

Rotary

Club of Epping



29 March 2021

Toula's Corner

I would like wish one and all a very **Happy Easter** and I hope the Easter Bunny is very good to you this year!

At the risk of sounding like a travel agent, I take this opportunity to mention that if you ever wanted to travel to the Holy Land, the best time to go is around Easter and the place to be during Holy Week, is my hometown of Jerusalem.

Whether you choose to join a procession from the Mount of Olives on Palm Sunday, participate in the Way of the Cross on Good Friday, or pray at the Church of the Holy Sepulchre on Easter Sunday, you would be joining thousands of pilgrims from around the world for the celebrations.



Highly recommended, no matter what your beliefs are!

A reminder, that there will be no Club meeting on Easter Monday, March 5th 2021

The Austerity Picnic

The heavens smiled at us and the weather was perfect on the last Monday before the end of daylight savings as 17 of us gathered at Forest Park, for the Austerity Picnic.

We had an evening of fellowship, fun and a great meal of Kimchi Fried Rice and Miso Soup. It was a delightful evening in a lovely setting. Our chatter and laughter would have been heard by all the neighbours, I'm embarrassed to say.

Special thanks to Ian Bittner who organised the whole evening and personally contributed the food. Ian, you're a STAR!

Thanks also go to Sunny, Ian's partner who helped Ian in organising the evening and cooked the delicious food, and to Colin who helped on the night.

We raised a total of \$375.

Next Meeting – Monday 12 April

Celebrating Di Walker

Special Night for a Special Lady. April 12. Di Walker.

Di is the only person that has had a continuous relationship with Epping Rotary since its charter in 1962 until now.

Di's husband, Russ, was a charter member in 1962 as was Russ's father, Arthur. Arthur was President in 1964/65 and Russ President in 1985/86.

Di has coordinated many floral boutiques for Changeovers, the District Conference in 2008 and the wonderful 50th Anniversary in 2012 which attracted 330. She was awarded a PHF in 2000.

In 2016, she came to Oecusse with John Corney, Peter Garrard and myself to oversee our projects and to help the local communities.

She is one very special lady.

Bruce



Diane Walker PHF
Honorary Member
2010 ongoing

The then Diane Traylor's first experience with Epping Rotary was when Russell Walker asked her to accompany him to a Rotary meeting at Everglades reception centre, shortly before the Epping club was chartered in 1962.

Diane was heavily involved with the Rotannes group which added a dimension for fellowship between partners, and whose members providing willing support for any projects the club undertook.

Diane was a partner in all activities in running the Rotary Catering van, Russ' pet project, built by members, during his year as Community Service Director. For 33 years Russ was responsible for bookings and towing, and Diane made sure it was clean and provisioned before each use, and was always there serving and cleaning up after its use.

Until recently she and Russ coordinated and catered for the members' Christmas party held in the Presidents' or others members' houses. A wonderful meal eagerly anticipated.

Her floral bouquets were a high point at many Changeovers and inductions.

She was the originator and coordinator for the wonderful table decorations for the District Conference in 2008

Diane was recognised as a Paul Harris Fellow in 2000 and was made an Honorary Member of the Club in 2010

Diane continues to give generously of her experience and talent for any Rotary project she is involved with.

What's coming up



Rotary Club of Epping		
Monday Night Program 2020-2021		
Date	Venue	Speaker
Monday, 29 March 2021	Forest Park	Austerity Picnic @ Forest Park
Monday, 5 April 2021	NO MEETING	Easter Monday
Monday, 12 April 2021	Club, Epping	Celebrating Di Walker
Monday, 19 April 2021	Hotel, Epping	The Economics of Climate Change Dr. Rohan Best, Senior Lecturer, Macquarie University
Monday, 26 April 2021	NO MEETING	ANZAC DAY
Monday, 3 May 2021	Hotel, Epping	Melissa Kang Youth Mental Health Honorary Associate Profesor, Westmead Clinical School, Uni of Sydney

Working Bee

An all-out effort is to be made to complete the community garden at North Epping Public School next Thursday 8th April. It is school holiday time which makes it an ideal time to do this work. The Working Bee will follow the usual Thursday morning walk and coffee at North Epping Shops.

So why not join us for the walk at 8.30am and/or for morning tea at North Epping?

If you can't make it for the walk and coffee, then we would love to have you along to help at the school. We plan on starting at around 10.30am.

Our greatest need apart from human power is for cordless or impact drills. Somebody at our last working day had an excellent cordless drill. Sadly, I have forgotten who. I would just love to have this drill along next Thursday accompanied by its owner of course. If anyone reading this knows of anyone who has such a device, please ask them to contact me. I would be most grateful.

Kind regards,
Trevor (0449126896)

Tim's Farewell

Epping Boys High School invited our Rotary Club to the farewell dinner of their outgoing Principal, Tim O'Brien.

Deretta, Bruce, Peter and I attended the event, and I am happy to report that the special relationship our club enjoys with EBHS was well highlighted firstly by Jessica Schadel, the relieving principal in her speech and by Peter Garrard, who was asked to say a few words.

On behalf of Rotary, we presented Tim with a card and a present and wished him the best in his new position.



Altogether, a lovely evening!

President Elect Learning and Development Day (PELD).

Incoming Presidents Toulia and Narelle were among around 80 PEs and members of the District team, such as John and myself, at the annual PELD last Sunday.

The photo shows the incoming DG, Lindsay May, his wife, Tania, plus us 4. It was a very good day and our District 9685 will be in for a very good year under the leadership of Lindsay. He is a very impressive person, well organised, has ambitious goals and a very supportive wife.

Bruce



A Call for Prizes

This is a call to all members to help us gather great raffle prizes.



With approval from the Board, our club will be embarking on a **Community Raffle** as a fundraising initiative to help raise money for our community projects and initiatives including the Community Garden.

The money raised by the community will be given back to the community.

To make it enticing, we need to offer amazing prizes!

Do you have friends or acquaintances that may offer a special prize?

Minimum value of \$100

New Weekend for Blue Mountains - August 7-8

We've had to change our Trevor walking weekend from early July to August 7/8. The previous July weekend clashed with the District Changeover. It would have been a bad look if our attendance there was zero or minimal.

I apologise for the date change as I should have been aware of the Changeover date. I've rebooked the Red Leaf for those who had previously booked. If this doesn't suit you, please continue both the Red Leaf and myself.

I've also booked an extra room, so contact me if wanting that booking. If there are more interested in the weekend, contact me ASAP as there are still a few extra rooms but they go quickly. Trevor's program will be as per previously stated and Trevor is definitely leading the two days. He's just asked me to look after the bookings.

Cheers
Bruce

Australian Rotary Health Latest News



www.australianrotaryhealth.org.au

It's our birthday and after a year of COVID-19 restrictions that cancelled many of our plans, we want to celebrate! 40 years ago, [Australian Rotary Health \(ARH\)](#) was established as a charitable fund by Rotarian PP Ian Scott and the Rotary Club of Mornington, Victoria, to research the mystery of Sudden Infant Death Syndrome (SIDS).

Since those early days, our work has continued to expand and has made an impact not only across the country, but also internationally. With the support of Rotary Clubs and Districts in Australia, we are so proud to be a part of creating better health for all Australians. Research and advancements in knowledge funded by ARH provide both preventative and curative solutions for a broad range of health conditions.

Since 2000, our research focus has been on mental health. In 2012, this focus narrowed to the Mental Health of Young Australians (Aged 0-25), and in 2013, projects focussing on the Prevention of Mental Illness were included. Programs such as Cool Kids and Mental Health First Aid are just a couple of examples of our funding leading to positive outcomes.

Lift the Lid on Mental Illness is our national campaign for mental health research and awareness, and every year on World Mental Health Day (October 10) we celebrate [Hat Day](#) to raise funds for vital research into mental health.

In just 40 years, we've achieved so much. We're inviting you to help us mark this milestone year and invest in the future by supporting our work today.

Ryde Rotary 75th Birthday

Ryde Rotary Club is celebrating its 75th Anniversary on Saturday April 17. Ryde were our sponsoring or father Club in 1962, the year we chartered.

It'd be great to support Ryde with a table on the night.
See the invitation below.

Bruce

The invitation is a vertical rectangular card with a dark blue background. At the top, there are scattered yellow and white dots. The Rotary Club of Ryde logo is centered at the top. The main title 'ROTARY CLUB OF RYDE'S 75TH BIRTHDAY' is written in large, bold, yellow capital letters. Below the title, the text 'TO CELEBRATE 75 YEARS OF ROTARY SERVICE TO THE RYDE COMMUNITY' is in smaller white capital letters. The date and time 'SATURDAY APRIL 17TH 11.30am for 12.00pm' and the venue 'Allegro Function Centre 1 Porters Road, Kenthurst' are in yellow. The price '\$55 per person for a two course meal, tea/coffee and drink on arrival' is also in yellow. The RSVP information 'RSVP BY MARCH 31ST TO DEBBIE PRICE ON 0449 546 771 OR AUSDEBBIEPRICE@GMAIL.COM' is in white. The payment details 'PAYMENT BEFORE APRIL 17TH TO RYDE ROTARY CLUB ACCOUNT: BSB 633000 A/C 163462302 INCLUDE NAME AND '75TH' IN PAYMENT' are in white. At the bottom, there is a row of five balloons: yellow, white, yellow, white, yellow.

Rotary
Club of Ryde

PRESIDENT ROWAN IS DELIGHTED TO INVITE YOU TO

**ROTARY CLUB
OF RYDE'S 75TH
BIRTHDAY**

TO CELEBRATE 75 YEARS OF ROTARY SERVICE
TO THE RYDE COMMUNITY

**SATURDAY APRIL 17TH
11.30am for 12.00pm
Allegro Function Centre
1 Porters Road, Kenthurst**

**\$55 per person for a two course meal, tea/coffee
and drink on arrival**

RSVP BY MARCH 31ST TO DEBBIE PRICE ON 0449 546 771
OR AUSDEBBIEPRICE@GMAIL.COM

PAYMENT BEFORE APRIL 17TH TO RYDE ROTARY CLUB
ACCOUNT: BSB 633000 A/C 163462302
INCLUDE NAME AND '75TH' IN PAYMENT

RIM ARTICLES

Please send RIM articles to Alan at alan.baker.om@gmail.com or secretary@eppingrotary.org.au

