



# ROTARY CLUB OF ASCOT

Chartered 26 February 1969

District 9465

We meet at **Belmont Tavern**

174 Wright Street, **Cloverdale**, Western Australia, 6105

On 2<sup>nd</sup> and 4<sup>th</sup> **Tuesday's at 7:00 am for 7:30 am start** and finished by 8:30 am.



## BOARD MEMBERS 2018-19

**President:** Aidan Wood

**Vice Pres.:** Ron Alexander

**Pres. Elect:**

**Secretary:** Roma Gehringer

**Treasurer:** Joanna Kendall

**Foundation:** Hugh Langridge

**Exec Secretary:** Hugh Langridge

**Membership:** Aidan Wood

**Club Service:** Rosslyn McLernon

**International:** Christine Goss

**Youth:** Dianne Reed

**Vocational:** Dianne Reed

**Community:** Stephen Kendall

**Bulletin Editor:** Michelle Kendall

**Attendance:** Gren Courtland

## WEB LINKS:

**Club website:** [www.ascotrotary.org.au](http://www.ascotrotary.org.au)

**Club Facebook page:**

[www.facebook.com/AscotRotary](http://www.facebook.com/AscotRotary)

**Bricktober website:**

[www.bricktober.info](http://www.bricktober.info)

**Bricktober Facebook:**

[www.facebook.com/Bricktober.Perth](http://www.facebook.com/Bricktober.Perth)

**District 9465:** <http://rotary9465.org.au>

**Rotary International:**

<https://www.rotary.org>

## BULLETIN 2018 – 19

Volume 50 – 18 11 December 2018

What's happening at Ascot:



President Aidan welcomed members and Guest Speaker Vicki White and Alan Thomson to Ascot's breakfast meeting today.



L-R President Aidan, Vicki White and Peter Richardson

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## PROGRAM 2018-2019 - CLUB ROSTER

Please note the following dates and advice Michelle Kendall of details of your Guest Speaker and Topic or advice promptly if the dates are unsuitable.

Date	Welcoming	Type of Meeting	Venue	Host Chair	Speaker and Topic
18 Dec 18	Michael Evans	Club Christmas	Belmont Tavern	President Aidan	Surprise
25 Dec 18		No Meeting			
01 Jan 19		No Meeting			
08 Jan 19		Club	Belmont Tavern		TBA
15 Jan 19		Social	RYLA Dinner TBA		
22 Jan 19		No Meeting			
29 Jan 19		Club	Ingot Hotel Perth 285 Great Eastern Hwy, Belmont	Di Reed	TBA

## MORE DATES FOR YOUR DIARY

15-November 2018	Closing date for Rotary Youth Leadership Awards 2019 (RYLA)
14-20 January 2019	International Assembly, San Diego, California, USA
12-18 March 2019	World Rotaract Week
22-24 March 2019	District 9465 Annual Conference AGM
1 – 5 June 2019	2019 Rotary International Convention, Hamburg, Germany Register by 15 December 2018 to save

## MEMBERS IN FOCUS

### + BIRTHDAYS:

Gren Courtland 25 December



### WEDDING ANNIVERSARIES

Ros & Gerry McLernon 27 Years 21 December

### ROTARY ANNIVERSARIES:

Mike Bermann 25 Years 01 December  
Roma Gehringer 15 Years 16 December  
Glenis Stephenson 21 Years 31 December

### CLUB BANK ACCOUNT:

BSB: 036-078 ACCOUNT NO: 494404

### COMMUNITY BANK ACCOUNT:

BSB: 036-078 ACCOUNT NO: 494420

### CHARITABLE TRUST ACCOUNT:

BSB: 036-046 ACCOUNT NO: 156996

### DISTRICT GOVERNORS

WHO HAVE Norm Bell 1970 – 1971  
COME FROM Hugh Langridge 2004 – 2005  
ASCOT ROTARY CLUB: Paul Gianatti 2006 – 2007  
Jodie Sparks 2011 – 2012

### What's on this coming next Week:

The last meeting for the year is on Tuesday 18 December 2018.

This is Ascot Christmas Breakfast therefore if you have already not done so please let Roma Gehringer know if you are attending as so as possible.

Roma's email address is [roma.gehringer@bigpond.com](mailto:roma.gehringer@bigpond.com)

Or Telephone - Home Phone: 9447 3483

Mobile: 0408 267 122

Partners and children and grandchildren are welcome.

What's happening at Ascot continued from page 1:

Guest Speaker Vicki White Presentation to Ascot Members:

Vicki is from LaurenKate, Australia's first Chronic Health, and she spoke to members about her journey and how she is creating change by helping others make changes in their lives and to be a guiding light when their world has been turned upside down as she has 'been there done that'. Vicki said that living with a chronic condition herself and following a series of one in a million events over 24-hours. Vicki was a regular blood donor however one day the procedure sent her heart into Cardiac Artery Spasm and she was flown to Perth for an angiogram. Only when they rolled her me over to take her back to her room did the doctors realise they had ruptured an artery. Her gut was so full of blood she looked pregnant. To save her life she was given blood transfusions, triggering a whole range of symptoms no doctor could explain for another three years while caring for two sons (one terminal). Throughout all this, and coupled with 20+ years of nursing experience, She learnt ways in which to turn the tables on 'chronic'. By providing a 'keeping it real' approach to managing chronic conditions, with practical advice and a support system built on experience and empathy. Her mission is to help others make changes in their lives, giving them the tools so that they can concentrate on getting the work done and improving their quality of life. As an Australia Day award recipient with an extensive volunteer history including being a Justice of the Peace, founder of Medical Equipment Buy Swap & Sell WA and author of 2 e-books Viks Tips and Getting Sh\*t Done - 'Keeping it' real tips & tricks to save time, energy & money she had much to share with Ascot's members. She does not charge to talk to service groups; it is my way of giving back to the community. To learn more about Vicki visit her website [www.laurenkatecilc.com](http://www.laurenkatecilc.com) - facebook - instagram and if you have any questions Vicki can be contacted on 0427 779 335.

Host Chair Peter Richardson thanked Vicki on behalf of the members for an inspiring talk.



# NGALA

## Ngala News Ngala wins Employer of the Year Award, International Day for People with Disabilities.

Jenny Allen and Grady Smith attended the City of Greater Geraldton's International Day for People with Disabilities Awards event. We were delighted to be announced winner of the Employer of the Year Award. This was in recognition of the inclusive environment we provide and for having the ethos that people with disabilities have a lot to give.

Milena Milasinovic is the longest serving employee in the Midwest Gascoyne office. Milena is a highly valued staff member and volunteer with a strong work ethic. She contributes a great deal to the organisation, providing administrative support across many of our programs and is a warm and friendly team member.

We acknowledge the Midwest Chamber of Commerce and Industry for sponsoring the Award and the City for hosting the event. Although we are proud winners wouldn't it be wonderful if there was no need to have such an Award because people with disabilities were valued equally as contributing members of the general workforce. Milena certainly is.

Thanks Milena for all you do to support parents, families and communities to enhance the wellbeing and development of children and young people, and to Ida Curtois for the nomination.

Reminder RYLA and Handicamp is fast approaching, members if you know of any suitable applicants please let Di Reed know. Di is still seeking Handicamp participants and Buddies.

## RYLA 2019



12<sup>th</sup> – 19<sup>th</sup> January 2019



### HANDICAMP

Contact: Julie Ninnis

20  
Jan  
2019

 Jan 20, 2019 9:00 AM – Jan 26, 2019 4:00 PM  
 Point Walter Recreation Centre  
1 Stock Road  
Bicton, WA 6168  
Australia

HANDICAMP Dinner will be held on Tuesday 22 January 2019