

CLUB BULLETIN



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ASCOT ROTARY: [Home of Bricktober](#)

FOCUS FOR THE MONTH OF MARCH:

WATER, SANITATION AND HYGIENE (aka WASH)

- ◆ More than 2.5 billion people lack access to adequate sanitation facilities
- ◆ At least 3,000 children die each day from diseases caused by unsafe water

When people have access to clean water and sanitation, waterborne diseases decrease, children stay healthier and attend school more regularly, and mothers spend less time carrying water and more time helping their families.

Water bankruptcy is becoming a driver of fragility, displacement, and conflict. Managing [water] fairly ensures that vulnerable communities are protected and is now central to maintaining peace, stability and social cohesion.

The Rotary Foundation has invested \$US148 million in water, sanitation, hygiene and water resource management interventions globally.

CALENDAR OF EVENTS FOR MARCH

30 March: Board meeting

APRIL

12 April: District Assembly, Leederville

14 April: Breakfast meeting

21 April: Satellite club meeting

28 April: Breakfast meeting

Date for board meeting: tbc

DISTRICT CONFERENCE UPDATE

Jodie provided a brief update regarding the conference and indicated that the quality of the speakers was outstanding. Her highlight was [Sue Middleton, Moora Citrus](#), and the MC—[John Usher from NZ](#) who is a magician.

They raised some \$4,500 for the End Polio Now project on the Friday night.

WELCOME TO OUR GUESTS:

Speaker: Angi McCluskey, Auspire Ambassador

Visiting Rotarian: Ross Martinovich, Welshpool

Can't make it to our meeting?

Send apologies to Attendance Officer, Mike B prior to the meeting please. Apologies for today's meeting: Mike B

INVITATION TO JOIN WELSHPOOL

Anyone wishing to join in their Pasta night on Thursday 9th April, at 6 pm at Pasta in the Valley should let Greg Thomas (President) know. Partners welcome.

OUR WATER PROJECTS IN EAST TIMOR:

From the first project in Bhakita installing 15 kms of water pipeline from a natural water source to 10 surrounding hamlets, our club has continued to supply funds and are now onto our 14th project in the area and have over the last 13 years supported thousands of locals with clean water and sanitary facilities. (Estimated 30,000 locals have benefited from our projects.) with a value of over **A\$307,700**

SNIPPETS FROM THIS WEEK'S CLUB MEETING

INTERNATIONAL TOAST

This morning Hugh introduced us to the [Rotary Club of Seattle](#). They were chartered in 1909 as Club #4. They are in District 5030 and have some 290 members who meet weekly on Wednesdays. Twice a month they meet for lunch, on a third occasion they meet for an evening social event and the fourth Wednesday of the month is a zoom meeting.

They have their own Service Foundation which raises, looks after and distributes funds on behalf of the club. They have an annual member fund drive and annually distributes about \$US200,000 to local and international projects.



Wine Raffle

Winner this morning was Jodie Sparks—well done Jodie—a first I believe.

WHO IS DOING WHAT AT OUR NEXT MEETING/s:

14 April

International Toast: T: Di Reed

Host Chair: Ros McLernon

28 April

International Toast: U: Jodie Sparks

Host Chair: Gerry McLernon

Do you have ideas for a great guest speaker?

Let Ros know please so she can finalise our speakers list for the year.

The best preparation for tomorrow is to do your best today.

APPLICATIONS FOR RYPEN

Anyone who knows of a young person who would like to attend the camp from 1—3 May, please let Kerry know asap as application are closing soon. They should be 14—17 year old.

DISTRICT ASSEMBLY

April 12, Leederville Function Centre

All members invited to attend. [Registration is required](#), but it is free to attend.

Come and be informed about what Rotary is doing in WA.

VISIT WITH WELSHPOOL ROTARY CLUB

Several members managed to join with the Welshpool club at their meeting last Thursday for a great catch up. Thank you Welshpool for your hospitality.



REQUEST FROM SATELLITE CLUB FOR OUR HELP

If you can help at Belmont Rotamart on any of the following dates, please let Chris Merton know:

29 March

12 April

19 April

If you need Chris's email: chrismerton@hotmail.com

Be there by 6.15 am and should be all finished by 10.15 am

"Water is life, and clean water means health"
- Audrey Hepburn

GUEST SPEAKER: Angi McCluskey

TOPIC: Forget-me-not Cafes

Angi provided us information about the Forget-me-not cafes that she started when her husband, Michael, was diagnosed with early onset Alzheimer's disease. She felt that people living with dementia (and there are many types) could still enjoy meaningful experiences and continue to live fulfilling and connected lives.

She established the first Forget-Me-Not Café in Roleystone in 2017 so that individuals with dementia and their families, friends and carers had a place to go to where they felt welcomed and could engage in fun activities. There are now some 37 of these cafes across the metropolitan and regional areas of WA, each providing regular social connection and reducing isolation for those who attend.

They are a registered charity, not funded by any government organisation, and they provide an opportunity for those suffering from dementia and their families or carers to get out and have a chance to socialise and play some table top activities. They also have a lending library so people can borrow items to take home and return the next time they come to a café.

Angi let us know that 'Dementia' is the overarching umbrella term for a number of different cognitive decline options, which include Alzheimer. There are some 400 different versions of cognitive decline, many of which are not reversible at the moment. There is a lot of research being done in this area.

They have recently had a book written called "Wishing for Memories" and it will be launched this Sunday 29th March at 10.30 am at The Glasshouse, Cloverdale. If you want to attend, [bookings](#) are required.

If you want to know more check out their website: www.forgetmenotmemorycafe.com

Thank you Angi for informing us and for sparking some ideas for how we might be able to get involved. We know you are looking for ideas around helping provide funding activities at the café, for champions to start cafes, and how respite centres can be set up to assist carers who need time away from their loved one to do things that need to be done, like dental, doctor, hair dresser appointments, or just some time to recharge their own batteries.

