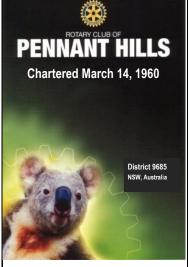
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TO NOTIFY MEETING APOLOGIES & GUESTS: 9294 2107 before Noon on Saturday

Find us on

THIS WEEK'S PROGRAM

'OUR ELECTORAL SYSTEM'

GUEST SPEAKER: Debbie Nguyen CHAIRMAN: President Adrian REPORTER: Jim Fraser

This week we also welcome Gomez from Timor Leste. Gomez is the director for the RYPEN program in Timor and has come to Sydney for the current District 9685 RYPEN program which has been held over this weekend at Narrabeen Fitness Camp.



RYPEN 2019

Our club has sponsored 2 students from Pennant Hills High School to the RYPEN camp held this weekend. John Ellis, our Youth Chairman who arranged this, called in to the camp as an observer. Theo Glockemann was also there, no doubt supporting Gomez from Timor Leste.

John took some photos of a couple of the group or team activities, the aim of which is to develop team-



work and cooperation. John and Theo will no doubt expand on this, but here are a couple of photos John took.



OUR MEETING NEXT WEEK The National Youth Science Forum of 2019 SPEAKER: Jared Tong CHAIRMAN: John Ellis REPORTER: Pam Hudson

Meeting Report - Monday 28th January

This meeting, our Australia Day Award evening, was held in the Beecroft Bowling Club. Phil Stanton, MC for the evening, welcomed members and our guests then introduced President Adrian Bell. Adrian welcomed Dr Anthony Rigney, our guest speaker, the Hon Philip Ruddock, Mayor of Hornsby, Damien Tudehope, Member for Epping and his wife, Diane, our District Governor Elect, Kalma McLellan, and the President of the Rotary Club of Beecroft, Greg Keighran.

Damien, the state member for Epping, was invited to give the toast to Australia. He opened with aspects of Australia Day, mentioning the 50 new Australians who pledged their allegiance to their chosen new country in Hornsby on Australia Day. In comparison, 1500 made the same allegiance at Parramatta. It is appropriate to have a day to recognise all we can be grateful for in Australia.

Following the toast, David Firth responded with a review of our club's Australia Day Award that originated over 30 years ago when members saw fit to give recognition for local achievement. Our recipients have had an extraordinary range of themes that have been worthy of our award and they are remembered on the brass plates outside Pennant Hills Library. David then proposed a toast to Rotary International, asking us all to reflect on what Australians have brought to Rotary International such as RYLA and Group Study Exchange. Five Australians have been RI Presidents. DGE Kalma gave a short review of her recent training for her future job – over 500 trainee Rotary District Governors from around the world, and she made sure they became aware of how Rotary in Australia takes pride in our projects and is alert to the possibility of new projects.

Wendy Bell reminded us of the continuing need to support our drought stricken farmers. Theo Glockemann then saw fit to get us all up from our comfortable chairs to play 'Heads and Tails' with two interesting bottles of wine as the prize being taken away by Kaye Carter.

Phil Stanton then invited Dr Anthony Rigney, a clinical psychologist, to address the gathering. Anthony opened with the tale of Danni, a 13 year old girl seeking some form of counselling. At age two, with parents who were alcoholics, she had been adopted. Even so, her life had not been smooth sailing. She had fallen behind at school and had developed psychological distress and her parents were not coping with her problems. Added to this she had been in four different schools and several changes of address, thus had very few constants. Anthony explained that KYDS can assist a young person like Danni by offering consistency and trust. Without such support Danni would fall through the cracks and such hopelessness can be infectious. KYDS is a not for profit organization providing counselling for young people aged 12 to 18 living on Sydney's North Shore. In addition they provide counselling and support for parents as well as family counselling. Accessibility to KYDS's services is a key to their success and their team includes a wide range of experience. KYDS are more effective as a team working with school counsellors than other professional groups. In the past year they have raised 35% of the necessary funds. Anthony said there are statistics showing the age group they deal with has a high incidence of suicide. Services such as Headspace and Lifeline offer online services for those who can't visit. A common question put to the KYDS team - "Isn't this work hard and heartbreaking?" The answer is, "Yes, but the results make it worth while." KYDS got going in 2005; a young person can self refer although a parent can also make contact. Over the years they have found funding to be a problem. They operate in North Shore suburbs.

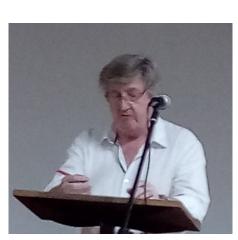
President Adrian then took the floor saying we spend a lot of time with high achievers and that we must spend more time with those at the other end of the scale. Our list of Australia Day awardees, he said, included many quiet achievers whose work for the greater good had made a difference. He invited Philip Ruddock, Kalma McLellan and Anthony Rigney to the front where Anthony announced that Claude Rigney, his father and one of our Club members, was that quiet achiever in getting medication to third world countries. Claude did once confide to his family that he was the biggest drug dealer in the world. Anthony explained that Claude had had a pharmacy in Balmain for over 30 years and became aware of the desperate need for medication in under privileged communities where it could make a difference. Claude, rather taken aback, rose to accept the award from Philip Ruddock. He did say that his work had been achieved with the assistance of many others.

This brought the proceedings to an end and President Adrian closed the meeting by inviting all to stand and sing the national anthem.

Reporter: John Ellis

(Photos of the meeting on next page)

PHOTOS FROM OUR AUSTRALIA DAY MEETING







HON. DAMIAN TUDEHOPE MP

PRESIDENT ADRIAN WELCOMING GUESTS



CLAUDE RIGNEY RECEIVING HIS AWARD PLAQUE FROM PHILLIP RUDDOCK AND DGE KALMA MCLELLAN



CLAUDE AND SON ANTHONY DURING THE PRESENTATION



CLAUDE CONGRATULATED BY DAMIAN TUDEHOPE

THE FORWARD PROGRAM				
DATE	PROGRAM	SPEAKER	CHAIRMAN	REPORTER
Feb 11th	NYSF in 2019	Jared Tong	John Ellis	Pam Hudson
Feb 18th	The NASA Space Camp	Tarran McDermid	John Ellis	Kaye Carter
March 29-31	DISTRICT CONFERENCE	TO BE HELD AT	NEX NEWCASTLE	KING STREET, NEWCASTLE
April 6th	Murder Mystery Weekend	at Blackheath	see Theo Glockemann	for bookings and details

BIRTHDAYS & ANNIVERSARIES

BIRTHDAYS

Graeme Ashdown - February 28th

ANNIVERSARIES

David & Heather Firth - February 5th

INDUCTION ANNIVERSARIES

Ahmadul Ameen - January 22nd Jim Fraser - February 1st Ian Huckel - February 10th

ATTENDANCE AT OUR LAST MEETING

Member Attendance 87.5% Apologies: Ian Chappel Guest Speaker: Dr Anthony Rigney Visitors: Wendy Bell, Dr Leon Edena, Heather Firth, Jeff Shaw, Georgia Glockemann, Maureen Pankhurst, Jeanette Rigney, James Rigney, Elizabeth Rigney, Lyn Stanton, Phillip Ruddock, Damian & **Diane Tudehope Visiting Rotarians:** DGE Kalma McLellan - R/C of Ryde President Greg Keighran - R/C of Beecroft



THE ASSEMBLED GATHERING LAST WEEK AS THE AWARD IS MADE

QUOTE OF THE WEEK

"Things don't have to change the world to be important."

- Steve Jobs