

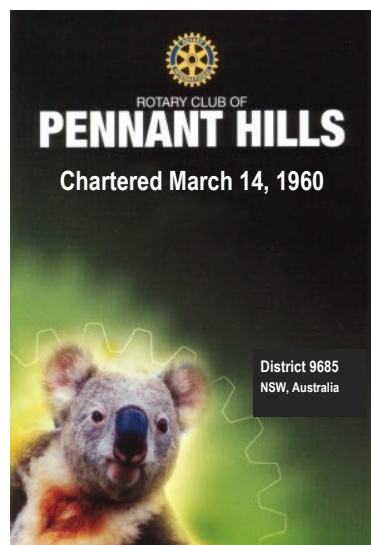


# SPOKES

VOLUME 61 No. 42

Date: 13th May, 2020

EDITOR: DAVID FIRTH



Rotary  
District 9685



## CLUB CONTACT INFORMATION

PHONE ENQUIRIES:  
**0444 565 780**

EMAIL:

[rotaryclubpennant  
hills@gmail.com](mailto:rotaryclubpennant<br/>hills@gmail.com)

TO NOTIFY MEETING  
APOLOGIES &  
GUESTS:

**9294 2107**

before Noon on

Monday



## THIS WEEK

This convention was planned to be held in Honolulu, Hawaii

# THE FIRST ROTARY VIRTUAL CONVENTION

**NOW MORE THAN EVER,  
ROTARY CONNECTS THE WORLD:  
THE 2020 ROTARY  
VIRTUAL CONVENTION**  
**20-26 June 2020**



Mark your calendars for 20-26 June for an exciting opportunity to gather online with the family of Rotary for our first online convention.

Now More Than Ever, Rotary Connects the World: The 2020 Rotary Virtual Convention will join you with Rotary participants around the world during a time of unprecedented challenges.

Together, we'll still experience the spirit of Rotary, be inspired by innovation, celebrate our resilience, and explore how clubs are addressing COVID-19. Experience Rotary in action during our Flag Ceremony, witness the power of connection during our general sessions, learn new ways to engage with Rotary during our breakout sessions, find inspiration from our global speakers, and much more.

We have never needed Rotary — and we have never needed each other — more than we do now. We hope to see you online, because Now More Than Ever, Rotary Connects the World.

If you have never had the opportunity to attend a Rotary International Convention, this is a good opportunity to see what they are all about.

## The President's Invitation for Wednesday 13th May, 2020

You are invited to the Rotary Weekly Meeting tomorrow night  
(Wednesday 13th May) at 7.00 pm.

The link details are <https://zoom.us/j/9886604775>

The meeting ID: 988 660 4775

Regards

Jim Fraser



## NEWSLETTER April 2020

So much has happened in the last 6 months – Bushfires, devastating storms and now Covid19! It is difficult to comprehend the sequence of events and the impact they have had on so many people not just in our community and nation but across the world. In the midst of this however the marvel for me is the resilience of Australians and in particular our community.

How our nation and in particular community cope, and look to help their family and neighbours, is truly a blessing and what makes us “The Lucky Country”.

KNC put out a call in March to the community on Facebook for extra volunteers to help us assist many of our clients and community members who would be isolated at home. Alister Henskens MP and his team assisted us to connect with many of the schools in the region and distributed information to parents and students.

The response was remarkable. Hundreds of community members signed up to our ‘civilian army’ – especially parents and students from Abbotsleigh, PLC, Ravenswood, Loretto Normanhurst, Knox and Barker. With the help of these volunteers & our regular amazing volunteer team since March 3, KNC has

- ☐ Letterbox dropped every person over 65 in Ku-ring-gai with information as to how to seek assistance
- ☐ Set up a Zero contact Shopping service for people isolated at home
- ☐ Zero Contact Medication delivery service for people isolated at home
- ☐ Zero contact book delivery service for people isolated at home
- ☐ Converted our Yoga classes, wellness groups, D’Caf’s to online programs
- ☐ Increased our Community Visitors scheme and developed an on-line connection
- ☐ Increased our client catch up calls 1000%

Harris Farm came to us with an offer of free fruit and vegetables for those disadvantaged people in our community. St Ives Shopping Centre offered free space in the Centre - so for the past 6 weeks from Monday to Friday every week at 7.30 am (even on Easter Monday) students and parents from Abbotsleigh, PLC, Ravenswood, Loretto Normanhurst, Knox and Barker have joined KNC staff to pack and deliver boxes and parcels of fresh food to isolated older people, local charities such as Hornsby Connect, Fusion, local food pantries, local church groups and women shelters. The deliveries have extended beyond our local boundaries to Wayside Chapel, Exodus Foundation and we are assisting thousands of individuals every week. It has been truly a humbling experience to watch our community join us to support our older community members and those less vulnerable in our communities.

The KNC team have been remarkable throughout the last 2 months

- ☐ The staff have adapted to the challenges we faced with strength and optimism – many have worked 12 hour days to help us convert services in this time to still meet our primary role – assisting our clients.
- ☐ Our volunteers – who have been with us in some cases over 30 years adapted and supported us some still in the office and some who were housebound – calling community members and checking in on clients by phone. Our new volunteers have never queried a single request we have made to drive, shop, collect for the community.
- ☐ Our clients have been remarkable – resilient, optimistic and adapting to the restrictions with amazing grace.

The KNC team, Councils, St Ives Shopping Centre and our politicians have all worked to help us provide support for our community. It has been such a privilege to work side by side with all of you during this time.

Stay safe,

**Michele Bell**  
CEO

*Fellows, I thought this was worth reprinting as it is a good story about the willingness of people in the community, young and older, to help those in need at this time.*

*Fellows, I'm sure many of you will recognize many of these - perhaps you used some of them when dealing with your children?*

**Most of us baby boomers were HOME SCHOOLED in many ways -**

1. **My mother taught me TO APPRECIATE A JOB WELL DONE** .

"If you're going to kill each other, do it outside. I just finished cleaning"

2. **My mother taught me RELIGION** .

"You better pray that will come out of the carpet."

3. **My father taught me LOGIC** .

" Because I said so, that's why ."

4. **My mother taught me MORE LOGIC** .

"If you fall out of that swing and break your neck, you're not going to the shops with me."

5. **My mother taught me FORESIGHT** .

"Make sure you wear clean underwear, in case you're in an accident."

6. **My father taught me IRONY** .

"Keep crying, and I'll give you something to cry about."

7. **My mother taught me about the science of OSMOSIS** .

"Shut your mouth and eat your supper."

8. **My mother taught me about CONTORTIONISM** .

"Just you look at that dirt on the back of your neck!"

9. **My mother taught me about STAMINA**

"You'll sit there until all that spinach is gone."

10. **My mother taught me about WEATHER** .

"This room of yours looks as if a tornado went through it."

11. **My mother taught me about HYPOCRISY**

"If I told you once, I've told you a million times, don't exaggerate!"

12. **My mother taught me about ANTICIPATION** .

"Just wait until your father gets home."

13. **My mother taught me MEDICAL SCIENCE**

"If you don't stop crossing your eyes, they are going to get stuck that way."

14. **My father taught me HUMOR** .

"When that lawn mower cuts off your toes, don't come running to me."

15. **My mother taught me HOW TO BECOME AN ADULT** .

"If you don't eat your vegetables, you'll never grow up."

16. **My mother taught me GENETICS** .

"You're just like your father."

17. **My mother taught me about my ROOTS**

"Shut that door behind you. Do you think you were born in a tent?"

18. **My mother taught me WISDOM** .

"When you get to be my age, you'll understand."



## OUR FORWARD PROGRAM

Date	Program	Speaker	Chairman	Reporter
May 17th 17th 24th 24th	<u>DISTRICT 9685 ASSEMBLY</u> Public Image Community International Vocational	COMMENCING AT 9.00 am 12.00 pm 9.00 am 12.00 pm	For Pat Parker, Pam Hudson Phil Stanton David Firth	Registration: <a href="http://assembly.district9685.org.au">assembly.district9685.org.au</a>



### BIRTHDAYS & ANNIVERSARIES

#### BIRTHDAYS

Pat Parker - May 5th

#### ANNIVERSARIES

Nil

#### INDUCTION ANNIVERSARIES

Terry Pankhurst - May 29th

### ATTENDANCE

Last week our Zoom meeting had 12 members and a guest, namely David Boyce from the Rotary Club of Dili, Timor Leste. Members present were Jim Fraser, Ian Huckel, John Ellis, Pat Parker, Theo Glockemann, Adrian Bell, Ahmadul Ameen, Phil Stanton, Kaye Carter, Ian Chappel, Jack Reid, David Firth

## THE ANNUAL CHARITY GOLF DAY



Who remembers what year this was, with Radio personality Ray Hadley as auctioneer, and one Gerry Harvey a player and a bidder for various items, thanks to the prompting of his mate, Ray. This was a very successful day as we raised over \$24,000 for a PKU Research grant. Terry Pankhurst and John Young were the organisers of the day.

## QUOTE OF THE WEEK

‘Education is the most powerful weapon which you can use to change the world.’

Nelson Mandela