



SPOKES



SERVE TO CHANGE LIVES

Pennant Hills
Rotary
Club



CLUB CONTACT INFORMATION

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TO NOTIFY MEETING
APOLOGIES & GUESTS:
Text to 0451 265 122 or
Email ida1701@gmail.com
before noon on
Monday



Rotary
District 9685



We have the following sister clubs:
Rotary Club of Newcastle
Enterprise District 9670
Rotary Club of Delhi Ridge
District 3011

THE PROGRAM THIS WEEK

ANOTHER FASCINATING STORY

Speaker: John Ellis

Chairman: Adrian Bell

Reporter: Ida Shi

This week's meeting is a Zoom meeting commencing at 7.00pm and will be hosted by Adrian Bell.

The link is at the foot of this page.

Report from the D9685 Assembly Plenary Session

Fellows, I attended this initial plenary session last Sunday morning. It was held at Castle Hill RSL Club and was fairly well attended. For those not familiar with the regular operations of our district, the Assembly is a training and preparatory program for incoming board members of all the clubs in the district.

It was organised by PDG Kalma McLellan and she was MC for the morning. Incoming Governor Mina Howard introduced the international theme "Imagine Rotary" and, despite a technology glitch, we were able to listen to a short introduction by RI President Elect Jennifer Jones, an impressive rotarian from Canada.

There followed a series of speakers on topics such as -

The Environment; Communications; Regionalisation; the District Budget; Youth Protection; Ethics; and Rotary World Community Service (RAWCS). These were all fairly standard subjects one might expect at such a session. However, we had a Keynote Speaker, Commissioner Shane Fitzsimmons, the NSW Resilience Commissioner, who happens to be an Honorary Rotarian with the Berowra Club. He gave an excellent talk about the recent problems which this state (and Australia) have faced - drought, fires, floods, a mice plague, Covid 19, more floods, etc. He explained how his role meshed with the other emergency services. However, his major point was to emphasise the importance of volunteering and what a major contribution volunteers have made and are making in the aftermath of all of the above statewide problems.

The Assembly continues primarily on Zoom for each of the director's portfolios.

David Firth

The Zoom link is: <https://us02web.zoom.us/j/83812725561?pwd=eVZuem9OeE1kQTRmRjMwMG1XOWE3UT09>

Last Week's Meeting Report

With our little band of members the meeting was kicked off by "Welcome To Country". A list of apologies followed.

As a matter of general information it was advised that the next Board meeting will be held on Monday 9th May.

News items were as follows:

After 2 years of unable to travel, PP Theo is this week off to Timor. He spoke of the need for further expansion of the programmes and in particular the need for RYPEN to be expanded. Theo will be accompanied on this trip by the President of the Rotary Club of Windsor. This Club will be assisting in making applications for a new round of Funding support.

The ANZAC day Poppy sale was a great success for a total of just under \$900 raised. Best sales person? Daisy! Guest sales staff were Paige and Elliott Newton who did a great job.

(Seems when you are on good thing, others provide compliments by copying! Last year Wendy Bell's dad was provided with a few Poppies but it would seem they were well received because.....this year the place was awash with Poppies).

PP Jim has been in touch with Bunnings seeking to settle on a date for our Club to man a BBQ at one of their premises. (It was noted in the latest Rotary Downunder that Bunnings MD is very supportive of Charity groups especially Rotary).

After the meal, our guest speaker Karen Briggs was introduced and her topic being "Dementia Care". Karen is very experienced in this area and while she is based in Frenches Forest, has extensive responsibilities advising in a number of Anglicare facilities in NSW.

Karen's "brief" is to assist with training and guidance as to how to treat people with Dementia. This wording is used, because, as Karen points out patients with Dementia will all have their own journey.

And the issue is significant because Dementia is one of the leading killers in Australia and the prevalence is increasing. There are various types of Dementia and the actual form will depend on the type, which in turn comes as a consequence as to where in the brain the damage occurs.

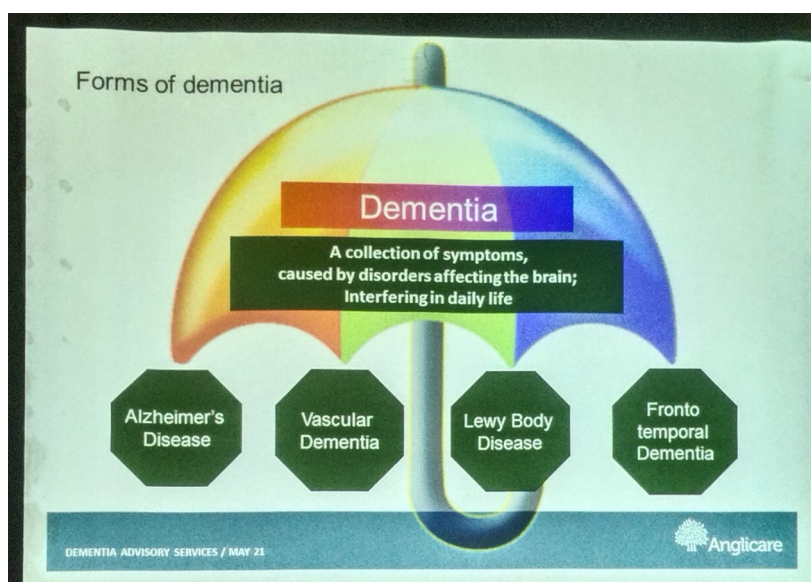
Despite the above Karen made the point that the treatment of Dementia should be based on what the patient is able to do not what they can't do. This of course will change as time goes on.

Karen noted that there are a number of avenues available for guidance and support including online.

It was a most interesting and informative talk.

The meeting closed without the singing of Advance Australia Fair.

Reporter: Phil Stanton



This is a letter President Kaye received from St Lucy's School after our recent donation.

14 April 2022



Kaye Carter
Club President 2021-2022
Rotary Club of Pennant Hills
PO Box 238
Pennant Hills NSW 1715

Dear Kaye,

Thank you for the generous donation from the Rotary Club of Pennant Hills supporting our school fee bursary program. We are truly grateful of the support and advocacy the Rotary Club of Pennant Hills has shown St Lucy's School over the years.

Due to the additional requirements on families supporting children with disabilities a large proportion of our families are on single income or on government support, with several families with two or three children with a disability. In addition, while the National Disability Insurance Scheme (NDIS) has provided some assistance to families, the costs to provide therapy, equipment and respite services puts a large financial strain on families. Due to this St Lucy's offers School Fee bursaries with the assistance of donors.

With the support from the Rotary Club of Pennant Hills, St Lucy's will be able to continue to provide a higher number of bursaries for our most vulnerable families.

St Lucy's offers a vibrant community where remarkable things happen every day and extraordinary experiences are possible. We believe that our students are capable of a great deal, and we work collaboratively to help them realise their potential, so they get the most from their educational journey and prepare them for a life with purpose.

The St Lucy's community and the St Lucy's Board joins me in expressing our gratitude and appreciation for your continued support.

Kind Regards

Mr David Raphael
Principal
St Lucy's School

TRUTH | JOY | COURAGE | COMMUNITY



A message from the president of RI regarding Diversity, Equality and Inclusion and Rotary

Our DEI Code of Conduct

What we say and how we behave matter. Although free expression is important, we must take responsibility for how our words and actions may affect others. This is why the Board approved a new DEI Code of Conduct<<https://msgfocus.rotary.org/c/1H99sbVaNmWyKx6gs4QWHbjk1YmC>> (insert DEI Code of Conduct link) that reflects our core values. It provides a supportive framework for how Rotary members can create and maintain an environment that is collaborative, positive, and healthy for everyone.

Simply put, the DEI Code of Conduct asks Rotary members to:

- * Use respectful language
- * Be supportive
- * Foster a welcoming and inclusive environment
- * Celebrate diversity

It's important that you, as a Rotary leader, model the behavior outlined in the DEI Code of Conduct in person, virtually, and on social media. I also ask that you apply the DEI Code of Conduct by helping members recognize the impact that their words and actions can have on others.

- * If a member or participant tells you about a recent experience related to DEI, please take these conversations seriously. Do not minimize or excuse what happened. Listen, and then:
 - * If the situation can be resolved through discussion, encourage the member or participant to talk to the person directly. Very often, a person who said something or acted in a way that made others feel excluded, marginalized, or targeted did not do so intentionally. Although there might be mistakes, missteps, and uncomfortable conversations along the way, the end is a better, stronger Rotary.
 - * If a discussion is not possible or the situation involves someone in a leadership role or another club, contact Club and District Support staff<<mailto:cds@rotary.org>>, who will review the information and follow up appropriately.
 - * If anyone is in danger or their safety is in doubt, contact local law enforcement and notify Rotary's Club and District Support staff<<mailto:cds@rotary.org>>.

As an organization, we are stronger when we embrace the diversity found in our clubs and communities. We are more effective when we offer a valuable, inclusive experience that provides equitable opportunities for people to serve, to lead, and to participate with us. To grow Rotary and become a more dynamic organization, we must take DEI seriously. And with your support, we are doing that.

Sincerely,

Shekhar Mehta

RI President, 2021-22

AN ADVANCE NOTICE

**PP JIM FRASER HAS CONFIRMED OUR BOOKING AT BUNNINGS THORNLEIGH
TO RUN THE BARBECUE SAUSAGE SIZZLE ON SUNDAY JUNE 12TH.
PLEASE PUT THIS IN YOUR DIARY AS WE WILL BE THERE ALL DAY
AND THEREFORE WILL NEED TO BE ORGANISED IN SHIFTS.
JIM WILL NO DOUBT PROVIDE MORE DETAILS SHORTLY.**

WHAT'S ON

Date	Program	Speaker	Chair	Reporter	5 - minute talk	Extra info
May 4	Zoom Meeting using Adrian's Zoom Account - 7pm start	John Ellis	Adrian Bell	Ida Shi	David Firth	
May 9	Board Meeting Zoom					
May 11	Members' Night	at Thornleigh	Community	Garden		
May 18	POW Awards Night Pennant Hills Golf Club	Richard Adams	Jim Fraser	Adrian Bell	NA	2 course meal \$50/head
May 25	We visit other clubs -	no meeting of	our club			
June 1	Meeting on Zoom					
June 6	Joint Board Meeting Zoom					
June 8	TBA	at Thornleigh	Community	Garden		
June 15	TBA at 7pm start	at the Baden Powell Scout Camp	Pomona St., Thornleigh			
June 29	Club Changeover at Pennant Hills Golf Club - 6.30 for 7pm	President Kaye			NA	2 course meal \$50/head

Last Week's Meeting - 27.04. 2022

Attendance - 43.75%

Apologies: A Ameen, K Carter, H Chan, J Fraser, P Hudson, I Shi, A Sud, J Terry

Guest Speaker: Karen Briggs

Guests: Heather Firth

LOA: T Pankhurst

Anniversaries & Birthdays

Birthdays:

Pat Parker - May 5

Eddy Li - May 18

Anniversaries:

Nil

Inductions:

Terry Pankhurst - May 29 (36 years)

PRIDE OF WORKMANSHIP AWARDS



Our awards night is set for May 18th. We are looking for nominations for awards. Please suggest either organisations we can invite to nominate, or people you think are worthy of an award that you would like to nominate. Let David Firth know in the first instance so we can get an invitation sent out.

Our Keynote Speaker will be Richard Adams, Managing Director of ByDezign Pty Ltd, one of our long term supporters of Pride of Workmanship Awards at Pennant Hills.