

 Rotary Club of

 PEENDADT HILLS

 Chartered March 14, 1960

 District 9685

 Styd. Australia





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PKU UPDATE WITH

# ANDREW MCDONALD

Chairman Terry Pankhurst Reporter Adrian Bell



Andrew McDonald is the President of the PKU Association of NSW and they are the major supporters of the research program at the Westmead Children's Hospital under the oversight of Professor John Christodoulou.

A reminder about the dinner with the RI President Mark Maloney on

Monday 23rd September at The Deckhouse, Clarke Road, Woolwich -

6.30 for 7.00pm - \$70 per person - Business attire

Bookings close 15th September @ www.trybooking.com/523543

NEXT WEEK WEDNESDAY, 4th SEPTEMBER, 2019 SOCIAL NIGHT with PARTNERS at 'PAPARICH' RESTAURANT in the Piazza at CASTLE TOWERS, Castle Hill Time to be confirmed Organised by Ahmadul Ameen

### **MEETING REPORT - WEDNESDAY 21st AUGUST**

This was the 2nd Club meeting held back at the refurbished Pennant Hills Golf Club. President Jim commenced the meeting with the \$2.00 in and \$1.00 back if you answer your question. Half of Jim's questions have focused on Pennant Hills history and the alternative are general history questions. So not all that many members get their \$1.00 back. John (encyclopaedia) Ellis is right on top of planting apple trees by Bligh in Van Diemen's Land in 1788. Kay was lead on a distant chase with a question on Joseph Wild discovering Lake George (near Canberra now) back in 1820. Most of us don't stand a chance, what year did Hawaii become a state of the US – easy 1959, once you know. Jack was right on top of Observation Park in Pennant Hills and then Claude was asked about the original name of Pennant Hills Hotel, Heaton Hotel, who could guess that one. Then AWA had built a 120m high antenna in Observation Park. Well done again Jim and Kay, lots of fun was had by all.

There is an upcoming play, the Diary of Ann Frank at Castle Hill Players if the club is interested.

David Firth advised that Mt St Benedict are booked in for driver awareness training at the Sydney Olympic Park at 9 am 11<sup>th</sup> Sep 2019 with a 2 pm finish. Four members volunteered to assist on the day.

David spoke to the Banna Group about setting up a club display at the Pennant Hills Market Place. There was a lively discussion and Theo recommended that a committee be formed to work out the details. It is hoped that a trading table could be setup and manned by club members before the trailer raffle starts again in Oct 2019.

Theo is again worried waiting for the grant from the sponsor for the Timorese expedition again this year. This year a very special person is being awarded a PHF. Theo will be in Timor from 4th to 24<sup>th</sup> Sep 2019.



The guest speaker tonight, Christopher Clegg, was the winner of the trailer raffle last year and Phil Stanton had sold him the winning ticket. Christopher and his family run "Our Farm", providing respite care for children that have disabilities. The house is called 'Beragoo Homestead' and is near Mudgee situated on 60 acres of farm land. It has a full range of farm animals, cows, sheep, chooks and alpaca. Chris and his wife run the enterprise and provide a high level of care for all those that attend.

Christopher and his wife were both in the hairdressing industry for many years before embarking on providing respite care. Christopher continued in the hairdressing industry in sales but soon will be leaving that job to focus on providing outstanding respite care in the Mudgee region.

Christopher has ambitious plans and hopes to facilitate improving the medical services in the region. It has become clear that good medical services can help the disabled to improve their health and quality of life. When on the farm the clients participate in many stimulating activities within the homestead and also outdoors with the farm animals.

From their website:-

https://www.beragoo.com.au/

All costs include the following:

- Accommodation
- Lovingly home-cooked meals
- Support during your stay by qualified and caring staff
- All activities on the farm

Transport during your stay (Pick up and drop off services from Sydney, Hunter or surrounding areas is available at an additional price upon application)

#### Activities

- Feeding the farm animals and experiencing farm life
- Collect fresh eggs each day and vegetables from the garden for cooking classes



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- Participate in Music therapy
- Enjoy Quad Bike and tractor rides
- Lay in a hammock and read a good book
- Make homemade chutney or jam from our fruit trees
- Enjoy singing around a campfire, making damper and toasting marshmallows
- Try new arts and crafts Relax with games, DVDs and books
- Enjoy the beautiful countryside, local area and wineries
- Enjoy BBQs or go our to one of the many great restaurants/pubs in town
- Visit local markets, shops and cafes

Sit on the porch with a cup of tea and watch the world go by

Nearby places are Gulgong, Rylstone, Kandos, Hill End, Wellington and Oberon.

Christopher spoke with passion and it was wonderful to see a young family making a difference to the lives of disable and mentally ill people. He was thanked by President Jim for a very moving presentation.

At the meeting next week Andrew MacDonald will be giving a PKU update to the club. Phil Stanton advised that the Golf Day is fast approaching, on Tuesday, 29<sup>th</sup> October, 2019 and arrangements have started. Pam Hudson is setting up sponsorship sheets and flyers. The event will commence at 8:30 am and finish at lunchtime. Phil is looking for things to raffle and auction. We are also looking for sponsors for each of the holes.

#### **Reporter: Ian Chappel**



At last week's meeting, treasurer Terry Pankhurst demonstrated his skills at refurbishing some of the club's regalia, namely the sergeant's bell and the president's name board. Both were gleaming in as new condition! Well done Terry!

# PROJECT: COLLECTING PLASTIC BOTTLE CAPS

At a previous meeting, this project was discussed and Kaye Carter volunteered to be the co-ordinator and collector for the club of the bottle caps. So we are off and running - or off and collecting all the plastic bottle caps we can find. (No, this doesn't include rummaging through your neighbour's bins on garbage night, unless you want to!).

Just make sure the caps are clean and bring them along to Rotary as and when you have a reasonable quantity for Kaye to handle.



OUR FORWARD PROGRAM					
Date	Program	Speaker		Chairman	Reporter
September 4th	SOCIAL NIGHT with partners	At 'PAPARICH' Restaurant		In the Piazza area, Castle Towers	Organiser Ahmadul Ameen
Monday September 23rd	Dinner with the RI President Mark Maloney	President Mark Maloney		At The Deckhouse, Clarke Road, Woolwich	6.30 for 7.00pm \$70 per person
Monday OCTOBER 28th	Joint District Governor's Official Visit with Beecroft at Pennant Hills Bowling	DG Kalma McLellan		Presidents Johanna & Jim	John Ellis
OCTOBER 29th	ANNUAL CHARITY GOLF DAY	AT PENNANT HILLS GOLF CLUB		Contact PHIL STANTON	PLAYERS & SPONSORS WANTED
ATTENDANCE AT OUR LAST MEETING Member Attendance : 75% Apologies: Ahmadul Ameen, Pam Hudson, Pat Parker, David Walsh Guest Speaker: Christopher Clegg			BIRTHDAYS & ANNIVERSARIES BIRTHDAYS David Hopping - August 23rd ANNIVERSARIES Nil INDUCTION ANNIVERSARIES		
			Jack Reid - August 8, 1963		

## **A** Telling Point

During the Second World War, Winston Churchill was scheduled to broadcast a speech from the BBC. He found himself some distance from the studio and hailed a taxi. "Take me to the BBC" he said. "Sorry sir," replied the driver who had not recognised his fare, "I can't go that far tonight." "Why not?" retorted the surprised Churchill. "Well sir, it's this way - Mr Churchill is broadcasting and I want to get home to hear him."

The Prime Minister was delighted at this compliment and handed the man a £1 note. The astonished taxi driver paused, looked at the note and exclaimed "Hop in sir, hop in, to hell with Mr Churchill!" reprinted from SPOKES Vol 5 No.13 26th Sept. 1963

**QUOTES OF THE WEEK** 

"We are not retreating - we are advancing in another direction."

- General Douglas MacArthur