



# SPOKES



SERVE TO CHANGE LIVES

Pennant Hills  
**Rotary**  
Club



### CLUB CONTACT INFORMATION

PHONE:  
0407 261 456

EMAIL:  
rotaryclubpennanthills@gmail.com

TO NOTIFY MEETING APOLOGIES & GUESTS:  
Text to 0451 265 122 or  
Email ida1701@gmail.com  
before noon on Monday



**Rotary**  
District 9685



We have the following sister clubs:  
Rotary Club of Newcastle  
Enterprise District 9670  
Rotary Club of Delhi Ridge  
District 3011

### THE PROGRAM THIS WEEK

**Visit to Thornleigh Community Garden**  
(Carpark Entry at Thornleigh Baptist Church in Duffy Ave.)

**Speaker: Sue Smith, Manager**

**Chairman: President Kaye**

**Reporter: Jason Terry**

### President's Corner

Hi everyone

Our last meeting was at the Hotel Pennant Hills where David and Anoop gave us some positive feedback on the District Conference.

This Wednesday (30 March), we will be meeting at the Thornleigh Community Garden -15 The Esplanade, Thornleigh (Thornleigh Community Baptist Church), where we will have a sausage sizzle and be treated by Daisy and Ida to some home-made dumplings. The cost will be \$10 per person and BYO drinks. There is ample shelter if it pours with rain! (Left over frozen dumplings will be for sale.)

We will have a zoom meeting for our meeting on April 6 with our guest speaker sharing his Rotary exchange experience going from Venezuela to the USA and his love of aeroplanes. He will be a very interesting speaker.

At this point, we still don't have a President elect nor a set meeting venue. This is quite a challenge for our club which requires some serious decisions. More on this later.

It's time to start thinking about nominations for our prestigious Pride of Workmanship awards. The dinner will be on Wednesday, 18 May at the Pennant Hills Golf Club.

**President Kaye**

*Follow your dreams even though they may be a bit wacky.*



The meeting this week will not be available on Zoom.

## MEETING REPORT - 23rd March

Well, it was off to the Pennant Hills Pub for tonight's meeting and as Ida was away, Jim Fraser took over the sergeant's session. I stole Ida's overview to keep some consistency and went through Acknowledgement of Country, Jack did his review of the welfare of the various members advising that Pam and Theo sent their apologies. President Kaye was introduced, her first comment was, Spokes was fantastic with fantastic photos of the Australia Day event and then welcomed people to the evening.



Anoop spoke of about his visit to the Dural Men's Shed. He said they were a very lively bunch and they enjoyed a breakfast that was provided by Bakers Delight. He was impressed by the range of equipment they had for metal and woodwork. They do have some commercial projects that brings funds into the group. They meet on Thursday and Saturdays and breakfast is on the house with lots to choose from including incinerated sausages. He left with a good feeling of the comradery of the group but due to distance did not join. The cost to join is \$40 per year. John spoke of the Hornsby Men's Shed in Thornleigh which was a building on Chivers Lane which he joined for a few months to work on a project for the scout hall. Kaye suggested we visit the Dural Shed at some time in the future.

John was an exhibitor at the Turramurra Uniting Church for the Senior's Expo. Kaye also joined in and secured 3 speakers for upcoming meetings as well as a number of brochures. At the church there were lots of stalls for different groups. John mentioned Meals on Wheels, Sailabilty to get people into small boats for the experience of sailing. There were a number of elderly seniors in attendance and lots of questions about 'is Probus the same as Rotary?' John felt there was not much opportunity for new members out of the group that attended but Kaye shared a story of the flow down effect from getting the Rotary name out there to everyone. For next week's meeting it is going to be held at the Thornleigh Community Garden at the Baptist Church in Duffy Ave, Thornleigh. There is going to be a barbeque with a variety of choices of foods including dumplings prepared by Ida and Daisy. We will also have an overview and tour of the garden, something different for the night. There are alternatives if it is raining. David was under pressure for Heather's birthday which we all wished her Happy Birthday.

Kaye spoke of the Pennant Hills Library Booker program of meet the authors. Hugh McKay is coming promoting his book 'The Kindness Revolution' on the 28<sup>th</sup> April at Hornsby Library. Heritage House contacted Kaye and they were asking if the Rotary Club was bringing Easter Eggs again? As we had no response from them last year, we had planned not to do so, but Pam stepped up and will deliver some to them. We received \$600 from the raffle at the Australia Day event. Membership – small list received for the local area and Pam and Jim putting a flyer together to be delivered to businesses. The intention is to attract both members and sponsors. Kaye is keen to raise money through silent auctions online as a way for people to support the club by purchasing items that are donated to the club by local businesses. The items may be single ones or a group of items together such as a "happiness basket" with chocolates and coffee etc.

David reported on Pride of Workmanship - there are some new orders coming in which is really good to see. He had a display at the District Conference on Saturday where he spoke with five or six clubs that were planning on having an event this Rotary Year. He said it was good to see the people are meeting again and planning events in our district as that is where most of the orders come from. He put together a flyer he distributed to clubs about having an event at a place of business as a way to get more events happening. The Pride of Workmanship dinner is planned for 18 May. David is about to send out invites to previous attendees and encouraged anybody that knows of someone that may be interested in a business to please let him know and he'll send out an invite. David is in the process of securing a speaker. There was a lot of discussion about the cost of the dinner. The price of the dinner is going to be \$50 per person.

West Pennant Hills/Cherrybrook has invited us to attend their Youth Event on Monday the 28<sup>th</sup> and to let Rosemary know if you are attending. David also detailed an email he received from Suren Buruidiu Assistant Governor RI District 3150 India wishing us happy birthday to the club on its 62<sup>nd</sup> Birthday and commenting on how great an organisation Rotary is worldwide.

David spoke of the District Conference. He felt there was too much for one day and did not give the speakers enough time. Ian Huckel was mentioned in the Rotarian Remembrance section. Most of the guest speakers were alumni of this district that had been involved in youth or Foundation programs which was very encouraging to see. The programs have developed exceptional people. One of the Vocational Excellence awardees this year was a Virologist. Prof. Dominic Dwyer is the leading virologist in Australia and was part of the World Health Organisation group that went to Wuhan to determine the origin of the Covid virus. He dispelled some of the myths and false news about the virus. He had a number of pictures of the area and showed that around the market there was 50 or more 30 story apartment buildings, so lots of people using the market. In a map he showed,

Continued over 



you could see 400 markers where the original cases were and they were clustered around the market. Based on this he did believe that the virus originated in the wet market and then spread outwards. He also dispelled the idea that there were no live animals at the market as you could clearly see cages where live animals had been kept. He did not believe that the virus escaped from the virology lab located in the area. He was an excellent speaker using laymen terms and said the virus would be us for some time. There was a second speaker Professor Andrew Skidmore. He had some IT issues and as a result lost most people's attention. David felt the conference was well worth attending and encouraged others to do so. Next year's conference is on 17-19 of March 2023 in Cowra. He picked up some pamphlets from other clubs that outlined their programs like Terrigal and Shelter Bags for the homeless and Manly Rotary getting toilets built for schools in PNG.



Anoop gave an overview of the dinner he attended on the Friday night at the conference. It was a good event but people tended to congregate with their own clubs. The main speaker was the young Australian of the Year, Dr Daniel Nour who created Doctor on Wheels. He got funded and took part in Medical vans to give medical attention direct to people who may be homeless or unable to get attention. There is a van currently in Lismore helping there. It was a good dinner. He also mentioned ROMAC and how a Rotarian on holiday in Timor met a lady with a child with significant medical issues. Through ROMAC, Rotary went to her village in Timor, provided some medical attention in the village and then had her flown to hospital in Adelaide for more treatment. He enjoyed the thought of a Rotarian on holiday coming up with this great initiative to help this girl. He also spoke of a person doing Research of Prostate cancer looking at the geniality of people with the disease to see if genetic changes may be able to reduce the number of people with the disease or determine who is more susceptible to the disease. They travelled to Africa to do more gene research to see if there is any link to original inhabitants of Australia. Good learning experience but Anoop agreed it was too much for one day. (Daisy left the meeting a bit early but Ameen commented on how she is always smiling bringing so much joy to others around her.) There was some discussion about finances and if we have enough money which it appears we do. There was further discussion on the Timor project and how our club is involved from a financial and support point of view through Theo and Georgia and how this successful program can continue.

There was a reminder about next week's meeting at the Thornleigh Gardens and the meeting was closed with no anthem being sung due to where the meeting was held.

**Reporter: Jim Fraser**

At the recent PELD seminar - for incoming Presidents training, as we had no president-elect, Jason Terry volunteered to attend on behalf of our club. Jason's brief summary follows -

My takeaway message from PELD is:

- to learn on the job and learn from your mistakes.
- to be organised and to work with the team to create efficient agendas.
- to work closely with club members and involve them in activities.
- make them want to come to club meetings and not a need.

*Our thanks to Jason for giving up the time to attend. Undoubtedly he will have learned much during the day, knowledge that will be of value you to him in his Rotary involvement in the future.*

### THORNLEIGH COMMUNITY GARDEN



Sue Smith and President Kaye



The venue for our meeting this Wednesday night. The outdoor veranda and the inside kitchen. There is also a meeting room



**A big thank you to our sponsors of our raffle at our combined 62<sup>nd</sup> Club Birthday and Australia Day Merit Award Dinner on Monday, March 14.**



**Daisy from Joanie's Beauty & Body Works**



**Supermart IGA Pennant Hills – Thank you Martin**



**Tariq from Harris Farm Market Pennant Hills**

**Member for Berowra, Julian Leeser, presenting the flag of the Torres Strait Islands to President Kaye recently**



**Editor of Rotary magazine in Ukraine thanks Rotary network for its help**



**Mykola Stebljanko**

**Q: What is happening with Rotary clubs in Ukraine?**  
**Stebjanko:** There are 62 Rotary clubs in Ukraine. At the moment, only the Rotary Club of Kherson has temporarily suspended meetings because the city is now under the control of the Russian military. I recently spoke with a Rotarian there. None of them are able to escape and are trapped inside the city. They no longer meet or do any projects for fear of personal safety. Our district governor sent a letter of support to all the Rotarians in Kherson. Other Rotary clubs continue to operate and are trying their best to conduct Rotary services. We have created a special committee to coordinate help. Each club has a representative on the committee and we meet online twice a day to discuss issues that are facing our clubs.

*The Rotary Foundation has created a [channel for direct humanitarian support](#) in the Ukraine region. Follow updates on how Rotary members are providing humanitarian relief on [Instagram](#), [Twitter](#), [Facebook](#), and [LinkedIn](#), and on [Rotary.org](#) and [My Rotary](#).*

**\$2.99 SPECIAL**

If you are a senior you will understand this one; if you deal with seniors, this should help you understand them a little better, and if you are not a senior yet...God willing, someday you will be...

We went to breakfast at a restaurant where the 'seniors' special' was two eggs, bacon, hash browns and toast for \$2.99.

'Sounds good,' my wife said. 'But I don't want the eggs.'

'Tracey, I'll have to charge you \$3.49 because you're ordering a la carte,' the waitress warned her.

'You mean I'd have to pay for not taking the eggs?' my wife asked incredulously.

'YES!' stated the waitress..

'I'll take the special then,' my wife said..

'How do you want your eggs?' the waitress asked.

'Raw and in the shell,' my wife replied.

She took the two eggs home and baked a cake.

**DON'T MESS WITH SENIORS!!!**

WE'VE been around the block more than once!

Always laugh when you can - it's cheaper than medicine!

## WHAT'S ON

Date	Program	Speaker	Chair	Reporter	5 - minute talk	Extra info
Mar 30	Visit to Thornleigh Community Garden 15 The Esplanade	at 6.30pm	Pres Kaye	Jason Terry		
April 4	Board Meeting at 7.30pm on Zoom					
April 6	My Rotary exchange from Venezuela to the USA <b>Zoom meeting 7pm</b>	Jose Lara Herrera	Pres Kaye	John Ellis		
April 13	Planning Night Organise Poppy Selling for ANZAC Day <b>Venue Mecca Infusion</b>		Pres Kaye	Pam Hudson		
April 27	Monika Ball Hornsby Ward B Councillor <b>Venue Mecca Infusion</b>	Monika Ball				

**Last Week's Meeting - 23.03. 2022**

Attendance - 62.5%

Apologies: T Glockemann, P Hudson, I Shi, P Stanton, J Terry

Guest Speaker: Nil

Guests: Nil

LOA: T Pankhurst

### Anniversaries & Birthdays

#### Birthdays:

Georgia Glockemann - March 4

Jeanette Rigney - March 14

Heather Firth - March 24

Bronia Tam - March 30

#### Anniversaries:

Ida Shi & Eddy Li - March 5

Claude & Jeanette Rigney - March 9

Jim & Esther Fraser - March 11

David & Heather Hopping - March 25

#### Inductions:

Nil

MARCH DESIGNATION IS

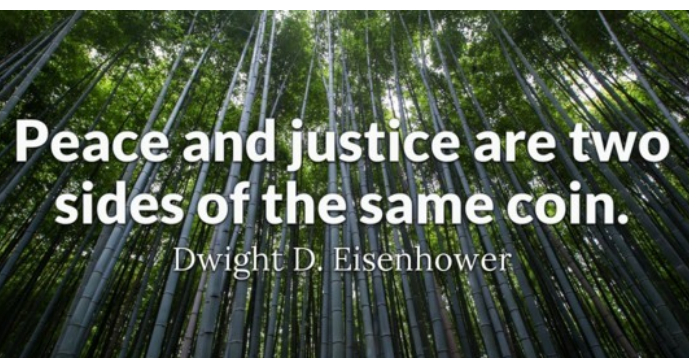


**WATER AND SANITATION MONTH**

*"Clean water..... is a basic need for human beings. When people, especially children, have access to clean water, they live healthier and more productive lives."*

Rotary

TAKE ACTION: Join a Project



**Peace and justice are two sides of the same coin.**

Dwight D. Eisenhower