

28 JULY 2026



IT IS POSSIBLE TO LIVE WELL WITH DEMENTIA

At this week's meeting we were joined by Zena Ferguson, Community Development Officer for the Dementia-Friendly Communities Program at Dementia Australia. Dementia Australia supports all people living with dementia, their families and carers; provide trusted information, education and support services; and advocate to the government and in the community for positive change, empowering people to live well with dementia in their community

There are an estimated 43,400 people in WA living with all forms of Dementia - 666 in the local Belmont Community, which is expected to double by 2054. 2 in 3 people with dementia are thought to be living in the community.

Dementia is a progressive disease, but Zena reminded us of the importance of Human connection. A Dementia-Friendly Community is a place where people living with dementia can live a life of purpose, meaning and value and that people living with dementia are included and can make their own choices.

Many of our members shared stories and experiences of people they know with Dementia - and Zena shared one thing we could all do was to become a Dementia Friend to increase awareness and understanding of dementia:

<https://www.dementia.org.au/get-involved/dementia-friendly-communities/become-dementia-friend>



WINE RAFFLE

President Hugh was
the lucky winner with
the 2 of Clubs



UPCOMING EVENTS

Daffodil Day

When: 15-16 August 2026

Where: Bunnings Belmont

Bricktober

When: 10-11 October 2026

Where: Curtin Stadium

Jacaranda Festival

When: 15 November 2026

Where: Ardross St Applecross

THE FOUR WAY TEST

Of the things we think, say or do:

1 IS IT THE **TRUTH**?

2 IS IT **FAIR** TO ALL
CONCERNED?

3 WILL IT **BUILD**
GOODWILL & BETTER
FRIENDSHIPS?

4 WILL IT BE **BENEFICIAL**
TO ALL CONCERNED?



Rotary



4 WAY TEST SPEAKING COMPETITION

Semi Final

Thursday 30 July 2026, 4.30pm
St Norbert College (Cappenburg
Building)

Final

Tuesday 4 August 2026, 6pm
APIWA Cannington
Unit 6, 1270 Albany Highway
Cannington (enter off Mallard Way)

UPCOMING CLUB MEETINGS

11 AUGUST 2026

Host Chair: Kerry Smith

Speaker:

International Toast: Peter Richardson (C)

25 AUGUST 2026

Host Chair: Jodie Sparks

Speaker: Julia Spark - ROMAC

International Toast: Gerry McLernon (D)

8 SEPTEMBER 2026

Host Chair: Ron Alexander

Speaker: Colin Logie - Former Merchant
Banker

International Toast: Dianne Reed (E)

22 SEPTEMBER 2026

Host Chair: Mike Bermann

Speaker:

International Toast: Ros McLernon (F)

Can't make a meeting?

*Send apologies to Attendance Officer
Mike Bermann prior to the meeting to
record your apologies*

OTHER MEETINGS

Board Meeting: 6pm, 10 August ,
Bermann Residence

Satellite Meeting: 5.30pm, 18 August,
Carlisle Hotel (Upstairs)

WELSHPOOL CLUB CHANGEOVER

Tassels Place Bar and Bistro

Sunday August 9

11.30am for 12.00pm

RSVP to President Greg Thomas

0424 770 135

CLUB FEES DUE

A reminder Club Fees are now due.
Thanks to the members who have
already paid.





DAFFODIL SELLING - BUNNINGS BELMONT



15-16 August 2026

Thanks to everyone who volunteered to help out - the roster is as follows:

SATURDAY

9am - 1pm	Laurinda	Ros	Ros' Friend	Ros' Friend
12.30pm - 4pm	Kerry	Ann	Mike	Hugh

SUNDAY

9am - 1pm	Jodie	Dieter	Chris	Alan
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FROM THE PODIUM PRESIDENT HUGH



- Attended Pedal Prix race on weekend
- RYLA Nominations, for 18-28 year olds, open for January Camp (9-16 January 2027).
- 4 Way Test Final on next week



SAVE THE DATE IN YOUR DIARY
AS OUR MAJOR FUNDRAISER AND COMMUNITY EVENT, ALL MEMBERS ARE NEEDED TO VOLUNTEER ON THE WEEKEND

PEDAL POWER

A number of members attended the third race of the Perth Pedal Prix series, held at the Perth Motorplex on Sunday, which our club sponsored. It was great to see the teams (over 40 competing) and a huge congratulations to the Wright Trikes team who we are proud to support, for their fastest lap on the day!

