



# SPOKES

## Rotary

Club of Pennant Hills



## Rotary Opens Opportunities

### CLUB CONTACT INFORMATION

PHONE ENQUIRIES:  
0444 565 780

EMAIL:  
rotaryclubpennant  
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TO NOTIFY MEETING  
APOLOGIES & GUESTS:  
9294 2107  
before Noon on  
Monday

Join us on Zoom Meeting  
<https://zoom.us/j/9886604775>

## Rotary

District 9685



### THIS WEEK

“Life as a parliamentarian’s wife”  
Heather Ruddock

### PRESIDENT’S CORNER

November is the month that Rotary highlights the Rotary Foundation, and this year the main focus is on the END POLIO NOW campaign. As many of us know, this has been a very long campaign having started back in the 1980s. But there is no denying the benefits around the world that have accrued from the successful eradication of Polio everywhere except Pakistan and Afghanistan. So we cannot stop now when the job is almost done.



I have just read the October edition of Rotary Down Under – in particular the article about innovation and leadership to grow Rotary. The success that District 9640 has had in this regard and the innovative ideas utilized are certainly worth considering for us. Another article I found of particular interest was ‘Rotary Reconnects’ which provides a checklist of ways of engaging with the alumni – those young people we have sponsored to the various Youth Programs of Rotary. Our clubs continued active engagement with young people attending these programs means that there is potentially a large alumni population which we could be reconnecting with.

We are in the run up to Christmas – the Trailer Raffle continues at near record sales which is an encouragement as far as our fund-raising is concerned. This week we are at Coonara Shops which has been a good selling spot in the past. Over the next week or so we will be commencing our ‘Trees of Joy’ – note that this year we’ll have 2 trees in operation, one at Pennant Hills and the second one at Thornleigh.

In the midst of all this, Kaye has been beaver away with the Remembrance Day give away. She has a great collection of the knitted poppies on the cards – did you know that she organized one of her business friends to pay for the 1500 cards we had printed? Now she is preparing the crepe paper poppies on the cards which will be available as giveaways for those who would like them. A great effort Kaye!

Have a good week,

**President David Firth**

Our annual Golf Day dawned with the continuing drizzling rain of the previous few days. Nevertheless Jack Reid was observed watering his garden. Players began to check in from 7 o'clock. Some did not present because of the drizzle and some, having turned up, were disappointed to learn that the Golf Club would not be making carts available. By 8:15, registration was complete and the players donned their rain jackets and set off. Behind the scenes the arrangements for registering players, lunch, and the auction had been organized by Pam Hudson.

Players began to drift in from the links after 1 pm and lunch was served. After the lunch, our MC, Jim Fraser, explained that this 14th Golf Day would support research into PKU and then introduced Andrew MacDonald from the PKU Association. Andrew gave the golfers an overview of phenylketonuria. The presence of the disorder can be detected in an infant at birth from a pin prick of blood from the heel. Broadly the child cannot process the usual intake of protein and failure to consume a diet with 5 gm of protein or less each day will lead to brain damage. The disorder arises from the liver missing one enzyme causing poor brain development. The very strict diet of low protein and some supplements is necessary throughout life. Andrew went on to cover the research now in progress at the Westmead Children's Hospital and Sydney University, explaining that our Rotary Club has been supporting some of this research through our Golf Days. At the Children's Hospital researchers are aiming at a probiotic drink that will permit the body to process more protein. This would allow a more enjoyable dietary routine. At Sydney University a researcher is reviewing the usefulness of existing drugs and has found some to be promising.

Auctioneer Ben Read from Lumby and Hanson Real Estate took the floor, explaining his role was to extract cash from the golfers. The first item on offer was a helmet signed by now retired motor cyclist Casey Stoner, twice MotoGP World Champion. Bidding opened at \$200 and the helmet went for \$325. Ben then offered a smart little bar fridge and opened the bidding at \$200. The fridge went for \$250. A collection of shiraz and bubbles was on offer next and Ben opened bidding at \$200. This lot went out at \$525. For those too idle to mix their own cocktails was the cocktail party mix – just add your gin to a bottle containing flakes of something would give you a Singapore Sling. Bidding opened at \$100 and fetched \$360. Next was the Scotch basket – six bottles of the very best from Scotland and the Isles. This lot opened at \$200 and fetched \$600.

The auction completed, Jim took the floor to cover prizes for good golfing. There was a prize for the straightest drive on the 10th fairway for men and women. These went to John Baistow and Sue Stevenson. At the 4th hole was the prize for the shot nearest the pin and this went to David Elliott. The highest score in the single Stableford went to James Spaul. Mark Geldens was runner up. The Women's Stableford high score went to Sue Stevenson and Jenny Cross was the runner up. The Ambrose round went to Des Ong, Andrew Walters and Shayne Evans. Jim then asked Julie MacDonald to draw lottery tickets. There were prizes of gift vouchers, kitchen knives, fruit trays and bubbles. **Editors Note John failed to win a prize.**

The gathering closed with President David Firth thanking all players who went out despite the inclement weather. David thanked our sponsors, Mazars, Steve Watt Constructions, West Pennant Hills Sports Club, Grindley, Stanton Dahl Architects, Lumby Hampson Real Estate, CSI Constructions, Toongabbie Early Learning Centre and Accolade Wines. David mentioned that the Golf Club had considered calling the day off because of recent weather, nevertheless David did thank the staff for a splendid lunch and facilities. Following a reminder of the next trailer raffle at Westleigh, our 14th Golf Day for PKU closed.

THANK  
YOU  
SPONORS

mazars



PENNANT HILLS GOLF CLUB



STEVE WATT CONSTRUCTIONS



Accolade Wines

Grindley  
CONSTRUCTION



Stanton  
Dahl  
Architects

Toongabbie  
Childrens Early Learning Centre

Lumby Hampson  
Hills District Real Estate

## THANK YOU Bioisland

Thank you to **bioisland** who have supported our Remembrance Day Poppy Project paying for the printing of the cards..

The attached poppies will be distributed to local businesses and the general community.



## CURRENT CLUB PROJECTS 2020

TREE of JOY will be at the following shopping centre;

**Pennant Hills Shopping Centre**

**Thornleigh Shopping Centre**

This year the Tree of Joy project will support:

**Parramatta Mission**

**Stewart House**

**Meals on Wheels Hornsby**

**The Smith Family**



## TRAILER RAFFLE REPORT - DAY 3



Another bumper day at Westleigh Village Shops. We sold 312 tickets and took \$1,172.55!

Our YTD total is now \$3,286 compared with \$1,890 at the same time last year. So we continue onwards and upwards!

Well done to the teams today particularly seeing that the Aldi Supermarket there is closed for renovations.

**David Firth**

Date	Program	Speaker	Chairman	Reporter	Member 5 min talk
Nov 4	Life as a parliamentarian's wife <b>Social night</b> (\$30 per head)	Heather Ruddock	Kaye Carter	Theo Glockemann	Ida Xiandi Shi
Nov 11	Drake's Handmade Jewellery	Scott Drake	Jack Reid	Pat Parker	Kaye Carter
Nov 18	Opportunity International	Rob Dunn Past CEO	Theo Glockemann	Terry Pankhurst	Pam Hudson <b>(by zoom)</b>
Nov 25	Social Night at Pennant Hills Golf Club	Cr Emma Heyde Hornsby Council	Kaye Carter	Phil Stanton	Theo Glockemann
Dec 2	Club AGM <b>(by zoom)</b>	Nil	David Firth	John Ellis	Nil
Dec 9	Travel Bites	Esther Fraser	Jim Fraser	Ian Chappel <b>(by zoom)</b>	David Firth
Dec 16	Hornsby Hospital	Lee Gregory General Manager	Adrian Bell	Pam Hudson <b>(by zoom)</b>	Phil Stanton
Dec 23	Xmas function	Nil			

## GUESTS

Sponsors and Players  
Lunch Attendees

## BIRTHDAYS

2 November Phillip Stanton  
4 November Lyn Stanton  
7 November Sandra Parker

## ANNIVERSARIES

### INDUCTION ANNIVERSARIES

1 November John Ellis

## ATTENDANCE

56%

## APOLOGIES (Golf Day)

Adrian Bell  
Kaye Carter  
Ian Chappel  
Ian Huckel  
Jack Reid  
Ida Shi