



CHARTERED 16<sup>TH</sup> AUGUST 1928. CLUB NO. 18035, DISTRICT 9685.

(Please Note: No meeting on the last Thursday of each month). ISSUE NO 3991 Thursday 11th April 2019



## Board Members for Rotary year 2018-2019

**President:** Ross Waugh **Secretary:** Tony d'Arbon **Treasurer:** Doug Garner  
**Administration/Youth Counsellor:** David Field  
**Community Service, Membership & Public Relations:** Jenny Thomas  
**International Service:** Samantha Lee & Jiji Lee, **Youth Service:** Peter Lulic  
**Vocational Service & Speaker Program:** Geoff Pritchard  
**District Conference/Verification Officer & Project 90+:** Denis Booth  
**Rotary Foundation:** John Taylor **Bulletin Editor:** Mal Sharpe

### PRESIDENT'S MESSAGE:

On Sunday Geoff, Denis, Jiji, Peter and myself will be attending the District Assembly at Quakers Hill. Tony d'Arbon reports that all is going well with the Salvation Army Red Shield Appeal so please lock in the date Sunday May 26 if you have not already done so. Debbie Hindle will be speaking to us on May 16 so we will all know what.

On Tuesday April 30 a number of us, 13 to be exact will be attending the 50<sup>th</sup> Anniversary Celebration of the Rotary Club of Crows Nest. I will be making payment direct to the Club at the end of the week. If you are attending please pay me on Thursday or I can give you EFT details. It is not too late to book but please let me know on Thursday if you will be attending.

On Thursday we will hear from Jacqui Jones. Jacqui is the Founder of Greatfulness which is a wellbeing program delivered in primary schools across Sydney. The Greatfulness program provides a toolbox for wellbeing for students of all ages and is a recommended program of Be You (Beyond Blue) which is the mental health initiative of the Australian Government.

Jacqui is a social worker and qualified meditation teacher. She has over 20 years combined experience in the areas of Social Work, Education and Training. Jacqui has worked for organisations such as Barnardos, The University of Technology and TAFE NSW. Jacqui is passionate about mental health and wellbeing and currently teaches meditation to adults through the University of Sydney.

Look forward to seeing you on Thursday.

[www.facebook.com/rotarynorthsydney/](http://www.facebook.com/rotarynorthsydney/)



**"For Good Food, Good Fellowship and  
the Opportunity to serve through  
Rotary, we give thanks".**



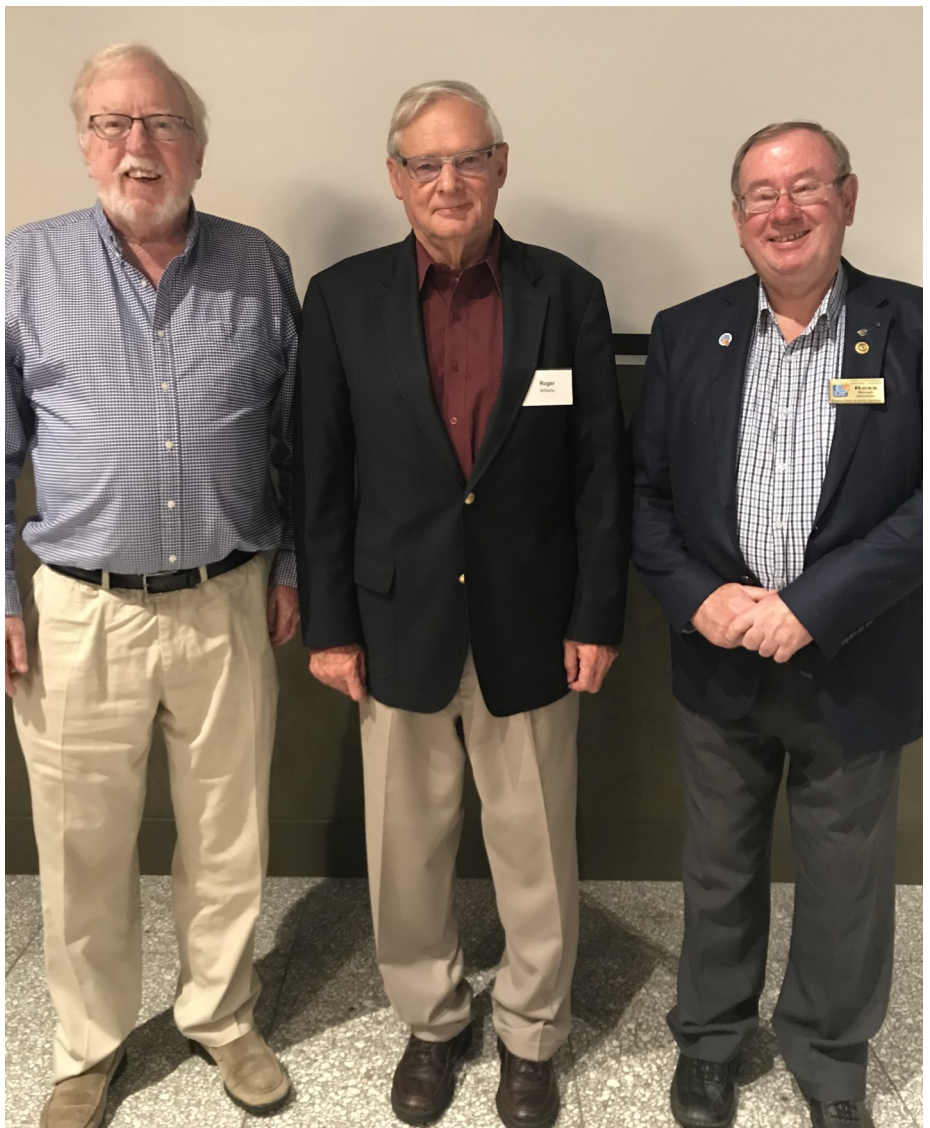
## Last Weeks Guest Speaker 4th April

Roger Williams from Mary's House was our guest speaker, explaining the purpose and functioning of the only domestic violence refuge in the North Sydney area.

Set up by a group of sympathetic citizens just over two years ago, the house caters for families with nowhere to stay, providing shelter for up to five families in a house situated, judiciously close to the North Sydney Police Station. During their stay, inmates are provided access to health and counselling, income and employment support among other services. No government funding is forthcoming and the house supplies psychological and material aid to domestic violence victims for periods of up to three months. Because it is operated as a large family, occupants are encouraged to work together, under some difficulty as they come from many social and ethnic groups.

The project has received great support from many sources. Apart from the North Sydney Police, various hospitals, in particular the Mater have helped in many ways. Roger explained that he was the Chairman of the Board for some time although he has now passed the job to one of the 5 female directors on the seven person board of directors. The premises are rented from a generous owner for a peppercorn rent, which allowed the premises to be fitted out within the half million dollar budget. Only one in five of the numerous applicants are accepted and the shortage of suitable space in the Lower North Shore is critical. When questioned, Roger explained that the best way to counter the issue of domestic violence is by education at school level.

An extremely worthwhile lecture, which affected all present; indicative by the many questions which Roger expertly answered.



Guest Speaker Roger Williams with Geoff Pritchard and President Ross Waugh

## Club Meetings & Events

Date	Speaker	Subject
11 <sup>th</sup> April	Jacqui Jones	Greatfullness/Mental Health Education for Children
14 <sup>th</sup> April	District 9685 Assemble	Quakers Hill
18 <sup>th</sup> April	Guy Cooper	Wayside Chapel Update
20 <sup>th</sup> April	Crows Nest Markets	
25 <sup>th</sup> April	No Meeting	



Date	Birthdays	Date	Anniversaries
5th April	Susie Martin	6th April	Denis & Jan Booth
14th April	Tony d'Arbon	6th April	Jiji & Darjee
21st April	Geoff Pritchard		
28th April	Philip Brook		

Date	Front Desk & Room Set Up Attendance Required from 12:00pm
11th April	Philip Brook & John Taylor
18th April	Peter Lulic & Lily Clarke
25th April	NO MEETING

## Visitors & Apologies for 4th April 2019

### Visitors

Roger Williams	Guest Speaker
Toni Field	Guest of David Field
Garry Pritchard	Guest of Geoff Pritchard

### **Leave of Absence:**

Robert Lau

### Apologies

Denis Booth  
Tony d'Arbon  
Lily Lee  
Peter Lulic  
Jeff McDougall

**We are grateful to: Rotary Club of North Sydney Supporters**



**Kennards Self Storage - Artarmon**

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**‘Keep It At Kennards,  
The People Who Care’**

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## Humour by Geoff Pritchard

A vicar was asked to dinner by one of his church members. He knew she was a bad housekeeper, but agreed to come. When he sat down at the table, he noticed that the dishes were the dirtiest he had ever seen in his life.

“Were these dishes ever washed?” he asked his hostess, running his fingers over the grit and grime.

She replied: “They’re as clean as soap and water could get them.”

He felt a bit uncomfortable, but blessed the food anyway and started eating. It as delicious and he said so, despite the dirty dishes.

When the meal was over, the hostess took the dishes, went to the door and yelled: “Here, Soap! Here, Water!”

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# JOIN US ON A VIVID CRUISE!

Experience the magic of the Vivid Festival from Sydney's beautiful harbour!



Rotary e-Club of Greater Sydney invites you to celebrate Sydney's rich history when the city's most iconic landmarks are awash with light installations.

Cruise in the comfort of the touring vessel *Mari Nawi* while enjoying the friendly company of your Aboriginal Tribal Warrior crew.

This 2 ½ hour cruise is exclusively for the Rotary e-Club of Greater Sydney and its guests.

**Ticket proceeds go to the club's local and global service projects.**

**Silent auction: bid on unique gifts!**



**Rotary**  
e-Club of Greater Sydney



**When:** Friday, May 24, 2019

**Time:** 6:45 for 7 pm departure to 9:30 pm

**Boarding location:** Darling Harbour's King St Wharf No. 6. Return to King St Wharf No. 7. Disability access.

**Cost:** \$65. No concession.

Kids 10 and under free (but please email [handupcongo@gmail.com](mailto:handupcongo@gmail.com) with numbers for catering purposes).

Ticket includes 1 complimentary drink and delicious deli taste treats. Cash bar.

**Booking:** [www.trybooking.com/BBLUH](http://www.trybooking.com/BBLUH)

Please book by May 10.

**Contact:** Lucy Hobgood-Brown on [handupcongo@gmail.com](mailto:handupcongo@gmail.com) | 0417 272 101.

Photo: Vivid Sydney