



CHARTERED 16TH AUGUST 1928. CLUB NO. 18035, DISTRICT 9685.

(Please Note: No meeting on the last Thursday of each month). ISSUE NO 4028 Thursday 23rd April 2020



Board Members for Rotary year 2019-2020

President: Lily Clarke **Secretary:** Tony d'Arbon **Treasurer:** Doug Garner
Administration: Ross Waugh **Youth Counsellor:** David Field
Community Service, Membership & Public Relations: Jenny Thomas
International Service: Samantha Lee & Jiji Lee, **Youth Service:** Peter Lulic
Vocational Service & Speaker Program: Geoff Pritchard
District Conference/Verification Officer & Project 90+: Denis Booth
Rotary Foundation: John Taylor **Bulletin Editor:** Mal Sharpe

President's Message:

Anzac Day – Saturday April 25, 2020



COVID-19 continues on its path forcing cancellations of long held traditional ceremonies. The overseas Anzac Day ceremonies for this year have been cancelled on the Gallipoli peninsula in Turkey, near Villers-Bretonneux in France, including the Australian service at the 'Digger' Memorial, Bullecourt, Hellfire Pass in Thailand, Sandakan in Malaysia and Isurava in Papua New Guinea.

We are all encouraged to privately commemorate Anzac Day in-line with the latest health advice:-

*you can watch the national broadcast service from your home. The Australian War Memorial will be streaming on several stations. From 6am a short commemorative service will be streamed comprising of The Ode, The Last Post, a minute's silence, and Reveille.

* participate by standing in your driveway, or on your balcony or in your living room and hold a candle and remember all those who served and have sacrificed.

www.facebook.com/rotarynorthsydney/



**"For Good Food, Good Fellowship and
the Opportunity to serve through
Rotary, we give thanks".**



Presidents Message continued....

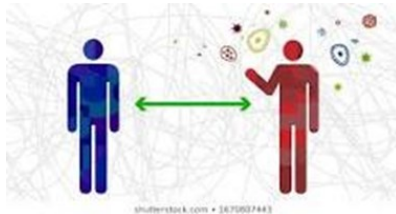
*be in your front yard, on your verandah or balcony with a torch or something luminous, have the Last Post ready to play through your phone, ipad etc and a Bluetooth speaker. At 6.00am play the Last Post and turn your torches on. At the end of the Last Post observe 1 minute silence followed by "Lest We Forget"

Anzac Day falls on a Saturday which is the Public Holiday, there is no ANZAC Day 'long weekend' in NSW, Victoria, Northern Territory, Queensland, Tasmania and South Australia for 2020.

Please take care, stay safe, your health is everything

To date, the coronavirus has infected in excess of 2,000,000 people worldwide.

Social Distancing



Above: Exhausted Medical Staff





To all the medical and health care staff doing an absolutely wonderful job under very trying circumstances. We say 'Thank you' and stay safe.

All Club meetings for the next 90 days IE: month of April, May and June have been cancelled unless lockdown rules change in the interim.

Norths Club is closed until further notice.



Fifty ways to beat COVID-19

**Don't hop on the bus, Gus,
Stay away from the pack, Jack,
Sneeze into your sleeve, Steve,
To keep virus free.**

**Stop touching your face, Grace,
Stay back to six feet, Pete,
Keep washing your hands, Stan,
And heed CDC.**

**Don't visit your Gran, Jan,
Wipe down every toy, Roy,
Don't hoard all the food, dude,
Please buy sensibly.**

**Just use some Purell, Mel,
Keep wipes near at hand, man.
Don't listen to John, Don -
You don't need more TP!**

**This isn't Spring Break, Jake,
Stay home if you're sick, Dick,
Just follow the rules, fools,
And stay virus free!**

President's Message: continued...



Pride of Workmanship Awards 2020 scheduled for March 30 have been postponed. Rescheduled Date TBA

During periods of isolation, look after your mental health.



Lifeline Australia: 13 11 14
Beyond Blue: 1300 224 636
Kids Helpline: 1800 551 800
Emergency: 000
Confidential Helpline: 1800 737 732
Mensline: 1300 78 99 78
Relationships Australia: 1300 364 277



FELLOW ROTARIANS - Anzac Day Memories

My favourite recollections of Anzac day for our club was when we asked our own club members who were serving in the forces at that time to tell the other members of the club their recollections of what they were doing in the forces during WWI and WWII.

Who can ever forget on the 75th anniversary of Gallipoli ANZAC DAY in 1990 when Cliff Lovert told us of his experiences at the Somme when as a 17 year old boy, yes he put his age up to join, he explained as he was the youngest 'man' in his division, it was his job to look after the horses and how when the shelling began he had to run down to the stables and calm the horses. He then told us that his most vivid memory of that event was 'the smell of fear of the horses was so strong'.

He also reminded us of the ever presence of snipers, and he described how he was walking with he best mate down to the mess tent when there was a crack of a rifle and his best mate lay dead at his feet. He stopped talking and wept. 77 years later.

Before the lunch a visitor in his early 70's came and told me that 'his father had never spoken about his time in the war' and thanked me for organising the day. I realised then that this was Cliff's son.

As I was the guest speaker organiser that year I had asked Cliff to be our guest speaker weeks before this day and his reply was

"No David I don't think so as I was never at Gallipoli I was only at the Somme". My reply was that as he was the only member who had actually fought in WWI, we would love him to be our guest speaker. He was silent and next week came back to me with a very simple reply - "Well David, I suppose that I must !" And the rest is part of our club's history.

Then in 1995 on the 50th anniversary of the end of WWII in Europe we had reflections from our members who served in Europe and then on the 50th anniversary of the end of the war in the Pacific our members who served in the Pacific told us of what they were doing at the end of WWII and we recorded those reflections and it was my intention to play that recording at our meeting on Thursday 22nd of April.

But alas this is not to be this year.

If anybody would like a CD of that meeting it is available.

PP DAVID FIELD



International Project – Water for kids in Kenya - Update

With the coronavirus now in almost every corner of the world, the International team knows how fortunate we have been. It is still mind-boggling to us that our luncheon was held just 4 days before the World Health Organization declared COVID-19 a pandemic.

Over in Kenya, though social distancing measures has meant school closures, BeyondWater have still been able to make some progress in building our Water Catchment System. As you can see, the photos show when the two 10,000L tanks arrived ready to be set in place to receive rainwater. April is one of the wet seasons (the other in November) for the area but thankfully Sharon has told us they've had some nice days to do the build.



Meanwhile, Sharon and Peter are still in lockdown in New Zealand. They are hoping to get back to Kenya by the end of June but of course this will depend on many factors including whether the four corresponding airports will be open to receive them. Nevertheless, once they return, they will be able to put their final touches on the project and hold the educational session on hygiene for the kids, parents and staff.

In the meantime, we hope all of our fellow members are safe and well, and washing their hands frequently!

Sam & Jiji



2nd Blog + Photos for Henry Morgan our Outward Exchange Student who has moved from Belgium to Germany due to Covid.

It is hard to imagine that just a month ago I was in Belgium and now my exchange for the foreseeable future will continue in Germany. On March the 16th I was informed by my district chairwomen in Belgium that exchange students in District 1630 were to be sent home. Now I didn't even really consider this a possibility because frankly speaking I thought it would be logistically impossible to pull off, so didn't take the news well. Shocked is an appropriate word but I can't really put into words how overloaded with emotion I was at the time. I wasn't angry or sad but just silent.

Prior to this event I threw around the idea of changing districts to Ngaire back in District Exchange 9685 in a WhatsApp group chat and was resigned that the likelihood of that happening was very minimal. I mulled it over and at the absolute minimum I would leave my current host family so I started packing.

Progress was slow however as I was on the phone for about 4-5 hours to various people who I had to say my goodbyes to or to people back in Australia that I had to inform of these events. I couldn't say how Australia took the news but I can say for a fact that Belgium had a massive mess to clean. Rotary clubs, ambassadors and countries in lockdown. So you could imagine the amount of panic that the 200+ exchange students were feeling.



Breakfast at Klaus's house before citation



Breakfast in Ludinghausen

The next morning, admittedly I had almost one hand in this, it was all 9685 and the people behind it things were set into motion. I continued my not so efficient packing process periodically making sure that nothing more was happening over the phone. When 9685 had successfully contacted Germany and Germany was willing to take me in.

This process happened so quickly as a matter of fact to keep everyone up to speed about what was happening a group chat named "Henry's

Exchange" was created. See it all came very suddenly because whilst I was

dealing with traffic in the town square in Belgium, 9695 was working through the night to get me either to stay or get somewhere else. So I was told by Ngire at 1:30pm that the multi-district German chair was willing to drive to Holland (Wow new habit developed. In Australia you say the Netherlands but anyway) to pick me up. That was almost exactly what happened.



Fresh Eggs every morning at the Leinweber's

Continued...2nd Blog + Photos for Henry Morgan

After some moments notice I left my original host family with my 16th birthday present ahead of time and was driving to my YEO's house. Upon arrival he was under the impression (as was one of my host parents) that I was staying the night. As much as I appreciated the offer I asked him to call Klaus and seems the same leaving was pushed forward to a bit sooner.

So I was leaving in 5 minutes, said my goodbyes to Mario (Klein Mario that is my YEO is called Mario as well so we say Klein

and Grote which mean big and small, didn't realise how hard that would be to explain to someone not it Belgium) and left. I got driven to Maastricht and I changed hands. Strange feeling. Klaus was nice enough to invite me to his home for the night and for the night it was largely uneventful... as uneventful as going to a house with 4 people and about 10,000 dogs could be. I could also tell that they were also panicked about the virus so I figured it'd best to keep to myself somewhat. I showered, ate and went for another drive with no notice once again to my new host family's house.



Henry with Belgium Host Family on his 16th Birthday



Henry with fellow Rotary exchange Mario Klein



Henry with Leinweber family in Lüdninghausen

It meant a natural adjustment.

Ok in this story it is somewhat understated how much Rotary did because it was very much from my perspective but trust me when I say I understand the great fortune I was given in having such a helpful group of people trying to make my exchange the best it can be. I have a long list of people I'm thankful for through this entire thing, I was invited to stay the night somewhere twice in the same day, but some specific thanks are in order. Michelle and Ngaire for staying up until my best guess was 4am to deal with this whole thing and doing so quickly. I mean I was in contact with them almost as soon it happened so in those 2 days they both collectively were up for like 3am and a bit. I mean I'm also thankful to people overseas but I can just say that in person for the most part.

Well I write this in part to keep the people back in Australia updated but mostly because I think it is a story. As much as I do miss Belgium and the amazing people I met and experiences I had I feel content. I have a wonderful new host family, I'm in a new country and I'm ready for the next adventure.

Henry's is in the town of Lüdninghausen which is near Munster near the border with the Netherlands. He is in a large house with large garden that includes chickens.

His host family is the Leinweber's who regularly host Rotary exchange students and are happy to have him.

His address is
Baumschulenweg 6
59348 Lüdninghausen Germany



Travelling between Maastricht and Eskirchen



ROMAC CHAIRMAN'S MESSAGE- APRIL 2020

Dear Valued Supporters of ROMAC

I write to you as we all find ourselves in the midst of an unexpected time.

I must start my communication by saying that I hope you are all safe and well and coping with this medical crisis. Regardless of how the COVID-19 is affecting our lives, I would like to bring you up to date with the present state of play with ROMAC and our patients.

As you are aware, currently only Australian citizens and residents may enter the country; and New Zealand is similar. As a result, ROMAC is unable, at this stage, to accept any new patients needing surgery or medical procedures.

For your information, there are two patients still in Australia receiving medical attention.

Firstly, there is Vincent from the Solomon Islands who arrived in July 2019 diagnosed with "complete oesophageal T3-T4 level with no fistula between the oesophagus and trachea / bronchus" as well as "immediate respiration pneumonia" requiring treatment. Vincent turned 11 months old on the 3rd April 2020. After many operations and procedures under the direction of Professor Croaker at Canberra Hospital, Vincent is now taking milk from a bottle and oral foods and his weight has now increased to 7.3kg. He is now crawling and getting into mischief! Vincent and his mother, Cosinta, are being cared for at the home of Sandra and Brian Goldstraw, with assistance from her ROMAC team. Hopefully Vincent and Cosinta will be able to return home in July this year.

Secondly, there is Germaine. Also from the Solomon Islands, Germaine arrived at the Westmead Children's Hospital in early March to be diagnosed with rheumatic aortic and mitral valve disease. Her operation was successful and she was discharged from hospital at the end of the month. She is currently staying with her mother and friends in Wollongong, NSW.

Here in Australia and New Zealand, so much is still uncertain. But one thing we at ROMAC know, is that in the coming weeks and months ROMAC will be needed by sick children in the Islands of Oceania like never before.

Please consider supporting ROMAC so that we can continue our much needed work with children from our neighbouring countries in Oceania.

Please donate now to help.

Keep safe and keep well.

Harold Sharp
Chairman

From: Elaine Perrin <elaineperrin7@me.com>

Date: 18 April 2020 at 3:01:21 pm AEST

To: Lily Clarke <lilyluliz@icloud.com>

Subject: Re: Anzac Edition of COGS

Dear Fellow Rotarians

Just a little message to you all from here in New Zealand. Do hope you are coping and finding some silver linings in these challenging and uncertain times.

We have been in very strict lockdown here with everyone at home and only pharmacies and supermarkets open. We are allowed to walk or bike up to 2 kilometres away from home, but nothing else. The restrictions seem to be working in keeping control of the virus and squashing the curve. We shall find out on Monday whether some people will be able to return to Level 3. Do hope so.

How lucky were we to have that wonderful Chinese meal and fund Raiser just before everything changed.

Sending you best, good, fond wishes for Anzac Day and all the days to come and hoping you are keeping well and we can all get together again in the not too distant future.

Elaine x

Contribution from Geoff



Looking at the map for some weekend travel ideas



It was a quiet Monday morning in September 2053, when John awoke with a need to go to the bathroom. To John this wasn't just any ordinary day! This was the day he would open the last package of toilet paper his parents bought in the year 2020.

**If the year 2000
was Y2K -
Will the year
2020 be known
as Y2-PLY ?**

**If the schools are
closed for too long, the
parents are gonna find
a vaccine before the
scientists...**

**Now that we have
everyone washing their
hands correctly.**

**Next Week: Turn
Signals!!!**

We are about 3 weeks away from knowing everyone's true hair color



3 hours into home schooling and 1 is suspended for skipping class and the other one has already been expelled.



A tip for successfully working from home !!

That moment when you're worried about the elderly and realize that you are the elderly.



To those who are complaining about the quarantine period and curfews, just remember that your grandparents were called to war; you are being called to sit on the couch and watch Netflix. You can do this.

Crows Nest Markets – APRIL, MAY AND JUNE
CANCELLED DUE TO NSW LOCK-DOWN RULES



Training on March 20 and Launch of DCaf on March 25 have been cancelled until further notice.

In the meantime volunteers can complete the on-line training:

It is strongly recommended Volunteers complete the following on-line course offered by the University of Tasmania.

The link is mooc.utas.edu.au/landing/ud5share

Upcoming Events for your diary

Next Board Meeting Thursday June 11th 2020 ...Cancelled



Guest Speakers

Postponed until further notice



Date	Birthdays	Date	Anniversaries
5th April	Lady Susie Martin	6th April	Denis & Jan Booth
14th April	Tony d'Arbon	6th April	Jiji & Darjee
21st April	Geoff Pritchard		
28th April	Philip Brook		

Date	Front Desk & Room Set Up Attendance Required from 12:00pm
	No Meetings due to lockdown

ROTARY INTERNATIONAL CONFERENCE HAS BEEN CANCELLED



Visitors & Apologies for April 2020

Meetings Cancelled due to Covid-19 Lock-down

Guests:

Apologies

Visitors:

Leave of Absence:

We are grateful to: Rotary Club of North Sydney Supporters



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Entrance via: Norton Lane

EMAIL artarmon@kss.com.au WEB <http://www.kss.com.au>

**‘Keep It At Kennards,
The People Who Care’**