



September is Basic Education and Literacy Month



President Don's Report

Last week we started the meeting with a great rendition of "Tubular Bells" that would make Mike Oldfield envious, Sergeant Barry's ringing of the dinner bell was something not to be missed. He sure got our

attention! After settling down we were introduced to our guest speaker from the Red Cross - Donna Fouché, who was more formally introduced by Sue Tee. Donna informed us of the many facets of the Red Cross.

PP Russell was seen selling red socks and I don't think anyone escaped without at least one pair. I was pleased to present our guest speaker Donna with a pair to match her jumper. Russell has secured sales with the Rotary Club of Umina Beach and has offered them to the Rotary Club of Brisbane Water also. So, ask your friends who would like a pair in aid of early detection of prostate cancer. See Russell...he'll take your money!

On Thursday evening Barry and I attended the launch of Legacy Badge week held at the Legacy Lodge in Gosford. During the evening we caught up with old friends and made new ones. Special thanks to those who sold badges on Friday and Saturday in Deepwater Plaza.

This weekend will see 30 members and friends travel to Canowindra in aid of farmers, and to have a

good time. We have \$3000 to distribute thanks to the Vietnam Veterans and their members donating \$2000.

The CWA will be cooking breakfast for us on Sunday and Monday for \$15 per head. On Sunday evening some of the local farmers and local residents will be hosting a BBQ for us at \$25 per head. Sue Tee will be collecting the funds on the day prior to each event so please bring the correct cash with you. At the Age of Fishes museum, we will get a group discount payable on entry and we are negotiating the price.

As there will be some non-Rotarians with us, I am sure you will all make them feel welcome as they are coming to help support the farmers and drought relief. Remember we are leaving Everglades, Dunbar Road car park at 8.00am on Saturday 14th.

Thank you to Annette for getting the Rotary Grace on the big screen last week, and to Sue Tee and Russell for volunteering to introduce our guest speaker for the last two weeks. Would you like a turn next week? Let me know.

Tickets are still available for the RI President Dinner on Monday 23rd September, with seats on the bus to the venue from the Central Coast also available. We have nine from our Club attending at this stage.

Don

Don Tee, President 2019 – 20

ACKNOWLEDGEMENT TO COUNTRY

We acknowledge the Darkinjung and Guringai people who are the traditional custodians of this land and pay our respects to Elders both past and present.

THE FOUR-WAY TEST

Of the things we think, say or do ...
Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to all concerned?

ROTARY GRACE

O Lord and giver of all good
We thank Thee for our daily food,
May Rotary Friends and Rotary Ways
Help us to serve Thee all our days

Last Week - Donna Fouché



Donna with President Don

Our guest speaker last week was Donna Fouché from the Australian Red Cross. The Red Cross is well known for its Blood Donor service and First Aid training and has many volunteers who knit trauma teddies for children and adults experiencing traumatic times.

The fundamental principles of the Red Cross are Humanity, Impartiality, Neutrality, Independence, Voluntary Service, Unity and Universality

Donna spoke from the heart and was clearly very passionate about her work and her role within the Red Cross organisation. She grew up in Eastwood and moved to Chittaway at the age of 15. She now resides at Berkeley Vale with her husband and two daughters.

Donna has always loved helping people, particularly the elderly. Her first role in the work force was with Meals on Wheels, based at Hornsby Hospital, and when she tired of driving up and down the M1 she applied for a position with the Australian Red Cross based at Gosford. She was interviewed on the Friday and started her new role on the Monday. She has been with them now for 18 years.

Donna was introduced by Sue Tee who explained that while she has known Donna for all those 18 years, she has only met her probably 3 or 4 times. Other than that, Donna has always been the cheerful, helpful person on the other end of the phone for Sue if a Telecross client did not answer their phone and Sue needed to report in.

Telecross was one of the programs that Donna touched on during her talk. It provides daily phone

calls to check on the wellbeing of people who are at risk of an accident or illness that may go unnoticed. The calls are made by friendly volunteers, 365 days per year and provide reassurance and help to maintain independence. Sue has been participating in this program for the past 26 years.

Telechat provides a regular telephone call to people who would benefit from a social chat once a week; it makes a connection to the community.

The Young Parent Program provides help to young parents who have little family or community support. The program helps develop effective parenting through weekly education sessions, parenting support and case management. Families learn to manage daily challenges and achieve long term emotional wellbeing. They can also work toward getting their driving license.

Home Social Support helps people to increase their social connections. This may include a range of group activities such as outings to cafes and galleries or going for a walk. Social support matches eligible people with a trained volunteer to get together weekly or fortnightly.

Volunteers of the Community Visitors Scheme make a regular social visit and provide companionship and friendship to people at risk of isolation or loneliness

Teleyarn is a unique service providing social and cultural connection for Aboriginal and Torres Strait Islander people through a weekly phone call. Aboriginal volunteers call older Aboriginal and Torres Strait islander people who are living in the community.

Donna gave a lively and entertaining presentation, answering many questions from interested club members who took home a lot of the pamphlets and brochures that she brought with her on the evening.

Donna was thanked by President Don and presented with a pair of the red Rotary socks being sold to raise awareness of prostate cancer - they matched her red shirt, and she has promised to send us a photo of her wearing them with her high heels.

If you are interested in helping in any of the programs mentioned above, you can email Donna on dfouche@redcross.org.au and you will be signed up in no time.

[Ed: A big thankyou to Sue Tee for writing up this report in the absence of the editor.]

Birthdays September

- 5th Steve Weston
- 9th Annette Karton
- 16th John Hardin

Invitation from Vic Brown

GARA/SHED SALE
SATURDAY 5th and SUNDAY 6th OCTOBER.
CWA HALL
Cnr Sydney and Hobart Avenues,
Umina Beach

PREOWNED HAND TOOLS – POWER TOOLS –
MACHINES – HOUSEHOLD ITEMS

**ALL WELL SUITED to TRADES/HANDY PEOPLE/
 DIY ENTHUSIASTS/HOUSE and GARDEN LOVERS**

**THIS IS A GENUINE CLEARANCE SALE WITH
 ALL ITEMS PRICED TO CLEAR.**

Organised by the Umina Beach Men’s Shed Inc.

“The Umina Beach Men’s Shed Inc welcomes you to this Spring Gara/Shed Sale. This note is simply to let you know that the origin of the majority of items offered at this sale is primarily from deceased estates in and around the Peninsular.

So, it’s not that the equipment on offer has been “acting up” or has been superseded, but rather that the owner has no more need of it!

So, all the equipment and items you see here on offer are looking forward to getting back to work and being looked after again by a loving owner.

Wishing everybody a great start to summer.”

Vic Brown

Something for our Car travellers to ponder on

A hip young man goes out and buys a 2019 Ferrari 430 Scuderia Spider 16M. It is the best convertible sports car, costing about \$485,000. He takes it out for a spin and while stopping for a red light, an old man on a moped, wearing an open face crash helmet (looking about 70 years old) pulls up next to him.

The old man looks over the sleek, shiny red surface of the car and asks, “What kind of car you got there, sonny?” The young man replies, “A 2019 Ferrari 430 Scuderia Spider 16M. They cost about a half of a million bucks!”

“That’s a lot of money,” says the old man, shocked. “Why does it cost so much?” “Because this car can do over 400 kilometres an hour!” states the cool dude proudly. The moped driver asks, “Can I take a look inside?” “Sure,” replies the owner.

So, the old man pokes his head in the window and looks around. Leaning back on his moped, the old man says, “That’s a pretty nice car, all right!”

Just then the light changes so the guy decides to show the old man what his car can do. He floors it, and within 30 seconds the speedometer reads 250 kph. Suddenly, he notices a dot in his rear-view mirror. It seems to be getting closer!

He slows down to see what it could be and suddenly, whhhooooosshh! Something whips by him, going much faster! “What on earth could be going faster than my Ferrari?!” the young man asks himself.

Then, ahead of him, he sees a dot coming toward him. Whooooosh! It goes by again, heading the opposite direction! And it almost looked like the old man on the moped!

“Couldn’t be,” thinks the guy. “How could a moped outrun a Ferrari?!” Again, he sees a dot in his rear-view mirror! Whooooosh Ka-BbblaMM! The moped ploughs into the back of his car, demolishing the rear end. The young man jumps out, and it IS the old man!!! Of course, the moped and the old man are hurting for certain. He runs up to the old man and says,

“You gotta tell me how you got that thing to be faster than my Ferrari!” The old man looks up and replies, “OK..., but first, unhook my braces from your side-view mirror.”

CALENDAR

Sept 10 – Barbara Elkins – ‘Bees are Amazing’

September 2019

- Sept 8 – Lifeline’s Out of the Shadows Walk, Umina Beach Surf Life Saving Club, 9-11am
Sept 14 -16 Weekend away – Canowindra
Sept 17 – Jasmine Hopcraft – ‘Nutrition for Living Well at Home’
Sept 23 (Monday) – Dinner in Sydney with RI President Mark Maloney
Sept 24 – Snr Constable Rachael Scott – ‘Crime Prevention’
Sept 24 and 25 – BWSC Project based learning

October 2019

- Oct 1 – District Governor Kalma McLellan’s visit to RCWW
Oct 8 – The life and times of Charles Brock
Oct 9 - Lifting the lid on mental health
Oct 15 – Club Assembly – Melbourne Cup Raffle ticket preparation
Oct 20 – Umina Market stall
Oct 22 – Darrell Pannowitz – ‘Wills, Powers of Attorney’
Oct 24 – World Polio Day Train Ride
Oct 27 (Sun) – Graffiti removal day
Oct 29 – Umina Beach Men’s Shed Vocational Visit and BBQ

November 2019

- Nov 5 – Melbourne Cup Night
Nov 10 – Oyster Festival – Ettalong Markets
Nov 12 – Red Cross – ‘CPR and Defibrillators’
Nov 17 – Umina Markets stall
Nov 19 – Meeting moved to the 20th
Nov 20 (Weds) – Joint meeting with the Rotary Club of Umina at Everglades 6 for 6:30pm
Nov 26 – Ross Pearse – ‘Changes over forty years of Pharmacy’

December 2019

- Dec 3 – Werner Klumpp – ‘The NSW SES’
Dec 10 – AGM – Confirmation of next Executives
Dec 15 – Umina Market stall
Dec 17 – Christmas Party, El Mesa Restaurant in Woy Woy
Dec 24 and 31 - No meetings - Christmas Break

2020

- Jan 7 – Social Night - details TBA
Feb 29 – Foundation night \$26.50 event
Mar 20th to 22nd - Rotary District 9685 & 9675 “Reasons” Conference, Wollongong Entertainment Centre
Mar 28 – Opera in the Arboretum 2020



TREASURER

August Door Wayne Jennings

SERGEANTS

August Marie Armstrong & Jo Weston

CLUB INFORMATION

JOIN US

We meet on Tuesday 6:00 for 6:30pm at Everglades Country Club, Dunban Road, Woy Woy.

VISITORS - If you would like to attend a meeting, please contact Jan Steele by 10am Monday

T: 0413 373 357

E: jan-steele@bigpond.com

MEMBERSHIP

Enquiries to Russell Grove | M: 0419 230 224

ATTENDANCE

MEMBERS - Advise Jan Steele of non-attendance

FACEBOOK

<https://web.facebook.com/Rotary-Club-of-Woy-Woy-378382585634923/>

WEBSITE

<https://www.woywoyrotary.org.au>

The Pinion is sponsored by Peninsula Office Supplies
296 West Street, Umina Beach
E: info@penoff.com.au

Next Year's Proposed Events

Preview Restaurant
East Coast Juice Company
Ag Farm visit

Your suggestions please to Vic Deeble