monday night's meeting they had a presentation by the student they had sponsored for the recent National Youth Science Forum 2021. This year it was done virtually but nonetheless had a strong impact on the enthusiastic student, Megan. She made her presentation quite interactive by getting us involved in an experiment which proved a lot of fun.

The current President, Kim Harvey is a Past District Governor, and was keen to hear of our projects particularly the Good Neighbour Program. She asked that when I am next in SA and can attend a meeting that they'd like me to do a short presentation about it.

It is always good to be welcomed by Rotary Clubs wherever in the world they are! I've attached a few photos - enjoying the meal, the water experiment, presentation by NYSF student and the President and me.

Narelle Barker



Clean-Up Australia Day



Epping Rotary is back in business for Clean-Up Australia Day on Sunday March 7th.

We have registered our usual site on Terrys Creek and nominated a fairly relaxed two hours of Clean-Up from 9.30 am until 11.30 when we will stop for refreshments and storytelling.

Ian Bittner and Robert Tosswill will be the organisers this year. Please put this activity on your

Calendars. Further information will be provided at our Monday night meetings.

**** STOP PRESS ****

A delicious sausage sandwich (or roll) and liquid refreshments will be provided after 11.30



RIM ARTICLES

Please send RIM articles to Alan at alan.baker.om@gmail.com or secretary@eppingrotary.org.au