



VOLUME 58 No. 11
EDITOR: DAVID FIRTH

SPOKES

OUR PROGRAM THIS WEEK - September 19th

“Visions for the World”

Guest Speaker: Ross Piper
Chief Operating Officer,
World Vision Australia

World Vision

Ross commenced his education in this area, attending Pennant Hills High School. He went on to graduate as Bachelor of Science at Macquarie University. He then completed a Graduate Diploma in Education at Macquarie before graduating from Deakin University with an MBA in International Relations and Business.

Ross has worked for a number of organisations. His first position with World Vision was as National Director - Serbia & Montenegro from 1999 to 2003. Following 5 years with Macquarie Group, he returned to World Vision International as senior Director of Operations, Middle East and Eastern Europe, based in Cyprus. He then moved to World Vision Australia as Chief Operating Officer in October 2015. Ross has a working knowledge of Serbo Croatian, Greek and Arabic.



CHAIRMAN: Peter Holst - Beecroft **REPORTER: Pat Parker**

NEXT WEEK - September 26th

PROGRAM: Domestic Violence & A Women's Refuge

PARTNERS NIGHT **SPEAKER: ROBYN WAITE**

CHAIRMAN: PRES. PAM HUDSON **REPORTER: JIM FRASER**

CLUB CONTACT INFORMATION



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Fellows, I'm not a great follower of Facebook (unlike our President) but I came across this item which one of my daughters had 'liked' and I thought it had a good message. I hope you do too.

"I snapped this picture the other night at the end of a long day. I was tired. I was irritated. I had sent my husband a text telling him that I knew it wouldn't make a difference, but I wanted him to know that I was feeling fed up with how much he works and with all that I have to do everyday by myself. The full time job, cooking dinner, bathing kids, weekend trips without him, keeping up a home, you name it I was re-senting it. I have to have these little moments once (ok several times) throughout planting and harvest season. Then this happened.

He came in, fixed his plate and sat down to eat all alone. He was tired. He was hot. He was exhausted. Rather than complain, he said he was sorry I was tired and felt that way. Charlotte joined him and talked his head off and even ate most of his dinner. He didn't complain. He shared, and it hit me. Do I wish that we saw him more than an hour or so a day? Yes. But, the love he has for his craft is something to envy.

Farmers work in a thankless profession. It's always non GMO this and organic that, and let's not even talk about the stress from Mother Nature. This is a man who is working to uphold 4 generations of blood sweat and tears and showing his children the value of hard work and discipline. So while I felt frustrated, I really should have felt thankful. I got to sit down to dinner and hear all the stories from the day with the kids. I got to give them a bath and hear their squeals and giggles. I got to snuggle and love on them for 3 hours more than he did. He is the one sacrificing, not me. We will keep on keeping on until the next rainy day when we get a few extra hours with our hard worker. In the meantime, the next time you slip into that comfy cotton shirt or eat delicious farm fresh food, thank a farmer. Where would we be without them?"

Credit: Katie Spence Pugh



Rotary



END
POLIO
NOW

**We're close to ending
the second human
disease in history.**

ROTARY'S WORLD POLIO DAY
MONDAY, OCTOBER 24th

endpolio.org



Report of the Club meeting held on 12th September 2016

Alex Thomas was Chairman and Acting President for the night. He opened the meeting and Pat Parker initiated Rotary grace. Alex welcomed Guest Speaker Mary Ann Napper who was accompanied by her husband, Arthur. The meal was served at 7 pm.

The Sergeant's fine session consisted of a fine for Adrian Bell for maybe referring to the Sergeant's car as a vdub when Adrian is believed to be buying a Porsche for his good lady! There were merit fines from Ian and Peter's good health. Claude was fined for not remembering a hole-in-one event on the 14th hole some time ago and then haggled with the sergeant as he did not want to place \$10.00 in the fine casket. Uncharacteristically, a deal was brokered with the sergeant, the casket was unceremoniously emptied onto the table in front of our guests. The \$10.00 went into the casket and the coins went to Claude.

Note: Annie one of the Golf Club's staff is leaving after 32 years of service. Annie deserves congratulations as she has completed an online course in Financial Planning part-time!

Phil Stanton introduced our guest speaker, Mary, at 7:45 pm. After retiring as a Mental Health Nurse, Mary decided to become a writer. Five years ago, Mary describes how she found a manuscript in a cupboard that had been there many years. After reading it, Mary was inspired to write a story. Mary did not have any writing skills so she enrolled in a creative writing course at the Community College Narrabeen. The teacher was Robyn McWilliam who often judges writing competitions. After two years of excellent tuition Mary had been taught the basic skills and was ready to start writing.



Mary did not find it easy to find time to write as there were holidays, grand children etc. To overcome this Mary converted the need to write into a hobby. The first book is fictional but is based on a true story. The characters are fictional. Some of the characters are still living and they need to be protected. (Note: Mary has written more than one book).

After 2 years of research and writing, the first draft was completed. Then Mary knew she had to contact the family members concerned. One had become a Queens Council so Mary was concerned about being sued. Arthur encouraged Mary to contact the QC, this finally happened and the draft of the book was sent for review. The QC after some months came back and was touched by the story but had 3 major objections, one was the harshness about his mother's description. Mary changed this. The book was given to the other family members and they were OK with it. The father was a politician in Queensland from the outback. The story was set in the 1940s and 50s and at that time autism was not at all understood and families were advised to institutionalise their children.

Finally the QC gave in and permission was granted to Mary to publish the story.

The guts of the story is that there was a nanny who was a nurse that developed therapies that are only starting to be recognised today as workable for children suffering from autism. Early intervention is the key to the best outcomes. The nurse was Kath McCarthy who died in the 1980s and she gave the manuscript to Mary. Mary's twin brother was born with autism and was helped by Kath.

Mary has found writing challenging particularly the publishing. Reader response from the book has been good. Families with autistic children and ordinary families have found the book illuminating. Kath understood that fear was the autistic child's strongest emotion and she developed strategies to overcome this with play, music, massage therapy, physical exercise, tactile feeling and multiple sensor stimulation. Sadly, too many children were committed to institutions.

Mary's book is titled "Born to Fly" and provides hope to parents with autistic children and encourages early intervention. A film may be produced in a couple of year's time based upon the book. Mary admitted that the book was a vehicle for her to express her childhood frustrations with caring for her older autistic brother at a time when autistic children were very harshly judged by society. Mary sold some of her books at \$20.00 each, with \$5.00 going to autism. Mary has her own website -

www.marynapper.com.au

Phil Stanton gave a vote of thanks to Mary and Alex closed the meeting at 8:24 pm.

Reporter: Ian Chappel

THE FORWARD PROGRAM

DATE	PROGRAM	SPEAKER	CHAIRMAN	REPORTER
SEPT 26	DOMESTIC VIOLENCE & THE WOMEN'S REFUGE PARTNERS NIGHT	ROBYN WAITE	PRESIDENT PAM	JIM FRASER
OCT 3	NO MEETING	DUE TO	THE PUBLIC	HOLIDAY
OCT 15 To DEC 17	OUR CHRISTMAS TRAILER RAFFLE TICKET SELLING COMMENCING AT	PENNANT HILLS MARKETPLACE	WE WILL BE CIRCULATING A ROSTER SOON	THERE ARE 10 SELLING DAYS - ALL SATURDAYS
NOV 7	'THE TIMOR REPORT' JOINT MEETING WITH BEECROFT	THEO GLOCKEMANN	PRESIDENT PAM	ADRIAN BELL
NOV 21	OPERATION FOUNDATION	PETER SCHULTZ	DAVID FIRTH	ALEX THOMAS

GRAFFITI REMOVAL DAY is being held this year on Sunday 30th October.

This Rotary driven project is an initiative of the NSW Government's Dept. of Justice aimed at creating a greater awareness of graffiti vandalism. It encourages local communities throughout NSW to get involved in the removal and prevention of graffiti.

To Rotary clubs it offers a lot more eg

- Getting involved with a fun yet different activity
- Only needing a few people – men or women
- Providing an opportunity for your club to be exposed and promoted in your local community
- Working on a common cause with other volunteers – which may even lead to finding a few more new members!!

Involving no costs as all the required materials such as paint, brushes etc are provided by sponsors – the major one being Dulux. Even murals and green screening can be undertaken.

This is a big event – now in its fourth year. Last year almost 2000 volunteers removed over 20,000 sq. metres of graffiti from over 450 sites in 56 Council areas.

So what do you need to do???

Visit the website www.graffiti removal day.org.au and NOMINATE A SITE or VOLUNTEER

For more details contact Graffiti Removal Day's Volunteers Manager:

Johan Mare 1300 665 310 0450 631 164

info@graffiti removal day.org.au

LAST WEEK'S ATTENDANCE

Member attendance 61.1%

Apologies: Michael Bradley, David Walsh, Pam Hudson, David Firth, John Ellis, Ian Huckel, Theo Glockemann

Make-up: David Firth - R/C of Nelson Bay

Guest Speaker: Mary Ann Napper

Guest: Arthur Napper

Leave of Absence: Graeme Ashdown

MEMBER ANNIVERSARIES & BIRTHDAYS

BIRTHDAYS

Ruth Reid - September 21st

WEDDING ANNIVERSARIES

Ian & Beverley Chappel - September 24th

INDUCTION ANNIVERSARIES

Nil

THE QUOTE FOR THE WEEK

"The best argument against democracy is a five minute talk with a voter."

- Winston Churchill