







VOLUME 58 No. 37 EDITOR: DAVID FIRTH

SPOKES

OUR PROGRAM THIS WEEK - April 10th

A TIMOR LESTE UPDATE

GUEST SPEAKER: PP DAVID BOYCE

Rotary Club of Dili

Chairman: Theo Glockemann

Reporter: Jim Fraser

PP David was the charter president of the Rotary Club of Dili when it was chartered on 11th September, 2002. David is a major player in the coffee industry which is Timor Leste's major

agricultural export. We welcome him once again to our club meeting.



NEXT WEEK - April 17th

No Meeting due to the Easter Holiday

NEXT MEETING - April 24th

Australia's Contribution to the Great War on the Western Front

Speaker: Brig. David Leece (Ret.)

Reporter: John Ellis

This is a joint meeting with Beecroft Club who is hosting the meeting.



CLUB CONTACT INFORMATION

PHONE ENQUIRIES: 9484 4889

TO NOTIFY MEETING APOLOGIES & GUESTS: 9294 2107

EMAIL: rotaryclubpennanthills@gmail.com

LAST WEEK'S MEETING REPORT

The meeting was opened by President Pam Hudson and shortly after welcoming our guest, Glen Deutscher, we had a commercial from neighbouring Beecroft, appealing for women's clothing for 'Fitted For Work'. Pam then read an appreciative letter from St Lucy's School recognizing our support. Members have been invited to the concert at St Lucy's on 5 December next. President elect Alex Thomas then covered his time at PETS, and advising that the slogan for the year will be "Rotary making a difference." During PETS training packs were pulled apart to discuss contents. Alex got to know Mark Anderson, his opposite number next year at Beecroft. Alex was pleased with this Club's involvement at the forthcoming Assembly, noting some clubs were so far not represented at all. President Pam noted that Ian Chappel is now on Facebook. Theo Glockemann, in planning for Red Shield, found the Salvo's shop in Westleigh were claiming to have conducted the Red Shield Appeal locally for many years. With Club accoutrements securely locked away, Sergeant Jim improvised to attend to wayward offenders.

David Firth introduced Glen Deutscher who is a son of PP Lou Deutscher and David's nephew. After graduating from uni, Glen worked with Dairy Farmers as a senior product manager and for something quite different, he moved to the not for profit scene - Cerebral Palsy Alliance (CPA). There he oversees events and fund raising. CPA developed from the determination of the McLeod couple 72 years ago. Their daughter was born with cerebral palsy and they were faced with major problems caring for her. What could they do? Who could guide them? In 1944 they travelled to the USA for answers - there was none. They returned and started the Spastic Centre, now based at Allambie Heights. In 2009 a fire ravaged McLeod House and records and memorabilia were lost. A new premises was opened five years ago and what was McLeod House is now empty and virtually derelict. The new premises combines administration and some



treatment for New South Wales and the Australian Capital Territory. It is the admin centre for 55 sites across NSW and ACT. It is the centre for fund raising nationally and internationally and employs 1,200 and treats 5,000 clients. Before the National Disability Insurance Scheme was introduced most of the funding came from State coffers. NDIS now directs funds to the client. CPA operates on about \$95 million pa. \$55 million comes from NDIS and \$30 million from regular fund raising, that is, corporate sponsors. The balance comes from bequests and fund raising from the community. About \$1 million is directed to research and we are now global leaders. There is a research foundation and these days there is no government support. A year ago CPA considered tapping into American philanthropy. The estate of Paul Ramsay also provides funds. Paul Ramsay was head of Ramsay Health and he left his estate to assist support and research into health problems. Glen said that major breakthroughs in research have emerged in the past ten years. In Australia there are 740 new CP cases pa and 34,500 cases nationally. Research has seen the incidence of CP drop from 1:400 pa to 1:500 pa. CPA provides therapy to a child and counseling to a family. Usually a child can be 18 months old before a mother becomes aware of possible problems. Although some indicators are present at birth, the problems usually develop during pregnancy. With early intervention treatment will offer a better quality of life. Glen gave some examples of specialized equipment that provides improvements to daily living. He ended his address with major events developed by CPA as fund raisers and public awareness:

Steptember - the program encourages participants to take 10,000 steps daily during September

20/twenty - developed by UTS where 220 participants run, swim and cycle

Escape - a golf day at Cypress Lakes aimed at media companies

Krazy Kosci Klimb - getting CP people to the top of Kosciosko

Following questions President Pam thanked Glen for a most informative evening and closed the meeting with the National Anthem.

Reporter: John Ellis

THOUGHTS FOR THOSE WHO TAKE LIFE TOO SERIOUSLY

- 1. Save the whales and collect the full set.
- 2. A day without sunshine is like night.
- 3. On the other hand, you have different fingers.
- 4. 99 percent of lawyers give the rest a bad name.
- 5. Remember, half the people you know are below average.
- 6. He who laughs last thinks slowest.
- 7. Depression is merely anger without enthusiasm.
- 8. The early bird may get the worm, but the second mouse gets the cheese in the trap.
- 9. A clear conscience is usually the sign of a bad memory.
- 10.If you think nobody cares, try missing a couple of payments.
- 11. OK, so what's the speed of dark?
- 12. When everything is coming your way, you're in the wrong lane.
- 13. Everyone has a photographic memory some just don't have any film.
- 14. How much deeper would the ocean be without sponges?
- 15. What happens if you get scared half to death twice?
- 16.I couldn't repair your brakes so I made the horn louder.
- 17. Why do psychics have to ask your name?
- 18.Inside every person is a younger person wondering what happened.
- 19. Just remember, if the world didn't suck, we would all fall off.
- 20.Light travels fast than sound. That's why some people appear bright.

NEW VAN FOR KU-RING-GAI AND HORNSBY MEALS ON WHEELS

With Rotary and government support Ku-ring-gai and Hornsby Meals on Wheels Service at Turramurra became the proud owners of a new delivery van on Saturday 4 March. The new van will be used to move meals from the Meals on Wheels kitchen at Gilroy Lane Turramurra to the Hornsby distribution and storage centre. It will also be used to transport readymade meals to other Meals on Wheels Services in Sydney.

A combined fundraising effort led by Roseville Chase Rotary Club, Federal and State governments, Ku-ring-gai Council, local Rotary clubs from Beecroft, Carlingford, Hornsby District, Ku-ring-gai, Lindfield, St. Ives, Turramurra, Wahroonga, West Pennant Hills Cherrybrook and The Rotary Foundation has resulted in the new van being fully optioned to go out on the road with a built-in refrigeration unit for transporting meals.

Hon. Paul Fletcher, Federal member for Bradfield and Minister for Urban Infrastructure said the project ticked all boxes in the Governments grants scheme of volunteer groups helping local charities. Mayor Anderson said the Meals on Wheels kitchen benefitted from an upgrade carried out with Council assistance last year and had a fully qualified chef supervising menu options.

Roseville Chase Rotary Club President, Peter Lewis said "Meals on Wheels was a 'pillar of our community' and the service was in a growth period. Through the Rotary Clubs' fund raising of \$52,000 we are able to contribute to the local community's needs. We have developed strategic partnerships that allow us to work with like- minded organisations and achieve an even greater impact ".



PRIDE OF WORKMANSHIP AWARDS NIGHT

MONDAY, 15th MAY

Guest Speaker: Russell Zimmerman

This is one of the highlight events for our club which will showcase the project for which we are known around Australian Rotary Clubs.

Do you know someone who is deserving of an award? Perhaps you know or deal with someone who deserves such recognition? Please contact David Firth who is inviting organisations to nominate awardees.

"OUR SUCCESSFUL APPROACH TO MEMBERSHIP"

By Grahame Gordon, Rotary Club of Frankston, Vic, article from Rotary Down Under, Dec-Jan 2017.

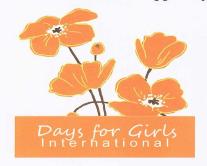
A LITTLE over two years ago, the Rotary Club of Frankston recognised that a membership initiative was a priority, as numbers had declined from 85 members in the mid-1980s to 39 at the beginning of 2014-15.

Five enthusiastic Rotarians were charged with developing a plan to increase membership and lower the age demographic. Now, thanks to some "out of the box" thinking, membership has increased nearly 60 per cent, from 39 to 62 members. Initially, a survey of current and past members was undertaken, which resulted in meeting protocols being modernised, the social program (the heart of the club) strengthened, the club's image reinvented with smart new Rotary apparel and social media embraced. A New Member prospectus (updated yearly) was prepared - showcasing Rotary and the positive nature of our club - including a 15-minute DVD showing activities and achievements in the community, fundraising and an active social program.

THE FORWARD PROGRAM				
DATE	PROGRAM	SPEAKER	CHAIRMAN	REPORTER
April 17th	NO MEETING	DUE TO	EASTER	HOLIDAY
April 23rd	ROTARY DISTRICT	ASSEMBLY AT THE	KINGS SCHOOL	COMMENCING 8.30 am
April 24th	Australia's contribution to the Great War on the Western Front in 1917	Brig. David Leece (Ret.)	Combined meeting hosted by Beecroft	John Ellis
May 1st	My Visit to Israel & Palestine	Jim Mein	David Firth	Alex Thomas
May 8th	30th Birthday Party of West Pennant Hills & Cherrybrook Club	President Rosemary Clarke at Springfield House, Dural	President Rosemary Clarke	David Firth
May 15th	Pride of Workmanship Awards Night Partners Night	Russell Zimmerman	Phil Stanton	Ian Chappel

The Rotary Club of

North Rocks presents the 2017 **TRIVIA NIGHT** in support of...



JOIN US IN RAISING FUNDS TO SUPPORT THE DAYS FOR GIRLS PROGRAM.

Days for Girls International is a non-profit organisation creating a more dignified, humane and sustainable world for girls through advocacy, reproductive health awareness, education and sustainable feminine hygiene - because no girl should go without. All profits raised at the Trivia will go directly to supporting this important organisation. For more info go to http://www.daysforgirls.org.

RSVP by the 18th May 2017 by emailing Monika Tracey on monika czapla@yahoo.com.au or texting 0402 621 632. *Please pay by cash on the night.*



When:

Sat 20th May 2017

Where:

Main Hall North Rocks PS 359 North Rocks Rd North Rocks

Time:

6.30pm for 7pm

BYO Drinks & Nibbles

Included:

A raffle, games and a light supper. Answers for a gold coin!

Dress:

Something orange

Cost:

\$20pp

ATTENDANCE AT OUR LAST MEETING

Member attendance 77.8%

Apologies: David Walsh, Michael Bradley,

Terry Pankhurst

Guest Speaker: Glen Deutscher

Guests: Nil

Leave of Absence: Nil

MEMBER NEWS

BIRTHDAYS

Nil

ANNIVERSARIES

Ian Sue Huckel - April 9th Terry & Maureen Pankhurst - April 9th

INDUCTION ANNIVERSARIES

Nil

Thought for the Week

"After so much suffering, after enduring so much sacrifice, sanctioned and embraced by our people, what is it that the people of East Timor expect as a result of independence?"

—Kay Rala Xanana Gusmao