

Rotary

Club of Epping



**25 July
2022**

Quote

Quote: Mahatma Gandhi:

“ Be the change you want to see in the world”.

Bruce's Banter

A great night last Monday night with Rob Wilkinson, Tina Clifton and Ron Manton all giving wonderful presentations on RDA (Riding for the Disabled).

All showed great passion for this worthy cause and welcomed any of our members to either help sponsor a disability student or attend a riding session on a Tuesday or Thursday morning at their HQ in Marsfield.

See me if wanting more details.

Thanks Rob, Tina and Ron.

Our Membership Director, John, forwarded a District membership spreadsheet of the individual 70 clubs in our District 9685.

Very pleasingly the average for Epping of 33 from 2006 to 2012 has risen to an average of 44 from 2013 to 2021. However, the membership and retention challenge remain.

Still not too late to come to Wiseman Ferry in August; see me if interested.



Next Monday - Melanie Lewis

Melanie Lewis is the District Environmental Director. Mel, one of our younger Rotarians, is a special person who somehow juggles family life, job and Rotary commitments, always with a smile and positivity.

The Environment is a recent addition to the Rotary area of focus and as we are all very aware a very important focus politically, economically, socially and environmentally.

Bruce

MUNA - This Weekend at EBHS



After some problems, MUNA will proceed this Saturday and Sunday July 30 and 31. It'll be in H Block at EBHS.

There are 14 teams competing including two from EBHS which we are subsidising with considerable help from the Bendigo Bank.

If you have a spare hour, go along.
It's a great youth project.

Bruce

Club Calendar

Date	Speaker/Topic Mondays	Venue
1 August	Melanie Lewis District Chair – Environment	Epping Club
8 August	Niranjan Deodhar : Regionalisation of Rotary. EC.	Epping Club
15 August	Joint Night with West Pennant Hills / Cherrybrook Club.	
22 August	Fun/Social night = John Fenessy	Epping Club
29 August	Donna Davis – Mayor of Paramatta	Epping Club
12 September	D,G, visit	Epping Club
24 October	Primary Schools Debate	Epping Club
Date	Other events	Venue
20-22 August	Wiseman's Ferry Weekend	
24 October	Polio train ride in Sydney	Epping Station
12 November	Golden Oldies Ferry Cruise ???	Meadowbank
13 November	Mito Walk	

17 March	District Conference	Cowra
27 May	Rotary International Conference	Melbourne

Rotary Membership Research

“2021 Deloitte Global research across 45 countries including Oceania, found 70% of under 40’s want to volunteer, 46% aged 18 to 35 rated “Flexibility” as the No 1 incentive to join an organisation. They found 21st-century young people volunteer for “causes” they are “passionate” about rather than for an organisation’s cause”

These findings reinforce the move by Rotary that encourages clubs to be much more flexible & creative.

Researchers also say that people over 50 years old who volunteer for about two hours weekly have a considerably lower risk of death. They're also less likely to develop physical impairments and exercise more frequently. All of these benefits naturally lead to a stronger overall well-being versus people who do not volunteer.

Refer a friend, if you are a reader who is not yet a Rotarian I'm always up for a coffee. If you are a member and have news ideas, contact President Bruce Jacob 0422 762 581

John Fenessy - Membership Director 0418 167 662

An Idea Worth Considering

THE 9th HUNTERS HILL ROTARY CLUB MINI CAR SAFARI

MONDAY 31 OCTOBER TO THURSDAY 3 NOVEMBER 2022

SYDNEY TO MUDGEE

The last two years have been somewhat problematic for us all as many holidays have been cancelled as have been booked. We were lucky to get away and see some parts of New South Wales early 2021. So – at the end of October 2022 we have decided on a “mini” Car Safari, visiting some towns of past however endeavouring to find some new roads, including the occasional, but well maintained, unsealed roads. Anyhow, let’s again get out of Sydney, ensure the cars are filled with petrol, stock up with some wine, and hit the road. We will visit Wisemans Ferry, Wollombi, Hunter Valley, Muswellbrook, Scone and finally, a lovely drive along the Bylong Valley Way to Mudgee. You may want to extend your time in Mudgee and that’s your decision. (Helen and I will add an extra day here for a wine tour).

It is Spring (and also daylight savings will have started) when we travel – the best season of all to experience these regions.

We are reintroducing the questions on each day and the first questions will be emailed to you 24 hours prior to departing Sydney. There are some great prizes to be won!! Please note as the Safari is a Rotary event there is an entry fee of \$100 per car. Dinners are prebooked and the full cost of all the dinners must be paid to Charles Amos at our first night’s accommodation. All participants will be advised prior to departure of the amount (about \$160 per person) – cash please, as Charles does not carry an EPTOS machine with him.

All participants will be given touring instructions for the next day at dinner each night. Touring instructions for day one will be given to all participants by email, prior to the event, or at lunch at St. Albans on day one. We have booked ten rooms at designated accommodation (see following) and ask that you contact them as you finish reading email to avail yourselves of the rates we have been given. So, if you are joining us, please contact Charles Amos (charlesamos1357@gmail.com) as restaurants will need final confirmations a few weeks prior to the event. Also, as many NSW people are travelling their own State for 2022 it is advisable for you to make accommodation reservations as early as possible.

Regards. John Verhelst. Mob. 0437 212121 jeverhelst@gmail.com

There is more detail available for anyone who is interested

Scottish Country Dancing

The Epping Scottish Country Dancing Club have asked me to forward the attached flyer to you for distribution to the members of Epping Rotary. This type of dancing provides physical, mental and social benefits to participants (similar to tennis) and can be undertaken by people of all ages and abilities. The flyer is for an event that allows for interested parties to participate and assess their capability and interest. Many folk also enjoy the music.

There are many clubs in Sydney, NSW, Australia and the world. The Epping Club (<https://www.rscds.org.au/epping.html#/>) meets at St Aidan's Church Hall, 32 Downing St Epping West on a Wednesday night at 7.30 pm. Please refer to the website for further details.

You don't have to have Scottish heritage to participate in this activity. Current membership includes individuals from diverse national backgrounds and a wide age spectrum.

RIM ARTICLES

Please send RIM articles to Alan at alan.baker.om@gmail.com _or_ rob@tosswill.com

Articles should be submitted by Thursday afternoon

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