

Rotary

Club of Epping



**17 July
2023**

President Ian's report

Our speaker last week: Demystifying Clinical Trials by Janelle Bowden Managing Director and Consultant @AccessCR Pty Ltd,

Janelle is a person passionate about improving public awareness, participation and collaboration in clinical trials, whether for research or for better health outcomes for the participants.

Janelle Bowden is a scientist by training holding a bachelor's in biotechnology (Honours) degree, and PhD in Immunology.

She has been involved with clinical trials in Australia and internationally for 18 years and is passionate about improving efficiency and consumer engagement in clinical trials. Janelle founded Research4Me as the first social network for clinical research with the aim of making it easier for the public and researchers to get support and connect to improve and speed up clinical trials.

"I'm on a mission to make clinical trials more efficient and relevant, and to give support and a voice to the patients, carers and others that participate in and contribute their lived health and work experiences to research to improve the experience, success and value of clinical trials to those they aim to serve" JB



Ian B

Next Monday - RYPEN

Rotary Youth Program of Enrichment (RYPEN), is aimed for students generally in Year 9. Epping Rotary, with funding support from The Bendigo Bank, recently sponsored 2 students from Cheltenham Girls and two from Epping Boys. These students attended a 3 day camp at Springwood in June.

Next Monday these students will provide a presentation of their experiences. Also attending are 4 facilitators of the program, parents and family members and staff included the Principal of the two schools. Normal Brasserie meals is the format.

Thanks to Anne who coordinated the program especially with Cheltenham Girls and the District.

Bruce

Club Calendar

Date	Speaker/Topic Mondays	Venue
24 July	RYPEN – Bruce	Epping Club
7 August	TBA	Epping Club
14 August	District Governor visits Epping Rotary Club 6pm	Epping Club
21 August	Stephany Ho	Epping Club
Date	Other Events	Venue
15 March 24	District Conference	Terrigal

ShelterBox- Off the Grid

Our ShelterBox **Off the Grid** project is progressing really well. We now have 10 children signed up to participate and 6 adults.

For me this project is not only a ShelterBox one but it does represent a great youth project.

So far we have raised \$625.00 worth of sponsorship with the RC North Ryde supporting us with \$500.00. The parents of these children will also be sponsors, but we do need more sponsorship.

Please find the flyer and the Certificate for the successful participants as attachments.

A lot of my time and work has kept me busy for the past 6 weeks, I am hoping this project will be successful so we can repeat this one next year.

Hence I am hoping our club will support this project and be one of the sponsors.”

To become a sponsor , please follow this link.

<https://offthegrid.raisely.com/teamdural2023>

THANK YOU

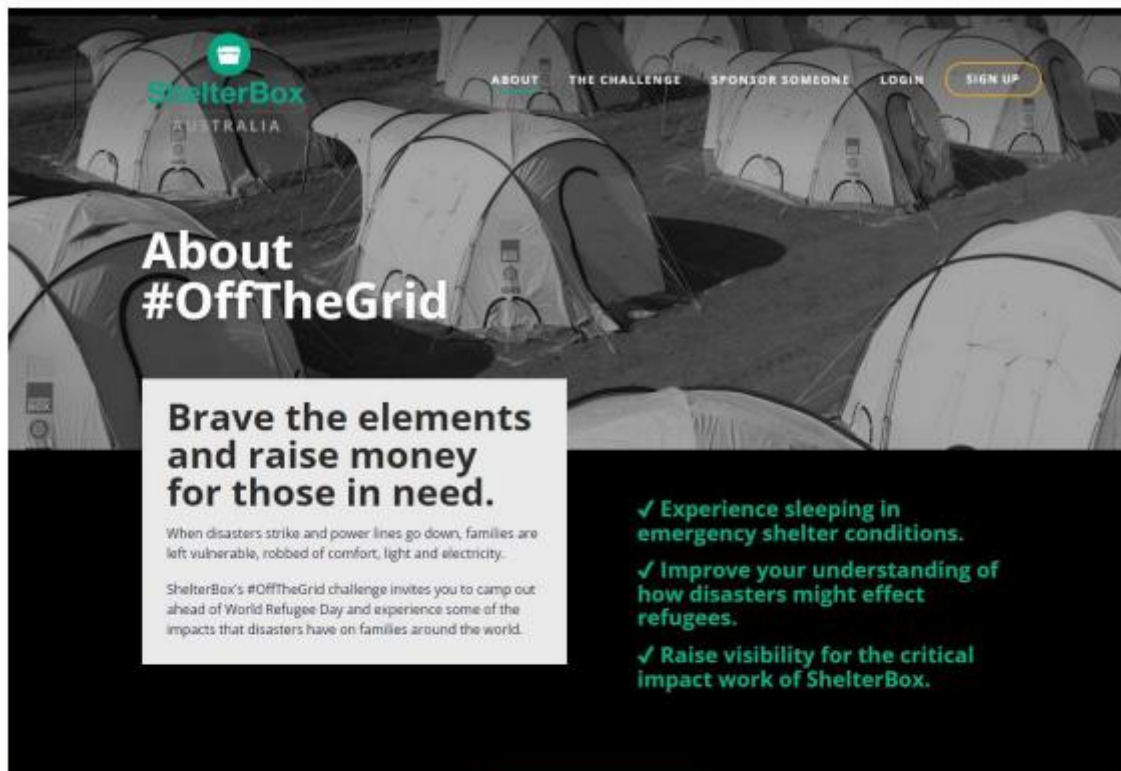
PP Johanna Johns | Epping Rotary Club

RC Epping Environment Chair

Rotary Leadership Institute (RLI) Facilitator 2023-2024 District 9685

ShelterBox Representative District 9685

Committee Member 2023-2024 Environment District 9685



SHELTERBOX OFF THE GRID CHALLENGE

Date: Saturday July 29th

Time: Start 4.00pm, Close 11.00 am July 30th.

Place: Old Northern Road Dural.

Off the Grid Challenge for Boys and Girls aged between 8 and 16 years old. One Parent per 4 children

ShelterBox Tents supplied for children

BYO tents for parents.

BBQ provided commencing at 5.00pm

Breakfast provided from 8.00 am.

You can make a donation to OFFTHEGRID 2023 online at:

<https://offthegrid.raisely.com/teamdural2023>

Thanks for all your support!





CERTIFICATE OF PARTICIPATION

This is to certify that...

TEAM DURAL

Completed the **2023 ShelterBox Off the Grid** challenge on 29th July, raising vital funds to deliver emergency shelter aid to people around the world.

A handwritten signature in black ink, appearing to read "M. Greenslade".

MIKE GREENSLADE
CEO,
ShelterBox Australia

JOHANNA JOHNS
Rotary District 9685
Representative,
ShelterBox Ambassador



Establishing the Regionalisation Pilot in Zone 8

Dear Rotary or Rotaract member,

Since the Zone 8 Regionalisation Pilot received financial support from the Rotary International Board in April 2023, a large amount of work has been happening behind the scenes.

Club presidents and secretaries, and people who opted to receive additional information about the Regionalisation Pilot, have been receiving regular monthly updates.

Following feedback that information on the pilot has been hard to find, we have restructured the [Creating Tomorrow](#) Regionalisation Pilot website, adding several new pages under the "What are we doing?" tab at the top of the homepage. There are now web pages dedicated to information on the [Regional Council](#) and its structure, [community groups and leaders](#), what the [Specialist Network](#) will do, and other key aspects of the pilot. These pages will be updated regularly.

In the coming months we will be sharing:

- Position descriptions for Regional Council and Specialist Network roles
- How the Regional Council will be elected and the timeframe for elections
- Guidance on community groupings so clubs can start conversations with members

To learn more and ask any questions, we invite you to register to attend one of the scheduled upcoming Zoom meetings. These will be held on:

- Tuesday 25 July at 7am AEST
- Thursday 27 July at 6.30pm AEST
- Saturday 29 July at 10am AEST

To register for a session [click here](#).

You will be receiving updates over the next months, which I encourage you to share and discuss with your fellow club members. If you have any questions send them via rotaryregionalpilot@gmail.com. We also encourage you to look at the regionalisation website and, if you are not already, become part of the reference group by [subscribing here](#).

Sincerely,

Ingrid Waugh

Deputy Chair, Zone 8 Regionalisation Pilot Steering Group

Winter RYPEN - Feedback

The Winter RYPEN committee would like to sincerely thank the 31 clubs who supported this life changing experience by sponsoring our 61 participants who attended Blue Gum Lodge in Springwood from Friday 16th to Sunday 18th June.

We have received phenomenal feedback from clubs, participants and parents alike, here is a sample of what we have received - check out our facebook page for all our feedback -

<https://www.facebook.com/RID9685winterryphen>

Parent feedback:

We are still buzzing from the most amazing experience on the weekend.

I think that you and your team are extraordinary and what you are all doing for our kids is life changing.

*It was a weekend *participant* will always remember, full of experiences and learnings he can draw on for life. He came home excited about his potential, invigorated and full of positive energy that could only be achieved through a great program and a feeling of strong support from mentors and peers.*

For a parent to witness this of their child that has been struggling with mental health is the best gift, and I am so grateful to you all.

Special thanks to Winnie and Dom who were the two mentors I spoke to at graduation. I know

**participant* has so much love and respect for them – he was so lucky to have these two beautiful humans as his “green team/family” leaders.*

Many thanks (although I feel words are not enough), for everything to you and your team prepared and accomplished, for all your hard work, love for our kids, and your dedication.

Participants feedback:

Hey RYPEN team!

I just wanted to say a massive thank you for giving me such a amazing experience. When I was initially told that Rypen would be life-changing I had my doubts but I now am truly grateful and do feel it was life changing. I feel so much gratitude and love for the Rypen volunteers, mentors and mentees. I have made such strong connections with so many amazing humans over such a short time. I honestly feel so much more myself - just like camp mum said - as well as so much more confident in myself and my abilities. I do believe the camp has made me a better leader and just a better human being in general. A special thank you to camp mum as well as my wonderful mentors Dave and Shelz it was so wonderful to be able to share my aspirations and have an adult listen to me. Thank you sincerely. When I'm old enough I would love the chance to come back as a mentor and inspire and help others like my mentors did to me. Thank you again

Feedback from sponsor club:

One of our participants said it was the highlight of her year, and she only went because her grandparents asked her to!

If you sponsored a participant please be sure to invite them back to your club so you can hear first hand the impact the experience has had on them - if you need contact details, please do not hesitate to reach out and let me know.

We have now confirmed dates for our 2024 camp - 14th-16th June 2024, start thinking of who you can send now. There will be a small price increase to \$350 per participant, keep an eye on the facebook page for details as we get closer <https://www.facebook.com/RID9685winterryphen>.

Applications will open in February 2024 and close in May.

Thanks to everyone who made this program come to life, our 17 mentors, camp mum and dad, district support and of course our DG Mina who made not one but two visits to the camp over the weekend, to welcome and farewell the participants - we changed the lives of 61 amazing young humans.



Rotary Leadership Institute

RLI is a training course offered to Rotarians to develop their skills in leadership and management within Clubs to improve performance, knowledge and enjoyment in leading or helping to lead Clubs in the District.

Our next course, currently open for registrations is 11-13th August. This will be the 76th course that has been run in our District.

Date for 2023/24 are:

Course #76 11/12/13 August 2023
Course #77 27/28/29 October 2023
Course #78 23/24/25 Feb 2024
Course #79 17/18/19 May 2024

The course consists of three parts over one weekend, all delivered by Zoom. Course materials will be sent to registered participants directly.

The RLI Convenor for 2023-2026 is Amanda Barnes.

Please click this [link](#) to register for our August Course now.

Amanda Barnes
The Rotary Club of Social Impact Network
Rotary Leadership Institute Convenor - 2023-2024

Concert Beethoven's 8th

We'd love to welcome your members to the Concourse in Chatswood or the Joan Sutherland Performing Arts Centre in Penrith for a beautiful concert of Beethoven's 8th Symphony and Mendelssohn's Scottish Symphony. We are offering an introductory package deal for this concert.

If you are interested, could you please gauge the number of people who would like to attend and let me know so I can send you a tailored quote for the discounted group rate? I've included the information below. Please let me know if you have any questions. Mendelssohn Scottish & Beethoven Eight Midsummer Dreams Australian Romantic & Classical Orchestra Sunday 6 August | 3.00pm The Joan, Penrith Tuesday 8 August | 7.00pm The Concourse, Chatswood Kind regards, Eline van Bruggen Marketing Assistant Australian Romantic & Classical Orchestra Richard Gill | Founding Artistic Director 0468 312 661 www.arco.org.au

See Ian B if interested

RIM ARTICLES

Please send RIM articles to Alan at alan.baker.om@gmail.com _or_ rob@tosswill.com

Articles should be submitted by Thursday afternoon

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