

18 October **2021**

Co-Presidents' Corner

On Monday night, we welcomed Johanna Johns to our meeting. Johanna, a member of Beecroft Rotary, an AG and Shelterbox Representative for the District, presented a most informative and interesting talk on Shelterbox. Whilst most Rotarians are aware of this incredible resource, it was great to have more details about what a Shelterbox contains, how they cater for the varying needs of those receiving them and how they are deployed to different countries. We were shown 2 short videos that gave further insight into this 21 year old partnership between Rotary and Shelterbox.

We also learnt how there are now smaller Shelterbox kits which include basic requirements, again depending on the specific needs of the recipients. The Club has supported the purchase of a Shelterbox, approximately \$1000, over several years. Johanna invited members to take part in the Moonlight Trek on 28 January to Mt Kosciusko. The cost is \$900 for overnight accommodation and an expectation to raise \$2500 for Shelterbox.





Narelle

What is Coming Up

Date	Venue	Organisation	Speaker
25 th October	Zoom	The Men's table	David Pointon/Michael Lofano
23 October	200111	THE MEH 3 table	David Polition/Iviichaer Lorano
1 st November	Zoom	Rotary Foundation	Monica Saville
8 th November	Zoom	Aust Rotary Health	Bob Kaye Smith
15 th November	Zoom	Fun Night	Truth or Lies
22 November	Zoom	Bendigo Bank Awards	
29 th November	Zoom		Virginia Haussegger
6 December	Zoom	AGM	
13 December		Christmas Party	

Next week

At our meeting next Monday night 25 October, we will hear from speakers David Pointon and Michael Lofano about The Men's Table, an organisation that supports the mental, emotional and social wellbeing of men travelling their life journeys.

Epping Rotary Walkers - Seeking Participants

Yes; we are always hoping for more to come along to share the moment on our Thursday walks. You can see from the happy, snappy picture how everyone is enjoying the time together. And this was taken after our walk.

Next week we are again reaching out to those lesser experienced walkers to come along and enjoy the camaraderie and the exercise. We are meeting at the same time of 8.30am. But for next week, it will be in the Cumberland State Forest. You can enter the forest by turning left off Castle Hill Road just before Coonarra Avenue. This is not far past the Bear Sanctuary. Follow the drive to meet at the carpark just near the cafe and nursery. There are several alternative walking tracks depending on how much cardiovascular workout you require. It is very flexible. And the bushland is simply stunning. Afterwards there will be coffee at the cafe. Walk plus coffee, about 2 hours.

Hope to see you then,

Trevor McAlister 0449126896



Face to Face Meetings

As restrictions ease, we will review the situation in regards to returning to 'face to face' meetings. Currently the cap of 20 people and 4sq m rule prevent us taking the next step. However, 1 November will see further changes and depending on the regulations expected by the Epping Hotel, we may be able to have 'face to face' meetings. We will keep you updated.

Hospital



We wish our highly regarded and much valued secretary Deretta Andrews a fast recovery after surgery on her leg last week. We hope she will be out of hospital very soon. Flowers have been sent from our Club.

Afternoon Tea

Expecting to spend 2 weeks in South Australia, enjoying their new townhouse in trendy Norwood and spending time with family, instead Susie and Stephen found themselves enjoying 4 months in SA, and leading a somewhat normal life whilst Sydney was in lockdown. Susie and Stephen returned to Sydney on



Wednesday. Before they left, Susie kindly invited me to afternoon tea last Saturday. We had a lovely time catching up 'face to face' at their home, before Susie and I headed out for a walk around the area. I know it won't be too long before they return to Adelaide and by that time John Candy and his wife Wendy will have moved to the 'city of churches'. Susie suggested we could form a satellite Club!

Narelle

Youth Update

Finally our Club can begin re engaging with some of our youth programs including:

NYSF

The Board has just endorsed an outstanding candidate in Sandra He. Sandra lives in Epping and attends Meriden School for Girls.

She is an A student in all of her grades in all of her subjects.

She is Interact President, School Maths Captain, a Corporal in the Cadets, school tennis team, school debating team, in choir.

Toula and I interviewed Sandra and her father last week and were very impressed by both.



RYPEN

I've made contact with EBHS and Arden to seek two suitable Year 9 students from each school and I hope to do similar with Cheltenham in coming days.

This will be held on - line next January and is a wonderful program.

RYDA

Arden will receive an incursion from RYDA on November 18. I'll be attending and encourage someone to join me.

I'm hopeful that EBHS and Cheltenham can do the program live next year.

RYLA

Still hopeful that Stephanie Ho can attend this in January.

We should have funds to sponsor another 19-30 year old, so if you know of someone appropriate please contact me.

Cheers, Bruce, Youth Director

North Epping Garden - Project Update

The project is progressing very well despite COVID with the goodwill of both Epping North PS and Rotarians.

The team met last week and agreed on the following funding items:

- student aluminium tables and seating for both practical work and class written work
- up to 6 worm farms
- a small orchard of 6 citrus trees
- netting structures for all the planter boxes
- small greenhouses for seed propagation
- hosing for watering needs.

The other decision was to liaise with John Alexander's office and Epping North PS to officially open the Community Garden that acknowledges the partners in the project.

It is anticipated that the Project infrastructure will be completed early December.

It is hoped that when the Community Garden is completed and there are COVID free restrictions there will be local residents and senior citizens involved in the project.

My thanks to the team for their great assistance and support.

Peter Garrard

Upcoming Event

Johanna Johns shared with us about an event of 7 speaking sessions on Zoom starting on 28 October. The cost is \$12/session or \$70 for all 7 sessions. Proceeds will go to The Rotary Foundation, Shelterbox and the Rotary Club of Beecroft projects. See flyer for further information

BEECROFT ROTARY INVITES YOU TO JOIN







SPEAKER TRAIL EVENT

Join our expert speakers on-line to discuss one of these topics every fortnight

- Community Economic Development
- Disease Prevention and Treatment
- Education, Basic Education and Literacy
- · Maternal and Child Health
- · Peace Building and Conflict Prevention
- · Water, Sanitation, and Hygiene
- . Environment, Protecting the Environment

\$12 registration fee per session \$70 registration fee for 7 session

All the funds raised at speaker trail event go towards







First event: October 28, 2020 | 7:30 pm - 8:30 pm Online event

TO REGISTER EMAIL: JOHANNAJOHNS.ROTARY+GMAIL.COM OR FOLLOW OR CODE LINE TO REGISTER

THE REGISTERED WILL RECEIVE THE PROGRAM AND ZOOM



District Governor's Newsletter

Safe to come out yet?

I will be following the advice from The Chief Medical Officer Dr Paul Kelly, "Vaccines alone will not be enough to completely suppress the circulation of the virus, at least in the [near future]."



As more restrictions are eased with 80% of NSW adults double jabbed, Australia's top health official says, "suppression measures - such as mask-wearing and distancing - will need to stay because of the Delta variant's highly infectious nature", SMH 18/10/21.

District Governor club visits will continue safely online and will be reassessed late November. I understand that you want to meet each other as soon as possible, so we will schedule in-person DG Club visits to dates in 2022.

My concern is that Tania and I could become 'super spreaders' by visiting multiple clubs, travelling from the Beaches to the Mountains, Hills, Central Coast, back to the North Shore.

The 'roadmap' as at 15 October is at;

https://www.nsw.gov.au/sites/default/files/2021-10/COVID19-80-per-cent-roadmap.pdf

To date, attendance at online DG's visits have been extraordinarily high with great participation and valuable member engagement. The feedback I have received is that clubs and directors have been delighted and there's wonderful work being done across the district, despite the limitations.

Welcome to the 38 new members since July.

Since 1 July 21, D9685 has 38 New Members! 1,708 Members (30.7% female) Rotarians are active, diverse & fun! Over 80% Club's members joined DG's Zoom visits so far.

World Polio Day on the Sunday 24th October!

I encourage Rotarians to continue supporting this vital program that might JUST be "this close".

We will be delighted to attend your upcoming activities from December, especially those plans deferred earlier in 2021. Send event details to Communication Director Marilyn Kenney for Club Buzz (communications@rotarydistrict9685.org.au)

In 2022, District 9685 plans to hold in-person RYLA and District Conference, but Summer RYPEN will be online. Please check the District Website for more details.



Optimism is the outlook for 2022 as we learn to live with COVID and love the outdoors again!

Stay Safe
DG Lindsay n Tania
Lindsay May OAM
District Governor 2021-2022

World Polio Day - 24 October 2021

Rotarians across the world are celebrating World Polio Day on 24 October. For over 35 years Rotarians have responded magnificently to the challenge to rid the world of the debilitating and frequently fatal disease of Polio. Over the years, together with our partners, World Health Organisation, the Centres for Disease Control, the Bill and Melinda Gates Foundation and the governments of the world, 2.5 billion children in 122 countries have been vaccinated against this crippling disease.

Today, polio remains endemic in only Afghanistan and Pakistan and, so far this year, there have only been 2 cases of Polio reported from those two countries. We have been very pleased to learn that the Taliban

has agreed that polio vaccination program will continue in Afghanistan.

Unfortunately this year there have been 345 cases of vaccine- derived poliovirus and 187 of those are in Nigeria. However, a new nOPV2 vaccine is a "silver bullet" to eradicate this type of polio and is being used in seven countries with 100% success.

Our club is a great supporter of END POLIO NOW. Several Rotarians have their annual Centurion donations directed to that program. From the money raised by the recent Epping Walkathon, \$1,800 will go to this program. The Bill and Melinda Gates 2 for 1 offer means that this amount will actually be \$5,400 going to polio eradication.

Monica Saville Rotary Foundation Director

RIM ARTICLES

Please send RIM articles to Alan at alan.baker.om@gmail.com or secretary@eppingrotary.org.au Articles should be submitted by Thursday afternoon

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