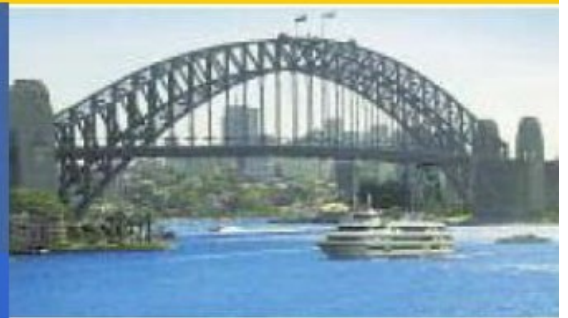


Official Journal of the Rotary Club of North Sydney

PO Box 674 Nth Sydney NSW 2059



Chartered 16th August 1928. Club No 18035, District 9685.



Meeting Thursdays 12.30 for 12.50pm at North Leagues Club, Abbot St Cammeray. ISSUE NO 3913 Thursday 11th May 2017

## President....Jeremy Brennan



This Thursday we are going to hear from Helen Peters—Barefoot Nurses Health Program, Timor – Leste.

The main focus of the Barefoot Nurses has and is, to support the basic health needs of the people through capacity building.

Barefoot Nurses program in Timor-Leste offers remote villagers hope.



ROTARY  
SERVING  
HUMANITY

## Don't Miss This Weeks Speaker Helen Peters

### Barefoot Nurses Health Program, Timor-Leste

The Barefoot Nurses team are helping to fight the high rate of childhood mortality and disease in Timor-Leste by working together with partners, the local community, local organisations and the Ministry for Health in teaching locals first aid skills, promoting health literacy and basic care by Timorese for Timorese.

Our approach is focused on making personal contact with the Timorese people, being sensitive to their needs and culture, patiently educating them in effective ways of improving their own health and cooperating with local health initiatives.

The main focus of the Barefoot Nurses has and is, to support the basic health needs of the people through capacity building.





**RED SHIELD  
APPEAL**

# HOW CAN YOU HELP ONE MILLION PEOPLE IN THREE HOURS?

**What is the Red Shield Appeal all about?**

**Come along, get involved &  
become a volunteer!**

**SMS 'I'll Help' to 0408 170 662**

**Red Shield Appeal 2017**

**28th May Doorknock**

# Calendar

11th May	Helen Peters	Barefoot Nurses
18th May	Red Shield Appeal Presentation	
25th May	David & Dianne Waterhouse Re-Building Nepal after the 2015 Earthquake	
<b>28 May</b>	<b>Salvation Army Red Shield Appeal; 2017</b>	
1st June	Tony Irwin Tech Director SMR Nuclear Technology P/L How did NSW electricity system survive Feb 10th 2017.	
8th June	Peter Watson 57 Marthons in 57 days across New Zealand	
22nd July	Christmas in July—Crows Nest Centre	
For Past Events Click <a href="http://www.northsydneyrotary.org">http://www.northsydneyrotary.org</a>		

## Office Bearers 2016-2017

President	Jeremy Brennan	International Service	Samantha Lee
Secretary	Tammy Chu	Director Youth	Silvio Gmur
Treasurer	Doug Garner	Director Vocational	Kevin Thomas
Administration	Ross Waugh	Bulletin Editor	Malcolm Sharpe
Membership	Jenny Thomas	District Conference Chair	Denis Booth
PR Director	Jenny Thomas	Rotary Foundation	John Taylor
Director Community	Jenny Thomas		

## **Front Desk & Room Set Up Attendance Required from 12:00pm**

11 <sup>th</sup> May	Silvio Gmur & Jeff McDougall
18 <sup>th</sup> May	Peter Lulic & Tammy Chu
25 <sup>th</sup> May	Philip Brook & John Taylor

Humour by Geoff Prichard

## **Men Are Just Happier People.**

What do you expect from such simple creatures? Your last name stays put. The garage is all yours. Wedding plans take care of themselves. Chocolate is just another snack. You can never be pregnant. You can wear a white T-shirt to a water park. You can wear NO shirt to a water park.

Car mechanics tell you the truth. The world is your urinal. You never have to drive to another gas station restroom because this one is just too icky. You don't have to stop and think of which way to turn a nut on a bolt. Same work, more pay. Wrinkles add character. Wedding dress \$5000. Tux rental-\$100. People never stare at your chest when you're talking to them. New shoes don't cut, blister, or mangle your feet. One mood all the time. Phone conversations are over in 30 seconds flat. You know stuff about tanks.

A five-day vacation requires only one suitcase. You can open all your own jars. You get extra credit for the slightest act of thoughtfulness. If someone forgets to invite you, he or she can still be your friend. Your underwear is \$8.95 for a three-pack. Two pairs of shoes are more than enough. You almost never have strap problems in public. You are unable to see wrinkles in your clothes. Everything on your face stays its original color. The same hairstyle lasts for years, maybe decades. You only have to shave your face and neck.

You can play with toys all your life. One wallet and one pair of shoes -- one color for all seasons. You can wear shorts no matter how your legs look. You can 'do' your nails with a pocket knife. You have freedom of choice concerning growing a moustache. You can do Christmas shopping for 25 relatives On December 24 in 25 minutes. No wonder men are happier.

# Rotary Club of North Sydney Supporters

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**Birthdays**

4<sup>th</sup> May Jiji Lee  
5<sup>th</sup> May Jeff McDougall

**Anniversaries**

10<sup>TH</sup> May David & Toni Field  
30<sup>th</sup> May Jeff & Trish McDougall

**Rotary Attendance 4th May 2017****Visitors & Guests:**

**Nil**

**APOLOGIES**

Jeremy Brennan  
Tammy Chu  
Robert Lau  
John Taylor  
Doug Garner

**Leave of Absence:**

George Bauer  
Geoff Pritchard