



SPOKES



SERVE TO CHANGE LIVES

Pennant Hills
Rotary
Club



CLUB CONTACT INFORMATION

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TO NOTIFY MEETING
APOLOGIES & GUESTS:
Text to 0451 265 122 or
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before noon on
Monday
when we are meeting face
to face



Rotary
District 9685



THE PROGRAM THIS WEEK

**hornsby
connect**

a hand up for people in need

Guest Speaker: AG Stuart Armstrong

Chairman: David Firth

Reporter: Pam Hudson

President's Corner



Hi everyone,

We had a great speaker last Wednesday night when John Sims from the Dural Men's Shed enlightened us about their activities and resources. We were very impressed in the professional set up at this Men's Shed with their hi-tech equipment and the projects they have been involved with.

This Wednesday, we have our AG Stuart Armstrong visiting us and he will present a session on his role as President of Hornsby Connect Inc.

We are planning to meet face to face again from our first meeting in March at the Pennant Hills Golf Club.

At the Board meeting on Monday night, we agreed to hold a combined Club birthday and Australia Day Merit Awards event on Monday 14th March at the Golf Club. This will be a social night so please put this date in your diary.

Take care and stay safe. **President Kaye**

Be proud of who you are, and not ashamed of how someone else sees you.

The zoom link each week is <https://macquarie.zoom.us/j/81944023881?pwd=ZkpEQ0hlNmNVakM4SDcwb1NiUjBldz09>

MEETING REPORT - 2nd FEBRUARY, 2022


With our President Kaye back from her holiday and hosting the zoom meeting, Sergeant Ida commenced the meeting with a big welcome to our Guest Speaker John Sims and to Welfare Officer Jack Reid making a rare appearance on zoom. Following an acknowledgement of Chinese New Year - the Year of the Tiger - which commenced yesterday, Ida continued with an acknowledgement of country. At this point she invited Jack to report on Welfare, and Jack told of his phone conversation today with Ian Huckel's daughter, Jennifer. Ian is still in Westmead Hospital but is unwell due to blood clots and bleeding on the brain which will require surgery. Our thoughts and prayers are with Ian at this time. Ida then passed the meeting over to the president.

Kaye expanded on the Chinese New Year celebrations by talking about the decorations which Daisy has at her home, pictures of which are elsewhere in this issue. She reminded us of the upcoming program including next Monday's Board Meeting on zoom. At this point Theo G made a grand entrance blaming all but himself for his late arrival, and then alerting us all to a pressing engagement he has next week preventing his appearance as our Guest Speaker. It emerged that this 'pressing engagement' is in fact a holiday at Shoal Bay! The president, reeling from this news, suggested he continue with tonight's 5 minute talk.

The then told us of two particular events which have had a lasting effect on his life. The first was an encounter with a dying lady in an outlying part of Nepal while he was there trekking many years ago. The other was with a 15 year old aboriginal girl at the Juniperina Gaol for girls. This was a girl who showed unlikely gratitude despite her almost hopeless family situation which had caused her to reoffend so she could be safe in custody.

Anoop Sud, chairman for the night, then introduced John Sims who came to tell us about Men's Sheds and Dural Men's Shed in particular. Men's Sheds dates back to the 1980s and originated in Australia. Their purpose was to improve the health and wellbeing of older men. The idea spread quickly as not-for-profit organisations allowing men to work on projects and to socially interact. The Australian Men's Shed Association was formed in 2007 and now comprises over 1000 sheds and 150,000 individuals. It is so successful that it has now spread overseas to 9 or 10 countries.



John then talked about the Dural Men's Shed, formed in 2011 and so just over 10 years old. It is located at The Centre, Dural in facilities owned and provided by the local Baptist church. Shed funding comes from membership fees, grants, donations and fund-raising activities (like the Bunnings BBQ). The shed has about 130 members with a leadership team of Co-Ordinator, Treasurer and Supervisors. They provide a range of personal services to members, which includes a Health Shed or gym for members only. They have an active welfare team checking on members. Their official meeting times are Thursdays and Saturdays with morning tea provided on Thursdays. They have a fully equipped woodworking workshop and a similarly equipped metal working area. There is also a computer room with a range of ancillary items - CAD Software, Sign cutter and 3D printer. Apart from working on personal projects, members are asked to work on community outreach projects - relief for bushfire victims on the South Coast; the White Lion Project aimed at 'at risk' Year 9 boys from the Cabramatta area who spent a term coming to the Shed and learning new skills which meant they could make coffee tables to take home. This built self esteem and gave a visible sign of achievement. 

Some of them went on to apprenticeships. The Shed has assisted with a range of other community projects and needs.

Following a number of questions, Anoop thanked John on our behalf and a suggestion that we might look at ways we could join forces with the Men's Shed is to be followed up.

President Kaye then went to director reports. Secretary John gave an update on RYLA and NYSF which have both been disrupted by Covid; Treasurer Terry reported that only 4 members have paid semi annual fees so far; Pam gave further information about our Australia Day Lamington distribution (some doubt about Theo's involvement in this); Environment Chair Jason then raised the matter of Clean Up Australia Day and the need to decide where we want to do this as he needs to register. It was agreed that we would again clean up the Pennant Hills Marketplace carpark, around the Community Centre across the road, and if we had sufficient help, Pennant Hills Oval and environs. So Jason will register and organize receipt of the equipment, the date being March 6th. Please let Jason know if you can assist on the day - bring family and friends if you can.

So the president closed the meeting with a video of the National Anthem which Theo was happy to sing along to.

Reporter: David Firth

REPORT FROM OUR AUSTRALIA DAY PROJECT

Cherrybrook Christian Care Centre have provided the following response to our Tree of Joy and Australia Day Projects.

Dear Rotary Club,

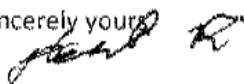
We were delightfully overwhelmed to receive your hamper of well chosen goodies just before Christmas. My wife and I, who are both in the 100 years of age bracket, thank you most sincerely.

This act re-awakened memories of when I was a young pilot trainee in the RAAF. We were shipped to Canada to complete fighter pilot training and on arrival at 6SFTS in Dunville Ont., found the course ahead of us were still in occupation. The Station YMCA Officer had arranged that we should be billeted in private homes in nearby towns for 2 weeks which included Christmas. My mate and I elected to go to Niagara Falls, 30 miles away. We were met by Mr GC Macklem, a Rotarian, and invited to stay at his home.

The Niagara Rotary Club invited us and 10 of the Niagara contingent to a special pre

Christmas Luncheon arranged in our honour. Just another eexample of Rotarian kindness. Again we say thank you for your kind. thoughtful gift

Sincerely yours,



Herb and Janette Reddel



THE THEME LOGO FOR NEXT ROTARY YEAR

Rotary International President Elect Jennifer Jones, the first woman president of Rotary International, earlier this month presented her theme for the coming year, 'IMAGINE ROTARY'.

The theme graphic was designed by an Australian indigenous artist, Riki Salam, who is a graphic designer specializing in contemporary Indigenous art, design, and communications. He also created the 2023 Rotary International Convention logo which will be held in Melbourne, Australia in 2023 thus connecting the two by a shared visual language.



These are the photos of Daisy's home as she celebrates Chinese New Year.



Community Event

PICNIC IN THE PARK

CELEBRATING 100 YEARS OF
WAHROONGA PARK AND ROTARY AUST/NZ



Saturday 26th February, 4pm-7pm

Wahroonga Park: Cnr Millewa and Illoura Ave, Wahroonga

WHAT'S ON

Date	Program	Speaker	Chair	Reporter	5 - minute talk	Meal status + extra info
Feb 9	Hornsby Connect Inc. Via Zoom	AG Stuart Armstrong	David Firth	Pam Hudson	Terry Pankhurst	
Feb 16	Presentation on Valentine's Day Via Zoom	Ida Shi & others	Daisy Huang	Theo Glockemann	Ahmadul Ameen	
Feb 23	RYPEN 2022 TBC	Nia Michelson & Scott Romanis	John Ellis	Herbert Chan	Ida Shi	
Mar 2	Members Night Return to the Golf Club Face to Face					
Mar 7	Board Meeting at 7.30pm					
Mar 9	TBA					
Monday Mar 14	Club Anniversary & Australia Day Award Social Night	Janelle Dodd		John Ellis		2 course meal
Mar 18 - 19	District 9685 Conference	At West HQ Rooty Hill RSL	Friday night dinner	and	All day Saturday	
Mar 23	Report on District Conference	Attendees	Pres Kaye	Jim Fraser		
Mar 30	Visit to Thornleigh Community Garden	At 6.30pm				

Last Meeting - 2.2.2022
 Attendance - 82.35%
 Apologies: A Ameen, I Huckel,
 Guest Speaker: John Sims
 Visiting Rotarian: Nil
 LOA: P Stanton

CLUB SEMI-ANNUAL DUES

Just a reminder to members that semi-annual dues are now due. The amount is \$225. Direct debit to the Club Account :

BSB: 032-087 ACCOUNT No. 334578

Thought for the Day

Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young.

Henry Ford

Anniversaries & Birthdays
 Birthdays:
 Raymond Chan - February 11
 Anniversaries:
 David & Heather Firth - February 5
 Herbert Chan & Bronia Tam - February 24
 Inductions:
 Jim Fraser - February 1
 Ian Huckel - February 10
 Herbert Chan - February 24