



# ROTARY CLUB OF ASCOT

Chartered 26 February 1969

District 9465

We meet at **Belmont Tavern**

174 Wright Street, **Cloverdale**, Western Australia, 6105

On **Tuesday's** at **7:00 am** for **7:30 am** start and finished by 8:30 am.



## Weekly **GOSSETTE** BULLETIN 2017 – 18

Volume 49 – 8

22 Aug 2017

### BOARD MEMBERS 2017-18

**President:** Ron Alexander  
**Vice Pres.:** Mike Bermann  
**Pres. Elect:** Aidan Wood  
**Secretary:** Roma Gehringer  
**Treasurer:** Joanna Kendall  
**Foundation:** Hugh Langridge  
**Exec Secretary:** Hugh Langridge

**Membership:** Michael Evans  
**Club Service:** Peter Richardson  
**International:** Mike Bermann  
**Youth:** Marg Fraser  
**Vocational:** Max Morrell  
**Community:** Stephen Kendall  
**Public Relations:** Christine Goss  
**Attendance:** Gren Courtland

### WEB LINKS:

**Club website:** [www.ascotrotary.org.au](http://www.ascotrotary.org.au)

**Club Facebook page:**

[www.facebook.com/AscotRotary](https://www.facebook.com/AscotRotary)

**Bricktober website:**

[www.bricktober.info](http://www.bricktober.info)

**Bricktober Facebook:**

[www.facebook.com/Bricktober.Perth](https://www.facebook.com/Bricktober.Perth)

**District 9465:** <http://rotary9465.org.au>

**Rotary International:**

<https://www.rotary.org>

What's been happening at Ascot this week:



**Rotary Club of Ascot makes it on to the FRONT PAGE of the SOUTHERN GAZETTE!**



Headline reads "Wheels of Fortune" and tells of the Rotary Club of Ascot's donation of two vehicles to Starick.

Well done Mike and Leanne! See the full article on page 6 of our Bulletin.

The Rotary Club of Ascot at work in our local community!

Maybe we can get Bricktober there too! In the meantime, please help get the word out there and keep handing out those posters.



**October 7th - 8th**

**BRICKTOBER**  
 An exhibition of models built from LEGO® 2017

# Mike Bermann

## Timor Leste Water Project

Following their recent trip to Timor Leste, member PP Mike Bermann spoke on behalf of his wife, Ann, and President Ron Alexander and gave a report to the club on our Water Projects in the hills above Dili.



To date we have funded five projects with the assistance of Rotary Australia World Community Service (RAWCS) and Global Grants, which have resulted in fresh, clean drinking water being piped to many tiny hamlets, small and large villages and schools in Timor Leste. The water and the ablution blocks we have also funded have made a significant difference to the health and welfare of the local children who would otherwise be engaged in carrying water for their family and animals and now frees them up allowing them to attend school. Where there was once a high incidence of health issues like scabies, diarrhoea and other diseases related to poor hygiene, and dirty and unkempt children, the general health and appearance in all of the villages has improved dramatically.

While we have provided the funds for these projects, materials are sourced locally and all labour is done by the villagers who have willingly and gladly taken on the project and ownership and upkeep of all equipment. Installation of pipes, tanks, taps and toilets are kept as simple as possible to ensure that, once completed, all upkeep and maintenance can be done by suitably trained locals from each village. This includes the cleaning and upkeep of all ablution blocks too. Eddie, our local coordinator, also sources the equipment and provided the necessary training.



Project 1 - Our first, at Madade in the highlands behind Bakita, involved about 15 kilometres of trench being hand dug by locals to lay polypiping from a natural spring where water had once been collected by hand. Tanks and about 13 tap stands were installed at intervals along the way. A simple filtration system has been added more recently and the water is now rated at 99% purity. Mike reported the earth under one tank has subsided and will require some additional funding to build a new foundation on which to relocate the tank. A toilet block was built about a year ago and Mike reported it is clean and in good condition.

Project 2 – Mulara, Hatulia is very isolated and the 34 kilometres took 2½ hours to get there. It's about 10k from a clean water source but the pipes have to cross a river which in the wet season turns into a raging torrent. It is polluted by livestock so it's undrinkable. Additional funding is required to erect taller pillars either side to raise the pipes beyond the worst flood level. About 9 tap stands have been erected and because of our efforts, the Government has now built a school here and President Ron couldn't help himself! Once a teacher, always a teacher! Mike also noted AUSAID had installed a pump at great expense but it's not being used as its unsuitable.



Project 3 – Lete Foho has received, in addition to ours, support from Rotary Clubs of Warrnambool, Victoria and North Bridge in Sydney, NSW and their school has now been upgraded with our tanks feeding into it and the ablution blocks. With additional funding support from Rotary Club of Broome, we have also supplied Eddie with a suitable vehicle to enable carrying of equipment to such remote locations.



Project 4 – Bakhita has seen four sets of old toilets and showers now upgraded.

Project 5 – Hatulia has just been completed with 2 new tanks added near a school for 1200 kids. Our delegation attended the tanks' opening ceremony!

Each time we turn on our taps, we take for granted our fresh water and Mike reported that most in Timor Leste do not have that luxury. Our team have identified another 5 projects, that for about \$30,000, would bring clean, fresh drinking water closer to many, many more. These projects are yet to be prioritised and may be actioned when funding is available. Thanks Mike, Ann and President Ron for a great report of what a difference our funding is making to the people of Timor Leste.





## PROGRAM 2017-2018 - CLUB ROSTER

Please note the following dates and advise Christine Goss of details of your Guest Speaker and Topic or advise promptly if the dates are unsuitable.

Date	Welcoming	Informer	Host Chair	Speaker and Topic
29 August 2017	Ros McLernon Gren Courtland		Peter Richardson	Matt Pavlenko Veterans' Shack WA
5 September 2017	Joanna Kendall Max Morrell		Max Morrell	Geoff Martin Stutterer to Public Speaker
12 September 2017	Michael Metcalf Roma Gehringer		Pres Ron Alexander	Club Forum Vision for 2017/2018
19 September 2017	Colin Peacock Brian Poole	Mike Bermann	Dianne Reed	Dianne and Bev Braving Atlanta
26 September 2017	Christine Goss Peter Richardson		Michael Metcalf	
3 October 2017	Stephen Kendall Aidan Wood		Michelle Kendall	
10 October 2017	Hugh Langridge Michael Evans		Jeff Stephenson	
17 October 2017	Michael Bermann Glenys Godfrey	Colin Peacock	Stephen Kendall	Debrief Bricktober 2017
24 October 2017	Michelle Kendall Dianne Reed		Ros McLernon	

## MORE DATES FOR YOUR DIARY

15-16 September 2017	Bricktober Promo at Belmont Forum, Belmont
7 - 8 October 2017	BRICKTOBER 2017 - Curtin Stadium, Kent Street, Bentley
31 December 2017	Last day for "early bird" 9465 Conference Registrations
23 February 2018	"Wear your Rotary Club Shirt" Day
16 - 18 March 2018	2017/2018 District Conference - Quality Inn, Margaret River
24-27 June 2018	Rotary International Convention, Toronto, Ontario, Canada

Roster now  
out.  
Please sign up  
to help.

## MEMBERS IN FOCUS

### BIRTHDAYS:

Marg Fraser 5 August  
Michael Evans 12 August

### ROTARY ANNIVERSARIES:

Michael Metcalf 24 years - 1 Aug 1993  
Colin Peacock 39 years - 1 July 1978



Enter  
to  
Win



**ON SALE NOW!**

\$20 per number  
Prizes \$30 for 10 weeks  
and \$300 for 11<sup>th</sup> week

# Transforming Rotary clubs

George Bernard Shaw once famously asked: Where is Rotary going? He concluded cheekily: It is going to lunch. The cynical playwright probably wouldn't recognize the 21st-century Rotary club. While some clubs do connect over lunch to learn about problems facing their communities, others are now planning service projects online or meeting after work in an effort to foster greater membership engagement. What clubs do isn't changing, but how they trade ideas, plan projects, and serve their communities certainly is.

## Enjoying increased flexibility

Today's clubs have greater flexibility in how and when they hold meetings. The 2016 Council on Legislation, a body of Rotarians that reviews and votes on proposed changes to the legislation that governs Rotary, agreed that clubs may vary their meeting times, meet online or in person, and decide when to cancel a meeting, as long as they meet at least twice a month.

## Encouraging gender diversity

Today, women make up 20 percent of Rotary's membership and hold key leadership roles in clubs and districts, and as Rotary International directors.

The work of women in Rotary received special recognition at the 2015 Rotary Day at the UN. Out of 110 nominations, six members were named Rotary's Global Women of Action for their humanitarian work, ranging from a community empowerment project in Zimbabwe to a school that provides free education to 480 girls in Afghanistan, to an educational and social services program for families living at the Guatemala City garbage dump.

Rotary President K.R. Ravindran praised the honorees for their leadership, saying, "They are pushing the boundaries of Rotary service, pushing us all to do more, be more, and achieve more."

## Attracting young professionals

Millennials are more service-oriented than any other generation. They seek professional and personal mentors while looking for ways to leave their mark on the world. These young professionals are reshaping the way we do business. From mentorship and networking opportunities to the chance to be a global citizen, Rotary is offering millennials the benefits and values that women and men born in the 1980s and '90s seek.

Emmanuel Rey was an early adopter of Rotary. He joined Interact when he was 12, moved on to Rotaract six years later, and joined the Rotary Club of Villa Devoto, Buenos Aires, Argentina, after he turned 30. At first, Rey wanted to build a youthful club that would bridge the gap between Rotaract and Rotary, but he decided to join an established club instead and serve as the bridge between generations himself.



Emmanuel Rey addresses members of the Rotary Club of Villa Devoto, Buenos Aires, Argentina.

PHOTO COURTESY OF EMMANUEL REY

The above is a partial extract from Rotary International's Annual Report for 2015-2016. This article goes on to give an example of one club, The Rotary Club of Metro Savannah, Georgia, USA that has three types of meeting: a business lunch twice a month, a social meeting at a local establishment, and a service meeting where members volunteer in the community. Recognising that members already have difficulties juggling a career and a family, the club asks that members attend only half of the meetings freeing them to engage on their own schedule.



## Letters from our Mailbox



From: Fiona Pingel before Pagnoux  
[fionajpagnoux@yahoo.de]

Subject: I was an exchange student from germany from 1997 to 1998 and wanted to say hello

*Hello to all the members of the rotary Club of ascot. I hope you are all going well. I don't know if some still remember me., but I hope....I will never forget the time I spent with you in Australia and want to say thank you again for all of your work! I am a bit sad that I didn't keep contact with you and my hostfamilies and now most of your home addresses will have changed.. So if you want to get contact with me here is my new address. I live now together with my husband and my daughter in Mehringer Str. 41, 48499 Salzbergen, I use whatsapp with my mobile, phone number is 00491755649946. Or send me your addresses to fionajpagnoux@yahoo.de. And now I wish you all a nice day and week. Like I learned in australia: Don't worry, be happy! Looking forward to hear from you soon! Take care Fiona*



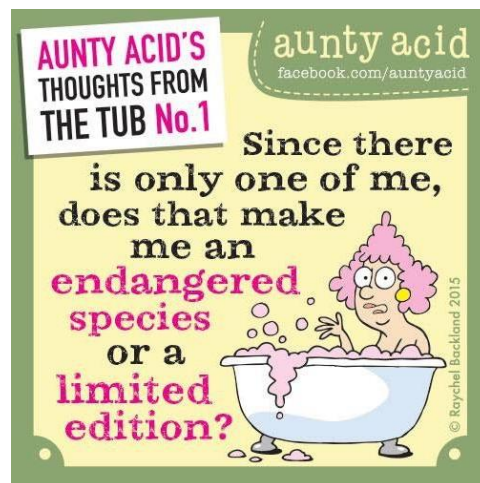
For the record, in 1997 and 1998 we were still meeting at the Sandringham Hotel and Brian Walton was President. Ronnie Malthouse was International Service Director and we had 40 members!



Warm cheers to President Ron who couldn't be with us this week. Hope you are back on your feet very soon Ron!

Working hard for something we don't care about is called **stress**. Working hard for something we love is called **passion**!

Great to see Mike Bermann all over it this week! A man of many talents, he was both Host Chair and Speaker, almost stand in for President Ron and maybe Sergeant ... and ... he had his pic on the front page of the Southern Gazette!! Maybe we can clone him!



### CLUB BANK ACCOUNT:

BSB: 036-078 ACCOUNT NO: 494404

### COMMUNITY BANK ACCOUNT:

BSB: 036-078 ACCOUNT NO: 494420

### CHARITABLE TRUST ACCOUNT:

BSB: 036-046 ACCOUNT NO: 156996

### DISTRICT GOVERNORS WHO HAVE COME FROM ASCOT ROTARY CLUB:

Norm Bell	1970 – 1971
Hugh Langridge	2004 – 2005
Paul Gianatti	2006 – 2007
Jodie Sparks	2011 – 2012



## Wheels of fortune

STARICK Services in Cloverdale has some brand new wheels to get around in to help women and children urgently in need, thanks to the Ascot Rotary Club. **See page 8**

Starick Services CEO Leanne Barron, Rotary Club of Ascot's Mike Bermann and Starick domestic violence advocate Carrie Ridley. Picture: Martin Kennealey [www.communix.com.au](http://www.communix.com.au) d472509

Front Page, above, of this week's Southern Gazette and below, the article from Page 8.

BELMONT

# Charity given two new cars

STARICK has some new wheels to get their services on the road.

Ascot Rotary Club has donated two cars to the Cloverdale charity, which supports women and children in Perth's south-east metropolitan area experiencing family and domestic violence.

The charity operates two refuges for women and children, as well as outreach programs, and has helped close to 1000 families this year alone.

Starick CEO Leanne Barron said the donation meant the organisation could keep delivering critical services.

"The vehicles will be used by our staff to provide outreach services to victims of

## HOW YOU CAN HELP

- Volunteer at their op shop
- Become a regular donor
- Support the Christmas program with hampers or vouchers for family activities like the movies or Adventure World
- Hold a fundraising event

Head to [starick.org.au](http://starick.org.au) for more information.

domestic and family violence," she said.

"It means they can visit women in their homes and drive women and children to essential appointments."

Starick will also use the cars to pick up

and deliver donations to those in need.

"The partnership between Starick and Ascot Rotary is just over a year old. They've been very generous to us," Ms Barron said.

"In addition to providing two vehicles, they have also provided hampers for our clients at Christmas time."

International director Mike Bermann said the club first became involved with Starick after two members of the organisation spoke at one of their meetings.

"As a Rotary club, we are always looking for local organisations that require some funding to help people in our area less fortunate than us," he said.



**Next time you are Spring Cleaning, drop off any spare, good quality items of clothing, shoes, books, toys and bric a brac to Starick's Fresh Start Op Shop.**

## Fresh Start Op Shop

9 Love Street  
Cloverdale. WA

Ph 9478 5300  
Open Monday – Friday  
10am to 3pm

Or Donations to assist Women and Children in their services including - Small household items, clothing, toys, arts and craft materials, toiletry packs, linen, gifts for Christmas etc .






Australian Rotary Health (ARH) is a multi-district project of Rotary in Australia and is supported by most Clubs and Rotarians. ARH has invested over \$28 million into medical and health research in Australia.

Since 2000 ARH has directed the bulk of its research towards mental health and as a private funder is second only to Beyond Blue. This focus was refined in 2010 onto the mental health of young Australians one-in-seven of whom will experience mental illness by the time they are fourteen (14).

To improve the understanding of ARH within the Western Australian corporate, academic, research and student communities; the medical profession; and with WA Rotarians, WA Rotary will hold it's first annual lecture and cocktail party with the theme Lifting the Lid-Mental Health and Our Kids.

Anyone who is (or has ever been) concerned about the mental wellbeing of children, should come along to the University of WA on Wednesday 13 September 2017 to hear the highly-regarded Professor of Child and Adolescent Psychiatry, University of Adelaide, Professor Michael Sawyer OAM speak assisted by a panel of some of WA's top researchers in the field. Please share this wonderful opportunity with everyone who would wish to attend.

The link to book is <https://www.trybooking.com/book/event?eid=291252&>



# LIFTING THE LID: MENTAL HEALTH AND OUR KIDS


**6PM, 13 SEPTEMBER 2017**  
**THE UNIVERSITY CLUB**  
UWA, CRAWLEY


**1 in 7 children will suffer from mental health problems by the time they are 14.  
Of these, half will experience further problems as adults.**

**Professor Michael Sawyer OAM**  
Professor of Child and Adolescent Psychiatry, University of Adelaide

Professor Vera Morgan, Professor of Neuropsychiatric Epidemiology, UWA  
Associate Professor Susan Byrne, Senior Clinical & Research Psychologist (Eating Disorders), UWA

**Learn more about the latest research into childhood mental health as well as Australian Rotary Health's research grants and scholarships.**

 Tickets available via TryBooking  
\$40 standard /\$20 concession & students, includes refreshments

 **For further information visit**  
[australianrotaryhealth.org.au/events](http://australianrotaryhealth.org.au/events)