



ROTARY CLUB OF ASCOT

Chartered 26 February 1969

District 9465

We meet at **Belmont Tavern**

174 Wright Street, **Cloverdale**, Western Australia, 6105

On **Tuesday's** at **7:00 am** for **7:30 am** start and finished by 8:30 am.



BOARD MEMBERS 2017-18

President: Ron Alexander
Vice Pres.: Mike Bermann
Pres. Elect: Aidan Wood
Secretary: Roma Gehringer
Treasurer: Joanna Kendall
Foundation: Hugh Langridge
Exec Secretary: Hugh Langridge

Membership: Michael Evans
Club Service: Peter Richardson
International: Mike Bermann
Youth: Marg Fraser
Vocational: Max Morrell
Community: Stephen Kendall
Public Relations: Christine Goss
Attendance: Gren Courtland

WEB LINKS:

Club website: www.ascotrotary.org.au

Club Facebook page:
www.facebook.com/AscotRotary

Bricktober website:

www.bricktober.info

Bricktober Facebook:

www.facebook.com/Bricktober.Perth

District 9465: <http://rotary9465.org.au>

Rotary International:

<https://www.rotary.org>

Weekly **GOSSETTE** BULLETIN 2017 – 18 Volume 49 – 37 8 May 2018

What's happening at Ascot:

The
Rotary 
Club of ASCOT (Inc.)

Next week's Social Breakfast is at **International on the Water Hotel** at **1 Epsom Avenue, Ascot** – 7am for 7:30am. Why not invite family and friends too! Peter needs to know numbers so please Text him on **0419 948 417** or email psricho@iinet.net.au
(Ed – If you need incentive, it's my Birthday so come along and help me celebrate!!!)

BRICKTOBER Promotional Days begin at the **Model Railway Exhibition on 2 to 4th June** and the **Hot Rod and Street Machine Spectacular on 16 and 17th June**. Both are at Claremont Showground and we have a small display and brick playtables at both. They each expect about 30,000 to attend so it's a great way to get our Club and Bricktober flyers out to the community. WE NEED YOUR SUPPORT to man our stands. See Christine for details.

If you haven't already done so, please complete your Rotary Foundation **"Centurion" Commitment Form** and **pay the balance** as per email sent to you 1 May.

Handover will be on 26 June 2018 at a venue to be advised and in preparation **Club Director's Reports are due by 31 May**.



Ngala – Parenting with Confidence

Fiona Beermier

Ngala, once known to many Perth families as the go-to place for parents to learn sleep and settling techniques for restless newborn babies, is today, much, much more than that.

Ngala's story began in the 1890's as The House of Mercy, a refuge and maternity home for "the fallen women of the colony". It later became known as Alexandra House for Women and most babies born in these facilities were fostered or adopted out, leaving significant impacts for many women and children alike. This practise continued until 1980's.

In 1951 they opened the Mothercraft Training School and in 1955 they became known as Ngal-a, from the Aboriginal Noongar language meaning "We two – mother and child". They soon added infant health training for registered nurses and midwives and over the years added more services including Ngala Helpline, DadsWA and childcare centres.

Today, many Ngala services, including Ngala Parenting Line, support older children and teens and having taken on the State Government's help line in 2016 they attend calls from 8am until 8pm, 7 days a week, 365 days a year. Since Jan 2017, an amazing 187,705 parents, carers, families, and professionals have sought out Ngala's assistance. Almost 23,000 of these have been either in person or by phone with the balance through their fabulous website with enquiries coming from 190 countries around the world.

CEO Fiona said in 2018 Ngala has 3 key focus areas. These are Family Services and Parenting Line, Children's Services and Community Services. They have added 9 more services recently which require ongoing upskilling and staffing but have not received additional Government Funding and Fiona is hoping that the Rotary Club of Ascot will be able to assist with their latest local childcare service right here in Belmont.

Ngala, a Not For Profit organisation, have recently opened an Early Learning and Development Service near the Perth's Domestic Airport for zero to six year olds giving parents working around the airport an opportunity to have their children cared for close to work. They have an open door learning policy where children are encouraged to explore without undue boundaries. Fiona said one of the unexpected benefits parents were finding in its location is that they are able to spend the drive home chatting and engaging with their children. The Belmont area saw 660 births in 2017 with 23% of their families attended a Ngala early parenting program.

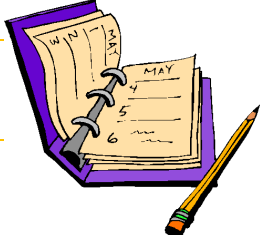
Fiona is passionate about giving children the best possible start in life and highlighted the importance of early development in children in the first few years of their lives. She demonstrated that a baby's brain weighs about 400grams and its growth is rapid until about age three when it weighs about 1100grams. This is just shy of the weight of a full grown adult's brain which averages between 1300-1400grams.

Sadly only 46% of babies born develop in an enabled environment and the balance will have some delay in their brain growth and progress. Some children never recover that lost ground and at risk factors include poverty, social isolation and addiction which are all ever present in our local community.

We wish to thank Fiona and the ladies from The Friends of Ngala who came along to tell us of the amazing work that Ngala does, the services they provide and the passion they have for our future generations.

PROGRAM 2017-2018 - CLUB ROSTER

Please note the following dates and advise Christine Goss of details of your Guest Speaker and Topic
or advise promptly if the dates are unsuitable.

Date	Welcoming	Informer	Host Chair	Speaker and Topic
15 May 2018	Mike Bermann Christine Goss		SOCIAL MEETING	See notes Page 1
22 May 2018	Aidan Wood Roma Gehringer		Joanna Kendall	Jennette Ward Council of the Ageing (WA)
Wednesday 30 May 2018	Jeff Stephenson Michael Metcalf		SOCIAL EVENT	Belmont Business Networking Seminar Belmont Sports and Rec
12 June 2018	Stephen Kendall Aidan Wood		Mike Bermann	
19 June 2018	Michelle Kendall Dianne Reed		SOCIAL EVENT	
26 June 2018	Michael Evans Dianne Reed		Partner's Evening	Ascot HANDOVER Pres Ron and PE Aidan
10 July 2018	Ros McLernon Ron Alexander		Aidan Wood	
17 July 2018	Roma Gehringer Mike Bermann		SOCIAL EVENT	
24 July 2018	Gren Courtland Joanna Kendall		Jeff Stephenson	

MORE DATES FOR YOUR DIARY

19 May 2018	Rotary Foundation Alumni of WA Luncheon – Char Char Restaurant, Fremantle Boat Harbour
28 May 2018	State Final of 4 Way Test Speaking Competition – John McGrath Pavilion, South Perth
30 May 2018	Belmont Business Networking Seminar – 5-7pm Belmont Sports and Rec Club
2 - 4 June 2018	Bricktober at Model Railway Exhibition – Claremont Showground
16 -17 June 2018	Bricktober at Hot Rod and Street Machine Spectacular – Claremont Showground
26 June 2018	Rotary Club of Ascot HANDOVER – Venue tba

MEMBERS IN FOCUS

BIRTHDAYS:

Christine Goss	15 May
Jill Courtland	22 May
Michael Bermann	23 May



ROTARY ANNIVERSARIES:

Gren Courtland	49 years +	May 1967 *
Michael Evans	23 years	May 1995

* First at Belmont then Charter Member of Ascot in 1969

CLUB BANK ACCOUNT :

BSB: 036-078 ACCOUNT NO: 494404

COMMUNITY BANK ACCOUNT:

BSB: 036-078 ACCOUNT NO: 494420

CHARITABLE TRUST ACCOUNT:

BSB: 036-046 ACCOUNT NO: 156996

DISTRICT GOVERNORS

WHO HAVE	Norm Bell	1970 – 1971
COME FROM	Hugh Langridge	2004 – 2005
	Paul Gianatti	2006 – 2007
ASCOT ROTARY CLUB:	Jodie Sparks	2011 – 2012



BRICK PLAYTUBS

The Rotary Club of Ascot made further donations of PlayTubs this week and handed over tubs to another two groups at Tuesday's Meeting.

Mark Burns of Rivervale Primary School said it is so important to find ways to engage with children and of all the programs at his school, Lego play sessions are the most popular. Kids learn many new skills playing with bricks while they are away from digital devices and happily sit, talk, explore, create and build together. He said it is awesome to watch them and thanked us on behalf of his school.

Evelyn McKay of Be My Korda Support Group, an Aboriginal support group for parents with children with Autism and ADHD, said the bricks will be a wonderful tool to engage with their kids and help to improve their social skills. Adding her thanks, Evelyn said the Lego would also be an asset during their school holiday programs.



William Seelis
Rotary Club of Berry Gerringong, NSW
Alf McDermott
NSW
Ron Alexander
Rotary Club of Ascot, WA
Diana Leeder
Rotary Club of Darwin Sunrise, NT
Veronica Necyporuk
Rotary Club of Padstow, NSW
John Ranieri
Rotary Club of Bridgetown, WA

Friends & Companions
Cumulative donations from
September 2017 - February 2018

State Contributions - 100,000

Frank & Grace Fisher
Rotary Club of Moorang, Vic.

Donated Friends - 12,500

Judith Ward
Rotary Club of Kings Cross, NSW

Melanie Nicklin
Rotary Club of North Sydney

Alan Cowan
Rotary Club of Tamworth, NSW

John Reid
Vic.

William Seelis
Rotary Club of Berry Gerringong, NSW

Alf McDermott
NSW

Ron Alexander
Rotary Club of Ascot, WA

Diana Leeder
Rotary Club of Darwin Sunrise, NT

Veronica Necyporuk
Rotary Club of Padstow, NSW

John Ranieri
Rotary Club of Bridgetown, WA

Barry Adams
Rotary Club of Fremantle City, NSW

Bill Woodfield
Rotary Club of Hobart, NSW

John Reid
Rotary Club of Moorang, Vic.

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Ron Alexander
Rotary Club of Ascot, WA

Our President Ron was one of just two Western Australian's acknowledged for his significant and generous donations to the Australian Rotary Health Fund in their recent Autumn Newsletter.

We too would like to acknowledge the ever-humble Ron for his support over many, many years to this fantastic Rotary program.

Thank You

to
The Rotary Club
of
Ascot

Dear President Ron & Members,

Thank you for supporting our Rotary Wheatbelt Love of Reading project by sponsoring a Wheatbelt teenager to attend the Rotary RYPEN development program. These RYPEN places have been awarded on merit to fine young leaders who fundraised and swam to support our reading project.

Bill Ivory
President - Rotary E-Club of Western Australia
and the E-WA team
8 May 2018



MEDIA RELEASE

Ascot Rotary supports the 25th Belmont & Western Australian Small Business Awards!

The Awards provide recognition and encouragement for small business achievements and will be open for small businesses, individuals and organisations in Belmont, Perth metropolitan area and across regional Western Australia.

This year is Ascot Rotary's first year as a sponsor for the Belmont & WA Small Business Awards. The particular award supported will be the Achievement Award. To be eligible to enter this award category, businesses may be located anywhere in Western Australia and should highlight their achievements as an individual, social enterprise or organisation.

Aidan Wood President Elect from Ascot Rotary said, "Ascot Rotary is among more than 1.2 million Rotarians working to improve their communities locally and in areas of need around the world. As part of this global network, Club members are given the opportunity to make new friends with like-minded people, be apart of a business and professional network, apply existing skills and develop new ones, become effective community leaders, engage with the local community and help those in need. Ascot Rotary would love you to come and join them, ordinary people achieving extraordinary things."

Potential entrants will be able to access a wide range of support in preparing their submission that includes Free Award Entry Kits, Workshops, Webinars and access to Award Mentors who can assist with tips in preparing award submissions to impress the judging panel. Entries are open until 5pm September 25th.

Winners of this year's 25th Belmont & Western Australian Small Business Awards 2018 will be announced at the 'Night of Stars' event that will take place in the Ballroom of the Perth Exhibition and Convention Centre on Wednesday, October 24th, 6pm - 8.30pm.

For more information on how to enter the awards and other categories, please contact awards@belmontbec.com or phone: (08) 9479 3777 or view www.belmontbec.com/awards

For further information please contact:

Carol Hanlon
CEO
Belmont BEC
P| 08 9479 3777 M| 0417963231
E| carol.hanlon@belmontbec.com

Belmont Business Enterprise Centre (Belmont BEC)

PO Box 370, Cloverdale WA 6985 Phone 08 9479 3777 Fax 08 9479 3888
www.belmontbec.com www.bpybusinessincubator.com
www.tcfwa.com www.tcfaustralia.com www.tcfglobal.com

Do you know a small business in WA that deserves recognition?
The 25th Belmont & Western Australian Small Business Awards are now open.

Nominate a deserving small business (or your own business!) in the 25th Belmont & Western Australian Small Business Awards which highlight the immense value that small businesses contribute to the Western Australian economy.

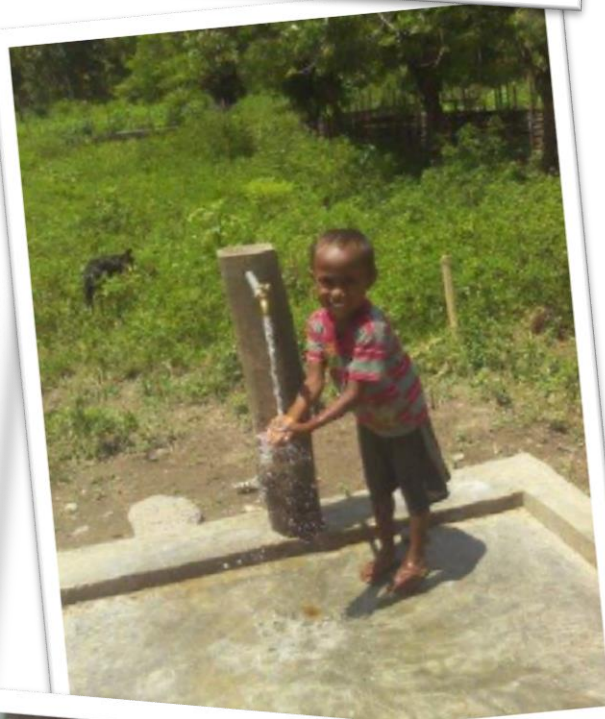
For a full list of Awards and further details please see the Media Release distributed with this Bulletin.



Timor Leste Water Project

Over the past few years we have helped over 5,000 people in Timor Leste by raising funds to purchase pipes, tanks and taps to bring fresh drinking water down from mountain springs to remote hillside villages and schools and to build much needed ablution blocks.

Please help us to continue this fantastic project by printing out this letter (quality copy sent with this bulletin) and enlist the help of your family, friends and colleagues so that others may also have the benefits of better health and education for children who will be freed from the need to spend their time carrying water.



ROTARY CLUB OF ASCOT INC
DISTRICT 9465

PO BOX 457 CLOVERDALE WESTERN AUSTRALIA 6985

President: Ron Alexander
Secretary: Michelle Kendall

WATER PROJECT IN TIMOR LESTE

In 2011 the Rotary Club of Ascot were given the opportunity to become involved in undertaking a "Water and Sanitary" project in Timor Leste. The project involved funds being provided so fresh water from a water source 2,000 metres above sea level could be piped to surrounding hamlets via PVC pipe-line, water tanks and is gravity fed.

The first of many projects was completed with clean water and toilets being installed and is being enjoyed by some 5,000 inhabitants.

Prior the installation of water tanks, village children had to walk several kms to the water source, namely the rivers. Whilst the rivers look clean, unfortunately they are contaminated and this caused 100% sickness within the communities. Invariably the task to collect the water fell on the children making the return trips to collect adequate daily water supplies for the families drinking, washing, cooking and their few domestic animals. In turn children did not attend school.

Our club over the past 7 years has raised various dollars to support this cause which can never end. We have to date finished 8 separate projects in the surrounding area having raised over \$200,000 for the cause.

One of the major positives of the projects is that the funds raised have purchased the supplies locally in Timor Leste and the local people have undertaken, with supervision, all the labour and installation of pipes and the building of the toilet blocks.

There is ongoing education to locals regarding maintenance so all work completed is ensured of the sustainability of the projects. This in turn allows the children to attend school for further education which will benefit the community in the future.

Our project is registered under the banner of "Rotary Australia World Community Services Ltd" (RAWCS). This is a TAX DEDUCTABLE project for donations made either by individuals, businesses or corporate organisation.

Your support in helping us raise further funds would be much appreciated. Any donations or further information, please do not hesitate to contact myself on:
(M) 041 990 2041 or
(E) pbermann@bigpond.net.au

Mike Bermann – International Director
Ascot Rotary Club
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E. pbermann@bigpond.net.au

"They profit most who serve best"



The State Final of the Four Way Test Speech Contest



District
Winners



Samyuktha Ramesh and Mark Ajero
District 9465

Sophia Davies and Ciedele Mezger
District 9455

You are invited!

Venue: John McGrath Pavilion
97 Hensman Street (behind Como Bowling Club)
South Perth

Date: Monday 28th May 2018 **Time:** 6.00 pm for a 6.30 pm start

Cost: \$45.00 **Drinks:** B.Y.O alcohol and wine glasses
Main course and dessert Water and Cool drinks supplied

Dress Code: Smart casual

RSVP: <https://www.trybooking.com/VLNW> or
<https://www.trybooking.com/376892>
By Sunday 20th May 2018



Parking right outside

CITY OF BELMONT MEMORY CAFÉ



Do you, a family member or friend live with dementia? Join us for a coffee, a chat and the chance to meet old and make new friends.

Alzheimer's WA and the City of Belmont are partnering with Tavolo Café to launch the **Belmont Memory Café**. A memory café is a regular meet up in a friendly venue where people living with dementia and their friends, family members and carers can share a coffee, cake and a chat.

Members of the Belmont Memory Café meet at 10.30am on the **first Wednesday** of each month at the Tavolo Cafe located in the Reading Cinema Complex, Knutsford Avenue Belmont.

Upcoming café sessions for 2018:

2 May, 6 June, 4 July, 1 August, 5 September, 3 October,
7 November, 5 December

For more information or to register your interest please phone Helen O'Sullivan on 9477 7149 or email community.development@belmont.wa.gov.au

alzheimer'swa
the dementia experts

