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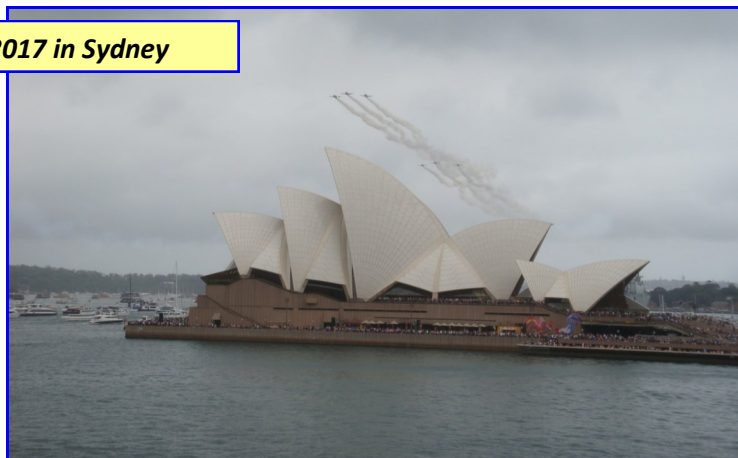
SPOKES

OUR PROGRAM THIS WEEK - January 30th

CLUB FORUM

Chairman: President Pam Reporter: John Ellis

Australia Day 2017 in Sydney



NEXT WEEK - February 6th

"COPS ARE TOPS" - Speaker Shane Carn

Chairman Phil Stanton Reporter Jim Fraser

Beecroft are joining us again for this meeting

CLUB CONTACT INFORMATION

PHONE ENQUIRIES: 9484 4889

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Rotary Meeting Report

23rd January, 2017

Australia Day Awards

So, where does the name 'Australia' come from?

No, I didn't know really and I'm pretty sure no one else did. But we will get to that in a bit....

As is the Tradition of Pennant Hills Rotary Club, every year we hold a special award evening, where we recognise the work of one of our near neighbours in enhancing the lives of others within our community. This year was to be no exception.

Being incredibly wonderful chaps, we turned our Celebration of things Australian into a joint meeting with the folks from the Beecroft Rotary Club – And what a turn out we ended up with. Slightly more than anticipated, so that Mark & Geoff (I hope my scribing got that bit right) ended up sitting on their very own "special" table.



Also in keeping with the Tradition, the Pennant Hills Golf Club wished to show that no matter how much things change, they also remain the same – so after Millions of \$ being spent on the new roofing on the building We still had a bucket catching a leak from the ceiling!

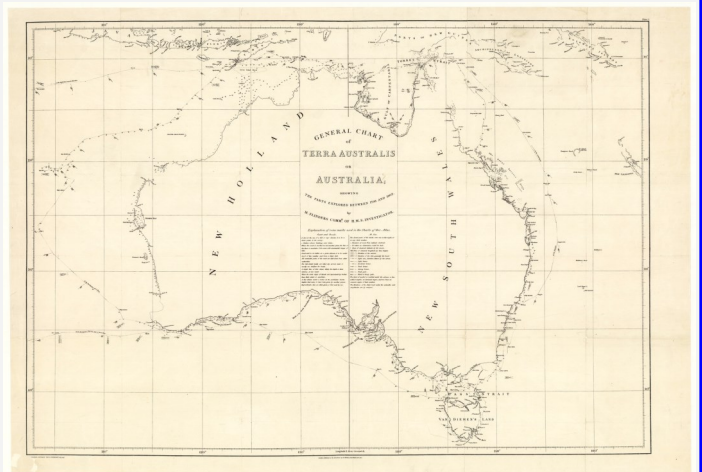
Matthew Flinders is the answer, by the way.

After our Dinners, Mr. John Ellis (RAN Ret.) gave a talk on some of the history of one of our many intrepid explorers. Turns out that in an idle moment, he dashed off a treatise (that was Matthew, not Commander Ellis) on his explorations in 1804 that referred our Island nation as 'Australia'.



Even well before then, in 1625 Sir Richard Hakulyt wrote of 'Australia del Espiritu Santo'. But I think he was confused there – we all know that Espiritu Santo is in Vanuatu, which is a tiddy little group of islands NEAR Australia.

Over many, many years, there were so many 'almost' namings of Australia. Even over in London, the Poms called the place Terra Australis which became Terra Australia, then finally in 1850 they gave in and signed off on the Australian Colonies Government Act and in 1851 we had our first Governor General of Australia.



Continued over ➡

We were now officially Australia.

The Poms then officially adopted the 'Terra' as to be how their shaky knees felt about having to face our Cricket Team.

Now that we were officially up to speed on the derivation of 'Australia', it was time to unveil our Australian of the Year.

It fell to Sir Theodore to introduce our awardee. It's no secret that David Rands has contributed long and enthusiastically to all manner of Rotary projects for over 40 years, and not the least on our own efforts in Timor Leste. Always humble regarding his own efforts, forever the optimist and great supporter of all sorts of causes – a great choice as awardee and heartily welcomed by both clubs.



Reporter: Adrian Bell



Great meeting. No boring old reports and no Sergeant. Great work President Pam, and well chaired Mr. Stanton.

Advance Australia. Go Home. Return to normal next week.



THE FORWARD PROGRAM

DATE	PROGRAM	SPEAKER	CHAIRMAN	REPORTER
Feb 6	'COPS ARE TOPS' JOINT MEETING WITH	SHANE CARN BEECROFT CLUB	PHIL STANTON	JIM FRASER
Feb 13	PRESENTATION OF TRAILER RAFFLE PROCEEDS	TBA	PAT PARKER	DAVID FIRTH
Feb 20	'FITTED FOR WORK'	ELIZABETH TREWHELLA	PRESIDENT PAM	THEO GLOCKEMANN
	THIS IS A PARTNERS NIGHT AS THIS IS A CHARITY SUPPORTED BY THE ROTARYANNES			
Saturday March 11	DISTRICT 9685 ANNUAL CONFERENCE - at PENRITH PANTHERS CONVENTION CENTRE Register now at www.conference2017.rotarydistrict9685.org.au			

The Weight of the Glass

Once upon a time a psychology professor walked around on a stage while teaching stress management principles to an auditorium filled with students. As she raised a glass of water, everyone expected they'd be asked the typical "glass half empty or glass half full" question. Instead, with a smile on her face, the professor asked, "How heavy is this glass of water I'm holding?"

Students shouted out answers ranging from eight ounces to a couple pounds.

She replied, "From my perspective, the absolute weight of this glass doesn't matter. It all depends on how long I hold it. If I hold it for a minute or two, it's fairly light. If I hold it for an hour straight, its weight might make my arm ache a little. If I hold it for a day straight, my arm will likely cramp up and feel completely numb and paralyzed, forcing me to drop the glass to the floor. In each case, the weight of the glass doesn't change, but the longer I hold it, the heavier it feels to me."

As the class shook their heads in agreement, she continued, "Your stresses and worries in life are very much like this glass of water. Think about them for a while and nothing happens. Think about them a bit longer and you begin to ache a little. Think about them all day long, and you will feel completely numb and paralyzed – incapable of doing anything else until you drop them."

The moral: It's important to remember to let go of your stresses and worries. No matter what happens during the day, as early in the evening as you can, put all your burdens down. Don't carry them through the night and into the next day with you. If you still feel the weight of yesterday's stress, it's a strong sign that it's time to put the glass down.

MEMBER NEWS

BIRTHDAYS

John Ellis - January 30th

Jack Reid - January 30th

ANNIVERSARIES

Nil

INDUCTION ANNIVERSARIES

Nil

ATTENDANCE AT OUR LAST MEETING

Member attendance 83.3%

Apologies: Claude Rigney, Peter Wilson

Guests included: Julian Leaser MP, Cr Michael Hutchence, Damien Tudehope MP & Diane, Robert & Josie Rutishauser, Bev Young, Dawn Callaway, Wendy Bell, Julia Bradley, Heather Firth, Esther Fraser, Georgia Glockemann, Peter Hudson, Maureen Pankhurst, Ruth Reid, Lyn Stanton, Priscilla Walsh + others & Beecroft members

Leave of Absence: Graeme Ashdown

Thought for the Week

"It's not whether you win or lose, but how you play the game!"

- anonymous