



SPOKES



SERVE TO CHANGE LIVES

Pennant Hills
Rotary
Club



CLUB CONTACT INFORMATION

PHONE:
0407 261 456

EMAIL:
rotaryclubpennanthills@gmail.com

TO NOTIFY MEETING APOLOGIES & GUESTS:
9294 2107
before noon on Monday
when we are meeting face to face



Rotary
District 9685



THE PROGRAM THIS WEEK

Rotary

Australian Districts



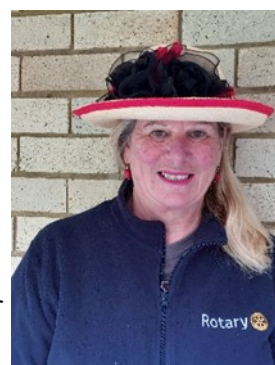
ROTARY AUSTRALIA
WORLD COMMUNITY SERVICE

GUEST SPEAKER: ANDREW WOODWARD
Chairman: Theo Glockemann

President's Corner

Hi everyone

Last Wednesday, Meredith Kirton from Easy Care Gardening, enlightened us with an opportunity to assist others who are not physically able to maintain their gardens. Not only does her organisation provide garden maintenance, it also provides a social encounter for the host of the garden and the volunteers. On Thursday night, Daisy expertly led us into a most peaceful mediation session. Funds raised go to the Rotary Foundation. Thanks so much, Daisy.



A reminder to don a hat tonight for Mental Health Hat Day (10th November) at our meeting. I have zoomed into a few clubs this past week and wearing a hat has been a fun event and has brought many a smile to members.

How's your 'Ocober' coming along? Fine yourself for enjoying your beverage of choice and funds raised at the end of the month go to the Rotary Foundation. And a reminder about ordering your Christmas cake and/or pudding by 24 October. Also, our social Picton historical walk has been postponed until Sunday, 14 November to fit into the vaccination requirement.

Good news. We anticipate meeting face to face in the golf club from Wednesday 3 November and will need to abide by the club's double vaccination requirement. Meeting on zoom will also be available.

Take care and stay safe.

Those who give you their food, give you their heart. (Cesar Chavez)

President Kaye

The zoom link each week is <https://macquarie.zoom.us/j/88970434188>

MEETING REPORT

Sergeant Ida, opened the meeting and gave the acknowledgement of country, and advised that leave of absence had been given to Phil and Theo, and apologies from Terry and Herbert? (I thought I saw him on the screen). It was noted that Jack was in good health and Ruth was recovering from her leg injury. Ida also gave details of birthdays, membership anniversaries and wedding anniversaries. President Kaye then welcomed ADG Robert Erskine and thanked the members of the club for their support during the first 3 months of her Presidency. She also requested all members to place their polo shirt orders with Jim by Friday and it was hoped that the shirts would be available in 2 weeks. Kaye also reminded us that next week's meeting on the 13th October was in ARH Hat Week and encouraged everyone to wear a hat for the zoom meeting.

Ian Huckel gave the 'something old', a model of the Eifel Tower, which he and Sue had collected over 20 years ago; 'something new' a book "W"; 'something borrowed' a jig saw puzzle; and 'something blue' a blue globe shape air puffer.

David Firth then proposed a toast to the Rotary Club of Port of Townsville in District 9560, founded on 30th June 1961. The club has 20 members and they meet at 6.00 for 6.30 at Toms Tavern , located at 186 Nathan Street , Aitkenvale 4814 and their current President is Ken Mackney.

John Ellis advised that he had contacted the West Pennant Hills & Cherrybrook Rotary Club and they confirmed that they would sponsor a Rotaractor to the forthcoming D9685 RYLA. The project director advised a number of options to sell poppies at various shopping centres leading up to Remembrance Day on the 11th November. It was decided to apply for permission to sell at Pennant Hills, Thornleigh and Westleigh shopping centres on Wednesday 10th and Thursday 11th November, between 9 am and 2 pm and to draw up a schedule of the names of members available to sell on the 2 days. It was noted that funds raised from this project would be donated to the Hornsby RSL sub branch. David then reminded members of the need to advise the days on which they are able to sell tickets at our annual Christmas Trailer Raffle, as the first selling day is at Pennant Hills Market Place on Saturday 16 October, with 2 selling time slots- 9 am to 11.30 am and 11.30 to 2 pm.

President Kaye introduced our guest speaker Meredith Kirton from Easy Care Gardening Inc. This charity was started in 1988 and consisted of volunteers offering to assist people staying in their homes by providing them with volunteers to carry out hedge trimming, weeding, clearing leaves and rubbish. The organisers were aware that many people found it difficult to keep up with the need to ensure that gardens were not overgrown with weeds and there were considerable benefits in allowing people to stay in their own homes and retaining an interest in their own gardens. The volunteers come from many and different people in society, including the very young and very old. They have a CEO who co-ordinates all of their activities and the gardening volunteers only have to worry about doing their work in the gardens. The volunteers work in 3 hour shifts and they have a morning tea break which often allows the house owners the opportunity to meet and talk with the volunteers and to thank them for their time and effort. Easy Care Gardening operates in



four Local Government areas, Ryde, Hunters Hill , Ku-ring-gai and Hornsby. Meredith also had a short video of the volunteers in action and one of the comments was " that it was a lot of fun and so satisfying leaving a garden neat and tidy and it was a small amount of time to help other people." Perhaps the final message of the presentation was what happens if Easy Care Gardening did not visit a particular home. At one house they removed 86 bags of green waste and when the area was cleared they found---- a pool, which had been overgrown by weeds. Thank you Meredith for a most interesting presentation.

President Kaye advised of the closing date for puddings from North Ryde Rotary Club, of Daisy 's meditation zoom on Thursday night, and David will do the Rotary website presentation on 20th October. Jason advised that the cost of the Rotaract trivia night was \$15 . Anoop Sud offered to deliver the posters for Diwali and to top off the night, Jackaranda Jack won the raffle.

Reporter: Pat Parker

Some Photos from Members



Our eagle eyed secretary, John, spied this vehicle at the park at the end of his street.



Ian Huckel with his collection of something old, something new, something borrowed, something blue



Jack Reid with his Lucky Door prize



POSITION VACANT

We are seeking a person to assume the position of team leader of a prestigious organization in the Pennant Hills area.

Qualifications sought are:

Able to leap tall buildings in a single bound;

Faster than a speeding bullet;

Prepared to wear heavy chain around neck at least once a week;

Happy leading a team of volunteers;

NOTE: Position is a contract for one year only commencing July 1st, 2022

You can be assured of a rewarding experience!

If you think you can handle this job, please apply as soon as possible to -

President Kaye Carter Ph: 0407 261 456

Secretary John Ellis Ph: 0413 531 010

Rotary Club of Pennant Hills Inc.

Notes from the Board Meeting held Monday 4th October

Financial Report

All members are financial
Members who have donated \$100 to be centurions (Claude, Ian Chappel)
Project fund is around \$1600.00
Donations to Rotary Foundation this FY - \$289

Projects

Trailer raffle – acquisition of items this week
Tree of Joy – Pat will organise a roster for members to converse with patrons who visit the tree (membership)
New Remembrance Day cards arrived – sell with handmade poppy for \$5
Possible project - headsets for dementia patients

International

Theo plans to attend the RYLA course in East Timor – will go there in January for about 10 days max – members are invited to join him

Youth

Project fund is low – currently. We can only sponsor one candidate for RYLA in January – John to negotiate with Jason Terry and West Pennant Hills/Cherrybrook club about them possibly sponsoring of a Rotaract candidate

Other Business

Greenhouse in Pennant Hills Primary School – Jim to follow up
Australia Day function – moved to Wednesday 19th January – nominations needed from members for the Australia Day Merit Award. Names by the board meeting on 1st November
Club Constitution & By-laws are being revised
Golf club reopens on 3 November – all visitors must be double vaccinated
Purchase of club polo shirts approved at \$35.00 each - orders to Jim Fraser ASAP

THE SEVEN WOMEN DOCUMENTARY

This is the uplifting and inspiring story of a visionary social enterprise which has changed the lives of thousands of previously marginalised women in Nepal, as it follows a group of open-minded and open-hearted participants from all around the world on their 10-day Seven Women cultural immersion experience in Nepal.

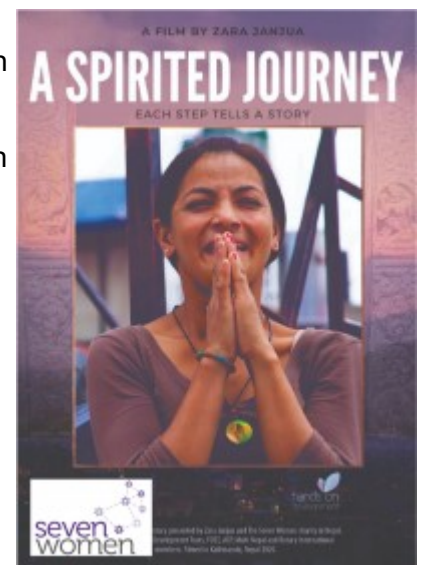
This documentary will inspire you, move you and show you that sustainable social change is possible, and also truly amazing in the scale of its positive impact. This is the story of a group of remarkable Nepalese women who, as a result of our sustainable social enterprise model, have been empowered to change their lives - from being marginalised and cast-aside to now being strong and proud, self-sufficient, and beaming with joy and happiness.

Filmed in 2019, the documentary follows a group of Seven Women supporters from across the globe who travelled to Nepal with the Seven Women and Hands On Development Founder Stephanie Woollard, OAM. The film vividly captures the life-changing impact of their experiences, when they meet and directly work with the Nepalese women whose lives have been empowered through education, skills training and income generation.

Please book here: <https://www.trybooking.com/events/landing/788460>

With the three alternative dates available, the ticket cost is just \$25, with proceeds going towards our vitally important future development work through Seven Women.

This is a project of the Rotary Club of Melbourne during their 100th Anniversary Year.



Let's do Ocober

Claudia Karvan

Australian Actor



“Hey to all you Ocober folk! Good luck this month with the challenge. Be kind to yourself. Doesn't matter if you slip up with the odd beer. It's just good to give it a go. Checking in on your alcohol intake is a seriously beneficial thing to do and great for kids to witness. Go for it!”

I mentioned the challenge of Ocober at our last meeting, where we can raise some funds for the Rotary Foundation. You can do this any way you wish. I'm charging myself a small amount of money for each day I have an alcoholic beverage (\$2 to \$5, depending!). If you don't drink alcohol, you could fine yourself for drinking your favourite drink. At the end of the month, just send your donation to the treasurer and he will redirect the funds to the Rotary Foundation. (*President Kaye*)

This is not an attempt to ridicule our West Australian brothers & sisters.

A group of women from Perth were at a seminar on how to live in a loving relationship with their husbands. The women were asked, "How many of you love your husband?"

All the women raised their hands. Then they were asked, "When was the last time you told your husband you loved him?"

Some women answered today, a few yesterday, and some couldn't remember.

The women were then told to take out their cell phones and text their husband - "I love you, Sweetheart."

Next the women were instructed to exchange phones with one another and read aloud the text message they received in response to their message.

Below are 11 hilarious replies. If you have been married for quite a while, you understand that these replies are a sign of true love. Who else would reply in such a succinct and honest way.

1. Who the hell is this?
2. Eh, mother of my children, are you sick or what?
3. Yeah, and I love you too. What's wrong?
4. What now? Did you wreck the car again?
5. I don't understand what you mean.
6. What the hell did you do now?
7. Don't beat about the bush, just tell me how much you need.
8. Am I dreaming?
9. If you don't tell me who this message is actually for, someone will die.
10. I thought we agreed you wouldn't drink during the day. (My personal favorite!)
11. Your mother is coming to stay with us, isn't she!!!!

WHAT'S ON

2021	Program	Speaker	Chair	Reporter	5 - minute interview	Meal status + extra info
Oct 13	Rotary Australia World Community Service	Andrew Woodward	Theo Glockemann	John Ellis	Adrian Bell	October 10 World mental Health Day Celebrate "Hat Day"
Oct 20	Members' Night	David Firth			Anoop Sud	Oct 24th World Polio Day
Oct 27	My Favourite Convict	Bob Selinger (District Indigenous Matters)	Theo Glockemann		David Firth	
Nov 1	BOARD MEETING By Zoom					
Nov 3	A Writer's Story 1st NIGHT BACK AT GOLF CLUB	Steve McGregor Author				Pizza Night Diwali Nov 4
Nov 10	Members' Night					Plated meal

OCTOBER IS

ECONOMIC AND COMMUNITY DEVELOPMENT MONTH

"If we can make a difference in the life of one person in a community, it is a small yet significant step to empowering a whole community."
Loshini Naidoo

TAKE ACTION: Join Rotary. Get Involved

Rotary

I am worried about our tendency to over invest in things and under invest in people.

John Kenneth Galbraith

Last Week's Meeting

Attendance - 66.7%

Apologies:

P Hudson, T Pankhurst, J Reid, C Rigney,
Guest Speaker: Meredith Kirton
Rotarian Guest: Robert Erskine - Eastwood
Gladesville Club
Guests: Anoop Sud
LOA: T Glockemann, P Stanton

Anniversaries & Birthdays

Birthdays:

Terry Pankhurst - October 3
Phil Stanton - October 3
Maureen Pankhurst - October 25
Heather Hopping - October 31

Anniversaries:

Jack & Ruth Reid - October 1

Induction Anniversaries:

Adrian Bell - October 9
Kaye Carter - October 15