



Meeting:
Thursdays at 11:30AM
Biaggis Ristorante Italiano
320 Collins Rd NE
Cedar Rapids, IA 52402

OUR CLUB

Our club gives you an opportunity to join leaders who take action on important issues affecting our community, our nation and the world. We also have a lot of fun - whether we're socializing or working together on service projects, we make things happen TOGETHER.

Members of Metro North Rotary connect at weekly meetings and learn from business experts, political and civic leaders and entrepreneurs who help us stay informed on topics that are relevant to our community.

Together we make great things happen. We have a structure that focuses on action and positive results. We strive to live the Rotary motto of 'Service Above Self.'

WHO WE ARE

- Active volunteers
- 50% women/ 50% men
- Young (1/2 our membership under 49)
- Dedicated to providing new and unique networking opportunities
- A Rotary Club in District 5970

WHERE YOU FIT (COMMITTEES)

- Foundation/Grants
- Fundraising
- International/Youth
- Marketing
- Meetings
- Membership
- Service/Socials

WE ARE ROTARY

Rotary brings together people like you - from all walks of life - who want to use their expertise for good. People whose sense of responsibility inspires them to give back to their communities. At Rotary, we connect for good - and form lifelong friendships in the process.

Together we empower youth, improve health, promote peace and advance our communities in all corners of the globe as well as right here in Eastern Iowa.

MAKE A DIFFERENCE

Belonging to a Rotary club provides members with an opportunity to give back to their communities and to connect with like-minded leaders and friends in the community.

People join Rotary for many reasons, including community involvement, personal development, professional networking and camaraderie. But perhaps the most important benefit is the satisfaction you gain from making a real difference in your community and in the world.

BE OUR GUEST

Come see for yourself what we are all about. Visit as a guest up to two times ON US! You'll interact and network with a group of peers with like interests and steadfast dedication to our community.

Come see our young, fun and philanthropic Club!

I have gained so much from joining Metro North Rotary! It's a fun way to build strong friendships with service-focused individuals, all while supporting our community in a meaningful way.

Tara Dumolien
MNR 2024 President

OUR FUNDRAISER

Metro North Rotary launched a new fundraiser in 2024 called the Envelope Challenge. During our fundraiser, we challenge our supporters to claim envelopes and make a donation for the amount on the envelope. Supporters have the opportunity to win gift cards and are entered into a drawing for cash prizes. All proceeds from envelope sales help support Metro North's local service projects serving underprivileged children.



OUR CURRENT PROJECTS

Our Club is committed to making a difference locally. We are focused on projects that help kids in our community have the best opportunity to succeed. Projects we engage members in are:

- Metro High School Christmas and Essentials Giving
- Metro High School capital projects
- Boys & Girls Club - Fish-O-Rama
- Boys & Girls Club - Youth of the Year Competition
- Selection and sponsorship of one or two high school students to RYLA (Rotary's One Week Camp for Emerging Young Leaders) annually

GET INVOLVED

Learn how you can make a difference. For more information on our projects and our upcoming events, visit us at:

- Website:** metronorthrotary.org
- Email:** MetroNorthRotaryCR@gmail.com

