



Meeting Thursdays 12.30 for 12.50pm at North Leagues Club, Abbot St Cammeray. ISSUE NO 3917 Thursday 8th June 2017

President....Jeremy Brennan



This Thursday we are going to hear from Peter Watson

'Life and Business Lessons I learned running 57 marathons in 59 days through NZ'

Hi, my name is Peter Watson, and I am a Business Owner here in Sydney.

I recently took off two months to complete a 2405km run (57 marathons in 59 days) through New Zealand raising funds for a local charity and would love the opportunity to speak about my trip and the business and

personal lessons I learned from it.

If this is either: (a) something that would be appropriate for your club meeting, or (b) you have a recommendation about who you believe this would apply to; I would greatly appreciate hearing from you. (Recommendations might include other non-profit groups or businesses.)

I am happy to tailor my presentation to the time and focus you require. I normally call the talk 'Life and Business Lessons I learned running 57 marathons in 59 days through New Zealand.'. A copy of an article based on this talk can be found at <https://www.linkedin.com/pulse/life-business-lessons-i-learned-running-57-marathons-59-peter-watson>

This is something that I offer as a free service to the community, and my only requirement is that I can take 2 minutes at the end of my presentation to let people know how they if they were interested, could contribute to my fundraising effort at <https://give.everydayhero.com/au/running-new-zealand>

There is additional information about this at <http://impactfacilitation.com.au/speaking>

Run New Zealand 57 marathons in 59 days.
12 Lessons I learnt running the
length of New Zealand in 59 days.
Peter Watson

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Last Weeks Guest Speaker

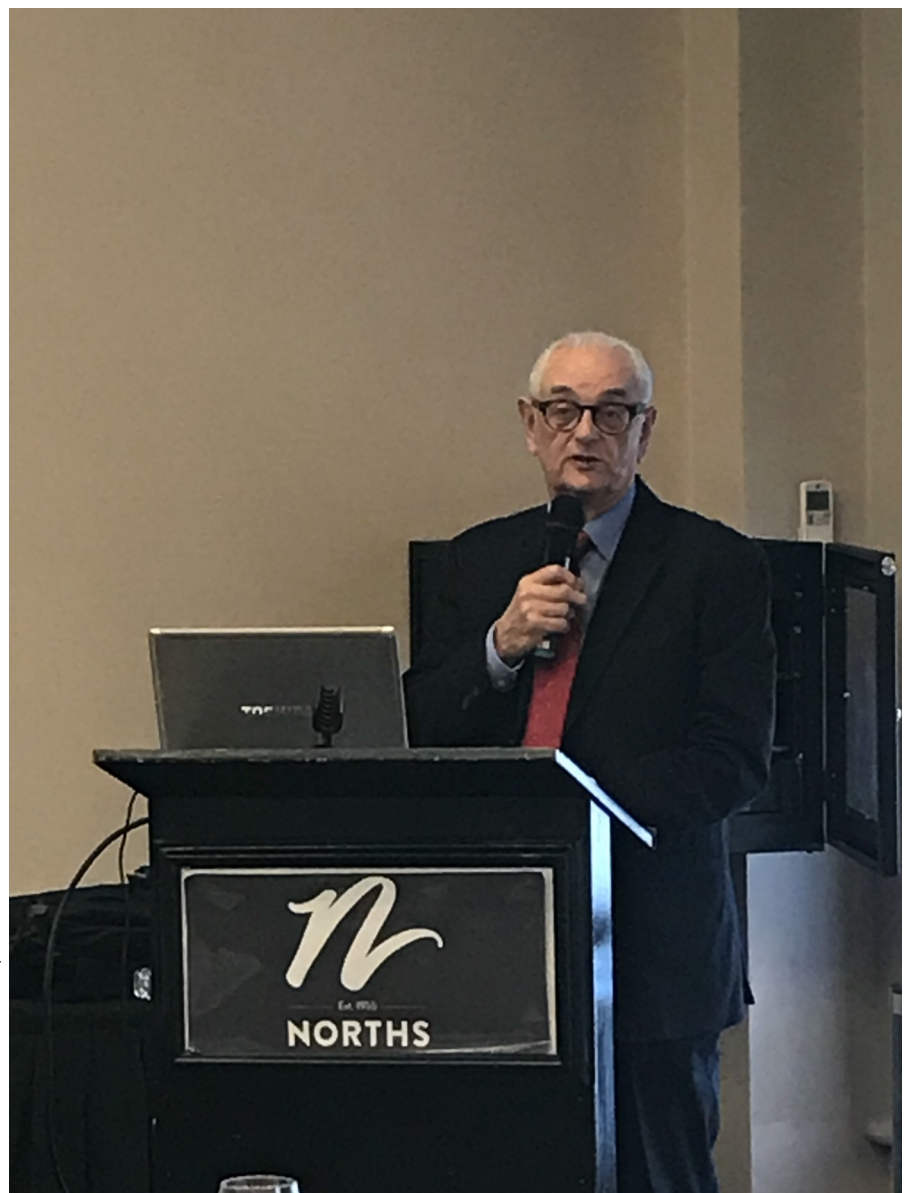
We were privileged to have Tony Irwin, the Technical Director of SMR Nuclear Technology, a Sydney based Nuclear Power company. Tony, before coming to Australia in 1999, worked on the installation of 8 nuclear power reactors in the U.K. and was for some time at the Lucas Heights site in Sydney.

As a premise to his talk on “How did the NSW electrical system survive February 10 2017, Tony explained that the Trilemma in NSW energy, was the need for Reliability, Affordability and Low Greenhouse Emissions. On the 10th of February, a unique set of circumstances meant that although there was sufficient power available to the system, two of the supplying power stations failed and power was only supplied by the Snowy Hydro scheme supplying more than their normal maximum capacity and the selective reduction of power going to the Tomago Aluminium Smelter near Newcastle. This situation made it obvious that action needed to be taken to prevent the event happening again with perhaps worse results.

Several options were suggested, phasing out high emission suppliers being the major one. Other considerations could be more use of battery storage, better demand management and increased system efficiency. Tony pointed out that Australia has a less efficient emission system than China, USA and particularly France which uses much more Nuclear power, which today is vastly safer than when the older reactors overseas caused trouble. If our local politicians could look further into the future they would realise that a mix of several different power sources would give flexibility, reliability and lower emissions.

It was excellent to get a view away from the party lines.

Guest Speaker
Tony Irwin



Red Shield Day 2017

Last Sunday (28 May) the Club led the partnership of volunteers from the local Rotary Clubs (Crows Nest, North Sydney Sunrise) and Australian Catholic University, in the 2017 Salvation Army Red Shield Door Knock Appeal in the North Sydney area..

As in previous years, Club and ACU staff and family members volunteered to act as coordinators for the various parts of our area. Each member had a special role to contribute to the success of the day - the bus, the bankers, the certificates, the drivers, table leaders, individual doorknockers and collectors. The all round generosity and competence of the team made for a happy and enjoyable community activity.

The volunteer collectors were students from North Sydney Boys High, North Sydney Girls High and Shore school. As usual they were enthusiastic and we appreciated their generosity and special contribution. In the week before, the Shore boys were involved in the static collections at North Sydney railway station.

The Shore school made their bus available and that was a big help.

The generous support and use of the University resources and staff during the collection period, were a great help and provided a safe and secure environment.

Major Debbie Hindle from the Salvation Army was the area organiser and was a great inspiration.

The overall result of the collection for the North Sydney area was \$13,478.15 - a 20% increase on last year's result.

Heartiest congratulations to the team.

Tony d'Arbon



CLUB CHANGEOVER DINNER

Would you please bring to our meeting this Thursday any item that you are going to donate for our Silent Auction on our Changeover. This will help cover any shortfall in the costs for the evening and also give us a head start with our Club finances for the year.

I would also remind you that I need final numbers for Changeover by **18th June**.

This will be a good night so please make sure that your partner, friends, and family are aware of this great night.

Jenny Thomas



The flyer features a colorful, abstract background with wavy bands of blue, yellow, and red. At the top right is the Rotary International logo. The text is centered and reads: 'DG Bruce and DGE Peter warmly invite you to ROTARY DISTRICT 9685 CHANGEOVER Saturday 1 July 2017 6.00pm for 6.30pm Hornsby RSL Club, 4 High St, Hornsby \$55 per person incl. 2 course dinner Register at changeover.rotarydistrict9685.org.au'. At the bottom, it says 'RSVP Friday 23 June 2017 Enquiries: changeoverregistrations@rotarydistrict9685.org.au'. Two smaller logos are at the bottom: 'Rotary Serving Humanity' (with a globe icon) and 'Rotary: Making a Difference' (with a group of people icon).

DG Bruce and DGE Peter warmly invite you to

ROTARY DISTRICT 9685 CHANGEOVER

Saturday 1 July 2017
6.00pm for 6.30pm

Hornsby RSL Club, 4 High St, Hornsby

\$55 per person incl. 2 course dinner

Register at changeover.rotarydistrict9685.org.au

RSVP Friday 23 June 2017
Enquiries: changeoverregistrations@rotarydistrict9685.org.au

Calendar

- 8th June Peter Watson 57 Marathons in 57 days across New Zealand
- 15th June Shelley Whittington Destiny Rescue Anti Child Trafficking Org
- 22nd June Wilfred Chee My Rotary Experience and Australian Journey from Buddhism to Christianity
- 29th June **Changeover at the Northbridge Golf Club, 6.30 pm for 7.00 pm sit down Cost \$70 per member**
- 6th July **CLUB FORUM.** Discussion on changes to meeting format, luncheon fee, alternate luncheon venues, number of meetings per month.
- 22nd July Christmas in July—Crows Nest Centre
- For Past Events Click <http://www.northsydneyrotary.org>

Office Bearers 2016-2017

President	Jeremy Brennan	International Service	Samantha Lee
Secretary	Tammy Chu	Director Youth	Silvio Gmur
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Membership	Jenny Thomas	District Conference Chair	Denis Booth
PR Director	Jenny Thomas	Rotary Foundation	John Taylor
Director Community	Jenny Thomas		

Front Desk & Room Set Up Attendance Required from 12:00pm

- 8th June Silvio Gmur & Jeff McDougall
- 15th June Peter Lulic & Tammy Chu
- 22nd June Philip Brook & John Taylor

Humour by Geoff Prichard

An Irishman who had a little too much to drink is driving home from the city one night and, of course his car is weaving violently all over the road.

A cop pulls him over. "So," says the cop to the driver, "where have ya been?"

" Why, I've been to the pub of course," slurs the drunk.

" Well," says the cop, "it looks like you've had quite a few to drink this evening."

"I did all right," the drunk says with a smile.

"Did you know," say's the cop, standing straight and folding his arms across his chest, "that a few intersections back, your wife fell out of your car?"

"Oh, thank heavens," sighs the drunk. "For a minute there, I thought I'd gone deaf."

A blonde goes into work one morning crying her eyes out. Her boss asked sympathetically, 'What's the matter?'

The blonde replies, 'Early this morning I got a phone call saying that My mother had passed away.'

The boss, feeling sorry for her, says, 'Why don't you go home for the day? Take the day off to relax & rest.'

'Thanks, but I'd be better off here. I need to keep my mind off it & I have the best chance of doing that here.'

The boss agrees & allows the blonde to work as usual. A couple of hours pass & the boss decides to check on the blonde.

He looks out from his office & sees the blonde crying hysterically...

'What's so bad now? Are you gonna be okay?' he asks.

'No!' exclaims the blonde. 'I just received a horrible call from my sister. Her mother died, too!'

Rotary Club of North Sydney Supporters

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Birthdays

5th June Denis Booth

Anniversaries

June 15 Robert & Mimi Lau

Rotary Attendance 1st June 2017**Guest**

Tony Irwin (Speaker)

Terry Chilvers

Rotarian Visitors

Ken Preshaw

Allan Coates

Stafford Watts

APOLOGIES:

Jeremy Brennan

Wilfred Chee

Robert Lau

Lily Lee

Jeff McDougall

Leave of Absence:

George Bauer

Geoff Pritchard