



ROTARY CLUB OF ASCOT

Chartered 26 February 1969

Meeting Venue: Belmont Tavern
174 Wright Street, Cloverdale
Time: Tuesday's 7.00 am for 7.30 am start. All finished by 8.30 am.



BOARD MEMBERS 2016-17

President: Mike Bermann
V P: Peter Richardson
Secretary: Michelle Kendall
Treasurer: Joanna Kendall
Foundation: Hugh Langridge
Membership: Michael Evans
Exec Secretary: Hugh Langridge
Club Service: Peter Richardson

Projects:

International: Ron Alexander
Youth: Aidan Wood
Vocational: Max Morrell
Community: Stephen Kendall

Communications: Dianne Reed

Incoming Pres: Aidan Wood
and Ron Alexander

BULLETIN 2016-17

Volume 48 Number 36

21 March 2017

What was the first Rotary Foundation educational programme ?

Who knew the answer to last week's question? Check out my answer later in the Bulletin.

Another question next week.

WELCOME TO GUESTS:

- Gerry McLernon
- Leanne and Francine from Starick
- And it is also good to see our member Fred Rae – welcome back

Rotary's special months

March is . . . Water and Sanitation Month

One of The Rotary Foundation's Areas of Focus, it provides us with the opportunity to find out about a number of different projects that are currently happening around the world to provide clean water to people who need it; and discover more about the many sanitation projects that are also under way globally.

LINKS:

Club website: www.ascotrotary.org.au

Club Facebook page:

www.facebook.com/AscotRotary

Bricktober website: www.bricktober.info

Bricktober Facebook:

www.facebook.com/Bricktober.Perth

AGFR 2017:

District 9465: <http://rotary9465.org.au>

Rotary International: <https://www.rotary.org>

ASCOT ROTARY CLUB – SPEAKER PROGRAM 2016-17 - HOST CHAIR ROSTER = second six months

Month	1 st Tuesday	2 nd Tuesday	3 rd Tuesday	4 th Tuesday	5 th Tuesday
May	2 May Host Chair: Glenys Godfrey Speaker: David Spitteler Topic: The Asylum Seekers Centre	9 May Host Chair: Michael Evans	16 May Host Chair: Roma Gehringer	23 May Host Chair: Stephen Kendall	30 May Host Chair: Joanna Kendall
June	6 June Host Chair: Gren Courtland	13 June Host Chair: Jeff Stephenson	20 June Host Chair: Hugh Langridge	27 June Host Chair: Max Morrell	
July	4 July Host Chair:	11 July Host Chair:	18 July Host Chair:	25 July Host Chair:	

If the appointed date is not suitable for you please arrange to swap with someone else, and then let the Editor know what date does work. Thanks Dianne.

GOING TO CONFERENCE?

Please wear your club tee shirt.

If anyone has a club banner can they let Hugh know as he has been asked to take one to conference.

Not too late to join in and go. Check out the District website for registration detail.

PLEASE CHECK THE HOST CHAIR ROSTER

DON'T WAIT UNTIL THE LAST MINUTE TO FIND YOUR SPEAKER.

START LOOKING NOW!

Please notify Dianne Reed as soon as possible about the guest speaker you have lined up, and their topic so she can add it into the Speakers Program on our Website.

The earlier you do this the better. Guest speakers can then be advertised on our website in advance.

2017 – AGFR – here in Perth

April 2 - 7

Our next big event is the Australian Fellowship of Golfing Rotarians

Our aim is to raise sufficient funds to send an Interplast team overseas. Their cost: \$45,000.

So far our efforts have raised \$41,000 – just a few more dollars to go.

Tuesday night is Make Up Night – our morning meeting will be cancelled and we are all encouraged to bring our partners along to this event at night. There will be about 80+ players there for us to chat to.

It will be at the WA Golf Club, 60 Hayes Avenue, Yokine. Cost is \$55.00 per head. Be there by 6.30 for 7.00 pm start.

Aidan is on the look out for support during the week – please sign up to help on those days that you can.



EVENT PLANNING FOR THE NEW YEAR:

Put these dates in your calendar and get involved in our Rotary programs.

March 31 – April 2

District Conference – Fremantle. Come along and hear some great speakers, including Matthew Pavlich. Be inspired. Be active. Be social. Be provoked. Be anything, but come and join in with other Rotarians from our district.

April 2- 7th – AGFR

Make sure you check with the organising committee to find out how you can help out during this week of activities.

Tuesday 4th April is a “Make Up Dinner” at WA Golf Club – 6.30 pm for 7 pm start – make sure you put that date in your diaries. Cost is \$55 per head.

Please pay funds directly into Golf Account: **RC Ascot Golf: BSB: 036078 Account number: 668267**

April 10 – Bricktober Committee meeting

This will be held at Hugh’s work place commencing at 6.00 pm. Join in and be part of the planning for this year’s Bricktober event.

April 24 – Board Meeting

7 May – Grants Seminar

If we want to continue to access RI Grants to use on our projects we need to send a representative (or more) to this event. Hugh has the details, but as he is presenting he is not counted as our person. Who is willing to keep President Mike company on the day?

Mystery Event – May

We are looking for ideas on how to celebrate the 100th anniversary of The Rotary Foundation. If you have any ideas – pass them on to Peter.

Handover – July 2

At Mt Lawley Golf Club for a Brunch meeting. Cost will be \$35 per head – more details to come

PAUL HARRIS RECIPIENTS:

♥ Ron Alexander ♥ Sue Alexander ♥ Duggan Anderson (multi)(dec) ♥ Shirley Anderson ♥ Bill Bateman (dec) ♥ Beverley Bell (dec) ♥ Norm Bell (multi) ♥ Michael Bermann (multi) ♥ Kerry Blom ♥ Terry Cash (dec) ♥ Gren Courtland (multi) ♥ Jill Courtland ♥ Kevin Dalton (dec) ♥ Stuart Dunstan ♥ Gwen Evans ♥ Michael Evans ♥ Roma Gehringer ♥ Doreen Gianatti ♥ PDG Paul Gianatti ♥ Christine Goss ♥ Luujke Hawke ♥ Tony Hawke ♥ Raymond Hind ♥ Terry Hollis ♥ Annette Jacobs ♥ Garry Jacobs (multi) ♥ Joanna Kendall (multi) ♥ Michelle Kendall ♥ Stephen Kendall ♥ PDG Hugh Langridge (multi) ♥ Karon Langridge ♥ Peter Lewis (dec) ♥ Ronnie Malthouse (multi) ♥ Ian McIntyre ♥ Murray McLeish (dec) ♥ Gerry McLernon ♥ Ros McLernon ♥ Michael Metcalf ♥ Lara Millar ♥ Max Morrell ♥ Reg Parkin ♥ Colin Peacock ♥ Judy Peacock ♥ Brian Poole ♥ Bev Poor (multi) ♥ Fred Rae ♥ Neil Rae ♥ Norma Rae ♥ Dianne Reed (multi) ♥ Ray Rennie ♥ Peter Richardson ♥ Kimberley Skinner ♥ Lee Smith (dec) ♥ Colin Sparks ♥ PDG Jodie Sparks (multi) ♥ Jeff Stephenson ♥ Les Tobin (dec) ♥ Joan Vanderheeg ♥ John Vanderheeg (dec) ♥ Rick Warwick ♥ Brian Webster (multi) ♥ Rosemary Webster (dec) ♥ Richard Whiting ♥ Aidan Wood ♥

GUEST SPEAKER: Rose Burton

Topic: Arthritis

Rose's background as a nurse has provided her with some knowledge of the issues surrounding those who deal with arthritis. As a retiree, and an arthritis sufferer she knows first hand what it is like to deal with arthritis on a daily basis.

She works for an organisation called Arthritis and Osteoporosis WA which provides support and educational programs for people who want to know more about these ailments.

The term "arthritis" is a collective term for over 100 different diseases which affect the joints, connective tissues and the muscular-skeletal system. It can affect anyone at any age and is one of the most common, disabling, and costly chronic conditions. Some 3.3 million Australians have one form of arthritis or another.

The most common forms of arthritis include: osteo-arthritis; inflammatory arthritis (including rheumatoid arthritis and gout) or other types which include lupus and fibromyalgia.

There are no clear causes of arthritis, but generally the risks relate to being overweight, having had a previous injury to the joint, or being involved in repetitive actions. Osteo-arthritis is different from osteoporosis.

Rose provided us with a wealth of information regarding how best we can deal with the pain of arthritis; and reminded us that the organisation she works for can assist by providing information and educational programs. To find out more go to their website: www.arthritiswa.org.au

Thanks Rose for a very informative talk. She did say she could come back and give us more information about osteoporosis.



POWERBALL WINNER

**Round Winner:
Marlene Poole**

Congratulations. New one starting soon. Maybe it will be your turn next, to win.

ANSWER TO LAST WEEK'S QUIZ QUESTION:

Congratulations to Hugh Langridge for getting the answer to last week's quiz question: a Paul Harris Trust Fund was established with over \$1 million dollars being contributed to provide funds for the Rotary Foundation.

See how you go on this week's question.

SPREAD THE WORD: Tontine is Back

Sign up to be involved in Tontine for this year. Spread the word to others who might be interested. Only costs \$20 to join.

All profits go to funding our projects. We need lots of people involved so we can raise as much money as we can. A copy of the Tontine worksheet will be attached to your email this week. Makes it easy for you to forward it to family and friends.

ROSTER 2016-17:

Date	Welcoming	Informer	Host Chair	Speaker and Topic
28 March	Ros McLernon Hugh Langridge	-	Bev Poor	Amelie Ho NYSF Stories
4 April	No morning Meeting	-	Peter Richardson	EVENING MEETING – at Golfing Fellowship event 6.30 for 7.00 pm
11 April	Michelle Kendal Peter Richardson		President Mike	Maya Cherian Entertainment Publications
18 April	Brian Poole Colin Peacock		Ron Alexander	President Mike and Aidan Wood AGFR Round Up
25 April	ANZAC Day		No meeting this week – enjoy your own ANZAC Day celebrations	

Informers are to find an interesting snippet of information about Rotary or one of its programmes and let the Club know why you found it interesting.

DATE FOR YOUR DIARIES:

BOARD MEETING

Monday 24 April 2017 at Hugh Langridge’s work place
- 6.00 pm start.

Don’t be late!

ROTARY CONFERENCE DATES:

District Conference – District Governor Linda McLerie would like us to join her in Fremantle in 2017
Dates: 31 March – 2 April.

Rotary International Conference – RI President John Germ would like us to join him in Atlanta, Georgia, USA
Dates: 10 – 14 June

Come and help celebrate 100 years of The Rotary Foundation.

See Bev for more details

IN MARCH:

BIRTHDAYS:

Ros McLernon	3 March
Michelle Kendall	4 March
Joanna Kendall	5 March
Ron Alexander	9 March
Sue Richardson	16 March

ANNIVERSARIES:

Garry & Annette Jacobs – 18 March (45th)

ROTARY ANNIVERSARIES:

Marg Fraser – 1 year – 22 March 2016
Glenys Godfrey – 1 year – 29 March 2016

Club Projects:

- Bricktober
- Interact Club
- Australian Golfing Fellowship of Rotarians 2017
- Water Project
- Business Cards

Watch this space for updates as they come to hand.



MAKE UP DINNER

**AT THE WEST AUSTRALIAN GOLF CLUB
60 Hayes Avenue, Yokine**

Tuesday 4 April 2017

6.30 for 7.00 pm start

Bring your partner
\$55 per head

Pay direct into the Ascot Golf Account
BSB 036-078
Account: 668267

ARE YOU ABLE TO HELP?

Aidan is looking for volunteers who can help out on any of the days that the AGFR Golf Tournament is on – April 2 – 7.

If you can help, please see Aidan, or tick the boxes on each of the days you are available to assist on the sheet that will be passed around during our meeting next week.



DISTRICT GOVERNORS WHO HAVE COME FROM ASCOT ROTARY CLUB:

Norm Bell 1970 – 1971
Hugh Langridge 2004 – 2005
Paul Gianatti 2006 – 2007
Jodie Sparks 2011 – 2012

CLUB BANK ACCOUNT: BSB: 036-078 ACCOUNT NO: 494404

COMMUNITY BANK ACCOUNT: BSB: 036-078 ACCOUNT NO: 494420

CHARITABLE TRUST ACCOUNT: BSB: 036-046 ACCOUNT NO: 156996

RC ASCOT GOLF ACCOUNT: BSB: 036-078 ACCOUNT NO: 668267