



Meeting Thursdays 12.30 for 12.50pm at North Leagues Club, Abbot St Cammeray. ISSUE NO 3904 Thursday 9th March 2017

From our President....Jeremy Brennan



The Future

This week at Rotary we will announce our incoming Club President for the 2017 – 18 Rotary year. Almost three quarters of the Rotary year has passed us by already so the transition is well and truly upon us.

This weekend also brings us our District Conference which is being held nice and close in Penrith as many of you are aware. We have two very interesting speakers who will discuss the future of Rotary:

- Peter Switzer from Sky News Business and the University of NSW
- PRID Stuart Heal

It is now time to start thinking about the future again. I look forward to hearing some great ideas this week which I can pass off as my own at the District Conference.

See you on Thursday.

President Jeremy



Last Weeks Guest Speakers

Dear Claire,

Thank you very much for taking the time to join our club's meeting this week and sharing your RYLA experience as well as your recent internship with the Aboriginal Legal service in Newcastle.

It was inspiring to hear that RYLA proved to be one of your "Life-changing Experiences" with many major positive changes in you as a person and with outlook on life.

It was equally interesting to hear of your experience with the Aboriginal Legal Service which provided you with a different perspective on less privileged members of our society.

On behalf of all of the members of North Sydney Rotary thank you again for your address to our club this week which was immensely enjoyed by all.

Kind regards,

Silvio Gmur

Youth Service Director

North Sydney Rotary Club

0419 127 138



Last Weeks Guest Speakers



THE LATEST IN SOLAR POWER AND BATTERY STORAGE

Last Thursday our Guest Speaker Carolyn Lee enlightened us on the savings that can be made with the use of Solar Panels.

Yes – Solar Panels can be one of the best investments you ever make helping you save serious money and adding value to your property.

For good quality mid-range solar panels/inverter, you'll find that the Return On Investment is as little as 3.8 years or for high-end equipment closer to 5 years.

A Solar Panel uses light to generate electricity which you can then use to power your home.

We were told that using our most electricity-hungry appliances during daylight hours can have a dramatic effect on electricity bills.

Mid Range Solar Panels costs about \$3900 after rebate and approximately \$5000 for Premium Systems.

Currently battery storage systems cost anywhere between \$8000 - \$12000 for 4.6kWh – 7kWh and the better brands are Selectronics and Ecoult.

The Federal Government is still making contributions towards the cost (around 30% of the overall cost) and it is wise to pay for a system only once and not having to replace components in 5-10 years time.

You get paid for any surplus power that your system produces – between 5-10c/kWh depending on which energy provider you are with.

What makes sense is to use the bulk of your free solar power during the day or get a battery storage system so that you feed any surplus solar power to your battery bank to draw down on at night when your panels are not producing.

Calendar

9th March Club Activities Update

16th March Gemma Sisia "The School of Jude"

18th March Crows Nest Markets - Saturday

23rd March John Taylor "On a Square Rigger to Antarctica"

30th March "Pride of Workmanship Awards"

6th April Alaster Long "Tour de Cure Bike Ride"

For Past Events Click <http://www.northsydneyrotary.org>

Office Bearers 2016-2017

President	Jeremy Brennan	International Service	Samantha Lee
Secretary	Tammy Chu	Director Youth	Silvio Gmur
Treasurer	Doug Garner	Director Vocational	Kevin Thomas
Administration	Ross Waugh	Bulletin Editor	Malcolm Sharpe
Membership	Jenny Thomas	District Conference Chair	Denis Booth
PR Director	Jenny Thomas	Rotary Foundation	John Taylor
Director Community	Jenny Thomas		

Front Desk & Room Set Up Attendance Required from 12:00pm

9th March Silvio Gmur and Jeff McDougall

16th March Philip Brook and John Taylor

23rd March Ken Pratt and Tammy Chu

VALET: ROB SHELDON

We are saddened to advise that our long standing member

PP Rob Sheldon passed away in Hospital on February 25 following a long illness. Rob joined our Club in 1970 and was an active member for many years.

The Funeral will be held on Friday March 17 commencing at 2pm at the Uniting Church, Clanwilliam Street, Willoughby.

Further details to follow.

LET'S MUSTER FOR A BIG YEAR OF MENTAL HEALTH!

& VISIT THE DARWIN INSTITUTE!

Australian Rotary Health is launching a brand new mental health initiative called 'MUSTER FOR MENTAL HEALTH' as we approach another new year full of research possibilities.

2017 is expected to be the biggest year yet for promoting the need for further mental health research, particularly to improve the mental health of young Australians.

Rotary Clubs are invited to get on board, as we 'hop on and hop off' across the country, in caravans, mobile homes and motor cars and come to the Darwin Institute. The Muster will contain 12 Runs, with the option to complete as little or as many as you want. Each stage will average around 15 days, and overall take around 10 months to complete.



HOP-ON HOP-OFF FOR MENTAL HEALTH

Rotary
Districts of Australia





Australian Rotary Health is challenging interested Caravaners and Recreational Vehicle enthusiasts to become Muster Friends and Companions prior to Hopping On! The challenge is to support Mental Health Research funding through your Rotary Clubs and be rewarded with a recognition level whilst on Muster.



WHERE WILL THE MUSTER GO?

THE MUSTER GOES TO THE INSTITUTE!

Sunday 16 July to 3 August 2017
Drive 1 - Run to Rocky - Parramatta to Rockhampton

Friday 4 August to 15 August 2017
Drive 2 - Run to Atherton - Mackay to Atherton

Wednesday 16 August to 1 September 2017
Drive 3 - Run to Darwin - Atherton to Darwin:

JOIN US AT THE 2017 ZONE INSTITUTE IN DARWIN!

THE MUSTER CONTINUES AROUND THE MAINLAND

Monday 4 September to 20 September 2017
Drive 4 - Run to Broome - Darwin to Broome

Thursday 21 September to 11 October 2017
Drive 5 - Run to Perth - Broome to Perth

Thursday 12 October to 7 November 2017
Drive 6 - Run to Adelaide - Perth to Adelaide

Wednesday 8 November to 30 November 2017
Drive 7 - Run to Mornington - Adelaide to Mornington

SUMMER BREAK AND THE MUSTER BEGINS IN TASMANIA.

Sunday 4 February 2018 to 25 February
Drive 8 - Run around Tasmania

Sunday 25 February to 17 March 2018
Drive 9 - Run to Melbourne - Parramatta to Melbourne

Sunday 18 March to 6 April 2018
Drive 10 - Run to Canberra - Melbourne to Canberra

Saturday 7 April to 7 May 2018
Drive 11 - Run to Alice Springs - Canberra to Alice Springs

Tuesday 8 May to 3 June 2018
Drive 12 - Run to Parramatta - Alice Springs to Parramatta

On the Road with a Purpose is to bring awareness and forums on Australian Youth Mental Health and Youth Suicide.

CALL TO ACTION NOW FOR 2017-18 ROTARY YEAR!

Email terry@arh.org.au for details of the Drives.
We look forward to hearing from you and your interest on what DRIVE you would like to be on the road for mental health.

**WE ARE ALL INDEPENDENT BUT NOT ALONE
ON THE MUSTER FOR MENTAL HEALTH!**

"MEET NEW FRIENDS"



For all enquiries and expressions of interest, contact ARH Corporate Manager Terry Davies on (02) 8837 1900 or email: terry@arh.org.au



**HOP-ON HOP-OFF
FOR MENTAL HEALTH**

Rotary
Districts of Australia





The School
of St Jude

2017 Australia Tour

Catch up with Gemma and
Winrose in your area

> Event Details

Rotary Club of North Sydney
Thursday 16th March
12:00 noon for 12:20 pm start

The North Sydney Leagues Club
12 Abbott Street, Cammeray

Lunch
\$35 pp visitors \$30 for Rotarians

RSVP 12th March

> Book

Jenny Thomas OAM
jenny@jmexec.com.au



Former Aussie teacher Gemma Sisia opened the gates to The School of St Jude in Tanzania 15 years ago and now, thanks to the support of thousands of Australians, it provides a free, high-quality education to 1,800 promising yet impoverished students. Gemma and St Jude's graduate Winrose will share their inspirational story.

PRIDE OF WORKMANSHIP: 30TH MARCH 2017

The 2017 Club Pride of Workmanship Awards will be held on **Thursday 30th March 2017**.

Nominations Close on 16th March - Please nominate someone outside of Rotary who you consider does a wonderful job and goes beyond helping others in the community.

Please put your nomination in writing and give to me at one of our meetings. My email is not working.

Kevin Thomas

Humour by Geoff Prichard

A Priest, a Baptist and a Rabbi meet for Coffee

One thing led to another, and they decided to do an experiment. They would all go out into the woods, find a bear, preach to it, and attempt to convert it to their religion.

Seven days later, they all came together to discuss their experiences.

Father Flannery, who had his arm in a sling, was on crutches, and had various bandages on his body and limbs, went first.

"Well" he said "I went into the woods to find me a bear. And when I found him, I began to read to him from the Catechism. Well, that bear wanted nothing to do with me and began to slap me around. So I quickly grabbed my holy water, sprinkled him and, Holy Mary Mother of God, he became as gentle as a lamb. The Bishop is coming out next week to give him first communion and confirmation".

Reverend Billy Bob the Baptist, spoke next. He was in a wheelchair, had one arm and both legs in casts, and had an IV drip.

In his best fire-and-brimstone oratory, he exclaimed "WELL, brothers, you KNOW that we Baptists don't sprinkle! I went out and I FOUND me a bear, and then I began to read to my bear from God's HOLY WORD! But that bear wanted nothing to do with me. So I took HOLD of him and we began to wrestle. We wrestled down one hill, UP another and DOWN another until we came to a creek. So I quickly DUNKED him and BAPTIZED his hairy soul. And just like you said, he became as gentle as a lamb. We spent the rest of the day praising Jesus. Hallelujah!"

The Priest and the Reverend both looked down at the Rabbi, who was lying in a hospital bed. He was in a body cast and traction with IVs and monitors running in and out of him. He was in really bad shape.

The Rabbi looked up and said: "Looking back on it, circumcision may not have been the best way to start".

Rotary Club of North Sydney Supporters

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Birthdays

March 1 Lily Lee

Anniversaries

March 23 Ken & Dorothy Pratt

Rotary Attendance 2nd March 2017

Visitors & Guests:

Carolyn Lee (speaker)

Claire Ng (speaker)

Lillian Meyerhans

Chung-Hou Lee Rotarian Visitor

Apologies

Phillip Booth

Robert Lau

Jiji Lee

Lily Lee

Jeff McDougall

Ken Pratt

Geoff Pritchard

Jenny Thomas

Brendan Walsh

Leave of Absence:

George Bauer