



CHARTERED 16TH AUGUST 1928. CLUB NO. 18035, DISTRICT 9685.

(Please Note: No meeting on the last Thursday of each month). ISSUE NO 4000 Thursday 18th July 2019



Board Members for Rotary year 2019-2020

President: Lily Clarke **Secretary:** Tony d'Arbon **Treasurer:** Doug Garner
Administration: Ross Waugh **Youth Counsellor:** David Field
Community Service, Membership & Public Relations: Jenny Thomas
International Service: Samantha Lee & Jiji Lee, **Youth Service:** Peter Lulic
Vocational Service & Speaker Program: Geoff Pritchard
District Conference/Verification Officer & Project 90+: Denis Booth
Rotary Foundation: John Taylor **Bulletin Editor:** Mal Sharpe

President's Message:

CONGRATUALTIONS ON RAISING \$606,000 ! TARGET – NO DEATHS FROM MELANOMA

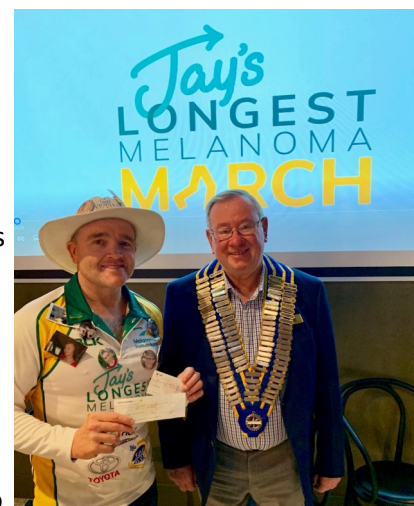
Today we welcomed guest speaker Jay Allen from the Melanoma Institute of Australia. Jay, a survivor of Melanoma shared with us his incredible journey of the 3rd Melanoma March from Adelaide to Sydney. This March commenced on March 31, took over 50 days, walking a distance of 2,000 Klm. Every day it was up at 6.00am and walking until approx. 7pm every evening, averaging 48 klm per day. The March consisted of 6 committee volunteers and 4 vehicles led by Jay.

As a nation of sun worshippers, we easily forget that Melanoma is considered Australia's National disease. A reminder to keep your kids safe.

The March not only raises valuable funds that are necessary for research and we hope eventually a Cure for Melanoma, but the March also provided an opportunity for those who Melanoma has touched personally or touched a member of their family to join the walk at any stage and any length of time. While walking, participants had the opportunity to share their story of survival and recovery and/or their story of grief. This incredible journey gave all participants the opportunity to connect with others and become a support to each other while participating in such a worthy cause. Jay showed us lots of photos given to him on his walk. These photos of victims of Melanoma provided the motivation to keep marching when blisters upon blisters and fatigue looked like they were winning. A total of 340 people participated in the march at varying locations which concluded on May 19th.

The Rotary Club of North Sydney is proud to have made a donation of \$5,000 to this worthy cause and this donation was accompanied by a further generous donation by one of our Club members who is a survivor.

To date, there has now been 3 Melanoma Marches which have raised over \$1million in total. Further information can be found on www.melanoma.org.au and Jay's Longest Melanoma March 2019-Tour de Cure



www.facebook.com/rotarynorthsydney/



**"For Good Food, Good Fellowship and
the Opportunity to serve through
Rotary, we give thanks".**



Last weeks Guest Speaker 11th July.



Group photo
with Jay Allen

Our speaker last week was Jay Allen from the Melanoma Institute, describing his walk from Adelaide to Sydney earlier this year. This is the third of Jay's walks to raise awareness and funds for the prevention of Melanoma. Australia, with its climate and proximity to the sea, has the world's most prevalent melanoma sufferers and needs all the support it can get. Jay, a past sufferer from Melanoma has so far completed three marathon walks, previously walking from Sydney to Melbourne and Sydney to Brisbane. His route this time, was not direct, as he passed through Bordertown, Horsham, Ballarat, Melbourne, Yarrawonga, Canberra and Bateman's Bay before reaching Sydney. Commencing on the 30th of March, this year, Jay finished on the 19th of May, raising the amazing amount of \$606,000 for the Institute. So far in the three walks, Jay has earned over \$1,000,000 for this very worthy cause.

The weather was mainly kind, having only one or two wet days during the 50 en route, which allowed Jay to make good time alongside his five fellow walkers who took turns to join him on the road. Three Toyota vehicles were donated to ferry the team, a big factor in making the trip such a success. Jay described the many generous people he met on the road including a fellow sufferer near Yarrawonga, his football idol Jarryd Roughhead in Melbourne and the Melanoma surgeons at the Peter Mc Callum Institute in Melbourne. His food intake included up to 8 bananas and 2 to 3 litres of water each day and he mentioned the problems he had with blisters, which seemed a natural hazard. He closed with a video of the trip and was grateful to receive cheques for \$6,000 from the club and Geoff Pritchard.

An inspiring lecture, but I was happy to watch the story unfold in a comfortable chair.

Introducing Toni Field our new Director of Fun & Fundraising

We all know we need to raise funds to meet our goals to support our community via worthwhile projects that make the world a better place. It's important to remember we can achieve this task and still have fun !

Ross & Jenny's trip to Scone – what fun they had !

As you would all be aware from our Annual Report the Market money was divided equally this year between the Melanoma Foundation and help for the farmers. (Both receiving \$5,000). During our 90th Birthday Celebrations we also raised money also for Buy a Bale and this was distributed through this organisation through the Benevolent Fund.

It was suggested that I should contact Belltrees one of the largest properties in the Hunter at Scone who are desperate for help. 'Belltrees' was acting as a base for farmers in need to come and collect donated hay at no cost – all they had to do was come and collect it! Obviously the owners of this property were well aware of those in need.

I purchased \$5,000 worth of hay directly from the supplier to be delivered to 'Belltrees'. This was organised and I was invited up to the property to see first hand the bare creeks, all the properties with not a blade of grass and to hear the farmers distressed calls for help. Some had just sold up – there were paddocks and only breeding cattle left. All horses were out on agistment and all other cattle had been sent to the abattoirs. I naturally asked Ross if he would like to come as we were the major fund raisers. They invited us to their monthly farmers dinner at the "Gundy Pub" on the Friday night!



We left last Friday and it was pelting down with rain most of the way – we thought we were going to bring the farmers 'good luck' with rain – but not true it stopped about 40 KLMS out of town. Looked threatening all day – but not a drop.

Earlier we had been invited to spend the afternoon on a site seeing trip around 'Belltrees' as soon as we arrived. It was the best afternoon I can remember for so long – very sad but Anto the owner gave us a great time. He immediately realised he had a farmer in the making with Ross on board and decided to give him a few 'farming lessons'! He took us out in 'his truck' and as the creeks were all dry as a bone he

decided to scare the hell out of us by going at great knots down into the dry bed and up the other side – hair raising to say the least. He had previously loaded a bale of hay on the ute and tried to get Ross to push it towards the cattle – a futile exercise! He also taught Ross how to 'call the cattle' to notify them that food had arrived. He offered to let Ross 'crack the whip', test the branding irons out etc. etc.

We had a most welcome visit to, a pub on the way back to our 'digs' and then a quick change and a half an hour drive back to the Gundy Pub for Dinner.



This was another very interesting time – great country meal, speeches about 'horse' problems, etc. The owner of 'Belltrees' thanked North Sydney Rotary for their donation – great applause – another few drinks then back to Scone to sleep.

A magic 36 hours and I will be looking forward to going again when we have raised enough money to justify being invited again. I enjoyed every second of it as I am sure Ross did also.

Ross and I could talk about it for ages!.

ROTARY and CITY2SURF 2019



You're invited to join the fun!! Volunteer today for City2Surf Info Officers at Hyde Park and raise \$75.00 of funds per volunteer for your club's community projects.

Rotary Clubs and Rotaract Clubs are invited to register volunteers as below (for assistance please call 0410 943 007). For those of you who volunteered last year, thank you for your valuable contribution and we welcome you back, if available. ☺

WHY

It is a great day with an amazing positive atmosphere, and an easy way to raise \$75.00 for each of your club's volunteers to go toward vital community projects.

WHERE

Hyde Park Volunteers – meet at volunteer tent in Hyde Park to sign-in at 5:45am (across from St. Mary's Cathedral, next to College Street), and then are given briefing about the day's activities.

WHEN

Sunday, 11 August 2019

5:45 am 'till 10:30am, sign-in

HOW

Please confirm your wish to volunteer for **Rotary's City2Surf Hyde Park Volunteers 2019**. The following are three ways to register/confirm, become a volunteer:

1. Reply to this email with subject **City2Surf Hyde Park Volunteers 2019: Yes, or I want to volunteer...**
2. Text your confirmation to coordinator on 0410 943 007 (ensure you receive confirmation), or
3. Create Account or Log into existing account from last year at the following link [CLICK HERE \(https://fairfaxevents.rosterfy.co/register?b=219&i=3jrt8rf7e&groupid=4720&b=219\)](https://fairfaxevents.rosterfy.co/register?b=219&i=3jrt8rf7e&groupid=4720&b=219)

Please note:

Coordinator: Russell Paine (2019-20), Pres. Rotary Club of Bondi Junction

Contact info: Mobile 0410 943 007 (text preferable, unless urgent); email Russell.Paine@gmail.com

Payments: once volunteered, the Rotary Club of Bondi Junction will remit funds to your Club asap.



Christmas in July

The Rotary Club of North Sydney and North Sydney Council
generously invite local seniors to join us for Christmas in July

Saturday 27 July 2019

12 noon to 2 pm

At the Crows Nest Centre 2 Ernest Place, Crows Nest



- Free two course hot lunch prepared by William Blue College
- Live entertainment by **The Tokens**



- Visit from Santa
- Transport available



Bookings essential. **RSVP by Friday 19 July.**

Contact: Olga Telepova

Social Support Coordinator

Phone: 9437-7503

Email: socialsupport@crowsnestcentre.org.au



Rotary
WILLIAM BLUE
COLLEGE OF HOSPITALITY
MANAGEMENT



Please tear off and return

I would like to attend Xmas in July

I require transport within the Lower North Shore

I require a vegetarian meal

☐ YES

☐ YES

☐ YES



**Crows Nest
Centre**

Connecting Our Community

Name _____

Phone _____

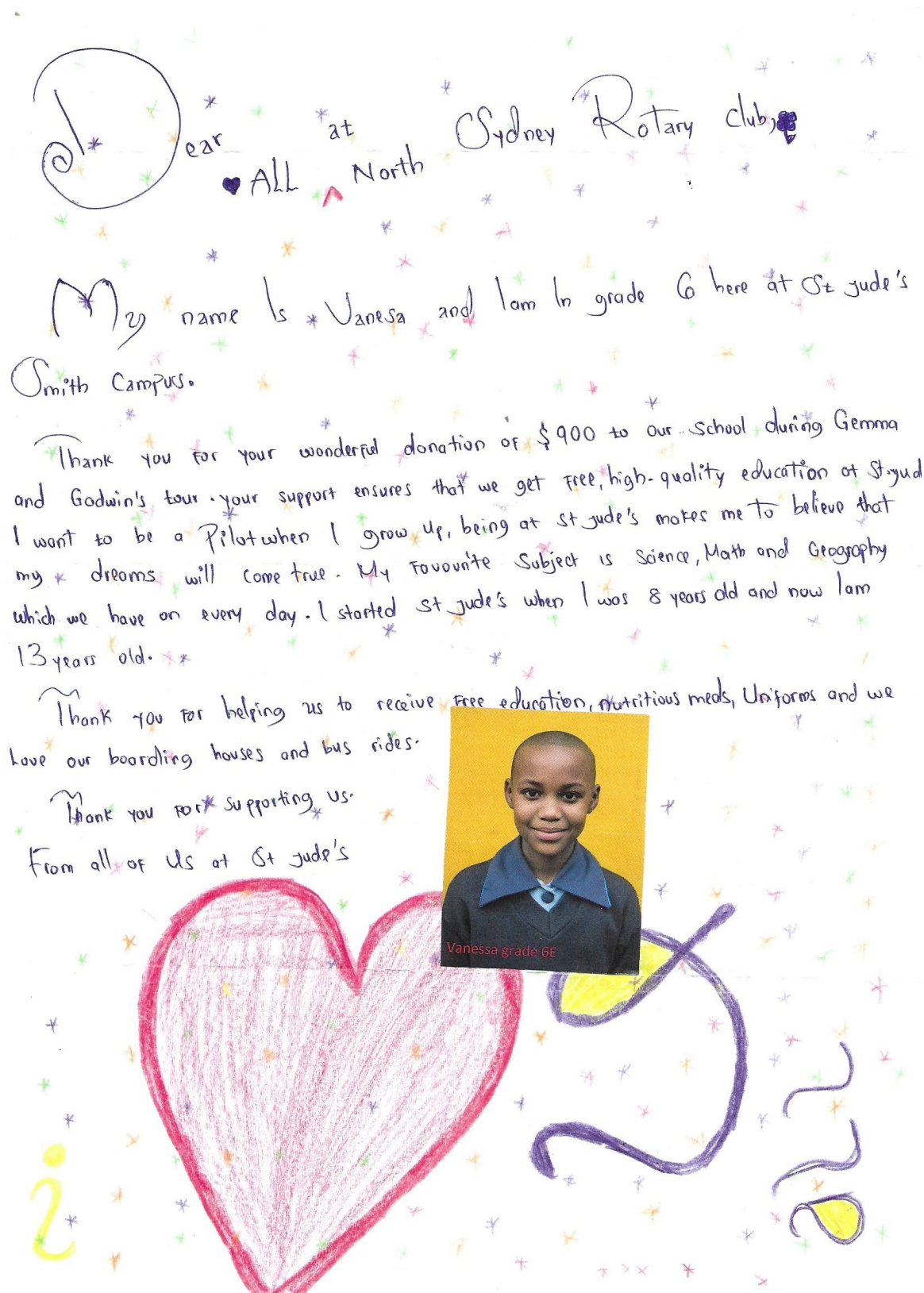
Address _____

Suburb _____

The School of St Jude – Fighting Poverty through Education

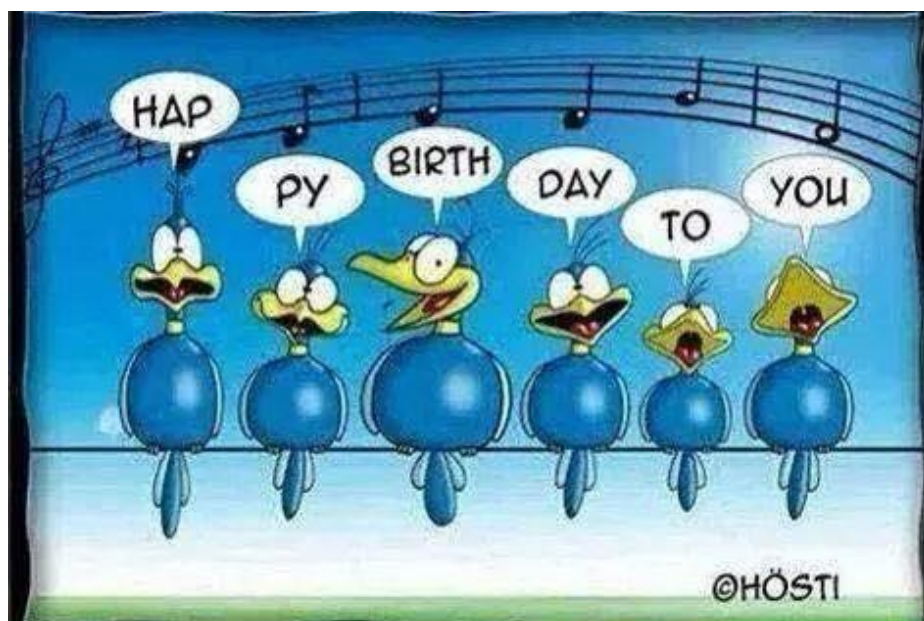
Founder and Director Gemma Sisia from The School of St Jude was our guest speaker on March 7 last. The School of St Jude is Africa's largest charity funded School providing over 1,500 students with a FREE high-quality education and boarding rooms for over 1000. Their aim is to provide students with the knowledge and skills to take their place as educated and responsible adults who will go on to make lasting contribution to their families, community and their country.

Below is a lovely letter received from one of their students.



Upcoming Events for your diary

Date	Speaker	Subject
18th July	David Gordon	Freedom Wheels—Clever Ideas—Changing Lives
20th July	Crows Nest Markets	
25th July	No Meeting	
27th July	Seniors Christmas in July	Crows Nest Centre



Date	Birthdays	Date	Anniversaries
12th July	Peter Lulic		
18th July	Mal Sharpe		No Anniversaries this Month
26th July	Ken Pratt		

Date	Front Desk & Room Set Up Attendance Required from 12:00pm
18th July	Tony d'Arbon
25th July	No Meeting
1st August	David & Toni Field
8th August	Doug Garner
15th August	Samantha & Lily Lee
22nd August	Peter Lulic
29th August	No Meeting

Visitors & Apologies for 11th July 2019

Visitors

Jay Allen Guest Speaker Melanoma Australia

Leave of Absence:

Robert Lau

Apologies

Tony d'Arbon

Jiji Lee

Samantha Lee

Lily Lee

Jeff McDougall

Ken Pratt

We are grateful to: Rotary Club of North Sydney Supporters



Kennards Self Storage - Artarmon

PHONE +61 2 9413 3377

ADDRESS 452-458 Pacific Hwy, ARTARMON NSW 2064

Entrance via: Norton Lane

EMAIL artarmon@kss.com.au WEB <http://www.kss.com.au>

**‘Keep It At Kennards,
The People Who Care’**

Humour by Geoff Pritchard

On a Melbourne pub:

“Good clean entertainment, every night except Monday”

“Players picked for the darts team will be pinned to
the notice board on Thursday”

“Try our home-made pies. You’ll never get better.”

In a Scottish pub:

“Happy Hour, 5.30 pm until 6 pm.”

“Ladies are requested not to have children in the bar”

“Please do not leave while the bar is in motion”

Upcoming Events for your diary

Crows Nest Market Saturday 20th July



Visit our website: www.northsydneyrotary.org.au

Please see District 9685 website for full details



March 20-22 Wollongong

Combined District 9685 & 9675 Conference



From: "Ian Scott AM" <ian.scottadr.com@clubrunner.email>
Date: 8 July 2019 at 11:29:54 am AEST
To: "Lily Clarke" <lilyluliz@icloud.com>
Subject: Lets Fill these RLI Courses to Bursting!
Reply-To: "Ian Scott AM" <ian@scottadr.com>

Dear Lily,

For the Attention of Club Presidents and Secretaries,

Your Rotary Leadership Institute Faculty is raring to "Connect The World" in this new Rotary year by delivering a terrific learning and development opportunity for Clubs.

The RLI course is run over two days, power-packed with information, learning, and skills you can use in your Rotary life straight away. only \$75 including all materials, coffee breaks and lunch, this is great value to Clubs and their members.

Networking with other Rotarians and led by experienced facilitators, you are sure to enjoy what others are describing as the best Rotary training they have had. If you are already an RLI graduate, encourage your fellow Club Members to attend. Register online now at rli.rotarydistrict9685.org.au and supercharge your Rotary.

Dates are;

RLI 53 August 4 and 18 (Sundays)

RLI 54 October 5-6 (Weekend)

RLI 55 November 16-17 (Weekend)

Regards,

Ian Scott

RLI Coordinator

Rotary
Districts 9670,
9675 & 9685

**Dinner
with Rotary International President
Mark Daniel Maloney**

Rotarians and friends in Districts 9670, 9675 & 9685 are invited to join us for a special dinner with
Rotary International President for 2019-2020, Mark Daniel Maloney

Monday, 23 September 2019



VENUE: The Deckhouse, The Dock, End of Clarke Road, Woolwich
(A 5-Star venue on beautiful Sydney harbour which is part of the Dedes Group of Venues)

DATE: Monday, 23rd September 2019

TIME: 6.30 pm for 7.00 pm

COST: \$70 pp - two course meal & welcome drink on arrival

DRESS: Business Attire

REGISTRATION: www.trybooking.com/523543
Registrations close 15 September
Seating is Limited—book early!



This is a rare opportunity for Rotarians and guests from our three Districts to meet and be inspired by our International leader whilst enjoying the location, hospitality and catering of one of Sydney's premier venues.

For more information contact PDG Gina Growden 0412 128 106 or gina.growden@bigpond.com

Note: you need to book using the trybooking system

www.trybooking.com/523543.

No money will be taken on the night.



PRESENTING THE ROTARY CLUBS OF NSW

10TH ANNIVERSARY ROTARY POLICE OFFICER OF THE YEAR AWARDS



8 NOVEMBER 2019 | **HYATT REGENCY, SYDNEY**



Rotary
Districts and Clubs of NSW



**CLOSE TO
\$300,000 HAS
BEEN RAISED
FOR POLICE
LEGACY AND
THE ROTARY
FOUNDATION
FROM THE
POLICE
OFFICER OF
THE YEAR
AWARDS**

The Rotary Club of Sydney is proud to host the 10th Annual Awards for the NSW Police Force to give state-wide community recognition for excellence in Police service to officers and unsworn employees throughout NSW.